The staff of SJMH’s Respiratory Care Department celebrated their special week in October with events and trainings. Respiratory Care Department Head Diane Ocheltree explained that respiratory therapy is best described as “the assessment and treatment of patients with both acute and chronic dysfunction of the cardiopulmonary system.”

She noted, “Today’s respiratory therapists have demanding responsibilities related to patient care and serve as vital members of the healthcare team. The respiratory therapist treats people with healthcare issues affecting the cardiopulmonary system such as asthma, emphysema, pneumonia, cardiovascular disorders, and trauma.”

In the hospital setting, the respiratory therapist provides care and life support to patients in the emergency room, intensive care units, general hospital areas, the pulmonary diagnostics laboratory and other specialty areas such as rehabilitation.

Patients receiving care from a respiratory therapist range in age from the premature infant to geriatrics. The respiratory professional is also involved in the diagnostic testing of infants, children and adults with underlying medical concerns including disease and sleep disorders.

Ocheltree also explained that the week-long October celebration came about because of the care President Ronald Reagan received when he was hospitalized with a gun wound in Washington, DC, during an attempted assassination. President Reagan was so impressed with the care he received from the Respiratory Department that he created a special proclamation on their behalf. This is why we celebrate Respiratory Care Week Celebrated October 21-27 National Respiratory Week. The proclamation is as follows:

**Proclamation 5095—National Respiratory Therapy Week, 1983**

September 15, 1983

By the President of the United States of America

**A Proclamation**

Chronic lung diseases constitute an important health problem in the United States. They afflict nearly 18 million Americans and cause nearly 70,000 deaths each year, many of which are the direct result of cigarette smoking. Thousands of other persons annually suffer some degree of permanent disability as a result of these disorders. The economic cost of these diseases has been estimated to exceed $16 billion annually.

For some of these diseases the cause is unknown, and for many there is no cure. The timely initiation of appropriate therapy, however, can usually slow their progress, relieve their symptoms, reduce the extent of permanent lung damage and respiratory disability, and avert or delay the onset of life-threatening complications. Although the lung damage already caused by these diseases cannot be undone, respiratory therapy may help preserve lung function that might otherwise be irretrievably lost and can also help the patient make the most effective use of that which remains.

Respiratory therapy may take many forms, including drugs to dilate open air passages or protect against respiratory infections; respiratory-assistance techniques to maintain adequate blood oxygen levels; and exercise programs to
Mon Health Hospitals Receive ‘A’ for Patient Safety in Fall 2018 from Leapfrog Hospital Safety Group

Two Mon Health System hospitals have been nationally recognized for achieving the highest quality of care standards in the U.S. and for ensuring patients are protected from harm.

The Leapfrog Group, a national not-for-profit organization driving quality and safety in American health care, gave its highest “A” grade to Mon Health Medical Center in Morgantown and to Stonewall Jackson Memorial Hospital in Weston in the group’s Fall 2018 Hospital Safety Grade.

The two Mon Health hospitals were the only hospitals in northcentral West Virginia to earn the highest “A” grade. Critical access hospitals like Mon Health Preston Memorial Hospital are not graded by the Leapfrog Group.

“Receiving an ‘A’ from The Leapfrog Group is a testament to the high standards of care and attention to detail the staff at Mon Health provide,” said Mon Health President and CEO David Goldberg. “When you walk through our doors you can feel the difference. We care for people like they are family, delivering the safest and highest quality patient care each and every time.”

The Safety Grade assigns an A, B, C, D or F grade to hospitals across the country based on their performance in preventing medical errors, infections and other harms among patients in their care.

Developed under the guidance of a National Expert Panel, the Leapfrog Hospital Safety Grade uses 28 measures of publicly available hospital safety data to assign grades to more than 2,600 U.S. hospitals twice per year. The Hospital Safety Grade’s methodology is peer-reviewed and fully transparent, and the results are free to the public.

“Leapfrog’s Hospital Safety Grades recognize hospitals like Mon Health Medical Center and Mon Health Stonewall Jackson that focus on advancing patient safety. This ranking provides an important resource for patients, and a benchmark for hospitals, to determine how care at one hospital compares to others in a region,” said Leah Binder, president and CEO of The Leapfrog Group. “Hospitals that earn an A Hospital Safety Grade deserve to be recognized for their efforts in preventing medical harm and errors.”

Mon Health Medical Center and Mon Health Stonewall Jackson were two of 855 hospitals across the United States awarded an A in the Fall 2018 update of grades. To see full grade details, and to access patient tips for staying safe in the hospital, visit www.hospitalsafetygrade.org.

