The Weekly General
Weekly Newsletter for the Staff of Stonewall Jackson Memorial Hospital
Volume 3, Number 27, July 8, 2016

Annual Picnic on July 15

The annual SJMH picnic will be on Fri., July 15 at the Lewis County Park. The day will start off with a picnic lunch from 11 a.m. until 1 p.m., with delicious hamburgers, chicken, and hot dogs. Four to 5 p.m. will be dinner. Employees participating in the picnic will have their names included in a drawing and be eligible for a cash prize that will be drawn every hour from noon through 6 p.m.

Those bringing a homemade covered dish will be entered into a drawing, too! If you wish to bring a covered dish, bring an item from the following list based on the first letter of your last name. A – F: salad • G - K: vegetable • L - O: appetizer • P - T: fruits • U - Z: dessert

We will have cornhole boards available and a volleyball for those who wish to play. Noon to 2 p.m. will be facepainting by Kristy Aldridge. Swimming is free for our employees, families, and friends, as well as putt putt golf. You can also swim in the evening as our guests.

SJMH contributed to the call for help for flood victims in the southern part of West Virginia last week. The Hospital sent gloves, masks, diapers, first aid kits, and more. Pictured above, left to right are employees Angela Devericks, Josh Moneypenny, Karen Kefover, Keefe Kiser, and Anita Carder.

SJMH Wins Urban Orchard Grant

Stonewall Jackson Memorial Hospital (SJMH) employees recently attended the Try This Conference in Buckhannon to learn more about the ways to encourage healthy eating and more physical activity for our residents.

Over the past three years, the Try This Conference has been instrumental in funding playgrounds in Weston. These projects have been a cooperative effort between SJMH and the City of Weston to provide healthy physical activity for children in the area. SJMH employees Nastausha Hefner has been the project manager for the Willow Street Natural Playground/Outdoor Classroom, and Connie Riffle for the Polk Creek Community Park.

As part of the Conference, the SJMH group applied for a grant. The applicants learned on Wed., July 6, that the application had been approved to create two Urban Orchards for the City. Tentatively, one orchard will be located behind SJMH in the large triangular field, and the second will be located on Bennett Avenue in Weston. It will take several years for the orchards to produce but the ultimate goal will be fresh fruit for local residents.
WEST VIRGINIA

MEDICAL EMPLOYEE APPRECIATION NIGHT

EVENT INCLUDES:
- SPECIAL PRICE FOR MEDICAL EMPLOYEES
- LIMITED PRE-GAME FIELD ACCESS PASSES
- SCOREBOARD RECOGNITION

EVENT PRICE:
$55

ORDER DEADLINE:
FRIDAY, AUGUST 26TH

FOR QUESTIONS: LEE HARRIS | 304.293.8641
Auxiliary
Volunteers Needed

The Theresa Snaith Hospital Auxiliary is always looking for new volunteers to help with activities at SJMH. One of the most important jobs for the group is to man the Hospital Gift Shop. If there are people who would be interested in joining the Volunteers, please contact the SJMH Marketing Office at 269-8167.

WVU Game Planned

Members of the Social/Recreation Committee are planning a trip to WVU for a game in October. The annual Medical Employee Appreciation Night will be Oct. 22, WVU versus TCU with a cost of $55 per person. Reservations should be made and paid by August 24.

14th Annual Golf Tournament

The annual SJMH charity golf tournament is planned for Tues., Oct. 11, at Stonewall Resort. The tournament has been the funder for over $200,000 in scholarships to students pursuing degrees in healthcare.

From Jessica in HR

Please help me in wishing Kylie Rowan, Dietary and Tommy Smith, Housekeeping a very Happy Birthday in July!

Happy Birthday!!!!

Farmers Market

SJMH has taken a proactive interest in the Depot Farmers Market which is open on Saturdays from 10 a.m. to 2 p.m. at the Weston City Building. SJMH has had a display every week; provides a piece of fresh fruit for children; and free coffee for adults. Stop by for some great local products.

SJMH will be providing a piece of wholesome, fresh fruit for each child, who visits the Market.

Open Every Saturday through the summer

THE DEPOT
FARMERS MARKET

10 a.m. to 2 p.m.

Call Geoff Kraus - Market Master
269-7177

or the City Building
304-269-6141

located at 102 West Second Street, Weston

Facebook: The Depot Farmers Market
COMMUNITY NEEDS ASSESSMENT

CLOSE TO COMPLETION BY MARKETING

Every three years SJMH creates a Community Needs Assessment (CNA), as mandated by the federal government, to gauge the healthcare needs for the local community. The SJMH Marketing Department has been working with the Lewis County Health Department to complete the 2016 Assessment by the end of July.

