I've been with the hospital for 5 years now working PRN in Respiratory. Just recently we had a position open for full time night shift. With my husband on the mend I stepped up and took the position and started recently. Brian and I are very happy for this opportunity, and we are very appreciative of the support we’ve received from SJMH over the years with allowing me to have time off concerning his health. The staff and administration here has been nothing but sympathetic and encouraging to us. We thank you!!

Sherry Stover, LRTC
Respiratory Therapist

Brian faced many difficulties after surgery and throughout recovery. His chest was left open after surgery because there was a good bit of fluid and swelling, and because the lungs were slightly larger than his chest cavity. He would go back into the surgery the following day to have a trach placed, reconstructive surgery done on both sides of his chest walls,
ECMO removed, feeding tube advanced, bronch and chest cleanup and closure.

Brian had to fight delirium for 2 weeks due to Prograf toxicity. Prograf was the anti-rejection medication they had him on for his first transplant. Apparently, when levels get too high in the body and are mixed with anesthesia they cause delirium. In Brian’s case, severe delirium. He was wildly violent, had to be put in 4-point restraints and still managed to pull out chest tubes, Jpeg drains and art lines. Because of this, he had to be sedated and given a mixture of pain meds and anti-psychotics. The meds were juggled until he came out of the delirium, but the damage was done to his kidneys and they had shut down. He was then placed on continuous dialysis. Eventually, he was moved down to 3 days a week.

He spent a month in ICU before he was moved up on the floor. Once there he really began to move along quickly with his recovery. The feeding tube came out, then the trach. He got stronger every day. His appetite really started taking off and that helped. He had a lot of muscle loss from being down for so long and it’s taken a long time to get it back. He still isn’t back to where he was. It’s an everyday process.

He was discharged from the hospital after about 2 months and we stayed at the Family House for about another month. There was a bronch done before we went home that showed acute mild rejection. That was treated with three daily doses of IV decadron (a very strong steroid) which we had done at home. Most recent bronch results show no rejection. His blood work is great. His kidneys are working normally and he’s been discharged from dialysis. He’s just living his normal life again. Well, normal for a transplant person! And no O2!!! He sats 96-98% on room air. It’s just awesome. The only thing that holds him back right now is some sciatica and nerve damage in back. That’s from being in bed for so long and having had some break down. He’s working on getting into Pulmonary Rehab, which he’ll do here at SJMH.

I can’t stress enough.... be a donor!!!

Sherry Stover, LRTC
Respiratory Therapist

Here is Brian in a picture taken on Sunday, July 15, 2018.
Best Wishes For The Entire Family

Walgreens LIVE
You may now begin using Walgreens in Sutton, Glenville, Buckhannon, and Weston.
(Previously Rite-Aids)
First Fireworks Trail Run Held at Stonewall Resort

As part of SJMH’s effort to encourage healthy activities, the hospital is promoting the creation of at least a walk/run for each month of the year. SJMH staff members Rachelle McIntyre-Nicholson and Nastausha Hefner organized a trail run at Stonewall Resort on July 14. The pair was delighted with the turnout of 26 for the first event.

In February 16 people participated in SJMH’s first Ground Hog Walk/Run followed by the 11th annual Weston 5K Walk/Run in April.

SJMH and the New Marketing Campaign

Healthcare has become a very competitive business. As part of our Hospital’s strategy to combat competition, SJMH has created a new ad campaign.

After surveying local residents in focus groups this past spring, our advertising agency created a series of print, billboard, radio and television ads with the message that SJMH is “Your Hospital.” We are using Dr. Snuffer, Dr. Williams, Dr. Wynn, and Miral Gibson as the “faces” for the Hospital. You will be seeing the commercials and print ads beginning next week. They will run for the next six months.

As part of the campaign, the Marketing Department will also be visiting all departments with a Power Point presentation to inform each of our employees about our new campaign. We want to make sure we all know the importance of our Hospital to the region. You, our staff, are the best marketing tool we have. You are an integral part of our success.

Winners in their own age division were Rachel Garton and Kate Anderson.
Learn to control your DIABETES

Are you a person with Medicare who has diabetes or know someone who does?
Sign up today for a FREE 6-week class in your area.

Class Location:
Criss Manor, 124 1'st St., Weston

Session #1: Date THURSDAY, AUG 9  Time 4:00 PM - 6:00 PM
Session #2: Date THURSDAY, AUG 16  Time 4:00 PM - 6:00 PM
Session #3: Date THURSDAY, AUG 23  Time 4:00 PM - 6:00 PM
Session #4: Date THURSDAY, AUG 30  Time 4:00 PM - 6:00 PM
Session #5: Date THURSDAY, SEPT 6  Time 4:00 PM - 6:00 PM
Session #6: Date THURSDAY, SEPT 13  Time 4:00 PM - 6:00 PM

Register by Contacting:
Susie at 304-346-9864 ext. 3221
Going from Good to Great Care — 5 Ways to Boost HCAHPS Scores

As our healthcare system continues its move toward an outcomes/value-based environment, patient feedback regarding their personal experience will undoubtedly become increasingly important. A critical indicator of patient satisfaction is HCAHPS, or Hospital Consumer Assessment of Healthcare Providers and Systems.

