Jenna Ward and Nastausha Hefner have been working since July on the creation of new identification badges for the employees here at SJMH. The team was given several “must have” criteria for the project including: incorporation of the new SJMH logo; making the badges landscaped instead of portrait; enlarging the employee picture, and designing a badge that will not flip. The badges will also be color coded so that patients will be able to distinguish between different departments. (See the accompanying picture.)

The design is done and approved. Now the most difficult task is here...taking the new photos of 500 SJMH employees.

The team has created a schedule to accommodate all of our employees. (See page 2 of this newsletter for your time.) The plan is to have a station in the classroom attended most of the day Mon-Fri. (Nov. 30 thru Dec. 8). The team is arranging an earlier time (6:30 or 7a.m.) for some staff to have pictures taken before they leave in the morning. There will also be a station available at Registration in the evenings and weekends for evening/night and weekend staff.

The new badges will be in use by Dec. 14. Instead of the time clock reading the ID badge, the new system will employ biometrics...your hand scan will be read.
<table>
<thead>
<tr>
<th>Dates</th>
<th>On Campus</th>
<th>Outside Offices</th>
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<tbody>
<tr>
<td><strong>Monday, November 30th</strong></td>
<td>Admin, Registration, Pharmacy, Console, Maintenance/Security, Materials Management, ICU, MedSurg, Telemetry, Emergency Dept, Cardiac Rehab</td>
<td>Weston ENT, SHOT, Lively Health Care</td>
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<tr>
<td><strong>Tuesday, December 1st</strong></td>
<td>Galloway, Mahmoud, Laboratory, Surgery, MedSurg, Radiology</td>
<td>Business Office, Physical Therapy</td>
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<tr>
<td><strong>Wednesday, December 2nd</strong></td>
<td>Medical Records, Human Resources, Materials Management, Laboratory, Surgery, ICU, Obstetrics</td>
<td>Physical Therapy, Stonewall Pediatrics, Pearson, Orvik, D. Pauley Persinger</td>
</tr>
<tr>
<td><strong>Thursday, December 3rd</strong></td>
<td>Dietary, Medical Records, IT, Respiratory, Housekeeping, Obstetrics</td>
<td>Lively Health Care</td>
</tr>
<tr>
<td><strong>Friday, December 4th</strong></td>
<td>ICU, MedSurg, Respiratory, Emergency Dept, Radiology</td>
<td></td>
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<td><strong>Saturday, December 5th</strong></td>
<td>Weekend Staff/Makeup</td>
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<td><strong>Sunday, December 6th</strong></td>
<td>Weekend Staff/Makeup</td>
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<tr>
<td><strong>Monday, December 7th</strong></td>
<td>Registration, Pharmacy, Console, Maintenance/Security, ICU, MedSurg, Telemetry, Cardiac Rehab</td>
<td>Weston ENT, SHOT, Lively Health Care</td>
</tr>
<tr>
<td><strong>Tuesday, December 8th</strong></td>
<td>Mountaineer Healthcare for Women, Laboratory, Surgery, MedSurg, Social Services, Marketing</td>
<td>Business Office, Snuffer</td>
</tr>
<tr>
<td><strong>Wednesday, December 9th</strong></td>
<td>Medical Records, IT, Laboratory, Surgery, ICU, Obstetrics, Radiology</td>
<td>Pearson, Stonewall Pediatrics, Pearson, Orvik, Dr. Pauley Persinger, Physical Therapy</td>
</tr>
<tr>
<td><strong>Thursday, December 10th</strong></td>
<td>Dietary, Medical Records, IT, Housekeeping, Obstetrics, Emergency Dept</td>
<td>Lively Health Care 2nd Part*</td>
</tr>
<tr>
<td><strong>Friday, December 11th</strong></td>
<td>ICU, MedSurg, Ortho, Hornsb, Kurdi, Edgerton</td>
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The fourteenth annual Stonewall Jackson Memorial Hospital (SJMH) Craft Show will be Fri., Nov. 20 at the local Hospital. The event is organized by members of the SJMH Social/Recreation Committee. The only cost to participate is for the crafters to donate an item to the Hospital for the annual Christmas raffle. The event is from 7 a.m. to 4 p.m. that day in the classroom and boardroom at the Hospital. Participants at this year’s event include:

1. Karen Pennebaker
2. Joyce Greenlief
3. Lila Bush –
4. Waldeck Church
5. Linda Kraus
6. Michelle Gum
7. Chasity Harper
8. Wanda Scrange
9. Tara kemper
10. Sharon Linger
11. Donna Wilfong
12. Jodi Zickefoose
13. Sheila Zickefoose
14. Beverly Berlo-Tanner
15. Breanna Johnson
16. Lisa Lewis
17. Barb C.
18. Bob Mills
19. Delores Matthews
20. Viola Bush

Joyce Greenlief will be bringing her original art to the 14th Annual SJMH Craft Show on Fri. Nov. 20.
Congratulations To Dr. Shafic Sraj

Dr. Sraj was recently notified that his manuscript entitled “A Simple Wrist Arthroscopy Tower: The Wrist Triangle” has been approved for publication in The American Journal of Orthopedics. That is quite an honor and we congratulate him.