The CNA is a three-part document including the background health statistics for West Virginians and Lewis Countians; the in-county surveying completed in 2015; and the suggestions for attacking the health problems highlighted in the local survey.

Unlike three years ago, when obesity led the concerns of local citizens, drug abuse is now at the top, followed by obesity, diabetes, COPD, and heart disease. One of the leading reasons that SJMH has been instrumental in the creating playgrounds in Weston was a result of the 2013 Community Assessment and the need to provide healthy physical activity for residents. Once completed, the CNA will be viewed by the SJMH Board, approved and distributed to the community.

IMPORTANT NOTICE UPDATE

As of July 5, Country RX, of Jane Lew will no longer accept our 340B drug program. Also, be aware that KROGER has terminated the 340B drug program with Stonewall Jackson Memorial Hospital permanently. If you previously used Kroger for your SJMH Health Insurance prescriptions, you will need to move your Rx’s to one of our other participating pharmacies in order to have insurance coverage. They include:

Fast & Friendly - Garton Plaza, Weston  304-269-3737

RITE AID
218 E. 3rd St, Weston  304-269-7963
902 N. Lewis St., Glenville  304-462-4438
168 Main St., Sutton, WV 26601  304-765-2562
71 W. Main St., Buckhannon, WV 26201  304-472-0150

PLEASE NOTE: We still have not received notification that CVS & WALMART are ready to accept our 340B Prescriptions. We are hopeful it will be very soon, but unfortunately it is out of our hands. We will send out a notice as soon as we receive notification of completion.
Join Us for a Farm-To-Fork Buffet
Sat., July 30
6 p.m. - Reception 7 p.m. - Dinner
Prepared by Chef Geoff Kraus using locally produced products at
The Glass Museum on Main Avenue
If the weather permits we will eat outside; if not we will dine on the inside of the Museum.
$40 per person
benefitting The Depot Farmers Market and Glass Museum
Make checks payable to: The Museum of American Glass
Tickets available at Marian’s Boutique, Chamber of Commerce, Lewis County CVB, Municipal Building

Red Cross issues emergency call for blood and platelet donations to address significant shortage—Stonewall Jackson Memorial Hospital responds!

Due to the natural disaster in the southern part of the state, as well as the holiday season, the American Red Cross has issued an EMERGENCY call for blood donors in our area. Stonewall Jackson Memorial Hospital employees answered that call by donating over 41 units of blood, having the potential to touch the lives of 123 individuals in and around Lewis County. The donations took place on Tues., July 5 and were coordinated by Human Resources representative Jessica Hopkins.

FREE Screening
Venous Disease

Symptoms of venous disease include:
• Aching, fatigue or heaviness in legs
• Varicose veins
• Throbbing or burning leg pain; and/or
• Cramping, swelling and numbness in leg

3:00 p.m. to 5:00 p.m.
Call for future dates

Registration required.
Call: 304-517-1272

Screenings will be held on the first floor of Stonewall Jackson Memorial Hospital in the Vein Center.
Stonewall Jackson Memorial Hospital Social Recreation Committee is excited to announce that we are planning a trip to ACE ADVENTURES in Fayetteville, WV on Saturday, August 13, 2016. The trip is open to family and friends. You will need to bring your own food or purchase food at Ace Adventures. Please visit AceRaft.com for more information on specific events. Be aware that ALL trips go, rain or shine, so pack accordingly. The trip must be paid in full to Human Resources by July 8. Please let us know who is attending and which option that person will be doing.

We will send out more information as we know more. For additional questions, please contact Jessica in HR (x8119).

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<tr>
<th>Option #</th>
<th>Activity Description</th>
<th>$/Person Saturday</th>
<th>Special Requirements</th>
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<tr>
<td>#1</td>
<td>1/2 Day Lower New &amp; 1/2 Day Lake</td>
<td>$103</td>
<td>9 years, Min 52 inches</td>
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<td>#2</td>
<td>Zip Line &amp; 1/2 Day Lake</td>
<td>$103</td>
<td>8 years, 70 lbs-250 lbs</td>
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<td>#3</td>
<td>Mud Obs. &amp; 1/2 Day Lake</td>
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<td>Full Day Lake Pass</td>
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<td>5 years and under-FREE</td>
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