SJMH’s Collaboration with Park/Playground Effort Provides Positive Results for City

For several years volunteers, collaborating with Weston’s Parks and Recreation Committee, and Stonewall Jackson Memorial Hospital (SJMH), have helped create playgrounds within the City of Weston. The basis for this proactive effort has the backing of local residents. All of these improvements have been at no cost to the City of Weston.

In 2013, when SJMH created the Hospital’s Community Assessment with the Lewis County Health Department, the community put “obesity” at the top of concerns about health in the County. In 2014, the City created the City’s Comprehensive Plan and the citizens of Weston noted that they wished to have playgrounds for children. With the need for playgrounds and an effort to curb obesity, the Hospital decided to help with the goal of a playground in every city ward.

The residents of Ward Four have had a recreational area, begun over 14 years ago named Whelan Field for long-time sports writer, coach, and community leader, George Whelan.

The area is made up of a lighted basketball court, soccer field, and T-ball field...perfect for older children and teens. The goal of the 2014 Comprehensive Plan was to create playgrounds for younger children. There are three more City parks being created.

LIVELY PARK

The first of the new parks was created by volunteer Joe Jarrell and is located at the corner of Center Avenue and Fourth Street in Weston. With a few donations and some very hard work, Jarrell built: a water house; fencing; benches; and planted perennials and trees. Joe has mowed and maintained Lively Park for the past four years. His hard work has provided a lovely green area that has been a venue for the annual pet show, plant swap, Pick-N-The-Park; cornhole tournaments; Halloween celebrations; and more. The late Dr. Charles Lively had donated the property to the City of Weston due to a request by Mayor Julia Spelsberg before his passing.

“I remember asking Dr. Lively if he would consider donating that property and didn’t think much more about it,” said Spelsberg. “It was such a surprise when the lawyer called who was handling his estate to let us know that Dr. Lively had indeed followed through on the request and had left the City the property. He would be so happy to see how it is being used today.”

There are a few more goals for Lively Park such as the installation of electric and perhaps a gazebo of some sort.

Continued on next page
but Lively Park has become a green location for local residents. All of these positives can be attributed to Joe Jarrell who was honored at the Park’s Dedication in 2015.

POLK CREEK COMMUNITY PARK

Two years ago, a Stonewall Jackson Memorial Hospital employee and her husband took up a challenge. Their goal was to reclaim the old Polk Creek School Playground on West Second Street and return it to the playground they knew as children.

John and Connie Clem Riffle started recruiting volunteers and began mowing the old playground area. Things began to fall in place. The City and Stonewall Jackson Memorial Hospital were able to work with Mike Ross and Ike Morris to lease the property on which most of the playground sits. The City was able to buy the main part of the playground from local businessman Hunter Bennett.

Physicians at SJMH began donating funds and playground equipment for the Polk Creek Community Park. A number of other organizations and people donated playground items such as a swing set from the town of Jane Lew, a sliding board from SJMH employee Matthew Morrison, and a Noah’s Ark from Charlotte and Larry Snyder.

The Marketing Department at SJMH also found $5,000 in unused grant money, which was then earmarked for buying a large piece of commercial equipment for the Park.

The Park was blessed by the interest of former students who grew up playing there. The Coffield family decided to create a memorial garden since the Coffield family home was located in front of the playground along West Second Street. One of the Coffield children was the late Junie Coffield. Family members, together with Junie’s widow SJMH employee Lee Ann, created the memorial in the middle of the Park with benches and a small patio to memorialize their parents and Junie.

When the Park is dedicated on Tues., June 14, it will also be an opportunity for students and teachers to get together to share memories of the good times they enjoyed there. The Dedication will be at 6 p.m. and the public is encouraged to attend. Connie is also conducting a duck race that day to raise funds for the park. Tickets can be purchased at the front console at SJMH for $5 each.

Recently, Lowes of Buckhannon contributed bird feeders, which were decorated by the Central West Virginia Community Action children, to hang in all of the City Parks. Thanks to the efforts of Connie’s mother, Louellen Clem, the children enjoyed a day at the Polk Creek Park as part of an Arbor Day celebration.

The big projects left are the installation of a half basketball court and the swing sets.

WILLOW STREET PARK

The newest planned playground for Weston will be a natural playground at Willow Street.

Approximately ten years ago, the City of Weston obtained a large parcel of property on Willow Street close to Center Avenue and across from Heath Court. The federal government had provided money to tear houses down on the property and the lots were given to the City. Some entities wished to create parking spaces there but the Weston Planning Commission decided to create a natural playground.

