Stonewall Jackson Memorial Hospital Joins Innovative Health and Wellness Program

Stonewall Jackson Memorial Hospital is pleased to announce its participation in the National Rural Accountable Care Consortium – a program designed to help rural Medicare patients live long, healthy lives.

As part of the new program, Stonewall Jackson Memorial Hospital will hire and train a Care Coordinator to work closely with patients – helping seniors stay healthy, get great care when needed and avoid costly and wasteful repetitive tests.

Stonewall Jackson Memorial Hospital will also have access to important information, which will help community physicians evaluate the services of distant specialists, hospitals and other health-care providers to make the best recommendations for patients.

SJMH CEO Avah Stalnaker states, “When our patients want support, they can come to us for advice and assistance. We will help them find the right health-care providers, coordinate their care and help them get the best results. Our mission is to serve the community’s healthcare needs, and this program will help us do that better than ever.”

Initially, Stonewall Jackson Memorial Hospital will introduce these new programs for Medicare patients, but hopes to expand to other types of insurance as well.

“Stonewall Jackson Memorial Hospital is doing its part, but the community can play an even larger role in promoting health,” Stalnaker added. “As a community, we need to take responsibility for our health and for each other, and encourage each other to stop smoking, eat healthful foods and get regular exercise. We need to work together for a better future for our friends and neighbors. For example, if you are a Medicare patient, we urge you to get your free Annual Wellness Visit to prevent disease and maintain your health.”

The National Rural Accountable Care Consortium includes over 250 rural community health systems in 40 states dedicated to helping rural providers achieve the highest level of healthcare quality, efficiency and customer service.

For more information please contact Julia Spelsberg, SJMH Marketing Director, 304-269-8168,jspelsberg@stonewallhospital.net. You also can call 1-800-MEDICARE and tell the representative you’re calling to learn more about ACOs, or visit Medicare.gov/acos.html.
Need A Mattress

Beginning March 1st, Stone-wall Resort will be upgrading our guest room mattresses and box springs. The resort will be giving away the used inventory to make way for the new. There will be several scheduled pick up dates, see the schedule below. Available inventory will include King Bed Sets, Queen Bed Sets, and a limited number of Twin Bed Sets, and Twin Top mattresses. To reserve a set or more please call Richard Ebright, Director of Operations at 304-269-8830. Please leave a message with your name, phone number, and number of items you would like. Full sets only. Your call will be returned to confirm that we received your order based on available inventory.

Pick up dates are as follows.

3-1-2016 – 100 queen sets available
3-8-2016 – 33 king sets available
3-15-2016 – 50 queen sets available
3-18-2016 – 50 queen sets available
3-26-2016 – 32 king sets, 5 queen sets, 12 twin sets, 10 twin top mattresses.

We Are Having A Uniform SALE

Thurs., March 10
7 a.m. to 4 p.m.
Fri., March 11
7 a.m. to Noon
in the SJMH Boardroom
Stethoscopes, Pen Lights, Lanyards, Bella Taylor Handbags,
Klogs, Grey’s Anatomy, and Dansko Shoes
Wide variety of Uniforms, Therapeutic Socks in Assorted Colors
Stonewall Home Oxygen Therapy
Market Place Mall I-79 and Route 33, Weston
Phone 304-269-0100  Open 8 to 5 - Mon.-Fri.
Visit www.shotofcolors.com

9th Weston 5K Run and Wellness Walk
Sat. April 16 @ 10 a.m.
Center Avenue and East Second Street, Weston, WV
Prizes: $150-$75-$25
Winners in Mens and Women's
Age Groups: Under 11; 11-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+
$15 Pre-Registration and $20 Day Of
New Signage

If you have noticed, we now have new signs with our new logo coming at the front entrance of the Hospital, pictured at left.

As part of our efforts to re-brand the hospital we are making our new logo a part of everything we do.

Thanks to the Theresa Snaith Hospital Auxiliary for providing the funding to fulfill this effort.

Pat on the Back Honorees

If you wish to honor someone with a Pat on the Back, you should go to the SJMH Intranet; find Pat on the Back and fill it out. Fellow employees, patients, visitors, etc. can complete the Pat on the Back ticket naming the employee and what he/she did for the special recognition. After completion, the Pat is given the supervisor who will make a copy. The original will be presented to the employee receiving the recognition.

