Dr. Michael R. Hess to Join Lively Healthcare

Lively Healthcare Center of Jane Lew is pleased to announce that Michael R. Hess, M.D. will be providing family medical care at the Center at the end of April.

Dr. Hess is a resident of Bridgeport and is married to Elizabeth Hess, M.D., a faculty physician at United Hospital Center’s Family Medicine residency program. Their three children are students at Bridgeport High School.

Dr. Hess comes from a family of physicians. He noted that his father, the late Dr. Robert D. Hess, was a family practitioner in Harrison County and a good friend of the late Dr. Charles Lively of Weston. His mother, the late Alice Joe Morrison Hess, was a resident of Weston before she married his father and moved to Bridgeport in the 1950s. Dr. Hess recalled that he has memories of coming to Weston as a young adult to visit family.

Dr. Hess is pleased to be practicing again and said, “I am excited to be at Lively Healthcare. I like to contribute to my community and this will be the perfect opportunity. Together with my family ties to Weston, this will be a great experience.”

He graduated from Bridgeport High School and then received his undergraduate degrees in business administration from West Virginia University. He attended medical school at WVU before doing his residency in family medicine at United Hospital Center, at that time located in Clarksburg.

Lively Healthcare is a department of Stonewall Jackson Memorial Hospital (SJMH.)

SJMH CEO Avah Stalnaker noted, “We are so pleased to have a physician with Dr. Hess’ reputation become part of our medical staff. It is always positive to have another local physician come on board who is compassionate, experienced, and has a wonderful reputation.”

PARKING REMINDER

We are receiving patient/visitor complaints regarding parking. Much of our guest parking in the front and side lots is being taken by our employees.

Employees are to park in the back employee lot across the creek. We have a parking policy which specifies the few occasions where parking in our front/side lots and creek side is acceptable. We should NOT have to issue disciplinary parking tickets to encourage employees to park where they know they should.

If you are age 62+ OR you feel you have a medical condition that warrants an exception, please contact HR. All Medical certifications MUST be renewed. Employees in these categories will be given unique parking permits that will be identifiable. Please see HR to trade out with your current hang tag(s).

Congratulations to Shala Poe who was one of the winners of a TV from the annual Awards Dinner.
Come out to support Relay for Life of Lewis County

April 6th 4-8pm

10% of all sales will be donated by Wendy's

Wendy's Rt. 33 Weston

It's Luminaria Time at Wendy's

Fun to include: Silent Auction, Purchase a Luminaria to Remember or Honor a loved one, Prizes, Great Food, Relax & let us serve you.

Eat in or Drive Thru, come see us. Thank you!
To Connie Sears…
Thank you for always going above and beyond. You are very thoughtful and always put others’ feelings above your own. We highly appreciate your dedication to the OR department. We really don’t know what we would do without you.

Pam Nicholson
Great teamwork in the clinic during short staffing and flu season.

Lenora Castillo
Coming to the aid of a choking customer in the cafeteria and performing the Heimlick maneuver to dislodge the food.

Angie Harper, LPN
Assisting three physicians keeping their clinics workflow in the absence of the four staff members for two days. Great job Angie.

Kathy Marsh, Receptionist
Keeping up with phones and registration during the absence of two other receptionists, caring for three physicians. Awesome work Kathy!

Amy and Kelsey in Lab
Amy drew my four year old grandson’s blood and I did not think there were enough people there to hold him down. Amy said they would be fine. They both explained in detail each step to him and Amy got the blood on the first stick. No tears. Thanks to them for keeping him calm. We will never remember that as a bad experience.

be myself. Thanks

Jennifer Weaver
She stayed over after her shift to help me when we had a call off. Thank you so much! I greatly appreciated the help and appreciate you not leaving me in the lab alone.

Melissa Meluzio, MLT
She stayed after her twelve hour shift to help me since our phlebotomist called off which left me as the only person running the lab. She helped me get everything caught up since the ER was busy and maintenance on the instruments needed done. She was the only person willing to stay and help me through…thank you!!!

Kathy Marsh
Kathy covered my desk along with Debbie’s desk while doing the doctor’s patients. She is one in a million. Always ready to help. She is an asset to our office. I feel privileged to call her my friend and my co-worker…Thank you Kathy!

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Upcoming 2017 SJMH Events

April 1 and 8 - Rotary Blood Screening
April 8, at 8 a.m. – Weston Cleanup of town and playgrounds
April 8, at 6 p.m. – Egg Hunt at Lewis County Park
April 22 at 10 a.m. – Weston 5K – SJMH employees are free
April 25 - Auxiliary Getting To Know You Dinner - 6 p.m.
May 7-13 – Hospital Week
July 20 – Afternoon/Evening – SJMH Picnic/Pool Party
October 19 - Annual Golf Tournament
November 24, - Weston Christmas Parade – Electric Light Floats, theme is Christmas Around The World

Happy Doctors’ Day with Melissa Neely, Dr. Michael R. Hess, Dr. Mike Gregory, Carole Norton, and Tonya Stewart

Happy Information Management Week....some special people in information management received a pan of cinnamon rolls to help celebrate their special week.