Pictured above is Joe Jarrell receiving a certificate of congratulations from Del. Peggy Donaldson Smith during the Dedication of Lively Park in 2015. Jarrell has been the driving force behind the creation of Lively Park.
SJMH’s Collaboration

sion, guided by the WVU Law School, suggested it would ruin the character of the neighborhood.

After attending a Try This Conference in 2014, staff from SJMH was inspired to look at creating a natural playground at Willow Street. The natural playground is defined as a space with as little man made components as possible. Using native plants, rolling hills, lots of trees. This type of playground represents a natural place such as a forest. They are designed with the intent of bringing children and people back to nature.

SJMH employee Nastausha Hefner took on the job as project manager for Willow Street and has worked hard to bring her ideas to life. There were some obstacles for the project including receiving a flood plain permit for the area, which floods infrequently.

“The beauty of the natural playground is that we create play areas which are natural and exciting for children. We never knew what a natural playground was before we went to the Try This Conference and they really opened our eyes,” explained Hefner. “Because it is in a flood plain, we want to make sure we do not have any structures which would inhibit the flow of water through the area, so if we have bamboo teepees, or lots of plants, we don’t have to worry about flooding ruining the play area.”

Willow Street planners were also fortunate to receive quite a bit of help from Laura Dice, who was able to get a landscape design for the playground at no cost. The design uses deer-resistant perennials for the area.

About 40 plants have been installed and the tricycle/wheelchair path through the park is almost complete. Some of the other installations will be large logs, which are used as balance beams for the children and boulders, which they can climb on.

“When you start looking at everything we can do with a natural playground, we all get quite excited. I almost wish that I were a kid again so I could play there. I think that once it is done, the children will really love it,” concluded Hefner. Plus for being so close to Main Avenue, Willow Street is a lovely little oasis of peace and quiet.

Six SJMH staff members will be attending the Try This Conference, June 3-4. The group plans to write another grant with the goal of underwriting an Urban Orchard to be located on Bennett Avenue on property donated to the City by Suzie Vance.

The Hospital has handled the funds for all of the parks and playground needs. Presently, the Weston Parks and Recreation Board would like to find a location in Ward Two where a playground could be installed.
IMPORTANT NOTICE

KROGER has terminated the 340B drug program with Stonewall Jackson Memorial Hospital permanently. If you previously used Kroger for your SJMH Health Insurance prescriptions, you will need to move your Rx’s to one of our other participating pharmacies in order to have insurance coverage. They include:

— Country RX – Jane Lew 304-884-7890
— Fast & Friendly - Weston 304-269-3737
— WALMART
  110 Berlin Rd., Weston 304-269-2443
  Rt 33W, Buckhannon 304-472-0834
— CVS - Weston
  250 Court St., Weston 304-269-1125
— RITE AID
  218 E. 3rd St, Weston 304-269-7963
  902 N. Lewis St., Glenville 304-462-4438
  168 Main St., Sutton, WV 26601 304-765-2562
  71 W. Main St., Buckhannon, WV 26201 304-472-0150

PLEASE NOTE: We still have not received notification that CVS & WALMART are ready to accept our 340B Prescriptions. We are hopeful it will be very soon, but unfortunately it is out of our hands. We will send out a notice as soon as we receive notification of completion.

**ATTENTION LPN’s**

**LICENSE RENEWAL DUE BY 6/30/2016**

**DON’T DELAY - YOU CAN’T WORK 7/1/16 OR AFTER WITHOUT ACTIVE LICENSE!**
Enjoy your vacation

Protect your family from Zika!
Zika is a disease primarily spread by mosquitoes, but a man with Zika can spread it to his sex partners as well.

Know before you go
Learn about Zika at cdc.gov/zika. Find out if your destination has Zika, check the CDC Travelers’ Health site for current travel notices: cdc.gov/travel

Pack to prevent
• Insect repellent (Look for these ingredients: DEET, picaridin, iRepel, OLE, or PMD.)
• Long-sleeved shirts and long pants
• Clothing and gear treated with permethrin
• Infant carrier mosquito net (if needed)
• Bed net (if mosquitoes can get to where you’re sleeping)
• Condoms (if you might have sex)

Protect yourself
• Use insect repellent. Reapply as directed. Remember to apply sunscreen first and then insect repellent.
• Cover exposed skin when possible.
• Stay and sleep in screened-in or air-conditioned rooms. Use a bed net if you’re sleeping outside.
• Zika can also be spread through sex, so use latex condoms if you have sex.

STOP the spread
• Watch for symptoms after you get home.
• Call your doctor immediately if you suspect Zika.
• Use insect repellent for 3 weeks after travel.
• Use condoms when you have sex.

