Dear Employee,

As we celebrate Hospital Week with food, games, walks and competition for prizes, it is important to remember this year’s theme: The Healing Heart of Healthcare.

The healing heart is each of you: your compassion with a patient who is having a difficult time, your smile toward a family member who is worried about a loved one, your skill in your profession, and your support of our coworkers every day through life’s trials and tribulations.

These SJMH tumblers are a small token of THANKS for all of your hard work.

Thanks again, Avah

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SJMH Announces New Chief Financial Officer

Stonewall Jackson Memorial Hospital (SJMH), in Weston, announces the selection of Joseph Barnes, as the Chief Financial Officer for the local hospital. He began at SJMH on May 8 and brings a long career of experience in healthcare finances to this position.

Barnes is a native of Oakwood, Illinois and is married to Linda Barnes. The couple has two children - Amy Gaines, and her husband Seth, who live in Columbia Missouri, and Jason Barnes. He and his wife, Christina, live with their two children, Preston, 7, and Hudson, 3, in Hubert, North Carolina.

Barnes is very familiar with the local area having spent several decades living in Salem. He noted that both of his children graduated from Doddridge County High School and the area is a very nice place to work and live.

He received his education at Eastern Illinois University where he obtained a Bachelor Degree in accounting and subsequently became a certified public accountant. He is a long-standing member of the American Institute of Certified Public Accountants and Healthcare Financial Management Association. He has spent years as a healthcare financial consultant and chief financial officer – most recently at Summersville Regional Medical Center and Grant Memorial Hospital.

Barnes has several firm goals for SJMH including the building of a new hospital. He also plans to continue to make SJMH financially vibrant and independent.
The Quality Department of SJMH is sponsoring

**Three Trivia Contests**
during Hospital Week (May 14-20).
Each contest in which you participate will give you 1 chance to win a $100 Amazon Gift Card.
There will also be a bonus question to earn an additional chance.

The Trivia Contests will be displayed on the ground floor as well as distributed via e-mail to give everyone the chance to participate.

These contests are an effort to help us prepare for our Joint Commission Survey coming up this year. Remember – they can show up any day from now until the end of September for the hospital and from now until the end of the year for Lab.

**Trivia will be displayed beginning Monday, May 15.**
**Answer sheets must be back to the CQO on Friday, May 19.**
**Winners will be announced Friday, May 26.**
Many Thanks!

Dear Friends,

I no longer will be having my every-three-month visit to the outpatient department at SJMH. It seems I no longer need the treatment for bladder cancer and will only have yearly check-ups.

We have been doing these checkups since 2010 and I have been attended to by a number of wonderful people who made me feel safe and well taken care of.

Over the six years or so, there have been many personnel changes but I want to thank you all for your excellent and efficient care. I remember Angie, Candi, Rene, Vicki and also Tonya from Surgery in particular but I know there are so many more.

A special thank you to Sharon and Neal from anesthesiology who “took me to the other side” and back again.

Thank you, Thank you all...you will always be in my thoughts.

A grateful patient!

I would like to inform everyone about a really nice compliment that SJMH OR received from Cerner Corporation. They have requested pictures and information about how our OR and CRNAs have set up and are using the Surginet applications for daily operating room operations. They are planning to share our transition process including pictures with other ORs who are implementing the Cerner Surginet applications and transitioning from paper to electronic records. What a great honor for our OR Department and our staff!! We should be very proud of their willingness and positive attitude in embracing the Cerner Applications and providing such a great example for others who are making this difficult transition!! Please help me to thank everyone in the OR Department. They deserve the appreciation for being singled out at Cerner for the example that they are providing to their other professional colleagues!!

Cheryl Scott, RN-BC, MSN

Who: IT Department
What: GUEST WIRELESS – WILL NOW REQUIRE A PASSWORD
When: Monday, May 8th 2017 @ 7:30am
Where: The Main Hospital and any remote offices with “SJMH-Guest” wireless SSID
How: A password will need to be distributed to patients, guests, employees and vendors who wish to use our guest internet services.
Why: Users will need to access “SJMH-Guest” as of Monday, May 8th 2017, because the “Hospital Guest” SSID will be disabled. The “SJMH-Guest” wireless will become available for remote offices in the near future.
Support: The password to issue our patients, guests, employees and vendors will be: sjmh0517
CORNHOLE WINNERS
1st Dennis Marple and Jim Paugh
2nd Rick Thomason and Lori Swiger
3rd Debbie Buckhannon and Mandy Empoules

SCAVENGER HUNT WINNERS
First Place - Lab Rats
Amelia Boggs
Asia Sumpter
Angie Cedeno
Jennifer Weaver
Sarah Sherrard

Second Place - Flying Penguins
Heather Lantz
Kathy Daley
Marcie Stump

Third Place- OR Crew
Bryanna Crislip
Melissa Neely
Bea Mayle
FREE Screening
Venous Disease

Symptoms of venous disease include:

- Aching, fatigue or heaviness in legs
- Varicose veins
- Throbbing or burning leg pain; and/or
- Cramping, swelling and numbness in leg

Wednesday, May 24, 2017
3:00 p.m. to 5:00 p.m.
Call for future dates

Registration required.
Call: 304-517-1272

Screenings will be held on the first floor of Stonewall Jackson Memorial Hospital in the Vein Center.
For Father's Day

10% Off

Lift Chairs

Order Now

Choose from a wide selection of fabrics and styles... stop by to see our selection.

