SJMH Welcomes New Physician

Stonewall Jackson Memorial Hospital welcomes the newest physician to the Hospital staff – urologist Thomas Benz, M.D.

“I am quite excited to be in West Virginia, and located close to my family in Pittsburgh,” he explained. “After meeting the staff here I feel right at home and look forward to beginning my work here. I am excited to serve the people of Weston and the surrounding area.”

Dr. Benz is originally from Pittsburgh and comes from a family of physicians including a father, grandfather, brother, uncles and cousins, who have all gone into the medical profession. He has been practicing for 28 years. During his career he was a clinical professor of urology at the University of Pittsburgh and Medical College of Pennsylvania.

Dr. Benz received his medical degree from the University of Pittsburgh (UPMC), and performed his residency there. As well as in Pittsburgh, he has also practiced in Alabama and Delaware. Dr. Benz has two children - Becky Offut, of Pittsburgh, and Thomas Benz, Jr., of New Jersey.

He and his wife, Renee, will be moving to the Weston area soon.

As an urologist he has a special interest in cryosurgery, bladder and kidney cancer, incontinence, lithotripsy for kidney stones, male infertility, erectile dysfunction, sterilization, and vasectomy reversal.

In his spare time, Dr. Benz likes to garden, work in his shop, and go boating.
Plans Begin for Breast Cancer Awareness Luncheon

Stonewall Jackson Memorial Hospital (SJMH), the WV Breast and Cervical Cancer Screening Program, the American Cancer Society, the Christian Alliance, and Waldeck Church are coordinating the annual Breast Cancer Awareness Luncheon at the Broad Street Church on Oct. 20 at noon. SJMH will have a mini health fair before the luncheon begins.

Here are some facts about breast cancer awareness:

Breast cancer is the most common cancer among American women. Getting mammograms regularly can lower the risk of dying from breast cancer. If you are 50 to 74 years old, be sure to have a screening mammogram every two years. If you are 40 to 49 years old, talk to your doctor about when to start and how often to get a screening mammogram.

A mammogram is an X-ray picture of the breast. Doctors use a mammogram to look for early signs of breast cancer. Regular mammograms are the best tests doctors have to find breast cancer early, sometimes up to three years before it can be felt. When their breast cancer is found early, many women go on to live long and healthy lives.

Tips for getting a mammogram:

Try not to have your mammogram the week before you have your period or during your period. Your breasts may be tender or swollen then.

On the day of your mammogram, don’t wear deodorant, perfume, or powder. These products can show up as white spots on the X-ray.

Some women prefer to wear a top with a skirt or pants, instead of a dress. You will need to undress from your waist up for the mammogram.

If you would like to attend the Breast Cancer Awareness Luncheon, please call Julia Spelsberg 269-8167 for your reservation.

RSVP by Oct 15th to Kristi Gannon

members of the Stonewall Jackson Memorial Hospital staff who are planning the annual Lewis County Breast Cancer Awareness Luncheon on Thurs., Oct. 20 at the Broad Street Church at noon. Pictured left to right are Kristi Gannon, Kathy Daley, Laura Lightner, and Heather Lantz.

Pictured above are members of the Stonewall Jackson Memorial Hospital staff who are planning the annual Lewis County Breast Cancer Awareness Luncheon on Thurs., Oct. 20 at the Broad Street Church at noon. Pictured left to right are Kristi Gannon, Kathy Daley, Laura Lightner, and Heather Lantz.

Members of the Theresa Snaith Hospital Auxiliary met recently to plan the annual Caplan’s/Auxiliary Gold Sale on Thurs., Oct. 27 in the Boardroom at Stonewall Jackson Memorial Hospital. Pictured above, seated, are Connie Sherrell and Linda Shaffer; standing left to right are Mary Wagoner, Susan Hull and Julia Spelsberg.

September 26, 2016
To: All SJMH Employees
From: Mary Ann Edwards, RN
Subject: Flu Shots

Time for Flu Shots! To kick off our Flu Vaccine drive, I will be in the boardroom on Monday, October 3, 2016 from 8:00am to 2:00pm administering Flu Shots. I will also be making rounds to individual units throughout October and you may come to the Infection Control/Employee Health office anytime, between 7:30am and 2:00pm daily to receive your flu vaccine. In addition, I will be here Tuesday October 11, 2016 from 8:00am to 11:00am to administer vaccines to the night staff.