Lunch and Learn Scheduled for Fri., Dec. 4 with Kate Anderson

The SJMH Wellness Committee has presented a monthly “Lunch-N-Learn” for the community and employees here for several years. The next one will be on Fri., Dec. 4 at noon, with physical therapist Kate Anderson.

The presentation will be an abbreviated and less “medical” version of the one that Kate gave at the WV Family Medicine Foundation Seminar in Huntington. It will provide education on what a plant-based diet entails, some of its advantages, common misconceptions, and how to ensure that your plant-based diet is nutritionally complete. She will discuss vitamin supplementation and protein intake as well. Kate will also provide information on how to get started with plant-based eating and it will be tailored to all levels of interest - from someone who would just like to experiment with plant-based recipes, to someone who would like to try and adopt a completely plant-based diet. Finally, she can also discuss starting up a support group for those who wish to experiment with various levels of eliminating animal products from the diet. She would be willing to head up that group and provide inservices and guidance.

Calendar Of Events

Christmas Support Fund (Nastascha, Jennifer, and Kat)
Deadline is Dec. 14

Weston Christmas Parade - Nov. 28

After Christmas Parade Party Nov. 28

Jane Lew Christmas Parade Nov. 29

Children’s Christmas Party Dec. 4

Christmas Buffet Dec. 10

Annual Awards Dinner March 12, 2016

Hospital Buffet Thursday, December 10

Each shift will be served in the Cafeteria and can eat in the SJMH Board Conference Room. Lunch is 11 a.m. to 1:30 p.m.; dinner from 5 to 6 p.m.; and night shift will be served at midnight (on Thursday night.) Please bring this invitation as your entry into our drawings. Don’t forget we are having an Ugly Sweater Contest that day!
From Social/Recreation by Nastausha Hefner

You may remember that the Social/Recreation Committee has discussed where the next big trip will be. We asked SJMH employees to vote on the choices. The location with the most votes was Nashville, Tennessee!

Due to a delay in receiving the cost from several companies, the trip has been moved to April 2016.

Keep in mind that due to a salary increases to keep drivers from leaving for the oil and gas industry the prices have increased. Unlike the New York trip, where you can be dropped off and walk pretty much everywhere, Nashville is not that convenient. You will see in the itinerary that there will be an on boarding of the bus which will help those who decide to shop to not have to carry their belongings throughout the entire day and they will take us on to the next location. Due to this location change there are costs in switching out drivers for the company. If you have any questions please contact me at 8149.

I need to know who is “on board” with attending this trip so that we can confirm these dates with the company. Please reply by Sunday, November 29, 2015.

Changes in Medicaid Transports

There was a change within the last year on Medicaid transports. Instead of contacting the Senior Center directly for this transportation, it has to be scheduled by an intermediary.

In order to get transportation for the client to and from an appointment, the ride has to be scheduled by calling 1-844-549-8353. It is our understanding that the caller can request that the ride be administered by the Lewis County Senior Center. Once the trip is approved, the Senior Center can send a van.
Maintain Don’t Gain

The mission is to make it through the holiday season without gaining weight. Can you do it? Instead of trying to shed excess pounds after the holidays, prevent them and celebrate a happy, healthy holiday season.

Join us for Maintain Don’t Gain, an eight-week campaign that runs from before Thanksgiving to after New Year’s Day. You’ll receive weekly newsletters and articles, a recipe guide, cooking tips to lighten your holiday favorites, stress management tools, physical activity suggestions and encouraging messages to help you stay motivated during this frantic time of year.

We’re celebrating the holiday season with health in mind at Stonewall Jackson Memorial Hospital. Come along for the mission. Contact Rachelle McIntyre-Nicholson at rnicholson@stonewallhospital.net for more information. Maintain Don’t Gain begins Monday, November 23.
Ding - Dong!

