Stonewall Jackson Memorial Hospital (SJMH) celebrated its 40th anniversary of serving the central West Virginia area in its present location on Nov. 19, 2012.

SJMH Administrator Avah Stalnaker explained the Hospital’s history.

“Stonewall Jackson Memorial Hospital has been serving the community as an acute care hospital since 1958. In 1972, the facility opened at its current location on Route 33 West of Weston. We are celebrating our 40th year in the building, which was funded in part by the generous contributions of local citizens and businesses. The Hospital and medical staff have grown over the years, which now presents the challenge of continued growth with limited space,” she noted.

The growth is due in part to good financial management but also due to employees of the Hospital and a well-qualified medical staff.

Medical Board President John Wyllie explained the Hospital philosophy. “When we hear ‘hospital,’ our first thought is a building where care is provided to the sick. But its heart and soul is a reflection of the caring warmth and professionalism of its people; from the leadership of its CEO to the unseen and unknown members of the maintenance staff. This is what makes SJMH a hospital where the sick come to get well. This philosophy starts at the top and comes down through the entire organization. To meet the needs of the sick entrusted to the doctors and nurses, everyone must contribute as a team and this is another of the factors that makes SJMH seem to be more like a home than an institution… While there are titles and responsibilities, the dominant feeling within the Hospital is ‘what and how can I help you.’ There is caring warmth that flows forward enveloping everyone; those there to receive care and those there to offer it. This feeling is infectious and gives reason for SJMH and the community to feel proud of its accomplishments,” he explained.

In conclusion, Stalnaker said, “This commitment to quality will continue as the Hospital begins a new process to analyze our processes for patient care, question why we are performing functions, assess the value of each, continue to develop our employees and our customer service skills and maintain our financial viability. Healthcare is a complex business with a future that is unknown due to the changes brought about by the Affordable Care Act. SJMH will adapt and continue to provide quality care to our community.”

Happy 40th, SJMH!
Orthopedic surgeon Joseph Snead, M.D., has been on missionary trips before. But the trip he embarked on to Peru in November had special meaning. He was traveling with the group “Scalpel at the Cross” and was able to use his many years of medical training to help patients with extraordinary problems. Snead has practiced at Stonewall Jackson Memorial Hospital (SJMH), in Weston, for 28 years.

“In early November, we traveled to Pacallpa, Peru, located in the Amazon basin,” he explained. “The area is populated by mostly indigenous Indians and people involved in commercial lumbering there. ‘Scalpel at the Cross’ is headed by Dr. Peter Cole, the chief of orthopedics at Region’s Hospital in St. Paul, MN. He is the one who organizes these missions and got me involved.”

When the missionary group arrived on Sunday, they attended a graduation for South American seminarians and prepared for a long, hard, but meaningful week.

On Monday, the first day of the clinic, there were about a hundred patients triaged. Some of the patients were also treated at that time.

Then the medical group, made up of three orthopedic surgeons and one physician’s assistant, scheduled seventeen surgeries. Some of the surgeries included patients who had been seen by the Peruvian orthopedic surgeons at the local hospital. One of the goals of “Scalpel at the Cross” is to provide more education and expertising cases,” explained Dr. Snead.

On Tuesday, the team put together the surgical supplies needed for the chosen cases.

“We set out the instruments and equipment for the local physicians, with whom the medical missionaries worked. The local physicians had postponed treatment for some patients until the American team arrived to help with more difficult cases.

“There were a variety of issues which we were facing. One patient had a four-month-old infected non-union of the femur. There was a two-month-old dislocated elbow, or the six-year-old boy with a machete laceration to his Achilles tendon that was a week old. So, as you might expect, we had some very interesting cases. We had nine boxes of patient charts, instruments, and tools. We loaded them in the truck to take to the hospital and were ready for surgery,” said Dr. Snead.

The next day, the team was ready to go with two surgical suites in use. In between the chosen cases, the team cared for emergencies, too. From 7:30 a.m. to 7:30 p.m., the group operated on Wed., Thurs. and Fri.

Dr. Snead noted that it was a little different working in the South American hospital compared to the surgery suites at SJMH.

“Our surgery suites are just better,” he said. “There is no ‘C-arm’ (a portable x-ray machine) so we had to eyeball things. The hospital was well-worn with limited supplies and equipment, but the nurse anesthetists were very good.”