Zika symptoms
Most people with Zika don’t know they have it. The illness is usually mild with symptoms lasting about a week.

The most common symptoms are:
- Red eyes
- Joint pain
- Fever
- Rash

Pregnant? Trying to conceive?
Zika is linked to birth defects. Pregnant women should consider postponing travel to any area with Zika. If your male partner travels to these areas, either use condoms or don’t have sex for the rest of your pregnancy. If you are trying to become pregnant, talk to your doctor about your plans.

www.cdc.gov/zika
Local resident Brent Stephens provided activity boxes for the young patients here at SJMH. He is pictured at left with Nastausha Hefner with some of the boxes.

**New Service!**
So happy to report that our patients can pay Stonewall Home Oxygen Therapy bills on line. Go to the SJMH webpage and find “Our Services” on the menu at the top. Then scroll down to SHOT and a page opens and it says “Pay my SHOT Bill”.

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**Weston**
IN THE MIDDLE OF EVERYWHERE

**Amazing Week**

**June 10 - June 18, 2016**

**Fri., June 10**
Shentel’s Family Night at Lewis County Park

**Sat., June 11**
Amazing Week Pageant at LCHS at 10 a.m.
Salsa Cook-off at Noon
Depot Farmers Market

**Mon., June 13**
Peyton’s Fifth Annual Pet Show at 6 p.m.
Lively Park

**Tues., June 14**
Dedication of Polk Creek Community Park at 6 p.m., Sponsored by Stonewall Jackson Memorial Hospital

**Wed., June 15**
Storytelling by Nancy Colburn at 6 p.m. at Lively Park.
Join us for West Virginia Birthday Cake and punch

**Thurs., June 16**
WV History Challenge at 6 p.m. at the Weston Volunteer Fire Dept., on Center Avenue
Sponsored by The Citizens Bank

**Sat., June 18**
WV Birthday Bash at Robert Bland Middle School.
50 Vendors, great fun for the children, Cash Contest, Game Show Contests and so much more!

**RAIN OR SHINE!**
Dear Influenza Partners,

West Virginia has reported influenza activity as “Local” for the week ending Saturday, May 27, 2016.

In the United States, influenza continues to decrease. Influenza activity peaked the week ending March 12, 2016 and activity is winding down for this season. Influenza B viruses have been most common in the last few weeks; however overall, influenza A H1N1 have been predominant this season. For the week ending May 27, 2016, the proportion of people seeking their healthcare provider for ILI decreased at 1.3%, which is below the national baseline of 2.0%. A total of 70 influenza-associated pediatric deaths have been reported during the 2015-16 season.

Influenza activity continues to decrease across West Virginia as the season comes to an end. The percentage of those seeking care for ILI reported through West Virginia Outpatient ILI Surveillance Network (ILINet) decreased to 1.0%, which is below our state baseline of 1.8%. Influenza B viruses have been most common in the last few weeks; however overall, influenza A H1N1 have been predominant this season. Influenza does occur year round, so it is not unusual to see sporadic cases reported during the summer months. While influenza activity is low, we ask that any influenza positive respiratory specimens are forwarded to the Office of Laboratory Services (OLS) for subtyping and further characterization. This allows WV to maintain situational awareness and can help detect novel strains of influenza that may occur.

This is the final weekly influenza partner email for the 2015-16 season. During the summertime months, influenza updates will be distributed monthly until October unless there is important influenza news to share.

Weekly influenza surveillance graphs for West Virginia and the most recent information can be found at [http://www.dhhr.wv.gov/oeps/disease/flu/Pages/default.aspx](http://www.dhhr.wv.gov/oeps/disease/flu/Pages/default.aspx). Due to late reporting, the information is sometimes updated in retrospect. The website will always have the most up to date numbers. Please feel free to contact the Division of Infectious Disease Epidemiology at (304) 558-5358, extension 1, with any questions regarding this report.
SJMH will be replacing CPSI PACS with Agfa PACS on November 6. PACS, which stands for Picture Archiving and Communication System, will connect to Cerner and store all our radiology images. Agfa will provide the latest technology in image viewing.

Radiology orders placed in Cerner will be electronically sent to Agfa. Radiology will perform the exam and the image will be stored on Agfa. Once the image has been read, either by Foundation Radiology or by our Ortho Physicians, the report will be sent to Cerner. Users within Cerner will see an indicator appear next to the report. Clicking on the indicator will take the user directly into Agfa where they can see the image, along with any other images from the past 5 years. Physicians will be able to view images from any workstation, including smartphones.

