Brenda Weaver 2016 Employee of the Year

Brenda Weaver was honored as the Stonewall Jackson Memorial Hospital 2016 Employee of the Year during the annual Stonewall Jackson Memorial Hospital awards dinner on March 18, 2017, at Stonewall Resort. Two-hundred and sixty-five employees, retirees, family, and friends were present for the 32nd dinner and dance.

SJMH CEO Avah Stalnaker welcomed the guests to the event. She introduced the members of the Board of Directors, as well as the physicians who were present at the dinner. She also provided the guests with a number of accomplishments of SJMH during the year.

The invocation was provided by board member Gerald Wood, who noted the passing of SJMH employee Elizabeth Laughlin during the year. Rusty Simpson was master of ceremony for the evening.

The highlight of the dinner was the announcement by CEO Avah Stalnaker of the Employee of the Year for 2016. Before naming Brenda Weaver, Stalnaker noted that the decision was very difficult for Hospital employees who voted on the honor. The twelve Employees of the Month were all worthy of the recognition, she noted.

Stalnaker said that the Employee of the Year had shown consistent excellence in her quality of work, and a dedication to the welfare and best interests of our patients and the Hospital. She had a great rapport with our physicians and other staff members. She is an absolute pleasure to work with.

Stalnaker noted that the Employee of the Year had a long relationship with SJMH. While still in college she did an internship at the Hospital. She worked for a while in the SJMH billing office and social work department before moving to Virginia with her family. She returned to SJMH in the 1990s and worked here as a PRN employee before taking a fulltime position.

Stalnaker used several notes from Brenda’s original nomination and said: “She is a very conscientious employee who handles difficult situations very well. She not only exhibits excellent skills in performing her duties, but also serves as a positive role model for her peers by demonstrating an outstanding work ethic. She is highly respected both as a person and a professional by her colleagues.”

Weaver is the daughter of Robert and Kathleen Weaver, of Weston. She has two children – Marinda and Brent Smarr.

As Weaver’s name was announced the dinner attendees rose, and gave her a standing ovation.

Before making the Employee of the Year announcement a Power Point presentation was presented of the other 2016 honored employees - Connie Sears (January), B. Weaver (February), Ben Riley (March), Sean Hamner (April), Mary Welch (May), Candy Donaldson (June), Amanda Bonnett (July), Sandy Smith (August), Christian Conner (September), Lisa Barrett (October), Sharon McHenry (November), and Jennifer Romans (December).

Before the Employee of the Year announcement, service award pins were presented to employees by A. Stalnaker, Assistant CEO Kevin Stalnaker and COO Barb Willis.

In honoring Jane Eisenbeis, a 40-year employee, A.

Continued on Page 3
2016 Employees of the Month

Connie Sears
January 2016

Brenda Weaver
February 2016

Ben Riley
March 2016

Sean Hamner
April 2016

Mary Welch
May 2016

Candy Donaldson
June 2016

Amanda Bonnett
July 2016

Sandy Smith
August 2016

Christian Conner
September 2016

Lisa Barrett
October 2016

Sharon McHenry
November 2016

Jennifer Romans
December 2016

Here are the baby pics and their grown-up versions

J
Stalnaker noted that Jane had been named to many positions of leadership throughout her tenure at SJMH, most currently as the director of Stonewall Jackson Home Care and Stonewall Home Oxygen Therapy. She was noted to be loyal and dedicated to SJMH as well as going above the call of duty. She has helped make our hospital a much better one.

Stalnaker noted, “Jane has been given so many projects because of her ability, hard work, goal orientation, and the ability to get things done that if administration wanted a job done they gave it to Jane.”

SJMH Radiology Department Director Brenda Tonkin, also a 40-year employee, was treated to a video done by her loving staff. Each staff member participated in the video, relating their thoughts on Brenda as a director.

The staff noted, “Brenda is loved and respected by her staff...she is like a mother who keeps us in line. She is a very caring person who goes above and beyond what is required for a department head. She shows great interest for her staff outside the clinical environment. They in turn want her to know that she is the best boss they could ever ask for, and hope that she leads them as long as she possibly can. Brenda is the heart and soul of the Radiology Department and we are grateful and humbled to work with her.”

Rosa Thayer, who received her 35-year pin, started at SJMH as a file clerk. She has been a business office employee for her entire employment at SJMH. In 2016, she became the SJMH biller. She is devoted to her church, her Girl Scout Troop, and family, which includes her daughter, April, and grandsons, Jaden and Jordan. She is a long-time member of the SJMH Social Recreation Committee and has led the Children’s Christmas Party, the SJMH Skating party, and is always cooking up a storm at the annual Picnic.