Though the medical treatment is nationalized, in its own way, the patient had to buy his/her antibiotics, medications, and other medical goods. In other words, the operation might be free, but the patient would have to pay for the medication, stitches, or crutches they received.

As well as treating injuries he would never see in the U.S., Dr. Snead found a whole different environment in which to live.

“The first night we were in the dormitory, they found an anaconda on the front porch. It was eight to ten feet long and eats rabbits or other small creatures,” he explained. “The houses are built on stilts because the river can rise 25 feet in monsoon season and triple in size. You would need a boat to get around.”

Four years ago, Dr. Snead went to El Salvador on a missionary trip with his wife, Charlotte. However, he had only three weeks advance notice of this trip, so he travelled solo to Peru.

In conclusion, Dr. Snead was clear. “This experience was so fulfilling…it was the most fun I have had in years!”
Nearly 300 people were prescreened for the Lewis County on the Move Walking Program, which ended Sat., Dec. 1. One hundred and two participants of the original prescreened group completed the six-week program. The Program was coordinated by the SJMH Marketing Department, which received a grant from the West Virginia Communities on the Move organization in Charleston.

“We had no idea how many people would reach their goal, but we had about one-third complete the program with some very significant gains,” said SJMH cardiac rehab nurse Kristi Gannon. “One of the best teams was from Wal-Mart. One of their employees lost twenty pounds and another team member lost eight inches around her waist, a very significant loss.”

To celebrate the end of the Program, a luncheon was held Mon., Dec. 10, in the SJMH boardroom. Several of the participants had their own great stories to tell about the walking program.

Frank Smarr walked 248 miles during the six weeks, a feat he was quite proud of. He lost six pounds of weight and two inches of waist circumference.

Another avid participant was Margaret Blake, console operator at SJMH. She lost almost four pounds and five inches around her waist. She said that she easily improved her endurance and pace during the six-week effort.

Lewis County on the Move participants gathered for a luncheon at Stonewall Jackson Memorial Hospital for the end of the walking program, and are pictured above, left to right - Kristi Gannon, Margaret Blake, Sharon Titus, Doris Smarr, Ursula Latell, Julia Spelsberg; second row, left to right - Nastausha Wilson, Sheila Virden, Elizabeth Vincent, Dodie Arbogast, Frank Smarr, and Robert McCoy.

SJMH COO Kevin Stalnaker and CEO Avah Stalnaker, pictured above, provided each patient with a poinsettia and candy cane on Christmas Eve. The patients really enjoyed the flowers and well wishes provided by the Hospital.

SJMH staff were treated to a wonderful meal prepared by the Dietary Department during the annual Christmas Buffet. Pictured above enjoying their meal are Information Management Director Kay Butcher and Lab’s Karen Westfall.
Several hundred adults and children attended the Stonewall Jackson Memorial Hospital Kids' Safety Fair held Sat., Oct. 27, at the Hospital. More than a dozen exhibitors were present for the event.

The Weston Volunteer Fire Department and Lewis County Emergency Squad had vehicles for touring. Other exhibitors included the WV DHHR; dental hygienist Tammy Thomason; Tina Mainella, of Mountain Health Trust Fund; Terri Flint of H.O.P.E., Inc.; Kristi Gannon, of RAZE; Liz Post, of 4-H; Sheila McCartney of Girl Scouts; and various SJMH staff members providing info on sun/skin safety, bike safety, poison control, handwashing basics, and nutrition.

Joey and Mandy Riddle, of Joey’s Bike Shop, in Elkins, were present to educate children on changing bike tire flats and proper helmet fitting.

A local motorcycle group, #1376 Riders, came to the event and donated dozens of Tommy the Moose stuffed animals and dozens of fleece blankets for pediatric patients at the Hospital. The donation was the wish of the late Colton Dean, of Buckhannon, whose wish was to make sure that other sick children would never be cold; thus, the fleece blankets.
Friends and family celebrated Marsha Bailey’s retirement from the Medical Records Department at Stonewall Jackson Memorial Hospital (SJMH), on Fri., Nov. 30, in the Hospital boardroom. The event also served as a celebration of Marsha’s honor as the Hospital’s Employee of the Month for November 2012.