These employees were honored with a Pat On The Back:

Mary Ann from Med/Surg
Anna Stump
Jessica Hopkins, Lisa Barrett, and Rhonda Hager
Linda Thompson
Mary Ann Heaster
Marissa Simione
Tracy Samples
Vickie Wiseman
Tammy Taylor
Brittany Shuttleworth
Skye Linger
The Stonewall Jackson Memorial Hospital Lab is happy to announce that it has acquired BioFire Diagnostics’ FilmArray Gastrointestinal (GI) Panel. The 22-target panel, which includes bacteria, viruses and parasites that cause infectious diarrhea, is the most comprehensive gastrointestinal test to be cleared by the FDA. The FilmArray GI Panel takes only two minutes to set up, and produces results in about an hour. At one time, it could take from three to five days for the results.

“This test significantly improves our lab’s testing times and accuracy, which is very important for our patients, and we plan to use the FilmArray GI test to help us achieve quicker and more accurate diagnosis,” said Lab Director Angela Cedeno “The faster we get test results, the faster we will be able to apply an optimized treatment plan, thus improving overall patient outcomes.”

Cedeno also noted that this instrument was purchased to provide the community with the best and latest technology that most think are only available in larger hospitals. With the emergence and worry of Salmonella poisoning or norovirus illnesses, it’s important for the doctors to get this information as quick as possible to improve patient outcomes. This new testing does that.

“The excitement from the medical community about this panel has been astounding,” said Randy Rasmussen, CEO of BioFire Diagnostics. “We view this panel as a game-changer in the diagnosis of infectious diarrhea, delivering accurate and timely results. The breadth of pathogens on our GI Panel provides the big picture in gastrointestinal infectious disease, which will aid clinicians with treatment decisions for their patients.”

Despite advances in food safety, sanitation and medical treatment, infectious gastroenteritis remains a significant problem in industrialized countries among all age groups. In the United States, between 200 and 375 million episodes of diarrheal illness are estimated to occur each year, resulting in 73 million physician visits, 1.8 million hospitalizations, 3,100 deaths and $6 billion in medical care and lost productivity. Early diagnosis facilitates timely and appropriate therapeutic interventions that can alleviate symptoms and prevent secondary infections.

For further information, please visit www.BioFireDx.com.
Debbie Sizemore, facilitated a focus group concerned with health needs in Lewis County on Fri., Feb. 26 at Stonewall Jackson Memorial Hospital (SJMH). The group meeting was the second step in the Community Health Assessment being created by the Marketing Department at SJMH and the Lewis County Health Department. Fourteen interested individuals were on hand to discuss their impression of local health issues.

The SJMH Marketing Department had already received 330 surveys in the fall concerning the issues facing the County. Three years ago, when this survey was first done, obesity was at the top of the list of health concerns. Not surprisingly, drug addiction, has taken the top position, followed by obesity in the current survey. Members of the focus group did not know the results of the recent survey, so it was no surprise that drug addiction, followed by obesity was the consensus of the focus group. Other issues of interest were tobacco use, heart disease, behavioral health, diabetes, alcohol addiction, COPD, cancer, teen pregnancy, nutritional issues, arthritis, and dental care.

Sizemore then discussed each issue with the group to find out why there were concerns.

The third part of the group discussion dealt with an action plan. Drug addiction is a very difficult issue for people to attack. Some suggestions were for recovering patients to speak to schools; educating parents about signs of drug abuse; taking drug awareness education to ball games and sporting events where parents might listen; providing educational materials in beauty parlors, barbershops, etc.; open a dialogue with children; develop critical thinking for children; and to obtain better rehabilitation resources.

Internal Marketing

The Barnes Agency, SJMH’s marketing consultant, spent Wednesday, February 24, at the Hospital’s main campus and four outlying offices reminding employees about the importance of good customer service. Pictured at left, with staff from Home Care and SHOT is Jeff Barnes, president of the agency, during a session.
ROTARY/SJMH BLOOD SCREENING

All participants should fast for 12 hours.
All analyses are performed on a small sample of blood.
There will be NO PREREGISTRATION.

There will be 46 different tests performed.

