Polk Creek Dedication Held on Tues., June 14

On Tues., June 14, the dedication of Polk Creek Community Park, in Weston, was held with over a hundred people attending. The dedication began with the Disabled Veterans Honor Guard raising the American Flag while Ella Barnette (Little Miss Amazing Week) led the Pledge of Allegiance, as well as cutting the ribbon for the Park opening. The Dedication is a result of the years of hard work by volunteers John and SJMH employee Connie Clem Riffle who revitalized the old school playground from a vacant weed field to the playground it is today. The entire Park project has been a collaboration between the City of Weston and Stone wall Jackson Memorial Hospital (SJMH).

A memorial for the Coffield family, who once lived next to the playground, was also created at the Park by family members including SJMH employee Leann Coffield.

Assistant SJMH CEO Kevin Stalnaker was the main speaker for the evening who related the importance of the Park to the community and congratulated the Riffles for their dedication and hard work on the project.

Stalnaker welcomed local dignitaries - county commissioners Agnes Queen and Tom Fealy; Weston Councilmen Eric Dever and Justin Roy; Mayor Julia Spelsberg, and others running for office.

His remarks are as follows: “First let me say that Stone wall Jackson Memorial Hospital is very pleased to be able to participate in such a worthwhile endeavor as this public park. With the Lewis County Health Department, it was very clear that our community’s main health concern was obesity in our area. Obesity is a challenge in our country and obesity rates have been increasing for many years. A new study published in the Journal of the American Medical Association cites that 35% of American men and 40% of American women are now considered obese. These unfortunately are not new trends; in 2005 the New England Journal of Medicine reported that 28% of American men and 34% of American women were obese. Consequently it is reported that this next generation may live shorter life spans than their parents. Obesity was cited as the primary factor driving down life expectancy. We cannot accept this as our reality, we must act.”

“New guidelines for health state that

Many may ask, why a park, why now and why here? Well, three years ago when our hospital was completing our community assessment

Pictured above are CEO Kevin Stalnaker, Chamber of Commerce Director Sherry Rogers, and Little Amazing Week Ella Barnette during the dedication of Polk Creek Community Park.

John and Connie Riffle were honored for their hard work.

Continued on next page
adults need 150 minutes per week of moderate activity to maintain a healthy lifestyle. Many of us struggle with making this happen as we prioritize other things over our health. Whether that is work, family obligations or poor beginning health we all have made excuses, but no more. We have to start making our health a priority or we will not be here for the other things to come first. This starts by making exercise a habit for our youth.

The fact we were told in our assessment that this was the number one concern of the community was not a complete surprise to us as we understand the many challenges our community faces. However, coming back to us in this fashion was the jolt our community needed to take action. …and take action we did.

“We kicked off our project through generous donations from several local businessmen. Hunter Bennett, Ike Morris and Mike Ross continued their fantastic philanthropy and our community was able to secure the most important first step which was obtaining a wonderful location to begin our project. That answers the why here. This location is perfect as we have many, many households in walking distance and as a prior school; the grounds were laid out perfectly. These well accomplished individuals continually go above and beyond in supporting our communities and for that we are forever grateful. The next step turned out to be a huge blessing for our community and it came in the form of two very busy and dedicated individuals, Connie and John Riffle. These two folks have dedicated
Park Dedication

Continued from last page

hours into making certain this project is a success. From the hauling of mulch and grass, to directing scores of helpers, to making sure the grass stays cut, these two have been a driving force to make this dream a reality. I have had the pleasure of working with each of these Riffles over the years and I have not found many other people with the same type of work ethic as these two. I consider it an honor to know them both.