SJMH CEO Avah Stalnaker welcomed the guests to the retirement party and spoke of Marsha’s responsibilities and dedication to her job at SJMH. She said that Marsha had worked from 1973 to 1978 as a clerk in admissions, emergency department, and billing. She left when she became pregnant with her first child. Marsha returned to SJMH and worked from 1980 to 1984 in the Registration Department. She then came back in August 2005 as the Medical Records clerk.

Stalnaker also commented on the nominations which Marsha received for Employee of the Month. All of the praise revolved around Marsha’s friendliness and great customer service.

Marsha is retiring at the same time as her husband, Bill. He worked for Dominion.

“My husband has 39 years with this company and he is very happy that we are taking this big step together,” she commented.

Looking back on the many years she has known Stonewall Jackson, Marsha noted some changes.

“The Hospital has really come a long way over those decades,” explained Marsha. “Between the many specialists we now have and the many services we are able to offer, I think the Hospital does a wonderful job for our community.”

Marsha’s only regret is leaving her many friends in the Medical Records Department.

“I am quite excited by the big step but will really miss my friends down there,” she commented.

Bill and Marsha were given a miniature dachshund by the couple’s children expecting that they would be lonesome. Rosie, the dachshund provides lots of companionship, but the retiring couple will not be lonesome.

Retiring Lewis County EMS Director John Carroll has been growing his hair to donate to “Locks of Love.” However, he decided a better use of his hair would be to raise money for the Lewis County Heart Society. So, when the group reaches $1,000 in contributions, his hair will be cut. He is pictured above with SJMH’s Kristi Gannon, who is ready to cut those locks. Contributions should go to the LC Heart Society, P.O. Box 228, Weston, WV 26452, or can be dropped off at the SJMH Cardiac Rehab Unit.
Marsha Bailey is Choice for November

Marsha Bailey, of Medical Records, was selected as the Stonewall Jackson Memorial Hospital (SJMH) Employee of the Month for November 2012.

Her honor came during the same month that she retired from SJMH. She and her husband William retired together. He worked for Dominion.

Marsha is a Lewis County native and Lewis County High School graduate. She attended Glenville State College. She worked at SJMH several times before returning in 2005 to Medical Records.

Denver and Jean Moneypenny, of McGuire Park, are her parents. Her sisters are Connie Jordan and Brenda Crislip. She has two children – Brian Bailey, Lewis County assistant prosecutor, and Kelly Waggoner. Kelly lives in Baltimore with her husband, Josh, and two children, Landon and Harper.

Marsha had several lovely nominations. One nominator wrote, “Marsha is a delight to work with. She is always kind and caring to her fellow employees and shows the same considerate and pleasant demeanor when assisting visitors during the performance of her job at SJMH. She is dependable, caring and a credit to Medical Records.”

Her department head, Kay Butcher, noted, “Marsha is very deserving of this nomination! She helps everyone in our office, other departments and patients. She is very kind and caring to our patients and our staff.”

One of the nominators wrote more. “Marsha is wonderful to work with. She is the Release of Information clerk. Our department does not provide medical care, but our department has daily contact with the public and patients. She is great and respectful to her co-workers and the patients...Marsha has on several occasions gone to the patient’s vehicle to get them to sign and fill out the release form when the patient was unable to make it down to our office. Marsha is a joy to work with and great to be around.”

Marsha will miss her job here at SJMH. She said that the people in Medical Records are like one big happy family...people laugh together and cry together. She will really miss her co-workers.

“Marsha had other kind words for SJMH. “I really appreciate the great treatment that my parents have received,” she said. “I also am thankful for the SunRx prescription program that the Hospital coordinates because my father was one of those ‘donut hole’ Social Security recipients. It has been invaluable to him.”

Wellness Day Planned

Whether you call it the winter blues or seasonal affective disorder, people can experience depression during this time of the year. Seasonal affective disorder is probably caused by the shortened winter days with less sunlight and the inability for people to be outside. Another simpler cause is that the holidays are over and two or three months of winter is in our future.

To combat those “blues”, a group of local professionals is planning a morning of health screenings, education, and music for the public on Thurs., Jan. 24, at the Lewis County Senior Center.

Stonewall Jackson Memorial Hospital is coordinating Winter Wellness Day with a number of free screenings from 10 a.m. to 1 p.m. that day.

“We will have free screenings for blood sugar, blood pressure, hearing, bone densities, and more,” explained SJMH Marketing Director Julia Spelsberg. “This event is open to the public and we strongly encourage people to take advantage of this opportunity. I am very happy that so many healthcare professionals from SJMH and other organizations jumped in to help with this effort.”