Compliance Week Reflections

It has been my absolute pleasure to be able to visit with each department and every clinic throughout the course of this Compliance and Ethics Week. I hope you’ve enjoyed it as much as I have. I understand that compliance isn’t as exciting for everyone as it is for me, but your willingness to learn and grow individually, and as a hospital, has made me very proud.

As we look forward to how we can keep the momentum of Compliance and Ethics Week going into the new year, I am always happy to receive suggestions for education and activities. It is my desire to keep compliance fresh and top of mind to every employee of SJMH. After all, as we learned on Tuesday during Pitfalls and Pastries, a compliance program without employee engagement is NOT effective.

Thank you all for everything you do to make SJMH great, every person, every time. You truly make a difference in the lives of our patients and in our community. Thank you, also, for allowing me to visit with you these last several days. It is my great honor to be your Compliance Officer, and I am grateful for each and every one of you.

Rachelle McIntyre-Nicholson, JD, CHC

Marketing Power Point

The Marketing Department has created a Power Point presentation that should be viewed by each SJMH Employee. We have decided to make sure that our first round of presentations is at the monthly department meetings. So we encourage each department head to make sure that we have appeared before your staff. After that hurdle, we will then have staff meet with us individually for the presentation. This is an important part of our Community Hospital Campaign and we know that our staff understand its importance.
**SJMH Upcoming Events**

November 10 - Rotary Blood Screening, 7 to 10 a.m. on ground floor

November 22 - Gobbler Gallop, 9 a.m. at Weston Fire Dept.

November 23 – Christmas Parade/After Parade Party, 6 p.m. in Weston

November 24 – Small Business Saturday at St. Pat’s, 10 a.m. to 3 p.m.

December 7 - Foodhandlers Class, noon in Boardroom

December 7 - Children’s Christmas Party, 6 p.m. at LC Senior Center

December 13 - Deadline for Salvation Army Angel gifts to be returned

December 14 - Employee Christmas Buffet, each shift is served

December 15 - Cocoa and Cookies Walk Run at SJMH, 10 a.m. on the back track

January 12 - Winter Fun Run, 10 a.m. on the back track

February 2 - 2nd Groundhog Day Walk Run at SJMH, 10 a.m. on the back track

March 30 - Awards Dinner at Resort, at 6 p.m.

April 27 - Annual 5K Walk Run, 10 a.m. in Weston

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**Rotary Blood Screening**

**Saturday, November 10**

7 a.m. to 10 a.m.

Ground Floor of SJMH

Anemia Panel-Comprehensive $30

- Iron/IBC, Ferritin, Folacin, Mg, Reticulocyte

Arthritis Panel-Comprehensive $30

- CRP, Standard, Rheumatoid Factor, ANA

Comprehensive Health Test Panel $50

- CBC, Comprehensive Panel, Lipid, Thyroid Panel (T4 AND TSH)

Basic Healthy Heart Panel $60

- CBC, Comprehensive Panel, Lipid, Magnesium, High Sensitive CRP, C

Male Wellness Panel $140

- CBC, Comprehensive Panel, Lipid, Iron, Thyroid Panel (T4 and TSH), Magnesium, CRP Standard, PSA, ATP, Vitamin D, Testosterone

Female Wellness Panel $140

- CBC, Comprehensive Panel, Lipid, Iron, Thyroid Panel (T4 and TSH), Magnesium, LRP Standard, AVL, Vitamin D, Estrogen

Stonewall Jackson Memorial Hospital

230 Hospital Plaza, Weston, WV

304-269-6000

**Stonewall Jackson Memorial Hospital**

**Childrens’ Christmas Party**

at the Weston Volunteer Fire Department

Meet Santa • Refreshments • Facepainting and Balloons

Shentel is providing the Popcorn!
Happy Radiology Week to some of SJMH’s favorite people, including seated, Rick Thomason, standing, left to right, Lori Swiger, Darcy Closson, Lee McDaniels, Melissa Rogers, and Tracy McGill.

Gobble ... Gobble!
Kate Anderson is doing a terrific job organizing our first Gobble Gallop on Thanksgiving Day here in Weston. The 5K should be a breeze for walkers and runners. Find an application at the hospital website and return to Marketing.

COMPLIANCE AND ETHICS WEEK

Sensitive information on paper is the same as sensitive information on a computer. Both need to be protected from unauthorized access or disclosure, and they should be treated with caution and discretion. Protected Health Information (PHI) can also be used for identity theft and other crimes. Examples of sensitive information used to commit fraud or identity theft include names combined with Social Security numbers (SSN) and/or account numbers, as well as state of birth, address, diagnosis and medication information.

