WV First Lady To Visit SJMH for Campaign

Stonewall Jackson Memorial Hospital (SJMH) is one of four West Virginia hospitals chosen for a visit from West Virginia’s First Lady, Joanne Jaeger Tomblin in September. She will be at SJMH on Wed., Sept. 7 at noon for a press conference in the Hospital Boardroom.

Joanne Tomblin became First Lady of the State in November 2010. With that honor came a number of advocacies for her including education, the military, arts and culture, gardening, and in particular “Our Babies Safe and Sound” program. The latter issue is the reason for her visit to the Weston healthcare facility.

Our Babies: Safe & Sound began in 2010 as an educational campaign to provide easy to understand information about infant safety to parents and other caregivers of infants under the age of one, as well as expectant parents, professionals and the public. The campaign focuses on 2 areas:

1) Ways to keep babies safe while sleeping, in order to reduce unintended injury or death, primarily from accidental suffocation and strangulation and,

2) Ways to cope with frustrations resulting from frequent, constant or inconsolable baby crying, often a trigger for incidents of shaken baby syndrome/abusive head trauma.

The overall goal of the campaign is to help prevent injury and death of West Virginia infants. Unfortunately, in 2013, there were 38 infant deaths due to unsafe sleep habits. The themes are Say YES to Safe Sleep and Keep Your Cool when baby cries.

Over 250 community partner organizations across West Virginia use the free tools with their families in one-on-one or group environments, as part of a home, office or hospital visit, or in other appropriate settings to deliver and reinforce consistent messages. Materials are based on state and national research findings and follow guidelines of the American Academy of Pediatrics (AAP). All materials use positive messaging instead of telling parents and caregivers what not to do, and may be downloaded or ordered online at www.safesoundbabies.com.

In 2014, Say YES To Safe Sleep for Babies, a new hospital/home visitation program, was designed and launched and now includes 21 birthing hospitals and 28 home visitation programs, reaching 81% of babies born in WV. SJMH was one of twelve hospitals selected for the pilot program in 2014.
CVS & WALMART are once again available in the Home Host 340B network!!!

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INSURANCE CHANGES FOR PLAN YEAR 9/1/16 - 8/31/17

Due to the continued rise in healthcare costs, the Medical Insurance Premiums are increasing for the New Plan Year beginning 9/1/2016. Please see the chart below showing the current rates through 8/31/16 and the new rates effective 9/1/16-8/31/17. SJMH paid $3,900,653 in claims for employees and family members from 4/1/16 - 3/31/16. Highmark BCBS is estimating a 16.5% increase in claims cost to $4,544,650 for the period of 4/1/16 - 3/31/17.

### NON-TOBACCO USER RATES

<table>
<thead>
<tr>
<th></th>
<th>NEW SEMI-MO PREMIUM</th>
<th>CURRENT SEMI-MO PREMIUM</th>
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<tbody>
<tr>
<td></td>
<td>FULL-TIME</td>
<td>PART-TIME</td>
</tr>
<tr>
<td>SINGLE</td>
<td>$57</td>
<td>$220</td>
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<tr>
<td>FAMILY</td>
<td>$150</td>
<td>$510</td>
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### TOBACCO USER RATES

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<td>$250</td>
</tr>
<tr>
<td>FAMILY</td>
<td>$195</td>
<td>$600</td>
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Scenes from the SJMH Benefits Fair
- Aug. 19, 2016
You work hard for your paycheck. But it can be hard to budget for life’s unexpected emergencies. That’s why Stonewall Jackson Memorial Hospital gives you the option to purchase the Unum coverage shown below. It can help protect your finances from the uncertainty of the future and give you a little peace of mind.

### Meet with a Benefits Counselor

**Thursday, August 18th 8:00 pm to 12:00 am**  
**Friday, August 19th 7:00 am to 4:00 pm**

If you are not able to sit one on one with a Benefits Counselor  
**Call 1-866-752-7432**  
**Monday, August 22nd through Friday, August 26th**  
8 a.m. to 8 p.m. EST

<table>
<thead>
<tr>
<th>Insurance Type</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td><strong>Individual short term disability insurance</strong> (PRNs averaging 15+ hours per week)</td>
<td>Individual short term disability insurance can help replace a portion of your monthly income if you are unable to work due to a covered injury or illness. This means you can have some income during a time of need. Common reasons people use this coverage include pregnancy, injuries and digestive problems — such as gall bladder surgery.</td>
</tr>
<tr>
<td><strong>Accident insurance</strong></td>
<td>With the high cost of medical care today, a trip down the stairs can hurt your bank account as much as your body. Accident insurance can pay you money based on the injury and the treatment you receive, whether it’s a simple sprain or something more serious, like an injury from a car accident. Your plan can pay you a benefit for an emergency room treatment, stitches, crutches, injury-related surgery and a list of other accident-related expenses. The money is paid directly to you and you decide how to spend it. You can also purchase coverage for your spouse and dependent children.</td>
</tr>
<tr>
<td><strong>Group critical illness insurance</strong></td>
<td>What’s a critical illness? Some common examples are heart attack, stroke and cancer. But this coverage also includes serious conditions like permanent paralysis – the kind of injury that can happen to a healthy person in a car or skiing accident, for example. The medical treatment for these conditions can be very expensive. Critical illness insurance can help by paying a lump sum payment directly to you at the first diagnosis of a covered condition. You decide how to spend it. You can use this coverage more than once for different conditions, but each condition is payable once per lifetime. You can also purchase coverage for your spouse. Dependent children are automatically covered at 25% of your benefit amount.</td>
</tr>
<tr>
<td><strong>Whole life insurance</strong></td>
<td>Whole life insurance can pay money to your loved ones when you die, but it offers additional value as well. This plan features a “living” benefit. If you are diagnosed with a terminal illness with life expectancy of one year or less, you can request that some or all of the death benefit be paid to you while you are living. Whole life insurance premiums won’t increase with age and your policy can build cash value over time. You can use this cash value later in life to buy a smaller, “paid-up” policy with no more premiums due.</td>
</tr>
</tbody>
</table>

*S*limited benefit policy.
WVU Reservations

The Social/Recreation Committee has reservations for the following employees with the requested number of tickets. Please check and make sure that this list is correct so that we order the proper number.