It is that time of year where we are asking our SJMH employees and friends to provide some community support for the Salvation Army and Our Neighbor. First of all we are looking for volunteers to ring the bell on Sat., Dec. 12 between 9 a.m. and 9 p.m. at Shop N Save in Weston in one or two hour shifts. Our next request is to all of you good souls for the Adoption of Salvation Army Angels. We have 4 Angels to give out so please see or call Marketing at 8167 for your Christmas giving.

NOTICE

We have now closed the applications for the SJMH Support Fund. We have ten families requesting help. If you can help...please let Nastausha at 8149.

Ready to Adopt?

Another year has gone by and it’s time to start helping families of SJMH this Christmas! Last year, your generous donations helped 7-8 families at the hospital! Thank you!

If you wish to donate money or if you would like to donate the following food items please drop donations off to me or in the bin by console.

- Boxed stuffing
- Instant potatoes
- Canned vegetables or fruits
- Boxed dessert mixes
- Cranberry Sauce
- Jar or packets of gravy
- Canned evaporated milk

Deadline is Monday, December 14th.

The Theresa Snaith Auxiliary Gift Shop Christmas Raffle for Mr. Whipplestreet

58” Snowman
Chances $1 each for 6/$5
Drawing on November 21
Buy at the front console or in the Gift Shop
14th Annual Stonewall Jackson Memorial Hospital

Craft Show
Fri., Nov. 20
7 a.m. to 4 p.m.
Boardroom and Classroom
18 Vendors Selling Their Wares for Christmas!

Help Celebrate Small Businesses in Lewis County!

Join Us for the Weston Christmas Parade, After-Parade Party, and Small Business Saturday on Sat., Nov. 28 in Weston
NEW TIME CLOCKS

We will soon be getting new time clocks that will work with the new Payroll, Time & Attendance System. We will go live with the new clocks effective December 13, 2015. Keep using the Kronos time clocks through the OUTPUNCH of the shift that began on Sat 12/12. If you started to work on Sat 12/12 at 7pm – clock out on same clock at 7am on Sun 12/13.

**ONLY NEW SHIFTS STARTING ON SUNDAY 12/13 WILL USE THE NEW CLOCK!!!!**

There will be multiple ways to clock in and out and the new clock is just one of them. Each employee working within the Hospital proper will need to be programmed into the clock.

**ENROLLMENT TIME FOR: Nov 24 – Dec 6, 2015**

1. **2016 FLEXIBLE SPENDING ACCOUNTS**
2. **GUARANTEED ISSUE VOLUNTARY TERM LIFE INS**
3. **GUARANTEED ISSUE VOLUNTARY ACCIDENT INS**
4. **GUARANTEED ISSUE CRITICAL ILLNESS INS**
5. **GUARANTEED ISSUE SENSITIVE WHOLE-LIFE INS**
6. **GUARANTEED ISSUE SHORT TERM DISABILITY – PRN’S ONLY**

Call HR to schedule your appointment time with a Benefits Counselor on Nov 24, 25, Dec 1, 2 or 3. Evening/Night appointments are available on 11/24 and 12/2 ONLY.

Also, Counselors will be available via telephone the entire 13 days for your convenience.

More details regarding what is being offered and the types of insurances can be found under the folder titled “Upcoming Open Enrollment 11/24-12/6” on the Intranet Home Page.

Christmas Parades

SJMH will be participating in both the Weston and Jane Lew Christmas Parades (Nov. 28 for Weston, Nov. 29 for Jane Lew.) Our float is based on Frosty The Snowman Christmas Story. There will be an after-parade party at the Weston Fire Department where children can meet Santa, receive a book, and have cocoa and cookies. If you would like yourself or your children to participate, please contact Nastausha at 8149.

Warm Gloves

A local group is requesting a small gift of warm gloves for people. Kristi Gannon has set up a box for the gloves down in the Cardiac Rehab Unit on the ground floor. Please be generous.
Children’s Christmas Party
Friday, December 4 - start at 6:00 p.m.
Lewis County Senior Center
Santa and Mrs. Claus; Gifts; Children’s Crafts

SJMH Hospital Buffet
Thursday, December 10
Each shift will be served in the Cafeteria and can eat in the SJMH Board Conference Room. Lunch is 11 a.m. to 1:30 p.m.; dinner from 5 to 6 p.m.; and night shift will be served at midnight.

It was so much fun we are having it again!

Ugly Sweater Contest!

Wear your ugliest sweater; we will take a picture and put them up for voting by the SJMH staff. You must wear it on Thursday, December 10 to be eligible. Voting will last from December 14 to December 18.