Breast Cancer Awareness Celebrated

SJMH has been a great supporter of the annual Lewis County Breast Cancer Awareness Celebration on Thurs., Oct. 12 at Broad Street Church. Over one hundred people listened to stories of survival as told by our own Diane Ocheltree. It is a wonderful event. SJMH is delighted to be a part of it.

Influenza Vaccination

All employees and individuals with medical staff privileges must receive the “flu shot” as a condition of employment/affiliation. The only time a mask may be worn is if the individual receives a medical or religious exemption from receiving the “flu shot”. If an exemption is warranted, the mask must be worn at all times.

The annual SJMH Pet Halloween Costume Contest will be at 4 p.m. on Saturday, October 28, at the RLBMS Field. Bring some food or needs for shelter pets as an entry fee. The butterfly dog at left didn’t win but had a great time!
From Jennifer Barnes
As you are aware, Joint Commission was here yesterday and today for our follow-up survey for the condition level deficiencies from our August Survey. There were 2 findings while they were here, both are in the Low/Limited matrix (matrix attached).
· Point of Use cleaning in the ED
· Eye Wash Station Inspection

At the exit meeting, SJMH was informed that the surveyors were "clearing the condition level deficiencies". This being said, they are not officially cleared until after the Chicago Office received their report.

Thank you for all your hard work this far and as we continue to improve at SJMH. We say our goal is to be everyday ready for assessment. Please keep in mind Joint Commission will be here any day for the 3 day Lab Survey. Continue to be mindful of your areas and mindful of your processes.
PENSION/INVESTMENT MEETINGS
Lee Edmondson from Morgan Stanley will be on site, Tuesday October 24 to assist you with your investment questions/concerns. If you are a new participant in 2017, you may wish to attend one of the three (3) formal meetings in the BCR.
7:15 am, 11 am and 3:30 pm

Looking for Volunteers...
We have several upcoming events and need volunteers for SJMH. On Thurs., Oct. 19, we are having a cookout for each shift. Please contact Marketing if you can help with the cooking. On Sat., Oct. 21 at 1 p.m. we need walkers to hand out candy at the Lewis County 200th Anniversary Parade. Lineup is at 11:30. Contact Julia. Sat., Oct. 28 is our annual Safety Fair from 11 a.m. to 1 p.m. Please contact Julia to help. On Fri., Nov. 24 is the annual Christmas Parade. If you can help, please contact Brenda Tonkin in Radiology.

Caplan’s Jewelry Store and Theresa Snaith Hospital Auxiliary’s Gold Sale
Thurs., Oct. 26 7 a.m. to 6 p.m.
Stonewall Jackson Memorial Hospital Boardroom, Rt. 33 West of Weston
Outstanding Values on Diamonds, Gemstones, Black Hills Gold, 14K Gold Chains, Vera Bradley, Watches and More!

Assistant CEO Kevin Stalnaker was honored with the President’s Award at the annual Lewis County Chamber of Commerce dinner held on Tuesday, October 10, at WVU Jackson’s Mill. Greg Cunningham gave Kevin the award.
Stonewall Jackson Memorial Hospital was honored with Silver Honors by the West Virginia Hospital Association’s (WVHA) Commitment to Excellence Honors Program. SJMH was recognized for outstanding work in the Commitment to Excellence Honors Program and their commitment to the following topic areas:

- Antibiotic stewardship
- Breastfeeding initiative
- Emergence department information exchange (EDIE)
- Hospital improvement innovation network (HIIN)
- Influenza vaccination
- Tobacco cessation assistance
- Use and prescribing of opioids in Emergency Department

According to the Association, “The WVHA supports its members in achieving a strong, healthy West Virginia by providing leadership in healthcare advocacy, education, information and technical assistance, and by being a catalyst for effective change through collaboration, consensus building and a focus on desired outcomes. Members of the Association believe it is essential, in the interest of West Virginia citizens, to have a strong healthcare system that supports and improves the health status of those people served by our hospitals, as well as the economic condition of the state. West Virginia’s hospitals seek to establish and maintain trust among providers, policymakers and the public through actions, sensitivity, professionalism and community-minded commitment to service.”
COOK OUT
on
October 26!