Tickets are available in the Gift Shop
Happy Doctors’ Day with Andrew Bleigh, Barbara Willis, and Dr. Tony Naim...many thanks to John Pope, the Pharmacy, Richard Crookshanks and the Dietary Staff for the wonderful Breakfast Buffet!

SKATING PARTY
The annual Skating Party, sponsored by the Social/Recreation Committee was held on March 30... pictured at left is baby Khloe Henline on her adorable baby skates...she is the granddaughter of Lisa Metz.

1000 Egg Hunt
April 8, 2017 @ 6 p.m.
LC Park (Mini Golf)
SJMH Employee Children ONLY

Bring a basket!!!
Stonewall Jackson Memorial Hospital (SJMH) has been working on an exciting project to better serve our community with a new electronic medical records system. As part of that project, the Hospital has improved the patient portal system. The new patient portal system will allow you to access your records for both the Hospital and SJMH physician at one location.

Since this is a new patient portal, you will register again as you did originally. You will find extra benefits for the portal as well as the ability to pay your bills through it.

During the registration process, you will be asked if you would like to sign up for the portal. This will happen in both the hospital and clinic setting. Once your e-mail has been entered into the system, you will receive an e-mail within a few minutes to complete the registration process and activate the portal account. If the account is not activated within 7 days, you will receive a reminder e-mail to activate the portal account. At the 30-day mark the temporary account will no longer be active and it will have to be re-established at the next visit.
Join Us for a 
Ramp and Rhubarb 
Gourmet Dinner

Saturday, April 29
6 p.m. - Reception  7 p.m. - Dinner
Prepared by Chef Geoff Kraus using locally produced products at 
The Glass Museum on Main Avenue 

$35 per person

Benefiting The Depot Farmers Market and Glass Museum
Make checks payable to The Museum of American Glass
Tickets available, Thyme Bistro and Municipal Building
You may call 269-5006, 269-0141 for reservations

RAMP AND RHUBARB 
DINNER

* Fresh Baked Bread with Whipped Butter and J.Q. Dickinson Ramp Salt
* Sorghum Butter and Rhubarb Jam

* A Salad of Spring Lettuces with Buttermilk Ramp Dressing, Peppered Bacon, Tomatoes and Charred Ramps

* Ramp Stuffed Oven Roasted Porchetta with a Mingle of Julienne Vegetables and Rhubarb Demi

* Fried Chicken Cutlets with Mountain Tonic Gravy

* Lightly Smoked and Roasted Fingerling Potatoes and Carrots

* Creamed Cabbage and Ramps

* Desserts
* Rustic Rhubarb Tart with English Custard Sauce
* Chilled Lambeit’s Strawberry Wine Soup Shooters
Weston 5K Run & Wellness Walk
Sat., April 22, 2017 @ 10 a.m.
Corner of East Second St. and Center Ave., Weston
Return to Julia Spelsberg, SJMH, 230 Hospital Plaza, Weston, WV 26452
Please make checks payable to Weston 5K Run and Wellness Walk

Complete this form and sign the waiver.

(PLEASE PRINT)

☐ 5K Run
☐ 5K Walk

Date of Birth (mm/dd/yy) ___________________________ Age _______

Gender ☐ M  ☐ F

Last Name_______________________ First Name _____________________________

Address______________________________________________

City ______________________________ State __________ Zip _________________

Phone ___________________ Email ________________________________________

(Email used for sending race information only)

T-Shirt Size (Circle one):
Youth: L Adult: S M L XL XXL

VOLUNTEERS

☐ I am walking and would like more information on volunteering before and after the walk.

☐ I am unable to walk but would like to be a volunteer.

WAIVER: I know that running or walking a road race is a potentially hazardous event, and I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Stonewall Jackson Memorial Hospital, the City of Weston, and St. Patrick Church/School for the Weston 5K Run and Wellness Walk, and all sponsors their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, records or any other record of this event for any legitimate purpose. Race will be held regardless of weather conditions. Registration is final, no refunds.

Signature Required

Signature of entrant (Guardian if under 18) and date

___________________________________________________/____________________

Date

FREE FOR SJMH EMPLOYEES WHO PRE REGISTER!!!!
Weston 5K Run and Wellness Walk

Wee Run (under 11) at 11 a.m.
Sat., April 22 at 10 a.m.
corner of East 2nd and Center Avenue in Weston, WV

Top Three Male and Top Three Female Finishers
$150 - First; $75 - Second; $25 - Third

Nine age groups - under 11; 11-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+
Pre-registration $15 Race day $20

Only $3 Pre-registration Fee for Lewis County K-12 Students. First 200 receive shirt.

Registration includes champion chip and post race activities
Forms at www.stonewallhospital.com or cityofwestonwv.com
For more info call 304-269-8167

Coordinated by The City of Weston; Saint Patrick School; and Stonewall Jackson Memorial Hospital

Social Recreation is paying for SJMH Employees Pre-Registration.