**Change for Activities**

Because of the impending rainy weather on Saturday, October 28, the Trunk or Treat and Halloween activities have been changed to Sunday, October 29 at the same time. HOWEVER, the SJMH Safety Fair is inside the Fire Department and will be held on Saturday, October 28 from 11 a.m. to 1 p.m. Plenty of games, food, and good information for children PLUS a costume contest at noon. So, the Safety Fair is inside the Fire Department on Saturday, but all the other Halloween activities will be on Sunday at the Middle School in Weston.

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**Thanks**

Thanks to all who came to the annual Auxiliary Jewelry Sale. This sale directly benefits the Hospital.

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**Happy 200th Birthday to Lewis County!**

SJMH had a presence in the parade (at right) and Donna Snyder’s daughter (at left) was one of the royalty!
Influenza Vaccination

All employees and individuals with medical staff privileges must receive the “flu shot” as a condition of employment/affiliation. The only time a mask may be worn is if the individual receives a medical or religious exemption from receiving the “flu shot”. If an exemption is warranted, the mask must be worn at all times.
October 24, 2017

Dear Staff Member:

Every day more people join the national organ transplant waiting list. By the end of this week, more than 180 Americans will die because not enough organs are available for transplant.

It doesn’t have to be that way. Each day, on average, 78 Americans receive life-saving organ transplants, and thousands more benefit from cornea and tissue transplants. These extraordinary gifts have been selflessly donated by ordinary people—individuals like you—who took just a few minutes in a busy day to register as organ, eye, and tissue donors.

If you have not already done so, I urge you to join me in registering. Your generous decision to be an organ, eye, and tissue donor can make a difference and save lives for the more than 115,000 people waiting for a lifesaving transplant. By taking a few minutes to register with our SJMH team, you ensure that your desire to give this gift is honored, as you are declaring your legal intent to donate your organs, eyes and tissues for all purposes authorized by law. You may someday be able to give the priceless gifts of life, sight, and mobility to another.

In the months ahead, you’ll hear more about our involvement in this important health issue. For event information and details on ways you can become actively involved, contact Sherry Stover, Nastausha Hefner, or Julia Spelsberg. Please join me now in supporting our involvement and in spreading this message to help us save lives. Thank you for caring and for your support!

Sincerely,

Avah Stalnaker, M.H.A.
Chief Executive Officer
All RN Licenses expire October 31st of each year.

Registered Nurse License Renewal Continuing Education Requirements Annually:
Required to complete 12 hours of continuing education during each renewal period and MUST include:

- 2hrs of CE for mental health conditions common to veterans and their families.
- 3hrs initially and then 1 hour thereafter annually of CE for best prescribing and drug diversion training, if you prescribe, administer or dispense controlled substances.

**Exception:** If you were initially licensed on or after November 1 of the licensing year you only need to complete the CE activities regarding Mental Health Issues Common to Veterans and their Families and Best Prescribing and Drug Diversion Training.

**CE Resources for Best Prescribing Practice and Drug Diversion Training:**

- [www.rn.org](http://www.rn.org)
- [https://www.atrainceu.com/course/west-virginia-prescribing-controlled-substances-139](https://www.atrainceu.com/course/west-virginia-prescribing-controlled-substances-139)
- [https://nursing.ceconnection.com/](https://nursing.ceconnection.com/)
- [http://ce.nurse.com](http://ce.nurse.com)
- [http://www.wildirismedicaleducation.com/](http://www.wildirismedicaleducation.com/)
- [www.NPHF-CORE.com](http://www.nphf-core.com)

**CE Resources on Mental Health Conditions Common to Veterans & Family Members of Veterans:**

- [www.rn.org](http://www.rn.org)
Username and Password Format

**Username:** first four letters of last name, first letter of first name and last four numbers in employee number.

**Password:** first name – all in lower case.

*Example:* John Smith, Employee Number 02422  
Username: smitj2422  
Password: john

*Note:* For those with employee numbers that have leading zero, do not include the zero.

Tip: Remember to check periodically throughout the year to see if additional courses have been added to your list.