“While they have been a catalyst to get this project completed, they are far from the only assistance we have had. Other sponsors and volunteers that have made this Park possible are: Consol; Partners in Health; Sharpe Hospital volunteers; Town of Jane Lew; Foster Feed; Dr. Sraj; Dr. Sickles; Dr. Galloway; Dr. Snead; Williams R Sharpe physicians; Matthew Morrison; John Shaffer; Weatherford; Bob Roach; The Coffield Family; Travis Riffle; Lewis County Commission; City of Weston; Try This Conference; Steve Hudson; Senator Facemire; Delegate Peggy Smith; Senator Mike Romano; Honor Guard; Karen Balentine; Charlie Clem; Gerald Wood; Paul and John Lamb for the concrete work; Weston Street Department; Eric Dever; The Modern Woodmen of America, and SJMH

“I would not be crediting everyone if I did not mention Mayor Spelsberg. These projects never complete themselves and her leadership and management have helped make this project succeed. Now that we are here and we have this wonderful park, it is now our duty to make sure we use it. We do not want to forget the monumental effort of our volunteers, the incredible support from our donors, nor the primary reason for all of this work, our community well being and tackling obesity. I saw recently that if we were to consider our community health a tree, obesity would be just a branch, while one of the roots would be access to qualified playgrounds.

“This park is just the first step, but it is large and will be one we can build on for years to come.

Louella Clem spoke next and welcomed several former Polk Creek School teachers, as well as former School principal Tom Garrett. She spoke of how she was a crossing guard at the school for many years and had a special relationship with the students and teachers there.

She also related how her daughter, Connie Riffle, has approached her four years ago to say that she wanted to revitalize the park. Louella noted how proud she was of the work that Connie and John had done to make the Park into a beautiful and safe place for children to play.

Mayor Spelsberg noted the presence of members of the Weston Parks and Recreation Board, which oversees the Park, including City Manager Kristin Droppleman, Louella Clem, Joe Jarrell, and SJMH employee Nastausha Hefner. She also thanked Chamber of Commerce director Sherry Rogers for her help during the event and members of the Weston Fairs and Festivals Committee. The dedication is one of the activities for Weston’s Amazing Week. Last year Lively Park was dedicated during the celebration.

Members of the Weston Volunteer Fire Department brought a Fire Truck for the children to see. John Snyder was kind enough to bring the Smoke House, from the WVFD, too. Members of the Pricetown Fire Department brought a tanker truck to provide 1500 gallons of water in Polk Creek for the Duck Race.

Connie had also organized a Duck Race at the end of the dedication as a fundraiser for the Park. Dr. Joseph Snead won the first place prize of dinner for two at Stonewall Resort. Connie Riffle won a $30 donation from Mayor Spelsberg and third place’s Judy Waggoner received a gift card.
IMPORTANT NOTICE

KROGER has terminated the 340B drug program with Stonewall Jackson Memorial Hospital permanently. If you previously used Kroger for your SJMH Health Insurance prescriptions, you will need to move your Rx's to one of our other participating pharmacies in order to have insurance coverage. They include:

— Country RX – Jane Lew 304-884-7890
— Fast & Friendly - Weston 304-269-3737
— WALMART
  110 Berlin Rd., Weston 304-269-2443
  Rt 33W, Buckhannon 304-472-0834
— CVS - Weston
  250 Court St., Weston 304-269-1125
— RITE AID
  218 E. 3rd St, Weston 304-269-7963
  902 N. Lewis St., Glenville 304-462-4438
  168 Main St., Sutton, WV 26601 304-765-2562
  71 W. Main St., Buckhannon, WV 26201 304-472-0150

PLEASE NOTE: We still have not received notification that CVS & WALMART are ready to accept our 340B Prescriptions. We are hopeful it will be very soon, but unfortunately it is out of our hands. We will send out a notice as soon as we receive notification of completion.

OMG!!
Deadline is very near
Are you an LPN?
Renewal due 6/30/2016
You will not work 7/1 & after until renewed!
SJMH Receives Recognition

Stonewall Jackson Memorial Hospital will be recognized for our efforts to reduce hospital acquired pressure ulcers. This recognition comes as part of our participation in the Hospital Engagement Network 2.0, an improvement project through the American Hospital Association. During this project participating hospital were challenged with reducing patient harm by 40% over a 12 month period or achieving and maintaining an occurrence rate of hospital acquired condition of zero.

Monitoring of our efforts for improvement is done by submitting data through a partnership with the West Virginia Hospital Association. It was through this data submission that Stonewall Jackson Memorial Hospital was asked by our state coordinator to submit our story on how we reduced our hospital acquired pressure ulcer rate. Stonewall Jackson Memorial Hospital received word that we have been selected to have a spotlight video filmed telling our story. Once completed this video will be publicized nationally through the American Hospital Association, the Partnership for Patients as well as the Health Research & Education Trust. A marketing firm based out of Washington, DC will visit SJMH on August 4, 2016, to conduct interviews as well as film.