2017

STRIPED
the
STADIUM

WVU vs. Texas Tech / Oct. 14
Milan Puskar Stadium

#StripeTheStadium

SUPPORT THE MOUNTAINEERS IN THEIR BIG 12 CONFERENCE GAME AGAINST TEXAS TECH!

EVEN Sections & Upper Level WVU Students Wear: GOLD

ODD Sections & Lower Level WVU Students Wear: BLUE
More than twenty ladies were honored as Breast Cancer Survivors at the annual Breast Cancer Awareness event on Thursday, October 12 at the Broad St. Church.
All participants should fast for 12 hours. There will be 51 different tests performed in the health fair panel.

Other tests available are: PSA that aids the physician in the detection of prostate cancer; TSH and T4 for thyroid screening; and HEMOGLOBIN A,C, which measures cumulative glucose values. Vitamin D is a good screening tool for osteoporosis and will aid in determining whether vitamin D supplements may be necessary. Rheumatoid arthritis can help aid in the diagnosis of rheumatoid arthritis and other autoimmune disorders. The Urine Test can help determine infection, metabolic disorders, and other disorders such as liver disease. All test results will be mailed to the participant.

<table>
<thead>
<tr>
<th>Test</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>HEALTH FAIR PANEL</td>
<td>$35</td>
</tr>
<tr>
<td>PSA</td>
<td>$20</td>
</tr>
<tr>
<td>THYROID PANEL</td>
<td>$15</td>
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<tr>
<td>VITAMIN D</td>
<td>$30</td>
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<tr>
<td>BLOOD TYPING</td>
<td>$10</td>
</tr>
<tr>
<td>URINE TEST</td>
<td>$10</td>
</tr>
<tr>
<td>HEMOGLOBIN A,C</td>
<td>$15</td>
</tr>
<tr>
<td>RHEUMATOID</td>
<td>$10</td>
</tr>
<tr>
<td>ANEMIA PANEL</td>
<td>$25</td>
</tr>
<tr>
<td>ARTHRITIS TEST</td>
<td>$10</td>
</tr>
</tbody>
</table>

Saturday, November 4, 2017
7 a.m. to 10 a.m.
Ground floor of SJMH

This service is provided by the Weston Rotary in association with Stonewall Jackson Memorial Hospital. Flu Shots will also be available.

As part of the American Cancer Society’s 80% by 2018, a project to encourage early screening for good colon health, SJMH will provide free fecal occult blood tests for interested parties.
Halloween Costume Contest

For Your Pets!

Sat., Oct. 28 @ 4 p.m.

at

RLBMS Parking Lot, next to H&M Motors, in Weston
during the Monster Mash Bash

Bring goodies for the animals at the shelter as your entry fee

Call SJMH Marketing for more info
304-269-8167
Absence and Occurrence Policy Revisited

The prior occurrence scale was as follows:

An employee working Over 30 hours per week:
- 4 incidents – Informal Counseling
- 6 incidents – Verbal Warning
- 8 incidents – Written Warning
- 10 incidents – Placed on Probation for one (1) year
(While on probation, may have three (3) incidents. More than 3 may result in discharge.)

An employee working Between 16 - 30 hours per week:
- 3 incidents – Informal Counseling
- 5 incidents – Verbal Warning
- 7 incidents – Written Warning
- 9 incidents – Placed on Probation for one (1) year
(While on probation, may have three (3) incidents. More than 3 may result in discharge.)

An employee working 0 - 15 hours per week:
- 2 incidents – Informal Counseling
- 4 incidents – Verbal Warning
- 6 incidents – Written Warning
- 8 incidents – Placed on Probation for one (1) year
(While on probation, may have two (2) incidents. More than 2 may result in discharge.)

Incidents (Occurrences) are counted on a rolling 12-month period. Employees having a balance of 4.5 incidents or more will not receive any paid leave time for that shift. Any further absences charged to the initial incident can be paid from the appropriate paid leave time (Sick, Vacation, Holiday) banks.