Other tests available are: PSA that aids the physician in the detection of prostate cancer, TSH for thyroid screening, and HEMOGLOBIN A,C, which measures cumulative glucose values for diabetics. All test results will be mailed to the participant.

HEALTH FAIR PANEL - $35
PSA - $20
THYROID PANEL - $15
HEMOGLOBIN A,C - $15
BLOOD TYPING - $10

Saturday, April 2 and Saturday, April 9
7 a.m. to 10 a.m.
Ground floor of SJMH

This service is provided by the Weston Rotary in association with Stonewall Jackson Memorial Hospital.
United Way of Gilmer, Lewis & Upshur Elimination Dinner

$1,000 Drawing

Friday, March 18, 2016
Stonewall Resort Roanoke WV
Social 6:30 – Dinner 7:00 – Drawing 8:00

$35 Donation - Per Person
Ticket holder entitled to one admission, one dinner
One chance to win all the prizes.
Need not be present to win.

MENU
Greens with Tomato, Cucumber & Shredded Carrot, Choice of Dressing.
Penne with Grilled Chicken Breast, Roasted Cherry Tomatoes &
Four Cheese Alfredo
Sliced Roast Beef with Scratch Gravy
Broccoli & Cheddar Casserole
Potatoes O'brien
Apple Pie & Chocolate Mint Cake

Contact Derek Garrett at 997-8646
For Your Ticket

Upcoming Events

SHOT Uniform Sale - Thurs., Fri., March 10 and 11 - SJMH Board room.

Open House Care Connect -Thurs., March 10 3 to 5 p.m.

SJMH Skating Party - Thurs., March 10, 6 to 8:30 p.m. at Bridgeport Skate World

SJMH Awards Dinner - Sat., March 12, beginning at 5:30 p.m. at Stonewall Resort

SJMH Easter Egg Hunt - Sat., March 19, at noon at Lewis County Park

Doctors’ Day - March 30

Weston Cleanup - Sat., April 9 beginning at 8 a.m. in downtown; cleanup of play-grounds will happen too.
Weston playground projects are coordinated by SJMH.
Let’s all pitch in!

Create Your State - Wed., April 13

Weston 5K Wellness Walk/Run - Sat., April 16, at 10 a.m. in downtown Weston

2016 National Hospital Week - May 8-14, 2016

SJMH Picnic - Fri., July 15, all day at the Lewis County Park
SJMH is hosting the Care Connect Center Open House.

Thursday, March 10, 2016
3:00 pm to 5:00 pm

Come over to the Care Connect Center for a brief tour of the facility, to meet a couple of the folks assisting SJMH with our transition, and see how the Care Connect Center is being used to plan and implement our new Electronic Health Record!!!

We look forward to seeing you!
Weston 5K Run & Wellness Walk
Sat., April 16, 2016 @ 10 a.m.
Corner of East Second St. and Center Ave., Weston
Return to Julia Spelsberg, SJMH, 230 Hospital Plaza, Weston, WV 26452
Please make checks payable to Weston 5K Run and Wellness Walk

Complete this form and sign the waiver.
(PLEASE PRINT)

☐ 5K Run
☐ 5K Walk

Date of Birth (mm/dd/yy) ___________________________ Age _______

Gender  □ M  □ F

Last Name_______________________ First Name ___________________________

Address______________________________________________

City ______________________________ State __________ Zip _________________

Phone ___________________ Email ________________________________________

(Email used for sending race information only)

T-Shirt Size (Circle one):
Youth: L Adult: S  M  L  XL  XXL

VOLUNTEERS

☐ I am walking and would like more information on volunteering before and after the walk.
☐ I am unable to walk but would like to be a volunteer.

WAIVER: I know that running or walking a road race is a potentially hazardous event, and I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Stonewall Jackson Memorial Hospital, the City of Weston, and St. Patrick Church/School for the Weston 5K Run and Wellness Walk, and all sponsors their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, records or any other record of this event for any legitimate purpose. Race will be held regardless of weather conditions. Registration is final, no refunds.

Signature Required

Signature of entrant (Guardian if under 18) and date

_________________________________________________________________________/ ________________

Date

Registration fee: $15  ☐ paid  $20 on race day ☐ paid