19th Annual Relay for Life
Planned for Saturday, June 10

Plans are being finalized for the 19th annual Relay for Life of Lewis County, which will be Sat., June 10, from 6 p.m. to midnight at the Robert Bland Middle School Athletic Field. The first Relay in Lewis County was held in 1999. This is one of the largest fundraisers for the American Cancer Society.

So far this year, $3,404 has been raised as of Tuesday, May 30, 2017. This money has been collected from payroll deductions for the Hospital. The Hospital itself, has donated $500 this year as a corporate sponsor. Overall, the Lewis County effort has raised $36,562.84 with a goal of $54,000. SJMH was also number 4 in the team effort being led by the All Americans with $11,691; the Citizens Bank with $9,012; Almost a Hitt with $3,128.

Rosa Thayer, SJMH Team Leader has a simple request. “If every SJMH employee gave $1 per pay period, we would raise $13,000 for the year. We would beat everyone in the campaign if we could do that. One dollar per pay is so small, that any employee would not notice the change in their paycheck. I hope that people see the importance of the American Cancer Society,” said Rosa.

Rosa also noted that SJMH is responsible for the Cornhole Tournament this year. She would like volunteers to walk the track for the SJMH team. Please contact her at 304-997-8641.

Relay For Life® is a fun-filled overnight event designed to bring together those who have been touched by cancer in the community. At the event, participants celebrate survivorship and raise money to help the American Cancer Society in its mission to save lives; help those who have been touched by cancer; and empower individuals to fight back. During the event, teams take turns walking or running laps. Each team tries to keep at least one team member on the track at all times.

But, Relay is much more than a walk around a track. It is a time to remember those lost to cancer and celebrate those who have survived. It is a night for people who have shared the same experience to comfort and console one another. During this event, participants honor survivors during the Survivors Lap and remember those who have been lost to cancer during the Luminaria Ceremony, which will be held at 10 p.m.

Most importantly, Relay gives one the power to help in the fight against cancer. By joining together as volunteers and donors, the joint effort helps the American Cancer Society strive toward a future where cancer doesn’t take the lives of our friends and family.

Cancer survivors are invited to participate in the opening Survivors Ceremony and to stop by the Survivors Reception provided by Stonewall Jackson Hospital and Stonewall Jackson Home Care. The reception begins at 5:30 p.m.
Dedication of Willow Creek Natural Playground
To Be Held on Tuesday, June 20 at 6 p.m.

The dedication for Willow Creek Park will be held on Tuesday, June 20, at 6 p.m. at the park location. The project manager for the park is Nastausha Hefner, of Stonewall Jackson Memorial Hospital. There will be light refreshments and gift bags for children attending the event.

Willow Creek is referred to as a natural playground/outdoor classroom. Some might question the difference between a natural playground and a commercial one. It has to do with the equipment. Much of the equipment at a playground like Polk Creek Community Park is commercially bought and made of plastic and metal. A natural playground uses natural elements, such as the gigantic tree stumps donated by Marilyn Workman, as part of the fun. Children have a great time jumping from one stump top to another. Several of the stump tops have been painted to serve as tic-tac-toe games. Eventually, Hefner will install a sliding board into the hills. Currently, a bridge is being built across the creek.

“We went to one of the conferences several years ago and learned about natural playgrounds. We thought it would be perfect solution for the property, which was given to us along Willow Creek. At one time there were homes there, which were flooded several times. So the County received a grant to tear down the houses and the City received the property,” explained Hefner.

Last year, work was begun with the installation of a stone path, perennial plants, and a small parking area. Recently, a small swing set, teeter-totter, and musical instruments were added. The park is growing in popularity as well as equipment.

“We are so happy to have this playground grow in use. It is different then most playgrounds but provides children with the opportunity to be more creative by using nature. When the Hospital created a community assessment in 2013, our residents noted that obesity was at the top of the list of their concerns. So we decided that a smart way to attack the problem was to create playgrounds within the city.” said Julia Spelsberg, SJMH Marketing Director and Weston Mayor.