The Why is Always Important – Kevin Stalnaker

Why was November 6th chosen as the Go-live date for our Cerner Care Connect installation? Several factors guided that decision and they are addressed below:

- The system build and training schedule put us into a fairly narrow window for installation. We are currently on schedule to hit all of our critical dates which shows the planning is, as of now, accurate.
- The weekend Go-live allows the system to be brought online in the Hospital and Lively Health Care first with the remainder of the outside offices going live on Monday.
- This tiered approach allows for a better allocation of resources and support staff during the critical stages of the transition. It also allows for any issues to be corrected prior to the across the board transition.

We appreciate everyone’s support and hard work as we transition to a comprehensive medical record. Please know that the efforts that you make during this year will positively impact our care delivery process for years to come.

Historical Data in Cerner – Brian Beals

When we go-live with Cerner on November 6th, 2016 there will be a certain amount of existing patient information already loaded. We will load the Master Patient Index (MPI), which consists of Name, Social Security Number, Date of Birth, Medical Record Number, Sex, Religion and Ethnicity for all of the patients in CPSI and eClinicalWorks. The patient information in eClinicalWorks also accounts for those that are in Allmeds and Greenway systems. This will allow patients to keep their existing Medical Record Number moving forward with Cerner, as well as speeding up the registration process by not having to create new records for everyone from scratch. Registration personnel will have to update the rest of the demographics section (address, contact information, insurance, etc.) when a patient arrives after go-live, but we felt that this was the best ap-

Continued on next page
proach for having clean and current information in Cerner.

In addition to the MPI upload, we are going to load Visit / Encounter information from January 1st, 2013 to Present. This will include information such as the Account Number, Hospital Service, Reason for Visit (Clinics), Physician information and Dates of Service. This information will be useful for providing a history of visits for the last three years. This upload will not include any associated clinical documentation or results. That would still need to be either looked up in the appropriate legacy system or the paper medical record.

Finally, we plan on loading Radiology Transcriptions from January 1st, 2013 to Present. This documentation will be tied to the appropriate Visit described above, and will contain the order information as well as the textual impression (results) from the exam. This upload will not include any images related to the exam. That will be loaded into the new Agfa PACS radiology system and will be discussed in another article.

Any information that users need, that has not been loaded into Cerner, will still be accessible in some form from the legacy (departing) system it was originally stored in, or from the paper medical record. We are still in the process of planning where you will go to retrieve that data, but rest assured that the steps will be a part of training and activation planning so that everyone will know exactly how to access the information they need.
JOIN US

For a DUCK RACE
at the Polk Creek Community Park Dedication
on Tuesday, June 14 at 6 p.m.
to benefit the Park!

$5 for Your Duck
Purchase at SJMH Front Console, from Connie Riffle,
or Julia Spelsberg

First Prize is Dinner for Two at Stonewall Resort
**Pharmacy Hours for Local Companies**

**FAST AND FRIENDLY**  
4 Garton Plz, Weston, WV  
Mon-Fri: 9:00 am - 6:00 pm  
Sat: 9:00 am - 2:00 pm  
Phone (304) 269-3737

**COUNTRY RX**  
134 Industrial Park Rd, Jane Lew, WW  
Mon-Fri: 8:00 am - 6:00 pm  
Phone (304) 884-7890

**RITE AID PHARMACY**  
218 E 3rd St, Weston, WV 26452  
Mon.-Fri. 9:00 a.m. to 9 p.m.  
Sat. 9 a.m. to 6 p.m.  
Sun. 10 a.m. to 6 p.m.  
Phone: (304) 269-7963

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**Donations Needed**

Donations are needed for the SJMH concession stand at the Relay for Life on June 4. Rosa Thayer is looking for: ketchup, relish, mustard, cole slaw, hot dog chili, and brand name pop in cans. Call Rosa at 304-997-8641.

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**CAR TEMPERATURE PET SAFETY CHART**

**How long does it take for a car to get HOT?**

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*DOGS DIE EVERY SUMMER*

In minutes your car temps are deadly!

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**Please...**

We have created a lovely garden area next to the Infusion/Oncology Center for patients, friends and visitors. Please, please, please do not smoke there.
Benefit for Diane Ocheltree
Thursday, June 16

Bake Sale
from 7 a.m. to ?

Hot Dog Sale
11 a.m. to 1 p.m.

$4

2 Hot Dogs, Drink, Chips

ENJOY OUR Delicious HOT DOG
Best in Town!

SJMH | STONEWALL JACKSON MEMORIAL HOSPITAL
Open Every Saturday through the summer

THE DEPOT FARMERS MARKET

10 a.m. to 2 p.m.

Call Geoff Kraus - Market Master 269-7177

or the City Building 304-269-6141

located at 102 West Second Street, Weston

Facebook: The Depot Farmers Market