Thirty-year pin awardee Chris Gum has the distinction of having graduated from the Stonewall Jackson Memorial Hospital School of Radiology, once housed at the Hospital. Chris is a Weston resident with a large and loving family here in the area. But the true loves of her life are her children – Ryan and Andrea, and daughter-in-law Brandi, as well as her grandsons Cole, Foster and Hudson. Chris is such a loving mother that when there was a need for her help, she took a leave of absence to help a family member deal with cancer.

Thirty-year pin awardee Tom Law is a backbone of the SJMH Pharmacy with an interesting history to tell. Tom co-owned a pharmacy in Weston, and with the other owners would come to SJMH for several hours a day to fill prescription orders. There was no full-time pharmacist here. He is the proud father of Thomas, with whom he spends many days out golfing, as well as his older brother John. Tom and John’s mother, Bernadette Law is a SJMH Auxiliary member who recently celebrated her 90th birthday.

Regina Taylor began at SJMH in the Medical Records Department in 1986. She moved to the business office in 1989 and became the supervisor of the registration department in 2006. In 2014, she was named the physician billing manager. It was noted that Regina is well respected by her staff because she is very respectful of them. She is devoted to husband, Tommy, daughter, Erin Cole and new grandbaby, Silas.

Other employees receiving service pins were: twenty-five years - Mary Ann Heaster Williams, Sherry Grose, Linda Weaver, and Charlotte Workman; twenty years - Mark Casto, Bob Thomas, and Julie Turner; fifteen years - Kate Anderson, Peggy Burkhammer, Candace Donaldson, Angela Hinter, Tiffany Lowther, Khalid Mahmoud, Tony Naim, Debra Pratt, Marsha Snyder, Tammy Varner, and Linda Zickefoose; ten-years – Margie Barrett, Steve Butcher, Traci Chapman, Amy Cyrankowski, Kathy Groah, Judy Kincaid, Wanda Lewis, Brenda Marcum, Jack Marcum, Chrystal Skinner, Tonya Stewart, Charlotte Veith, and Brandi Wilson; five years – Annette Alton, Charla Barrett, Kay Beane, Bobby Bennett, Christopher Conrad, Katrina Frederick-Howes, Leslie Holley, Ashleigh Kinsolving, Mostafa Kurdi, Heather Lantz, Tina Lewis Judith Metz, Lisa Metz, Leslie Pickens, Maria Potter, Amber Reaser, Tera Shreve, Gaila Smith, Ellen Tucci, Janet Webster, Jerry Wood, and Lisa Young.

**Patient Portal Signup Day**

**Friday, March 31 in the SJMH Cafeteria 7 a.m. to 2:30 p.m.**

Open to the public

Jennifer Barnes will provide assistance to SJMH staff and patients on signing up for the new SJMH Patient Portal

Learn how to use the portal and its new features.

Make sure you know the email address associated with your sign-in and have an ID available.
Upcoming 2017 SJMH Events

March 30 - Doctors’ Day Breakfast - 7:30 to 9 a.m.
March 30, 6 to 8:30 – Skating Party at Skateworld
April 1 and 8 - Rotary Blood Screening
April 8, at 8 a.m. – Weston Cleanup of town and playgrounds
April 8, at 6 p.m. – Egg Hunt at Lewis County Park
April 22 at 10 a.m. – Weston 5K – SJMH employees are free
April 25 - Auxiliary Getting To Know You Dinner - 6 p.m.
May 7-13 – Hospital Week
July 20 – Afternoon/Evening – SJMH Picnic/Pool Party
October 19 - Annual Golf Tournament
November 24, - Weston Christmas Parade –
Electric Light Floats, theme is Christmas Around The World

Pat Ridpath, of Buckhannon writes a weekly column for local community newspapers. It was exciting to see her positive compliments to our own orthopedic surgeon Freddie Persinger. Apparently Ridpath needed an ambulance at the end of December 2016. She was transferred to SJMH to the care of Dr. Persinger. She said “I highly recommend him if you ever need any orthopedic care. He is from the Weston area so many of you may know him. I am including a picture of him with me at my last appointment.” Pictured above
You Are Invited to a Continental Breakfast to celebrate Doctors’ Day

Thursday, March 30
7:30 a.m. to 9 a.m.
2nd floor SJMH Board Conference Room
Thirty-five year pin awardee Rosa Thayer with Kevin Stalnaker.

Thirty-year pin awardees are pictured above and include Tom Law, with Avah Stalnaker; Chris Gum, with Barb Willis, and Regina Taylor, with Kevin Stalnaker.

Twenty-year pin awardee Mark Casto is pictured with Barb Willis at left.

Twenty-five year pin awardees are pictured above and include Sherry Grose, with Kevin Stalnaker; Mary Ann Heaster Williams with Barb Willis; and Willis with Linda Weaver.

Fifteen-year pin awardees at the dinner were: Candy Donaldson, Kate Anderson, and Tammy Varner.