Our goal this year is 75-80% participation. Every employee who receives a Flu Vaccine will be given a ticket to be entered in a raffle to win a variety of prizes (i.e. kindle fire, gift cards...).

If you have any questions or concerns, please contact me at x8043.

Important Information

On occasions when our regular lumos phone system is down, there is a backup system which runs on the Shentel Cable network. These are the alternative numbers you can use in cases like that.

1. BACK CONSOLE 304-997-8158
2. ED 304-997-8198
3. ICU 304-997-8073
4. MED SURGE 304-997-8013
5. OB 304-997-8030
Care Connect Training Strategy –

Cheryl Scott

In preparation for the Cerner Go-Live, the training team has developed a comprehensive training schedule to include all the relevant training classes for all SJMH Departments. Your Manager will assist with registering their employees in all of the appropriate training classes for their departmental workflow. Employees will begin by learning how to access and navigate within their applications to find and use parts of the system. For example, where would you find the Physician’s history and physical or nurses’ notes? It is extremely important that you attend your scheduled classes. Each class will build upon the next so that you can continue to progress and gain a thorough understanding of how the system will operate in your respective departments. If you miss a scheduled class, you will be required to attend another class prior to the next scheduled class in the training progression. We will be using a variety of teaching methods and tools, including classroom, how-to videos and quick reference guides will be available for use in your department. Managers and Team Representatives will be available for questions and support of their employees on their units during the training weeks and after the System Go-Live on November 6th, 2016.

Remote Report Distribution (RRD) –

Derek Garrett

Remote Report Distribution (RRD) provides the ability to send a report to a non-staff provider when notified by a Cerner solution (examples of solutions include: Access Management, PathNet, etc.). The primary use of RRD is Clinical Reporting; however other solutions also use RRD to transmit letters and reports. Fax is the method of communication RRD uses to transmit reports, results, etc. In RRD, the remote locations to which reports are to be transmitted are defined as stations. The station defines all the data needed for a report to be transmitted correctly. For each fax station, staff have identified the proper phone numbers to be used, determined what time reports should be transmitted, and provided any additional criteria for the specific station. Several SJMH departments will be able to utilize RRD. Listed below are the Cerner solutions that can use RRD and a brief example of what they can transmit:

- Clinical Reporting — Patient Charts/Medical Records
- HIM — Physician Letters
- FirstNet/Powerchart — Discharge Instructions
- PathNet — Lab Results
- RadNet — Radiology Exam Results
- Care Management — Clinical Reviews

One of the useful features of RRD is the ability to fax results to the ordering physician.

Continued on Next Page
without any staff intervention. Even though the RRD doesn’t automatically fax to the primary care provider, staff can still manually execute this action.

Applicable Cerner Team Leads should be learning about RRD functionality during their training calls. This information will then be incorporated into end user training in September and October.

Multiview Go-Live – Derek Garrett

As you may know, we are replacing the General Ledger and Accounts Payable modules of CPSI with a new system called Multiview. While Multiview isn’t a part of Cerner, certain aspects, such as supply chain and patient accounting, will be tightly integrated through the transfer of files between the two systems. Since Multiview is not a system dependent on Cerner, SJMH Accounting staff are excited that the Multiview go-live event will coincide with our New Fiscal Year; October 1st 2016.

Training for Multiview will begin on September 19th. Personnel involved in this training include the Accounting Office and Accounts Payable. On September 21st, Derek and Crystal will present the new chart of accounts to the Journey to Excellence meeting. This meeting will consist of mappings so departments can easily recognize what new accounts correlating will consist of mappings so departments will have the ability to quickly edit ECGs anytime.

Cerner Practice Management – Christa Shaver

Cerner Practice Management or CPM, as it is frequently referred, is the solution we will use to schedule patients in the clinics. Receptionists will schedule patient appointments, complete the registration process and collect payments within this solution. It will provide benefits for compliance requirements and patient satisfaction.

CPM will be beneficial in maintaining compliance with CMS requirements for the completion of MSP Questionnaires. The system will automatically launch the questionnaire based on the insurance selected during the registration process. CMS requirements of 100% compliance will be obtained easily with this feature.

As patients schedule their appointments, the solution will provide us with an alert if the patient has an appointment scheduled in another SJMH clinic or department. This alert will help reduce the number of No Shows and Cancellations throughout the clinic and the hospital network. We will have the capability to not schedule a conflict, and to remind patients of upcoming appointments they may have forgotten.