As well as free screenings, organizers will have educational tables available for the public including: smoking cessation, prescription drug abuse prevention, healthy lifestyle choices, domestic violence prevention, skin cancer, and tai-chi.

If participants plan on having their blood glucose screening done, they should make sure to fast for twelve hours.
December’s Employee is Gannon

Kristi Gannon, of Stonewall Jackson Memorial Hospital’s cardiac rehabilitation department, was selected as the Employee of the Month for December 2012. She began work here in May 1995 as a nurse’s assistant.

Kristi is a Lewis County native and graduate of Lewis County High School. Her parents are Bill Lowther, of Wildcat, and Dovie King, of Jane Lew. She received her nursing degree from West Virginia Wesleyan College in May 1996. She and her husband, Scott, have three children – Kori, a LCHS cheerleader, Kaleb, a RLBMS football and basketball player, and Kyle, a St. Patrick School student, who also plays football and basketball.

Her nominator noted, “Kristi is a special employee. She has been a part of the Lewis County Community since birth and genuinely cares about the people here. She is a great nurse/nurse manager for the cardiac rehab department. She has been an integral part of the Employee Wellness program here and the Lewis County on the Move Walking Program. She would be an excellent choice for this honor.”

Kristi was complimentary of her SJMH co-workers and expressed her love of community.

“I love this hospital and the people who work here. I love my job and the people I work with. The adult fitness program is like having your own family at work. I like to help people and make a difference in the lives of others,” she said. “My enjoyment comes from my family, friends, and life-group at Horizons Church.”

She stays very busy with her children’s activities but also volunteers two weeks a summer at the state 4-H camps at Jackson’s Mill; is the leader for the Young Riders 4-H club; serves on the WVU 4-H Foundation; is a board member of the Lewis County Heart Society; and is the cheerleading coach for the Jane Lew Redskins. Kristi also loves to cook and calls her kitchen Kristi’s Café.

She referenced a quote from the bible, Colossians 3:23, which states, “Work willingly at whatever you do, as though you were working for the Lord rather than for people.”

Weston Walk/Run Adding New Features

The sixth annual Weston 5K Run and Wellness Walk will be adding a few new features this year. The race will be held Sat., April 20, beginning at 10 a.m. in downtown Weston. The event attracts several hundred racers a year. Top prize for the finishers in both the men’s and women’s categories is $150. (There is no separate race for walkers.) Three years ago, a Wee Run sprint was added to the race for children younger than 11 years of age. The Wee race begins at 11 a.m.

As well as racers and walkers, a new addition this year will be “doggies”. For people who want to walk with their poodles, the Weston Walk Run organizers are allowing walkers to bring their leashed dogs to the race.

“We know how many people love their canine pals and we wanted those people to be included in our race,” said co-chair Mary Hendricks of Saint Patrick Church. “We just need to make sure the dog is well-behaved around other racers.”

John Weber, physical therapist at Stonewall Jackson Memorial Hospital, in Weston, and one of the race organizers, is planning to reinstitute his Five Weeks to the Five K this year.

“On Monday, March 18, we will begin training race-goers in preparation for the April 20th race,” explained Weber. “There are some basic things we go over, like good race shoes, stretching, etc. Ultimately, we will go through the route.”

In pre-race activities, SJMH will be providing blood pressure and BMI screenings. The race is a cooperative event sponsored by SJMH, The City of Weston, and Saint Patrick Church.
The first baby of 2013 in Lewis County was born January 2, 2013, at 7:56 p.m., delivered by obstetrician Sharrell Gibson, M.D., at Stone-wall Jackson Memorial Hospital.

Ezekiel Jace Roach weighed eight pounds, one ounce, and was 20 and one-half inches long. He was due on January 4, the birthday of his mother, Tiffany Roach, of Weston. He is the first child for the new mom.

"My labor began on December 31; I went home, and then was back here on New Year's Day. Then he was born by c-section on January 2," said Tiffany.

The baby's maternal grandparents are Dee and Beau Francis, of Horner. Maternal grandparents are James and Inez Hardison, of Hendersonville, TN. Tiffany's father is Chuck Roach, of Nettie, WV. Paternal great-grandparents are Bob and Carol Roach, of Weston, WV.