This is a very high honor for SJMH and it is proof of living our mission of providing excellent care to all we serve.

The Winners Are
Pictured Above....
Dr. Snead was the first place winner, and Connie Riffle was the second place winner in the Duck Race held to benefit the Polk Creek Community Park.

Pictured Below...Judy Waggoner was the third place winner in the Duck Race to raise money for the Polk Creek Community Park.

Keep On Smiling
Open Every Saturday through the summer

10 a.m. to 2 p.m.

Call Geoff Kraus - Market Master
269-7177

or the City Building
304-269-6141

located at 102 West Second Street, Weston

Facebook: The Depot Farmers Market
WJ Birthday Bash

SATURDAY, JUNE 18
NOON - 4:00 PM @ ROBERT L. BLAND MIDDLE SCHOOL
MUSIC ~ FOOD ~ VENDORS ~ AND SO MUCH MORE!!!

FUN & GAME SHOW

Similar to Nickelodeon’s “Family Double Dare”
Don’t miss your chance to play!

Build your team (4 players) and then purchase tickets for the drawing. Tickets are $10 each. We will have Cash Machine drawings as well. Tickets are $1 each or 6 for $5. All lucky participants will have 10 minutes to report to the game show area. Must be present to play.

FOR MORE INFO VISIT WESTONFAIRSANDFEST DINALS.COM
**Policies and Procedures**  
--- Barbara Willis

We are currently working to update our policies. As we review the policies we are examining the processes to identify the policies that will be changing with Cerner Go-Live. If the process is changing, a new policy will be developed before Go-Live. As policies are reviewed and changed they will be communicated in several ways:

1. The policies will be emailed to the affected staff as a PDF document
2. Reminders for employees to check their email will be posted in the employee lounges and in CPSI.
3. Policies will be presented at Department Head Meetings.
4. Department heads will present the new policies for discussion at staff meetings.
5. The most important points of the policies affecting the entire hospital such as the downtime policy will also be posted in the Weekly General.

We have already initiated changing “CPSI” to EHR in policies as we review them. As we get closer if you know of a process that is changing and we have not addressed it, please contact Barbara Willis at 8083 or tell your manager/director.

**Population Health**  
--- Kristi Gannon

SJMH is a community hospital that strives to educate and empower our community members. We want to improve our SJMH image and the overall health and well being of our population. Population health is a long term strategic plan to make a healthy positive difference in our small rural community.

In March, Julia Spelsberg and Kristi Gannon had the opportunity to provide Eric Gilmore of Cerner with an automobile tour of Weston. He was able to assess our community and provide suggestions that we can make to improve our overall community health.

One of his suggestions was to institute a local farmers market in the hub of the community. With the assistance of the Lewis County Extension Office, SJMH, and the Weston community members, we have started The Depot Farmers Market. It is located on 102 West Second Street, and will operate from 10AM-2PM every Saturday. Geoff Kraus is the Market Master.

The SJMH Cerner system, our new Electronic Health System which connects care to all we serve, will be an integral part of our community health. Our goal is to be able to identify preventive measures in a timely manner, and also notify a physician during a patient visit that he/she is due for preventive services. The Cerner system will have reminder letters and messages imbedded that are specific to each problem the patients in our community have. In the future we look forward to realizing the benefits of our new Cerner Electronic Health System and what it can do to improve population health.

**Upcoming Laboratory Changes**  
--- Angela Cedeno

Many positive changes are expected for the laboratory in the upcoming Cerner
conversion. These changes are going to help us improve care and patient safety at SJMH. Among the numerous changes that we will see moving forward, a few noteworthy are changes in regards to glucometer results, ABG machines, one-time specimen labeling, and positive patient identification.

As it currently stands, glucometer results are being entered manually into CPSI. This manual process creates room for data entry error. This ultimately can lead to improper treatment of diabetes. With the transition to Cerner, once the result is populated on the meter, it will be sent directly to the patient clinical record. This makes patient identification even more a priority.