This solution will provide SJMH clinics with options in scheduling we previously haven’t had. It will provide us with the capability to place our patients on a Standby Appointment queue for specific providers or by location with no preference of provider. Our receptionists for each location will monitor the list daily, and call patients to offer earlier appointments. This will be of great benefit to providing excellent care to our SJMH clinic patients.

Power ECG – Diane Ocheltree and Jeanie Hart

With Power ECG, it gives the physician the ability to order the test, the order then flows to the Mortara ECG machine where a staff member can choose the correct patient from the worklist. This eliminates the possibility of error in data entry input. Once the EKG is complete, the result will pass into Cerner where in Power Chart the interpreting physician can read and result. SJMH will use 4 Mortara 250 EKG carts in the clinics, which Dr. Mahmoud, Dr. Hornsby, Dr. Orvik and Lively HealthCare and 3 Mortara 280 in the hospital.

Power chart ECG Benefits:

- Ability to access ECG’s remotely from the worklist with access to Power Chart
- Ability to access ECG’s with one log-on
- Ability to read, report and compare results in seconds
- Ability to immediately retrieve and view results in seconds
- Ability to quickly edit ECG’s

With this integration it brings together ECG and all diagnostic and treatment workflows and documentation contained in the EMR, eliminating confusion and enhancing patient care.

The accessibility provides access to ECG’s from any Cerner portal, saving time and easing complicated test result processes, plus the ability to edit ECG’s anytime.

Cerner Order Sets – Tara Arnold

SJMH has created order sets for each of the following departments: OB, Surgery, Anesthesia, Inpatient, Newborn, and Emergency Department. These order sets are generic by nature, but allow the provider to customize them to fit their individual needs. Items in the order sets can be pre-checked, have pre-defined order sentence, drop down choices, and order subsets like Insulin or Heparin. Each provider will have the ability to add to these already defined order sets with additional order and or changes to the existing orders. Providers will have a couple sessions, prior to go-live, to setup order sets to their specific preferences.

Scanning of Documents – Tara Arnold and Tina Burnside

Our hospital will be moving from a Hybrid medical record system [CPSI and Paper] to an Electronic Medical Record (EMR - Cerner) system very soon! Scanning of documents will play an important role in this process. Not all information will be electronic when we go live with Cerner. There will still be paper documents that will be scanned into the system, such as: Medical and Surgical Consent, Medical Power of Attorney and Living Wills, and/or any document that cannot be duplicated in an electronic form. Workflows for who, when, and where are still being established. Many departments throughout our organization may now have scanners in their area and be responsible for their own scanning. Cerner will allow our physicians
September Newsletter

**BIRTHDAY ACCRUALS ARE A THING OF THE PAST!**

Effective 10/2/2016 not only will the Vacation accrual change to accruing according to hours “worked”, but there will be NO MORE BIRTHDAY accruals. Rather than keeping up with everyone’s birthday, the plan will change as follows:

- **All FT/PT Employees Having Met Their 6-Month Provisionary Period Will Accrue A Personal Day In The Pay Period After The Accrual Bucket Reset For The New Fiscal Year.** (This year, it will be the PP beginning 10/2/2016 and ending 10/15, paid on 10/29/16.)
- **All FT/PT Employee Having Met Their Provisionary Period Will Receive A Second Personal Day On April 1, 2017.**
- Provisional employees will accrue the same way when the 6-month period has completed if they were employed 10/1 and 4/1. If they were employed when an accrual occurred, they will wait until the next accrual date.
- All Personal days accruals will drop-off if not used by the end of each Fiscal Year, next year is 9/30/17. You will have 12 months to use the first personal day and will have only 6 months to use the second.
  - ALSO, please be reminded that all Holiday accruals will drop off (be forfeited) if not used by the end of each Fiscal Year.

If you are a regular Full-time employee you will earn vacation on the following schedule based on a prorated amount of hours worked with a cap per pay of 75 hours. For example a FT employee with 2 years of service that works 60 hours in a pay period would accrue 2.31 hours (60/25.88) of vacation for that pay period.

<table>
<thead>
<tr>
<th>FT Hours</th>
<th>FT Vacation</th>
<th>PT Hours</th>
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</tbody>
</table>

If you are a regular Part-time employee you will earn vacation on the following schedule based on a prorated amount of hours worked with a cap per pay of 59.99 hours. For example a PT employee with 2 years of service that works 50 hours in a pay period would accrue 1.92 hours (50/26) of vacation for that pay period.