**Upcoming 2017 SJMH Events**

- **May 14-20** – Hospital Week
- **July 20** – Afternoon/Evening – SJMH Picnic/Pool Party
- **October 19** - Annual Golf Tournament
- **November 24** - Weston Christmas Parade – Electric Light Floats, theme is Christmas Around The World
The Nightingale Moment - Blessing of the Hands - was held during Hospital week on May 12, here at SJMH. The remembrance began on May 12, 2000, at the University of Virginia Medical Center. The blessing is given in support of nursing and to honor the spirit of holistic nursing.

We look forward to hearing about Kathryn Ralston Fealy’s trip to Belize, but we did hear that she had a run in with a big spider...as pictured above.
Visit Our Auxiliary Gift Shop
Surprise...Flushable Wipes Are Not Always Flushable

Even though many brands of disposable wipes are called “flushable” that is not always the case...ask our own Chuck Chabanik about how wipes can clog up our sewage system at SJMH. On the municipal level, wipes are a gigantic headache, which can cause sewage backups and other issues. Because the wipes do not break down like toiled paper, they can hook on to the inside of old metal sewage pipes and begin to backup causing overflow headaches. The following is a news story about the problem.

ST. CLOUD, Minn. -- They are touted as disposable and even flushable, but disinfecting wipes are causing headaches for operators of city sewer systems.

The products appeal to consumers in part because of manufacturers’ claims that they can be conveniently flushed down the toilet. But their cloth-like material doesn’t break down in the sanitary sewer system like toilet paper and can block sewer lines, clog equipment and increase cities’ maintenance and repair costs.

Public works managers say the problem has worsened in recent years because more such products are available on the market and consumer demand for antibacterial products is growing.

Companies such as Cottonelle and Charmin have heavily promoted bathroom wipes, while some cleaning product manufacturers have advertised sponges that can be disposed of in the toilet.

“It’s getting to be more and more of a problem,” says Marty Sunderman, superintendent for the city of Sauk Centre, Minn. This spring, the city had to hire a contractor to vacuum out a lift station to remove a truckload of cloth material.

“Ideally, what we’d like to see flushed down the system is just toilet paper,” Sunderman says. “When you put these type of rags down there, they don’t come apart. They just stay with it all the way to the pumps.”

The same problem is happening “all over the country,” says Cynthia Finley, director of regulatory affairs for the National Association of Clean Water Agencies (NACWA).

“Consumers are being told by the packaging that these things are flushable,” Finley says. Although the material might make it through the toilet and the pipes leading away from the house, they tend to clog up once in the sewer system, she says.

“That can cause huge headaches for the utilities,” Finley says.

Elsewhere:

• In Raleigh, N.C., the biggest sources of sewer overflows and backups are rags and debris, mostly flushable wipes, says Marti Gibson, the city’s environmental coordinator for wastewater. A Raleigh ordinance prohibits flushing anything except human waste, toilet paper and water, Gibson says.

“We aren’t saying don’t use them,” Gibson says. “Just throw them in the trash can.”

• In Grand Rapids, Mich., wipes get hung up on pumps and in pipes, says Mike Lunn, environmental services manager. City officials have focused on public education and sent a mailing to residents that urged “no wipes in the pipes,” but the problems continue, Lunn says.

• Boise took minor enforcement action against a local medical clinic that appeared to be the source of a towel-like material in the sewer main, says Walt Baumgartner, environmental coordinator with the public works department. The city is trying to take early action before major problems occur, he says.

A spokesman for Kimberly-Clark, which makes Cottonelle flushable cleansing cloths, says the product is designed to be flushed. They undergo extensive testing to ensure they are compatible with home and city sewer systems, Bob Brand said in an e-mail.

However, Consumer Reports tested several brands of wipes labeled flushable and found that while toilet paper disintegrated after about eight seconds, the wipes still hadn’t broken down after 30 minutes.

The Association of the Nonwoven Fabrics Industry says its products aren’t the problem. Researchers have collected and analyzed materials from wastewater pumps and found that most aren’t items labeled flushable, but are baby wipes, hard-surface wipes or other non-flushable items, spokesman Phil Pitt says.

The association is developing flushability guidelines and a “Do Not Flush” logo for products, Pitt said.

NACWA is trying to educate the public and encourage companies to change their marketing. Most utilities want the “flushable” label removed from packaging, Finley says. On some products such as baby wipes that carry a warning not to flush them, utilities want the message featured more prominently.

However, progress is slow because the standards are voluntary, Finley says. Some cities have begun putting a notice in newsletters that are mailed to residents along with their water bill, advising them to avoid flushing those items.

Pat Shea, public services director in St. Cloud, Minn., says many residents aren’t even aware of the issue.

“They just think once it’s out the door, it’s fine,” Shea says. “It’s usually just a matter of education. People don’t know it’s causing problems.”