Some unknown characters were also available for political debate at the dinner.

Brenda Tonkin’s staff knew how to make their boss very, very, very happy!
When organizers of the Weston 5K Run and Wellness Walk planned the first event in 2008, the goal was to encourage people to appreciate the joy of physical fitness. There have been some great successes with several racers who began their fitness road that first year and are still staying fit. Last year about 230 people registered for the event. Throughout the years, organizers have tried to provide something new and different for each race. One of the more exciting additions was permitting dogs to participate with their owners. One year, a German Pointer, along with his owner, came in third during the race.

Saint Patrick Church/School, Stonewall Jackson Memorial Hospital, and the City of Weston have cooperated on the event since that first year. Other corporate sponsors have also helped the cause including WHAW Radio and WDTV Channel Five.

The registration form can be found at www.stonewallhospital.com. Click on the wellness button on the opening page to find the application. The registration form can also be found on the City of Weston Facebook page.

The SJMH Social/Recreation Committee will again provide the registration costs for SJMH employees. You just need to make sure you pre-register.
Stonewall Jackson Memorial Hospital (SJMH) has been working on an exciting project to better serve our community with a new electronic medical records system. As part of that project, the Hospital has improved the patient portal system. The new patient portal system will allow you to access your records for both the Hospital and SJMH physician at one location.

Since this is a new patient portal, you will register again as you did originally. You will find extra benefits for the portal as well as the ability to pay your bills through it.

During the registration process, you will be asked if you would like to sign up for the portal. This will happen in both the hospital and clinic setting. Once your e-mail has been entered into the system, you will receive an e-mail within a few minutes to complete the registration process and activate the portal account. If the account is not activated within 7 days, you will receive a reminder e-mail to activate the portal account. At the 30-day mark the temporary account will no longer be active and it will have to be re-established at the next visit.
Farmers and Vendors Wanted
Riverfront Farmers Market
Weston
Opens Saturday June 17 through September
10 a.m. to 2 p.m. Every Saturday

Contact Market Master Geoff Kraus: 304-269-7177, email thymebistro@hot
mail.com; City of Weston, 304-269-6141, or 304-269-3663 in the evening.

Join Us for a
Ramp and Rhubarb
Gourmet Dinner

Saturday, April 29
6 p.m. - Reception  7 p.m. - Dinner

Prepared by Chef Geoff Kraus using locally produced products at
The Glass Museum on Main Avenue

$35 per person

Benefitting the Depot Farmers Market and Glass Museum

Make checks payable to: The Museum of American Glass

Tickets available, Thyme Bistro and Municipal Building
You may call 269-5008, 269-6141 for reservations

Thyme Bistro
Cozy, Casual Dining

RAMP AND RHUBARB
DINNER

*Fresh Baked Breads with Whipped Butter and J.Q. Dickinson Ramp Salt
Sorghum Butter and Rhubarb Jam

*A Salad of Spring Lettuces with Buttermilk Ramp Dressing, Peppered Bacon,
Tomatoes and Charred Ramps

*Ramp Stuffed Oven Roasted Porchetta with a Mingle of Julienneed
Vegetables and Rhubarb Demi

*Fried Chicken Cutlets with Mountain Tonic Gravy

*Lightly Smoked and Roasted Fingerling Potatoes and Carrots

*Creamed Cabbage and Ramps

* * Desserts

*Rustic Rhubarb Tart with English Custard Sauce
*Chilled Lambert's Strawberry Wine Soup Shooters
Weston 5K Run and Wellness Walk

Wee Run (under 11) at 11 a.m.
Sat., April 22 at 10 a.m.
corner of East 2nd and Center Avenue in Weston, WV

Top Three Male and Top Three Female Finishers
$150 - First; $75 - Second; $25 - Third

Nine age groups - under 11; 11-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+
Pre-registration $15 Race day $20

Only $3 Pre-registration Fee for Lewis County K-12 Students. First 200 receive shirt.

Registration includes champion chip and post race activities
Forms at www.stonewallhospital.com or cityofwestonwv.com
For more info call 304-269-8167

Coordinated by The City of Weston; Saint Patrick School; and Stonewall Jackson Memorial Hospital

Social Recreation is paying for SJMH Employees Pre-Registration.
Weston 5K Run & Wellness Walk
Sat., April 22, 2017 @ 10 a.m.
Corner of East Second St. and Center Ave., Weston
Return to Julia Spelsberg, SJMH, 230 Hospital Plaza, Weston, WV 26452
Please make checks payable to Weston 5K Run and Wellness Walk

Complete this form and sign the waiver.