Some old-timers here may remember that the new grandmother, Dee, worked in the SJMH business office at one time.

As the SJMH New Year's Baby, little Ezekiel received a number of gifts from local businesses. These included: a gift card from The Citizens Bank; flower arrangements from Curran's Floral Boutique and Minnich Florists; baby announcements from Lewis County Printing; a $50 gift certificate from the Theresa Snaith Hospital Auxiliary; a Vera Bradley diaper bag from Caplan's Jewelry store; and a car seat, baby formula and diapers from Stonewall Jackson Memorial Hospital.

Lively Healthcare’s Christmas Photo

The staff at Lively Healthcare in Jane Lew got together for a Christmas snapshot. They are pictured above: first row, left to right - Dr. Mike Gregory, Dr. Chris Kennedy, Marie Bishop, Julie Seamon, Jamie Brand (office manager), Tracy Lewis; back row, left to right - Pete Snider, Lynn Harsh, PA, Dr. Elizabeth Kane, Jennifer Phillips, Christian Conner, Linda Burns, and Shawna Cogar.
The Holidays are Over - Good Time To Get Motivated and Moving!

What better time to get moving and get healthy than after the Christmas holiday? What easier place to start your New Year’s resolution than here at SJMH?

Stonewall Jackson Memorial Hospital created a Wellness Committee to encourage SJMH employees to get fit and healthy. The name of the employee health group is Stonewall Strides.

Some of the best news is that the Hospital has made the equipment in the Physical Therapy (PT) Department available for SJMH employees to use for exercise. The Department will be open from 5 a.m. to 7 a.m., noon to 1 p.m., and 6 p.m. to 9 p.m., Mon. thru Fri. This is at no cost to the employee.

Employees must sign up in the PT Department to participate. Even if you do not plan on using the equipment, you should sign up to provide the committee with your information and interests. Employees will be asked to sign a waiver to use the equipment.

Kristi Gannon, Cardiac and Pulmonary Nurse supervisor, along with PT Director Matt DeGarmo, are spearheading the wellness effort.

Congratulations to SJMH’s Kat Ramsey, who won the Stonewall Warriors Relay for Life Team Christmas Basket. There was a wide array of holiday decorations and goodies in the basket.

Our sincere condolences to these members of our SJMH family on their losses:

Martha Hefner on the passing of her mother;
Jack Marcum on the passing of his father and Brenda Marcum’s father-in-law;
Sharon Radcliff on the passing of her sister;
Paula Galloway, M.D., on the passing of her father and Michael Galloway’s father-in-law;
Michelle Hughes on the passing of her father and Michelle Gum’s father-in-law;
Kay Beane on the passing of her brother;
Anna Lamb on the passing of her father;
Brenda Stewart on the passing of her mother-in-law, Crystal Skinner’s stepgrandmother and Tonya Stewart’s grandmother by marriage; and
Jean Mick on the passing of her father-in-law.

We offer you our sympathy.

Thanks To Staff

To Cardiac Rehab Staff,

One of the cardiac rehab patients gave a glowing report on the care they received through SJMH’s cardiac rehab dept. He was very pleased with the department’s care and wrote, “I am very happy with my experience at your facility. The employees are great, friendly, and knowledgeable and caring!”

To all of the doctors, nurses, and staff who took care of me when I broke my leg and I was in the Hospital. I thank God for all of you. I could not have been in a better hospital.

The annual SJMH Awards Dinner will be held Sat., Feb. 9, at Stonewall Resort. Please join us for a lovely evening.
Employee Support Fund Started at SJMH

The staff at Stonewall Jackson Memorial Hospital has always been willing to help their co-workers facing health problems or financial issues. Whether having bake sales, chili luncheons, or raffles, the SJMH staff comes together as a caring family to help their friends.

To provide a more stable financial source for SJMH staff, a group of employees have created an employee assistance fund. The name of the group is SJMH’s Employee Support Fund.

Each SJMH employee has been provided an application to contribute money to support the fund. The response has been fantastic.

“So far, we have $180 from employee donations. This is a great start for the fund,” said coordinator Crystal Frazier. “Over the course of the year, we will have a nice-sized fund to help the staff here at SJMH.”

Staff wishing to access help can apply beginning in February by contacting Human Resources Department or Frazier.