There may be business and/or clinical reasons for generation of paper or paper reports containing sensitive information. However, such paper documents need to be appropriately protected. Documents should only be distributed to those with a business/clinical need. Do not leave such documents in open, unsecured areas within your workspace; as this information may be seen or even taken by unauthorized parties. Remember, if you would not want someone to access this information on your computer, you probably would not want them to have the same information on paper.

It is the responsibility of all employees to ensure that patient information is protected no matter what form it takes: electronic, written or verbal. Please take this next week to identify opportunities in your areas where you can change processes to eliminate paper documents. Electronically, limit unauthorized access to PHI by simply using the suspend setting instead of minimizing when you are away from your computer. Always position yourself so that only you and the patient can see the computer screen.

Additional recommendations related to sensitive paper documents:

- Management is accountable for supervision of employees who have the ability to print sensitive information. In particular, abnormal printing patterns should be examined to ensure a legitimate need.

- Limit display of PHI in open, accessible areas.

- Avoid printing SSN unless required by law or unavoidable business-related need.

- Always store sensitive paper documents containing PHI in a secure location, such as a locked filing cabinet, and know who has access to the location. Do not leave PHI documents in unsecured locations, such as your home, car, cubicles or any unattended desk.

- Shred paper documents. Don’t throw them in the trash. Shred-it bins are available by contacting Environmental Services.

- Limit distribution of documents with PHI, and know who is receiving the documents and how it will be used.

- Physical Access controls should be used for offices, labs, classrooms or any other area that houses records or electronic systems with PHI.

- Control Access:
  - Filing cabinets should be locked.
  - Records shouldn’t be left on desks when not in use.
  - Key/cPanels to certain areas should be controlled and only those who need access should have access.

- Offsite, storage rooms, etc. should be locked with keys, ID swipes, alarm keypads, etc.
Respiratory Week

Continued From Page One

improve the efficiency of breathing and condition respiratory muscles to bear the increased burden imposed on them. Kicking the smoking habit is also important to all respiratory therapy.

In recognition that chronic lung diseases are an important cause of death, ill health, and disability and that respiratory therapy can do much to lessen their effects, the Congress, by Senate Joint Resolution 67, has authorized and requested the President to proclaim the week of September 25, 1983, through October 1, 1983, as “National Respiratory Therapy Week.”

Now, Therefore, I, Ronald Reagan, President of the United States of America, do hereby proclaim the week of September 25 through October 1, 1983, as National Respiratory Therapy Week. I call upon all interested organizations and persons to utilize this opportunity to focus public attention on the national health problem posed by chronic lung diseases and to reaffirm our commitment to bring these diseases under effective control.

In Witness Whereof, I have hereunto set my hand this 15th day of September, in the year of our Lord nineteen hundred and eighty-three, and of the Independence of the United States of America the two hundred and eighth.

RONALD REAGAN

Great News for Sandi Smith of S.H.O.T!
Sandy is so happy to find out that her recent tests came back indicating freedom from cancer. She is pictured with her Chemo Team - Angela Carder, Katie Sumpter, Marcie Stump, and Kathy Daley.

Welcome to the Family

Stonewall Jackson Memorial Hospital welcomes the newest member to our staff of compassionate physicians, Harini "Rathina" Rathicemanickam, M.D.

Dr. Rathina specializes in internal medicine and is trained to provide care for adult medical diseases such as:
- Diabetes
- Hypertension
- COPD
- Thyroid Disorders

Dr. Rathina is now accepting adult patients. For your appointment, please call Dr. Rathina's office today.

Serial "Rathina"
Rathicemanickam, M.D.
Internal Medicine

304-517-1120
251 West Second Street, Weston, WV
StonewallJacksonHospital.com
Do you know these past employees?
I have retirement paperwork to send to them, but I do not have current addresses or phone numbers. Please let Rhonda at extension 8060 know if you can assist.

1. BEVERLY CARPENTER
2. AMY DILLON
3. JESSICA HUGHART
4. AMY MOORE
5. LAURA PADGETT
6. MISTY REXREAD
7. TRESSA TUGWELL
8. RALPH UTZMAN
9. REBECCA WRIGHT

Christmas Is Around the Corner!
We have received twenty Salvation Army Angels for adoption from Our Neighbor. The children’s needs and requests are listed on the cards and are available in Marketing.

The Weston Gobble Gallop
Thanksgiving Day 5k Run/Walk
Thursday, November 22, 2018
9:00 am at Weston Fire Department

Registration $20
Race day registration will be available beginning at 8:00 am, but pre-register by November 1 to guarantee a T-shirt. To download a registration form, visit www.stonewallhospital.com and click on the "walk/run" button. You may also pick up a registration form in the SHM lobby. Awards for top three male/female finishers.