Willow Creek will join the other two parks created in the past several years. The first park maintained by Joe Jarrell is the Charles Lively Pocket Park on the corner of Center Avenue and Fourth Street in Weston; the second is the Polk Creek Community Park by the old Polk Creek School, created by John and Connie Riffle. The Willow Creek Natural Playground is the third play area. The next project is the Urban Orchard planted in April close to SJMH. Over 70 trees and fruit bushes.

Until five years ago, there was only one public basketball court in Weston...no other playgrounds. The City and SJMH have worked together to create wholesome activities for children by the creation of the playgrounds. Much of the playground work has been given by volunteers. The funding has come from the Try This grants and other donations. When the City created a Comprehensive Plan in 2014, one of the needs for the community was recreational activity. The playgrounds are fulfilling that need.

Members of Weston Fairs and Festivals and Planning Commission are coordinating the event along with Stonewall Jackson Memorial Hospital.
It is a violation of federal HIPAA guidelines to access your own medical record unless it is to perform necessary work functions. If you are a patient at SIMH or with one of our providers and need information from your record, you must get that information from the provider, or you must request it from medical records. You ARE NOT PERMITTED to look it up on your own in Cerner. Violations will result in disciplinary actions.

H & M Motors
Citizens Bank, Dominion, Mountain V
Weston Volunteer Fire Department
and Weston Fairs and Festivals

Invite You To Our
Fourth of July
Community Celebration
at Robert Bland Middle School Field

12 p.m. - Activities open
1 p.m. - Spotted Dog Contest
2 p.m. - Cornhole Tournament - $20 per team
4 p.m. - Flame Queen Crowning (at the Fire Dept.)
4 p.m. - Parade Lineup
5 p.m. - Parade
6 p.m. - Firemen Rodeo
7 p.m. - Coronation
10:15 p.m. - Fireworks

Kids' Korner Vendors - Foods
Kids Contests - Power Wheels
Carnival Games - Watermelon Contests
Get a Photo With Halligan - Pepperoni Roll Contest

FIREWORKS DISPLAY

FREE ADMISSION
Running for Flame Queen

Natalie Rogers is a Flame Queen candidate this year. The Flame Queen competition is a fundraiser for the annual Weston Fire Department. The public votes for the candidates by putting money in the displays, which are placed around town. The candidate with the most donations wins the title and is crowned at the annual 4th of July activities at the RLBMS Athletic Field. Natalie is the daughter of Tom and Monica Rogers of Jane Lew. Monica is works at Weston Orthopedics and Sports Medicine Center. She is a 2017 LCHS graduate and plans to attend Glenville State College.

Tree Removal Scheduled for 6/2/2017 will affect normal Hospital traffic patterns and parking

Due to tree removal at the entrances to the hospital from US Route 33 on Friday 6/2, there will be traffic pattern changes during these times.

Tree removal at the main entrance will begin at 08:00am and is expected to last until 12:00pm. The small parking lot near the front entrance will be partially affected. A portion of the parking spaces will be roped off tonight to allow work to be done safely. Tree removal at the emergency entrance, closest to POB 1, will be completed between 1:00pm – 2:00pm.

Flaggers along with traffic cones will be in place to help with traffic flow. Healthnet and EMS will be made aware of the situation. Times are approximate. Sorry for any inconvenience.

Summer Classic

Benefit for Kent Squires Medical Expenses from Cancer Amputation Surgery

When: Saturday, June 24, 2017
Where: Deerfield Country Club
Weston, WV 26452
(304) 259-1139
Registration: 8:00-8:45 a.m.
Tee Time: 9:00 a.m. (Shotgun start)
$200 a team registration fee includes:
Maximum: First 18 teams
Four-man scramble
Cash Prizes $600 $400 $200
Prizes awarded: longest drive, longest putt, closest to pin
Hole Sponsors: $100
Deadline to preregister: June 20
Donations can be made to: Summer Classic - Kent Squires Benefit
c/o Gary Hefer
52 Hefer Acres
Weston, WV 26452
P.O. Box 415
Weston, WV 26452
For more information: (304) 269-0167 (Gary Hefer), (304) 472-5588 (Rachelle Squires Long), or (304) 884-4034 (Josh Squires).