Tardiness means arriving at your work station any time after your scheduled starting time. Excessive tardiness includes any one of the following:
- Four (4) occurrences of tardiness in any twelve (12) consecutive month period.
- Tardiness more than once in any two-week period.

The new occurrence scale will be as follows: Effective 4/3/16

An employee working Over 30 hours per week:
During Orientation – Informal Counseling
- 4 occurrences – Verbal Warning
- 5 occurrences – Written Warning
- 6 occurrences – Placed on Probation for one (1) year
(While on probation, may have two (2) occurrences. More than 2 may result in discharge.)

An employee working Between 16 - 30 hours per week:
During Orientation – Informal Counseling
- 3 occurrences – Verbal Warning
- 4 occurrences – Written Warning
- 5 occurrences – Placed on Probation for one (1) year
(While on probation, may have one (1) occurrence. More than 1 may result in discharge.)

An employee working 0 - 15 hours per week:
During Orientation – Informal Counseling
- 1 occurrence – Verbal Warning
- 2 occurrences – Written Warning
- 3 occurrences – Placed on Probation for one (1) year

What constitutes an Occurrence?
- Absent one complete shift = 1 Occurrence
- Absent more than ½ shift = 1 Occurrence
- Absent less than ½ shift = ½ Occurrence

No fault Occurrence Policy. Absence of a scheduled shift for any reason other than

Absence and Occurrence Policy Revisited
Weston Fairs and Festivals Celebrating Small Businesses with Fri.-Sat., Nov. 24-25

For the sixth year, the Weston Fairs and Festivals Committee is sponsoring a Small Business Marketplace at Saint Patrick Gym in Weston. The Committee sponsors the event as an opportunity to provide small businesses, some without brick and mortar storefronts, an opportunity to sell to consumers during the all-important Christmas season. This year the event has been expanded to both a Friday-Saturday, November 24-25 event.

“We have been quite successful with our one-day event,” said Fairs member Fay Bell. “By having it on Friday from noon to 5 p.m., we can have people who are coming to the annual Christmas parade shop before attending the parade. Then of course, we will be open from 10 a.m. to 3 p.m. for our Saturday shoppers.”

Shop Small is a nationwide movement to celebrate small businesses every day and to help communities thrive.

Created by American Express in 2010, Small Business Saturday® is the cornerstone of American Express Shop Small efforts. While Small Business Saturday is highlighted as a special day when shoppers can show support as a nation for small business owners and the local communities, the Shop Small Movement is a year-round campaign to celebrate and support small businesses every day.

Small Business Saturday is a day dedicated to supporting small businesses across the country. Founded by American Express in 2010, this day is celebrated each year on the Saturday after Thanksgiving. Learn more at ShopSmall.com/About. As a consumer, the public is a key part in helping small businesses thrive. By shopping or dining at small businesses throughout the year, residents are showing support for the small businesses in the local neighborhood in the community we call home.

Vendors interested in participating can go to the Weston Fairs and Festivals Facebook page or calling 269-3683 in the evening for an application.

Small Business Market and Craft Show
Friday, November 24, 2017 from Noon to 5 p.m. or Saturday, November 25, 2017 from 10 a.m. to 3 p.m.
Saint Patrick School Gym, Court Street, Weston, WV

I am attending ____ - Both days for $25; _____ - Fri. for $15; _____ Sat. – for $15

Contact Name: ___________________________________________________________
Address: ________________________________________________________________
________________________________________________________________________
Phone: __________________________________________________________________
E-mail: __________________________________________________________________
Website: ________________________________________________________________
Brief Product Description: ________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Guidelines:
1. Spaces will be 10 by 10, unless a change request is made prior to the event
2. There is a $25.00 vendor fee for both days. However, if you wish to attend Friday only, or Saturday only the cost will be $15 for each day…Just make sure to mark the days on this application.
3. Kindly, clean up your space before you leave.
4. If you provide a picture of yourself with your product we can use this in our marketing of the event, but it needs to be in as soon as possible to Julia Spelsberg, 426 Center Avenue, Weston, WV or email to mayorjulia26452@aol.com.