Questions/Concerns?  
Contact Staff Education: 304-517-1488
SJMH Family
Christmas Support Project
APPLICATION

DEADLINE IS November 3, 2017
Must be parent or guardian

Employee Information: ____________________________________________________________
Name: ________________________________________________________________________
Street Address: __________________________________________________________________
City, State, Zip: __________________________________________________________________
Daytime Phone Number: __________________________________________________________________
Department: ____________ Position: ____________

Have you requested help from other organizations: Yes or No

Number of dependents/age/gender, for which we are providing: No one over age 15 eligible

<table>
<thead>
<tr>
<th>Gender</th>
<th>Age</th>
<th>Pant Size</th>
<th>Shirt Size</th>
<th>Shoe Size</th>
<th>Toy Preference</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1 Child</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>#2 Child</td>
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<td>#3 Child</td>
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<tr>
<td>#6 Child</td>
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</tr>
</tbody>
</table>

Who filled out this application? If not the applicant, please make sure the applicant is aware of the application. ________________________________________________________________

What is being requested for Christmas, i.e. toys, food, and clothing?
Please provide the name of the toy and specific clothing needs. As part of this service, we will provide the food items for a holiday dinner. If you have other specific foods you would like to request please include here.
___________________________________________________________________________________
___________________________________________________________________________________

Turn application into Nastausha Hefner or Jennifer Barnes in Administration in a sealed envelope.
You may also call them for any other questions.
ROTARY
Blood Screening

All participants should fast for 12 hours. There will be 51 different tests performed in the health fair panel.

Other tests available are: PSA that aids the physician in the detection of prostate cancer; TSH and T4 for thyroid screening; and HEMOGLOBIN A,C, which measures cumulative glucose values. Vitamin D is a good screening tool for osteoporosis and will aid in determining whether vitamin D supplements may be necessary. Rheumatoid arthritis can help aid in the diagnosis of rheumatoid arthritis and other autoimmune disorders. The Urine Test can help determine infection, metabolic disorders, and other disorders such as liver disease. All test results will be mailed to the participant.

<table>
<thead>
<tr>
<th>Test</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>HEALTH FAIR PANEL</td>
<td>$35</td>
</tr>
<tr>
<td>THYROID PANEL</td>
<td>$15</td>
</tr>
<tr>
<td>BLOOD TYPING</td>
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</tr>
<tr>
<td>HEMOGLOBIN A,C</td>
<td>$15</td>
</tr>
<tr>
<td>ANEMIA PANEL</td>
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</tr>
<tr>
<td>PSA</td>
<td>$20</td>
</tr>
<tr>
<td>VITAMIN D</td>
<td>$30</td>
</tr>
<tr>
<td>URINE TEST</td>
<td>$10</td>
</tr>
<tr>
<td>RHEUMATOID</td>
<td></td>
</tr>
<tr>
<td>ARTHRITIS TEST</td>
<td>$10</td>
</tr>
</tbody>
</table>

Saturday, November 4, 2017
7 a.m. to 10 a.m.
Ground floor of SJMH

This service is provided by the Weston Rotary in association with Stonewall Jackson Memorial Hospital. Flu Shots will also be available.

As part of the American Cancer Society’s 80% by 2018, a project to encourage early screening for good colon health, SJMH will provide free fecal occult blood tests for interested parties.

SJMH STONEWALL JACKSON MEMORIAL HOSPITAL (309) 269-8000 www.stonewallhospital.com
Halloween Costume Contest
For Your Pets!
Sun., Oct. 29 @ 4 p.m.
at
RLBMS Parking Lot, next to H&M Motors, in Weston
during the Monster Mash Bash
Bring goodies for the animals at the shelter as your entry fee
Call SJMH Marketing for more info
304-269-8167
Benefit for Urology's Lydia Selmon
Friday, November 17
HOT DOG SALE
11 a.m. to 1 p.m. on ground floor
$4
2 Hot Dogs, Drink Chips
Bake Sale beginning at 7 a.m.
Call Josh Moneypenny in Materials
304-269-8134 for Questions or to contribute.

Benefit for Med/Rec's Debbie Strope
Friday, November 3
HOT DOG SALE
11 a.m. to 1 p.m. on ground floor
$4
2 Hot Dogs, Drink, Chips
Bake Sale beginning at 7 a.m.

Friday, November 10
in the Stonewall Jackson Memorial Hospital Lobby
8 a.m. to 4 p.m.
You Are Invited To A Showing and Sale of the Original Artwork of SJMH Employee Joyce Greenlief
PLUS
A Bake Sale by the Waldeck Church Ladies
PLUS
Cookies by Josh Moneypenny

For more information or to contribute call 269-8167 or 269-8139