Physics at Cardiac Rehab

The physicals for Lewis County middle school and high students will be held on Wednesday, June 7 for girls; and Thursday, June 8, for boys in the SJMH Cardiac Rehab Dept. The physicals will begin at 5 p.m. each day.

From Human Resources

The June birthday winners are Joshua Young & Jessica Lake.
Join Us For the 19th Annual American Cancer Society’s Relay for Life of Lewis County Saturday, June 10, 2017 RLBMS Athletic Field, Weston

Relay is from 6 p.m. to 12 midnight

The Survivors’ Reception is Sponsored by Stonewall Jackson Memorial Hospital at 5:30 p.m.

Rosa Thayer is Captain for the SJMH Warrior Team

SJMH has raised $3,400 from payroll deductions so far. You can sign up for this great cause to support the American Cancer Society at any time. If you only donated $1 per pay period, the total sum from SJMH employees would be $13,000 per year.

Rosa is asking for help to walk the track that night and to oversee the Cornhole Tournament. SJMH is in charge of that activity.

For more information call Rosa at 304-997-8641 or to volunteer that evening.
Summary Annual Report

for

THE HEALTH PLAN OF WEST VIRGINIA FOR STONEWALL JACKSON MEMORIAL HOSPITAL

This is a summary of the annual report for the THE HEALTH PLAN OF WEST VIRGINIA FOR STONEWALL JACKSON MEMORIAL HOSPITAL, (Employer Identification No. 55-0422958, Plan No. 507) for the period September 1, 2015 to August 31, 2016. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

BASIC FINANCIAL STATEMENT

The value of plan assets, after subtracting liabilities of the plan, was $0 as of August 31, 2016 compared to $0 as of September 1, 2015. During the plan year, the plan had total income of $0.

Summary Annual Report

for

STONEWALL JACKSON MEMORIAL HOSPITAL WELFARE BENEFIT PLAN

This is a summary of the annual report for the STONEWALL JACKSON MEMORIAL HOSPITAL WELFARE BENEFIT PLAN, (Employer Identification No. 55-0422958, Plan No. 503) for the period August 1, 2015 to July 31, 2016. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

YOUR RIGHTS TO ADDITIONAL INFORMATION

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

1. Insurance information including sales commissions paid by insurance carriers.

You will find the complete Summary Annual Report from both The Health & Welfare Plans under the Benefits Section of your Employee Portal in Paylocity.

❤ Benefits  2016 Health & Welfare Summary Annual Rep
For Father's Day

10% Off

Lift Chairs

Order Now

Choose from a wide selection of fabrics and styles... stop by to see our selection.

Upcoming 2017 SJMH Events

July 20 – Afternoon/Evening – SJMH Picnic/Pool Party

October 19 - Annual Golf Tournament

November 24 - Weston Christmas Parade – Electric Light Floats, theme is Christmas Around The World

Farmers and Vendors Wanted

Riverfront Farmers Market
Weston
Opens Saturday June 17 through September
10 a.m. to 2 p.m. Every Saturday

Contact Market Master Geoff Kraus - 304-269-7177, email: thymeabstref@hotmail.com, City of Weston, 304-269-6141, or 304-269-5683 in the evening.
Visit Our Auxiliary Gift Shop
FREE Screening
Venous Disease

Symptoms of venous disease include:
- Aching, fatigue or heaviness in legs
- Varicose veins
- Throbbing or burning leg pain; and/or
- Cramping, swelling and numbness in leg

Wednesday, June 28, 2017
3:00 p.m. to 5:00 p.m.
Call for future dates

Registration required.
Call: 304-517-1272

Screenings will be held on the first floor of Stonewall Jackson Memorial Hospital in the Vein Center.

Weston’s STREET FAIR
Sat., June 24 10 am - 3 pm
Vendors Wanted....Quilters/Shops Invited
WV Glass Museum Bottle Show, Too!

Call 269-6141 or 269-3683 for info or application
or go to Weston Fairs and Festivals Facebook page

CELEBRATING QUILTS