If you have any questions, contact Julia in Marketing at 8167.

Tracy Samples 5 tickets
Sarah Rollyson – 3 tickets
Jennifer Weaver – 4 tickets
Chelsea Goddard – 3 tickets
Richard Moneypenny -2 tickets
Steve Butcher – 2 tickets
Joanie Fleming 5 tickets
Tonya Stewart - 3 tickets
Allison McWhorter – 2 tickets
Dr. Edgerton – 4 tickets
Brianna Crislip – 3 tickets
Mark Casto – 4 tickets
Linda Weaver – 2 tickets
Angela Simmons – 2 tickets
Lori Swiger – 4 tickets

From Clinical IT - Tara Arnold

Join me in welcoming Cheryl Scott, RN-BC, MSN to the Clinical IT Department. Cheryl brings to Stonewall with a wealth of knowledge both in nursing, nursing education, and Cerner! You will see her out and about as she gets acquainted with our facility and fulfills her role as the Training Lead for the Cerner Project. You can reach Cheryl at x8522 or via email cscott@stonewallhospital.net . Welcome to the team!

FREE Screening
Venous Disease

Symptoms of venous disease include:
- Aching, fatigue or heaviness in legs
- Varicose veins
- Throbbing or burning leg pain; and/or
- Cramping, swelling and numbness in leg

3:00 p.m. to 5:00 p.m.
Call for future dates
Registration required.
Call: 304-517-1272

Screenings will be held on the first floor of Stonewall Jackson Memorial Hospital in the Vein Center.
Order Through Soc/Rec by Wed., Aug. 24 - $55 a ticket

WEST VIRGINIA

MEDICAL EMPLOYEE APPRECIATION NIGHT

EVENT INCLUDES:
- Special Price for Medical Employees
- Limited Pre-Game Field Access Passes
- Scoreboard Recognition

EVENT PRICE:
- $55

ORDER DEADLINE:
- Friday, August 26th

FOR QUESTIONS: LEE HARRIS | 304.293.8641

@wvgroups  @wvusports  @wvu_sports
PAYLOCITY WEB PAY PORTAL

COMPANY INFORMATION
Café Menus
Upcoming SJMH Events

NEWS
Weekly Newsletters
Other Info Flyers
Recognize Co-Workers

HI, “YOUR NAME”
Personal Profile–edit
Demographic Changes
Public Profile – add/edit

PAY
Pay Stubs
W-2
Direct Deposit Accounts
Tax Forms
Check Calculator – What ifs

TIME OFF
Accrual Balances

BENEFITS–Learn about them
Benefit Plan Summaries
Dependent Changes-edit
Emergency Contact-edit
Required Notices to YOU

APPLICATION
Configure Self Svc Portal
User Preferences
Employee Training Docs
Internal Applicants
This will soon replace our internal transfer form

CAREER
Skills – can add
Education – can add
Reviews

EMPLOYMENT
Employment Status
Dept / Position

PAYLOCITY APP
PAY-VIEW PAYSTUBS
ALL THE PORTAL FEATURES ABOVE

NOVATIME PORTAL

VIEW TIMESHEET
ENTER MILEAGE EXPENSES
Once approved by Supr. will drop to your timesheet for payment on next pay period.

SCHEDULE

ACCRUAL BALANCES

POINT BALANCE-(OCCURRENCES)

REQUEST TIME OFF

RECEIVE MESSAGES

SEND MESSAGES

VIEW YOUR PROFILE
Make changes in Web Pay

CALENDAR HISTORY OF:
TIME WORKED
VACATION DAYS TAKEN
SICK DAYS TAKEN
HOLIDAYS TAKEN
PERSONAL DAYS TAKEN
ABSENCES

TIMECLOCKS - ICONS

PUNCH IN/OUT
TRANSFER DEPT/JOB
List will appear to choose

EDUCATION CLOCK IN
SUPERVISOR
CHARGE NURSE
SUPR. AND CHARGE NURSE
CALL BACK–will pay OT

SLEEP STUDY CALL BACK
ULTRASOUND CALL BACK
NUCLEAR MED CALL BACK

MAINTENANCE CODE
PACU CODE

VIEW TIMESHEET
VIEW SCHEDULE
VIEW ACCRUAL BALANCES
VIEW POINT BALANCES

NOVATIME APP

CLOCK IN/OUT
At any SJMH Facility

VIEW TIMESHEET

VIEW SCHEDULE

VIEW ACCRUAL BALANCES

REQUEST TIME OFF

VIEW/SEND MESSAGES

APPROVE/SUBMIT TIMESHEET

WEB BENEFITS

BENEFITS ENROLLED IN
As of any Date Selected

MAKE LIFE EVENT CHANGES

UPDATE BENEFICIARIES
OPEN ENROLLMENT CHGS

BENEFIT CALCULATOR

LIBRARY OF BENEFIT PLAN SUMMARIES

Where do I find...???