Sponsored by

Stonewall Home Oxygen Therapy, Inc.
Market Place Mall - I-79 and Route 33
Open 8 to 5 - Mon.-Fri.  Closed Thanksgiving
Phone 304-269-0100

40% off Uniforms Purses Shoes
Clearance Uniforms marked down to
$1250

Mon., Nov. 19 thru Fri., Nov. 23
Food Handlers Class

The Lewis County Health Department will be at SJMH’s Boardroom on Friday, December 7 at noon, to provide a food handlers presentation and test for SJMH staff. Here is a study guide for people interested in taking the test. Social/Rec will pay for the cards.

It is very important that our staff/volunteers have food handlers cards when serving food for our activities. This is the perfect opportunity for testing and certification.

PHYSICAL STRUCTURE
Walls, floor, ceiling and attached equipment (lights, fans, etc.) are to be kept clean and in good repair

REFUSE (garbage)
Indoors-stored in approved containers and covered when not in continuous use or contain food residue. Outdoors-in approved containers with tight fitting lids and doors.

SEWAGE
Any liquid waste containing animal or vegetable matter in suspension or solution and may include liquids containing chemicals in solution. This also includes mop water. Sewage must be disposed of in an approved manner (sanitary sewer)

INSECT & RODENT CONTROL
Insect & Rodent Control can be accomplished by using screens in windows; keeping doors and windows closed when not in use; and fixing holes in walls.

POISONOUS, TOXIC MATERIALS
Medicines are considered toxic and poisonous materials. Poisonous and toxic materials are to be separated. Identified by common name. Stored so that they are not stored above food, equipment, utensils, linens, and single service or single-use articles.

TEMPERATURE DANGER ZONE
The temperature danger zone is 41 degree F to 135 degree F. Potentially Hazardous Cold foods have to be maintained at 41 degree F or less. Potentially Hazardous Hot foods have to be maintained at 135 degrees F or greater.

LEFT OVER FOODS
Left over foods must be reheated rapidly to 165 degrees F, and then maintained at the holding temperature of 135 degrees F.

FOOD HANDLERS
Any food handler experiencing vomiting, diarrhea, jaundice or sore throat with a fever must tell supervisor and not work with the food.

ACCORDING TO LEWIS COUNTY CLEAN INDOOR AIR REGULATIONS, SMOKING IS NOT ALLOWED INSIDE ANY RESTAURANT OR WITHIN 15 FEET OF ANY EXTERIOR DOORS.

Lewis County Cards are $5 for a 1-Year Card, $10 for a 2-Year Card, and $15 for a 3-year card. State Wide Cards are $15 for 1-Year Card, $20 for 2-Year Card and $25 for a 3-Year Card.

Testing will be Friday, December 7 at noon for your Food Handlers Card!
October 15 through December 7, is when ALL people with Medicare, Medicare Supplement plans, Medicare Advantage or Medicare Part D can change their Medicare health plan and prescription drug coverage for 2019. This is also called the Annual Election Period or AEP.

A WV SHIP Counselor will be at

Stonewall Jackson Memorial Hospital
November 13, 2018 11:00 am - 1:00 pm

Contact your local SHIP Counselor at 1-800-296-5341 for more information.
Please Read The Following SJMH Parking Policy

PURPOSE:
It is the policy of Stonewall Jackson Memorial Hospital to provide and allocate parking to those we serve. However, the Hospital assumes no responsibility for the safety of those utilizing hospital parking facilities.

SCOPE:
This policy applies to all hospital employees, contract workers, volunteers, students, and office staff.

GUIDELINES:

a) Employees working normal day shift hours within the hospital and in physician office building 2, Monday through Friday between 7:00am and 4:00pm, are only permitted to park in the primary employee parking lot which is located to the rear of the hospital across the bridge, unless they meet the criteria listed in section (d).

b) Evening shift employees (employees starting work after 2:30pm) may park in the small parking lot across from the main entrance, in the main parking lot in front of the hospital, or along the creek.
Note: any employee whose shift extends past 4:00pm Monday through Friday is permitted to move their vehicles to the areas previously listed at 4:00pm or after, Monday through Friday.

c) All employees are permitted to park in the main lot in front of the hospital, in the small lot across from the main entrance and along the creek on weekends and holidays.

d) The following employees are permitted to park in the main lot in front of the hospital, along the creek behind the hospital and the small lot across from the main entrance.