The blood gas laboratory has recently acquired 2 new blood gas analyzers. These analyzers will be barcoding the patient labels on the arterial specimen. This ensures safer practices than the current manual process. They also have recently adopted more stringent quality control procedures. This again results in better patient safety practices.

Specimen label printers will be placed on all nursing units. Currently specimens are labeled with the patient registration sticker. This requires lab to relabel the specimen with a laboratory label once it has arrived in the department. This creates an environment that allows for a specimen to be mislabeled by putting an incorrect lab label over the registration label.

One of Cerner’s goals is that each specimen only be labeled once to prevent mislabel/misidentification from happening. Nursing will place an order in Cerner and let the system know that it will be a “nurse collect”. This will generate a label at the nurse’s station. The nurse/aide will then be able to directly label the specimen with the laboratory label, not the patient registration sticker. Any time a specimen has to be labeled more than once, it opens up room for error by someone accidentally attaching the incorrect sticker. It is always important to label the actual container. Never label the lid. It is also important to ensure barcodes do not have crinkles in them. This will result in the laboratory having to reprint labels, which is the opposite of what we are trying to achieve.

Cerner will also be helping us initiate a positive patient identification system (PPID) which will allow scanning of wristbands at the bedside. This will ensure that we are collecting the correct specimens on the correct patient. This can minimize waste, decrease the time to treat the patient and help with patient satisfaction.

Cerner Tsunami

-- John Wyllie, MD

My first reaction, and possibly yours as well was that of being overwhelmed! The Cerner EHR is comprehensive, well integrated and will provide wide access and functionality. As I watched Peter navigate through the various sections of the program I was both impressed with its versatility (and his) as well as becoming very unsettled as to my ability to master its complexity. The fact that we have a drop dead date (going live) of November 6, 2016 was further unsettling.

We have all faced objectives which seemed insurmountable during our lives and obviously conquered them; this is no different. To begin, we looked at all the pieces and how they were organized; “Dragon” will replace most if not all transcribing, so we have to learn it if we are to have the needed flexibility for data entry. There are multiple entry points to ac-
cess data, notes, H&P’s, lab, imaging studies, consults, orders, nursing documentation, etc., and all patient data from all system providers and consultants. For me frankly, it was confusing. I can read a road map, but reading directions from a computer manual frequently leaves me more confused than oriented. So we decided to find the simplest, most direct path to access any point and create learning modules that will ultimately enable the least computer savvy (AKA - me) to use the system effectively. These SJMH modules will be presented sequentially beginning in the next 2 weeks (schedule, module name to be announced) and continue throughout the summer and fall. It is expected that all physicians will avail themselves of the training. Additional mentoring sessions will be made available upon request. The plan is to have everyone become competent in accessing all the sections and then integrate them together.

Bottom line, as members of the SJMH Medical Staff, we are obligated and have the responsibility to be prepared to use the system on November 6th. There are no other options if one is to practice medicine in our hospital. This includes all physicians, employed, private attending and consultants.

We also recognize that the learning curve for a new system requires time. This means that for the first several weeks, the number of patients scheduled in our offices will have to be reduced. The time allowed per patient visit may need to be doubled. I would suggest that we use a 50% schedule reduction to start as we can always add additional visits as we master the system. It’s more difficult to cancel and reschedule. This will aid in reducing the expected frustration and the use of “expletives deleted”!

We are in this together, and as a team of friends and colleagues (not “Rivals”); we will help each other to succeed.

Please...

We have created a lovely garden area next to the Infusion/Oncology Center for patients, friends and visitors. Please, please, please do not smoke there.
The Dangers of Leaving your Pet in a Hot Car

Instead of sweating like humans, dogs cool themselves by panting and sweating through their paws. Stuffy cars and hot upholstery can hinder your dog’s cool down process. A dog’s body temperature can climb from normal to deadly levels in as little as 15 minutes.

**Vehicle Temperature**

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**Warning Signs of Heat Stroke**

- Heavy Panting
- Lethargy
- Diarrhea
- Lack of Coordination
- Profuse Salivation
- Red Gums & Tongues
- Vomiting
- Rapid Pulse

If your dog or a stranger’s dog is locked in a vehicle, call your local Pop-A-Lock, and a trained locksmith will come out and unlock the vehicle for FREE.