(PLEASE PRINT)

□ 5K Run
□ 5K Walk

Date of Birth (mm/dd/yy) ___________________________ Age _______

Gender □ M □ F

Last Name_______________________ First Name ________________________________

Address______________________________________________

City __________________________ State __________ Zip _________________

Phone ___________________ Email ________________________________________

(Email used for sending race information only)

T-Shirt Size (Circle one):
Youth: L Adult: S M L XL XXL

VOLUNTEERS

□ I am walking and would like more information on volunteering before and after the walk.

□ I am unable to walk but would like to be a volunteer.

WAIVER: I know that running or walking a road race is a potentially hazardous event, and I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Stonewall Jackson Memorial Hospital, the City of Weston, and St. Patrick Church/School for the Weston 5K Run and Wellness Walk, and all sponsors their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out a negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, records or any other record of this event for any legitimate purpose. Race will be held regardless of weather conditions. Registration is final, no refunds.

Signature Required

Signature of entrant (Guardian if under 18) and date

___________________________________________________/______________

Date

FREE FOR SJMH EMPLOYEES WHO PRE REGISTER!!!!
Members of the SJMH staff have worked with the Try This Conference for several years with the goal of making adults and children healthier with playgrounds. The newest effort for the Hospital and City of Weston is to create two urban orchards so that healthy fruits will be available for the public and the food pantries in town. One orchard will be at Bennett Avenue and the second one by SJMH. Currently there will be 4 trees at the Bennett Avenue location, while another 41 trees and various fruit bushes will be planted next to the Hospital.

Karen Kefover, of Materials, has made arrangements to involve her daughter’s Girl Scout troop. Monica’ Roger’s daughter, who has an LCHS Botany Club also may be involved with the project. The areas will be timed for proper PH balance, and then the tree holes dug, and wire cages for deer protection will be installed. It may take two years for produce, but we will be healthier for the better!
PARKING POLICY - REMINDER

PURPOSE:
It is the policy of Stonewall Jackson Memorial Hospital to provide and allocate parking to those we serve. However, the Hospital assumes no responsibility for the safety of those utilizing hospital parking facilities.

SCOPE:
This policy applies to all hospital employees, contract workers, volunteers, students, and office staff.

GUIDELINES:

a) Employees working normal day shift hours within the hospital and in physician office building 2, Monday through Friday between 7:00am and 4:00pm, are only permitted to park in the primary employee parking lot which is located to the rear of the hospital across the bridge, unless they meet the criteria listed in section (d).

b) Evening shift employees (employees starting work after 2:30pm) may park in the small parking lot across from the main entrance, in the main parking lot in front of the hospital, or along the creek. Note: any employee whose shift extends past 4:00pm Monday through Friday is permitted to move their vehicles to the areas previously listed at 4:00pm or after, Monday through Friday.

c) All employees are permitted to park in the main lot in front of the hospital, in the small lot across from the main entrance and along the creek on weekends and holidays.

d) The following employees are permitted to park in the main lot in front of the hospital, along the creek behind the hospital and the small lot across from the main entrance:

- Employees with a doctor’s excuse requiring them to be closer to the hospital.
- Employees 62 years of age or older.
- Employees with a state regulated handicap sticker or placard.
- Employees working in physician office building 1 (POB 1) must park either behind the physician office building 1 (POB 1) or in the main parking lot. Only Doctors with designated parking spaces may park in front of POB’s 1 and 2 and on the side of POB 1.5.
- Employees authorized by Administration.
- Employees with designated parking spaces.

e) Hospital parking is not to be utilized for commuter parking, unless directly related to hospital business.

f) Areas without painted lines are not approved parking areas.

Reserved Parking:
Reserved parking is intended for those patients, staff and individuals that are listed on the individual reserved parking signs. Meeting the requirements listed previously (a through f) DOES NOT give you permission to park in Reserved Parking spaces that are not originally intended for your use.

ENFORCEMENT PROCEDURES:
The Security/Maintenance Department will issue vehicle parking permit tags. Issuance of tags for each vehicle will be at no charge. Parking permit tags are REQUIRED for non-visitor vehicles and all employees parked on hospital property. Any vehicle requiring a parking permit tag and found parked on hospital property without required tag will be ticketed. Individuals requiring an exception, such as for a temporary or rental vehicle, must notify the Maintenance Department.

Security/Maintenance will issue tickets. A copy of all parking tickets will be sent to the Human Resources Department. Human Resources will notify the department director for proper disciplinary course of action. Parking Permit Tags are to be mounted on the internal rear view mirror in plain view. The Maintenance Department will issue Parking Permit Tags to all employees.

Note:
Please drive with care and obey the posted campus speed limits. Park so that driveways and aisles are clear and unobstructed. If you store personal belongings in your vehicle, please lock them in your trunk where they are not visible. Stonewall Jackson Memorial Hospital cannot be responsible for articles stolen from automobiles or be responsible for the automobile.