- Employees with a doctor’s excuse requiring them to be closer to the hospital.
- Employees 62 years of age or older.
- Employees with a state regulated handicap sticker or placard.
- Employees working in physician office building 1 (POB1) must park either behind the physician office building 1 (POB 1) or in the main parking lot. Only Doctors with designated parking spaces may park in front of POB’s 1 and 2 and on the side of POB 1.5.
- Employees authorized by Administration.
- Employees with designated parking spaces.

e) Hospital parking is not to be utilized for commuter parking, unless directly related to hospital business.

f) Areas without painted lines are not approved parking areas.

Reserved Parking:

Reserved parking is intended for those patients, staff and individuals that are listed on the individual reserved parking signs. Meeting the requirements listed previously (a through f) DOES NOT give you permission to park in Reserved Parking spaces that are not originally intended for your use.

ENFORCEMENT PROCEDURES:

The Human Resources Department will issue vehicle parking permit tags. Issuance of tags for each vehicle will be at no charge. Parking permit tags are REQUIRED for non-visitor vehicles and all employees parked on hospital property. Any vehicle requiring a parking permit tag and found parked on hospital property without required tag will be ticketed. Individuals requiring an exception, such as for a temporary or rental vehicle, must notify the Human Resources department.

Security/Maintenance will issue tickets. A copy of all parking tickets will be sent to the Human Resources Department. Human Resources will notify the department director for proper disciplinary course of action.

Parking Permit Tags are to be mounted on the internal rear view mirror in plain view. The Human Resources Department will issue Parking Permit Tags to all employees.

Note:

Please drive with care and obey the posted campus speed limits. Park so that driveways and aisles are clear and unobstructed. If you store personal belongings in your vehicle, please lock them in your trunk where they are not visible. Stonewall Jackson Memorial Hospital cannot be responsible for articles stolen from automobiles or be responsible for the automobile.
The winners of the annual Stonewall Jackson Memorial Hospital (SJMH) Halloween Costume Contest, Pet Costume Contest, and Pumpkin Drop were announced.

The overall Pet Costume winner was Eavee, who was dressed as a poker dealer. She lives with Travis and Angie Simpson. She also won first place in the owner/dog category followed by Katie Lantz and Maggie as Ladybugs in second place and Liam and Sophie Cox as a unicorn.

In the Most Original Category, Sherry Yoak and Chewbacca as a lion was first. Rhonda Mitchell with Smokey and Cocoa as Super Dogs were second, and Elaine McCarty’s Gracie was third place as a bumblebee.

In the Funniest Category, Snickers with Jaillee Skidmore took first place. Katie Lantz and Chloe took second place with a squirrel costume. Amber and Brody Burgett with Norman as a Love Bug came in third.

During the Costume Contest held on Saturday, October 27 at the Weston Fire Department the winners are as follows:

Funniest
Age 0-3 – Mia Shaffer as a Dragon
Age 4 – 7 – Jackson Mason as Mr. Peanut
Age 8 – 10 – Hannah Riddle as a Tired Mom

Most Original
Age 0-3 Paisley Arguell and Sarabi Caroll as Spaghetti and Deer
Age 4 – 7 – Tyler Reichert as a Transformer
Age 8 -10 – Natalie Stewart as a Scientist

Scariest Costume
Age 0-3 – Brooklyn Davisson
Age 4-7 – Paisley Watson
Age 8-10 – Ellie Lowther as a Clown
Age 11-13 – Harley Shreve as a werewolf

Four little children shared the $100 prize in the annual SJMH Pumpkin Drop held on Sunday, October 28 at the RLBMS parking lot. Kaden and Tucker Bragg, Joel Chenoweth, and Addison Foster were the lucky children who shared the grand prize.
The newest members of the Stonewall Jackson Memorial Hospital staff were present for orientation on November 5 and 6, 2018, in the SJMH Classroom. Seated left to right are: Vivian Bills, LPN, utilization, Dr. Rathina, internal medicine; standing, left to right, are Leslie Blanton, accounting, Renee Robinson, accounting, and Leann Vandevender, RN in the ED.

Bell Ringing on Dec. 13-14; Salvation Army Angels Available

Stonewall Jackson Memorial Hospital will again participate with the Salvation Army in bellringing at Shop N Save food store on December 13 and December 14 from 10 a.m. to 8 p.m. each day.

This money goes towards the providing gifts and food for the less fortunate during the holidays. It would only take an hour of your time to participate!

There are approximately 14 Angels from Our Neighbor who can be adopted for Christmas. Please see Marketing for both projects.

Small Business Market Craft Show

Sat., Nov. 24 - 10 a.m. to 3 p.m.
Saint Patrick Gym - Weston, WV
Call 304-269-3683 for more information
Christmas Has Arrived at the SJMH Gift Shop