Vendor Application Deadline is Nov. 20, 2017.
Make check to Weston Fairs and Festivals, 840 W. 2nd Street, Weston, WV 26452 or Call Julia at 304-269-3683
Flu Vaccine 2017-2018: Your questions answered

Why should I get a flu shot?
To prevent from getting the flu and stop the spread of a common virus. It helps protect our family members, co-workers, and patients.

Can the flu vaccine give me the flu?
NO. If you develop flu symptoms, you were most likely exposed to the flu virus prior to receiving the vaccine or have been exposed to another virus, such as rhinovirus, or another strain of the flu virus.

I don’t feel well after receiving the vaccine, is there anything I can do?
Usually this is due to your body’s immune system reacting to the flu vaccine. You may experience a low grade fever or aches for 24-48 hours after receiving the vaccine. Best thing to do is to pre-medicate yourself with either acetaminophen (Tylenol) or ibuprofen (Advil, Motrin) one hour prior to receiving your vaccination. This can help prevent some of the symptoms.

Why do I need to get the flu vaccine every year?
It covers those who receive it during the flu season. Best time to receive the vaccine is in early October, that way you have adequate coverage throughout the flu season. Typically, flu activity peaks between December and February.

What if I have an egg allergy?
You can still get the flu vaccine. It is recommended by the CDC, to get any formulation of the vaccine, as long as you don’t have a severe, life-threatening allergy to eggs. However, a newer formulation called Flucelvax will be available and is not produced in an egg medium.
INFORMATION ON DONATING TIME TO CO-WORKERS

Don’t forget that employees can donate time to other employees who are in need. The policy is as follows.

I. Purpose:

Employees may donate a portion of their vacation and holiday time to a coworker that has incurred a serious medical condition and has exhausted all paid time. This policy is subject to change as the need arises.

II. Policy:

Employee
* Illness must be that of the employee or employee’s spouse, child or parent and must be determined to be a serious medical condition by the treating physician. The illness must be such that the employee is rendered unable to work for a minimum of 14 days (2 weeks) or will have intermittent absences due to the serious medical condition.
* The employee must be eligible for paid time and have exhausted their paid time.
* The employee must be on an approved Family Medical Leave. The employee may not be receiving Worker’s Compensation or Social Security Benefits.
* This benefit will be permissible until such time as Family Medical Leave is exhausted or the employee is no longer off due to medical necessity (i.e. maternity leave).
* Receive and complete an Application to Receive Donated Time (attachment) from the Human Resources Department.

Hospital
* Application To Receive Donated Time will be reviewed to determine eligibility.
* Employee will be notified of eligibility to receive donated leave.
* Human Resources will distribute and accept Applications to Receive Donated Time and Applications To Donate Annual Leave.
* Donated Time will remain anonymous (names will not be shared by hospital) and be given to employee dollar for dollar within the pay period or future pay periods. Request must be turned in by Monday of payroll processing to be included in current payroll.

Coworkers
* Employees wishing to donate time may pick up and complete an Application to Donate Annual Leave (attachment) from Human Resources. The completed form should be returned to Human Resources.
* Vacation Time and Holidays currently available (within 30 days) are permissible.
* Employees must have at least 75 hours of banked time remaining after donating time (inclusive of sick time). This is to protect the employee should they need time.
APPLICATION TO DONATE ANNUAL LEAVE

I am applying to donate vacation or holiday time as indicated below.

Employee Name:               Department:

Total Hours of Vacation Time applying to donate:________________________________________

Total Hours and Holiday(s) applying to donate: __________________________________________

Designated Recipient’s Name: _________________________________________________________

Applicant’s Signature:_________________________________________   Date: _________________

************************************************************************************

For Human Resources:

Employees Annual Leave Totals  Sick _______  Vacation _________  Holiday _________

The applicant is  _____ Eligible  _____ Ineligible

Reason: ________________________________________________________________

Donor’s Hourly rate of Pay: _________________   Dollar Value _______________

Removed from Bank:  Date __________________

Keyed to Recipient:  Date ___________________   Hours _________________

Hours are rounded to .25 hours (1/4 of hour).

9/3/2012