Healthy Options for SJMH Employees

- ½ price off gym membership at the Fitness Factory in Weston, for SJMH employees, 304-269-0606. You must show your SJMH ID each month. You pay half and SJMH pays half of your cost.

- Yoga classes weekly on Thursdays from 5:30 p.m. to 7:00 p.m. $10 a session at St. Patrick School cafeteria

- Zumba by Mary Jane Parker held at Moose Lodge on Mondays 5:30 to 6:30 p.m. (regular); 7 p.m. to 8 p.m. (beginners); toning on Wed., 5:30 p.m. to 6:30 p.m. Cost is $5/class

- Zumba every Thursday at the Weston Assembly of God at 6 p.m.

- Curves.com - Curves Complete - where you can lose up to 20lbs of body fat in 90 days - we teach life change at an affordable price - check out the site or phone 304-269-3301

- Arthritis Aquatics for Seniors - William R. Sharpe, Jr. Hospital is offering area residents over 50 the opportunity to participate in a balance and arthritis aquatics program. The program is usually on Monday and Thursday from 4:30 to 5:30, a Fall session and a Spring session, with some closures for weather and/or maintenance - no set fee—donations are collected. You may call Becky Berlin at Sharpe Hospital, 269-1210, ext 339

- TAI CHI for ARTHRITIS – appropriate for any age. Call Cyndi at the Senior Center, 304-269-5738 for info.

- Stockert Youth Center, in Buckhannon, offers Zumba on Mondays and Wednesdays at 6 p.m.; Yoga on Mondays and Wednesdays at 7 p.m.; Cardio kickboxing on Thursdays at 6:30. Fitness Center is $20/month. Please call 304-473-0145 to confirm class times, since they vary.

- Planet Fitness - 2399 Meadowbrook Mall Road, Bridgeport(In the Meadowbrook Mall, in front of Dick’s Sporting Goods)Bridgeport, WV 26330.
  Phone: 304.842.8456, Club Hours - Open 24 Hours Monday through Friday! Open Monday at 12:00 AM until Friday at 10:00 PM. Saturday and Sunday 7:00 AM - 7:00 PM - $10 a month to start

- The Harrison County YMCA has a variety of activities and options for one person or the whole family. Those resources can be accessed at: www.harrisoncountymc.org/rates.html
Organizers of a soccer complex at Jackson’s Mill opened a league for adults this winter. The winter league arrangement was for teams to play two games lasting 30 minutes during the evening. The games were held every Sunday for five weeks.

The SJMH Social/Recreation Committee sponsored a team of Stonewall employees, spouses, and children. Team members included Kevin, Christy, and Grace Stalnaker, Tina and Lee Burnside, Scott and Kristi Gannon, Dr. Shafic Sraj, Jenette Woods, Mike Moore, Rhonda Hager, and John Weber.

The first weeks were somewhat humbling experiences, as some SJMH players did not know whether they were right or left foot dominant due to inexperience in the sport. This, however, changed drastically over the next five weeks.

The first week, not only was the SJMH team denied any victories, but did not even score a goal in either of the games. Passes were easily stopped by opposing teams and thwarted before much of any attack on their goal could be made. Week 2, the SJMH team actually had some goals but play was again a far cry from being competitive.

During Week 3, things started to change when SJMH actually was beating an opponent early in the second game. Players were starting to move the ball with effective passes and putting on a competitive game. This continued in week 4, as well, but again no victories. In Week 5, SJMH faced the same two teams played in week 4; however, things played out differently.

In the first game, SJMH came out again with an early lead, with goals from Kevin Stalnaker, John Weber, Shafic Sraj, Scott Gannon, and Kristi Gannon on an assist from Shafic. The final score was 5-2 in favor of SJMH, making back-to-back wins in the same night after going the past four weeks without a win.

Happy Birthday Kay Butcher!

Relay for Life of Lewis County will be held on Fri., June 7, 2013. SJMH’s team, Stonewall Warriors, are looking for members and fund-raising ideas. Please contact Karen Westfall at 8066 to join.
Winners in the annual wreath decorating contest are pictured above. Kathy Mcle, on left, was the second place winner, and Penny Cutlip, on right, was the first place winner in the Soc/Rec Committee’s contest.

SJMH’s Debbie Pratt brought her daughter, (pictured above) Ashley Murphy, and grandson, (in the middle) Levi, to the Children’s Christmas Party. Levi was not happy to see Santa!