<table>
<thead>
<tr>
<th>PT Hours</th>
<th>PT Vacation</th>
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<tbody>
<tr>
<td>0-15</td>
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<tr>
<td>16-30</td>
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<td>46-60</td>
<td>0.48</td>
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<tr>
<td>61-75</td>
<td>0.64</td>
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</tbody>
</table>

**VACATION ACCRUAL POLICY  Effective 10/2/2016**
**Shirt Order Form**

The Social Rec Committee of SJMH is taking orders for SJMH Logo Clothing.

Orders will be collected until **Friday, September 30, 2016**

Payment must be made at time of order. Checks payable to: **SJMH SOCIAL REC**

Show your STONEWALL PRIDE - Order yours TODAY!

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**NAME:**

**DEPT:**

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<table>
<thead>
<tr>
<th>ITEM</th>
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<td>GRAY Short Sleeve T-shirt</td>
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<td></td>
<td></td>
<td>$15</td>
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<tr>
<td>GRAY Long Sleeve T-shirt</td>
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<td>$15</td>
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</tr>
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<td>NAVY Women's Polo</td>
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<td></td>
<td>$25</td>
<td></td>
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<td></td>
</tr>
<tr>
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<td></td>
<td>$25</td>
<td></td>
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<tr>
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<td></td>
<td>$25</td>
<td></td>
</tr>
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<tr>
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**UPCHARGES PER ITEM FOR LARGE SIZES**

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<tr>
<td>3X</td>
<td>$4.00</td>
</tr>
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<td>4X</td>
<td>$4.00</td>
</tr>
<tr>
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**RETURN COMPLETED ORDER FORM AND MONEY TO:**

**Nastasha Hefner** ext 8149 (Administration)

**or Jennifer Barnes** ext 8533 (Chief Quality Officer)

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**Orders Due by September 30, 2016**

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**Flu Vaccine 2016-2017: Your questions answered**

**Why should I get a flu shot?**

To prevent from getting the flu and stop the spread of a common virus. It helps protect our family members, co-workers, and patients.

**Can the flu vaccine give me the flu?**

**No.** If you develop flu symptoms, you were most likely exposed to the flu virus prior to receiving the vaccine or have been exposed to another virus, such as rhinovirus, or another strain of the flu virus.

**I don’t feel well after receiving the vaccine, is there anything I can do?**

Usually this is due to your body’s immune system reacting to the flu vaccine. You may experience a low grade fever or aches for 24-48 hours after receiving the vaccine. Best thing to do is to pre-medicate yourself with either acetaminophen (Tylenol) or ibuprofen (Advil, Motrin) one hour prior to receiving your vaccination. This can help prevent some of the symptoms.

**Why do I need to get the flu vaccine every year?**

It covers those who receive it during the flu season. Best time to receive the vaccine is in early October, that way you have adequate coverage throughout the flu season. Typically, flu activity peaks between December and February.

**What if I have an egg allergy?**

You can still get the flu vaccine. A newer formulation called Flucelvax is not produced in an egg medium.
An active shooter is an individual actively engaged in killing or attempting to kill people in a confined space or other populated area. In recent years there have been several widely publicized active shooter situations in the news, many of which have been in Hospitals or Healthcare institutions. Active shooter situations are unpredictable and evolve quickly, typically active shooters will continue to move throughout a building or area until stopped by law enforcement, suicide, or other intervention. In most cases active shooters use a firearm(s) and display no pattern or method for selection of their victims. In some cases, active shooters use other weapons and/or improvised explosive devices to cause additional victims and act as an impediment to police and emergency responders.

Active shooter events in a healthcare setting present unique challenges: a potentially large vulnerable patient population, hazardous materials (including infectious diseases), locked units, and many other special challenges. SJMH has developed an education for all staff regarding active shooter preparedness and what you should do to create greater awareness of workplace violence. Also to provide the tools necessary for each employee to develop a plan that leads to a safer, more prepared environment for themselves, their coworkers and our patients and their families. In the future, as an institution we will host Active Shooter drills to gauge employee response and preparedness.

As the first step in this educational journey, Mr. Stalnaker has directed that ALL staff complete this new and informative education in CareLearning by September 30, 2016 and annually thereafter. Additionally, Active Shooter education will become part of our new employee orientation and will be presented by Chuck Chabanik.

If you have any questions regarding Active Shooter response please contact your Staff Educator, Mr. Chabanik, or Human Resources.

Employees can help prevent and prepare.