This national standardized survey measures patient perceptions of the quality of care they receive at acute-care hospitals. Every day, more than 7,900 patients complete the HCAHPS survey. Recently, these scores have begun to be used to calculate incentive payments for hospital reimbursement. Stonewall Jackson’s survey company is now Press Ganey.

Under the value-based purchasing program, hospitals could be financially penalized for low HCAHPS scores. Historically, healthcare hasn’t been held to the same standards as the hospitality industry. However, as this new trend continues, patient satisfaction will be an increasingly important parameter that will affect who will be rewarded or penalized. This growing financial impact of HCAHPS is pressuring healthcare leaders to explore ways to improve their scores.

Here are five strategies hospitals can use to boost their HCAHPS scores:

1. Make improving the patient experience a priority. In order to make the patient experience a priority, hospital leaders must create a culture that values the patient experience. Training healthcare staff to adopt a more patient-centric, service-oriented approach to patient care will be increasingly important. Raising interaction levels with the patients themselves is important as it facilitates first-hand feedback from patients and families. Direct feedback is vital in helping hospitals continuously improve patient satisfaction.

Additionally, leaders must start raising awareness of what HCAHPS scores are and their impact. Being mindful of being graded should hopefully improve service and raise accountability amongst team members. Each member of the healthcare team should know that although it may seem trivial, every contribution they make to the patients experience can make the difference between a higher HCAHPS score and a lower one.

2. Reduce unnecessary ambient noise. One of the major questions the HCAHPS survey asks patients is about the noise level in their room at night. This question consistently earns the lowest satisfaction scores of all HCAHPS survey questions.

Rest and recuperation in a quiet space is calming and nurturing for healing and recovery. Environments with loud, disruptive noises are tremendously unsettling and disruptive to the healing process. Ringing phones, beepers and overhead paging are common sounds heard 24/7 in hospitals. Although these sounds are counterproductive to a speedy healing, hospitals still use communication devices that disrupt a patient’s care experience.

There are far more quiet forms of communication such as a secure HIPAA-compliant texting platform. These types of systems reduce the need for overhead paging and phone calls. Instead, staff can message patient info, updates, diagnostic images or any actionable data via text, which helps to mitigate stressful and unnecessary environmental noise.

3. Streamline staff communication. The cornerstone of a positive patient/customer experience is communication — between both providers and patients and among providers. Several questions on the HCAHPS survey address communication. For example:

- How often did nurses and physicians listen carefully to you?
- How often did nurses and physicians explain things in a way you could understand?
- Did you receive information about symptoms or health problems to look out for after leaving the hospital?

These questions and several more are based on patients reporting how often AND how well staff communicated with them. In order for patients to report high satisfaction, providers should strive to communicate frequently and effectively. This means going the extra mile to make sure patients — and their families — know exactly what to expect while in your care and after leaving your care. Creating a more effective and consistent way to communicate is simple to implement, and ultimately leads to better quality care and higher patient satisfaction.

4. Understand patients’ time sensitivity. Many questions on the HCAHPS survey also ask patients about the amount of time they waited to be admitted, seen and discharged. Patient satisfaction is highly and inversely correlated to the amount of waiting time they spend unattended. The longer a patient waits, the more dissatisfied he or she will be. By utilizing efficient and secure communication tools, nurses and doctors can decrease patient wait times and see improved patient satisfaction rates.

5. Keep patients informed. Another key strategy in improving HCAHPS scores is to educate patients throughout their hospital stay. Every interaction with a patient is an opportunity to educate him or her about his or her condition, medication, post-discharge plans and follow-up plans. Patients who understand more about their condition will feel more involved in their care process.

In addition to speaking with patients one-on-one, hospitals can also educate patients via written instructions at the bedside or on a whiteboard placed within a patient’s eyesight. Educating patients during transitions of care, such as from the hospital to a long-term care facility or back to home, is critically important as understanding what to do post-discharge eases patients’ anxiety. The goal should be to empower patients with pertinent information, and providing them with the right tools to make them feel this way makes a huge difference.
Stonewall Home Oxygen Therapy

Lumin™
CPAP Sanitizing System

The healthy choice in CPAP accessory disinfection with simple one-touch operation.

Lumin is the easiest and fastest way to disinfect a CPAP mask, reservoir and other accessories. The Lumin uses UV-C light to safely sanitize and works with a disinfection cycle time of 5 minutes, no harmful ozone, and 99.9% kill rate for harmful bacteria, viruses, mold and fungus. It is the ideal system for daily sanitizing of your CPAP equipment.

$259

SHOT now offers CDL CPAP downloads from Respironics machines required for some drivers. The cost is $50.00 to download and the patient receives a paper copy of the download while at the office.

Stonewall Home Oxygen Therapy

Market Place Mall - I-79 and Route 33, Weston
Phone 304-269-0100
Open 8 to 5 - Mon.-Fri.

Mon Health®
SJMH Picnic Pics

Here are some of the attendees at the annual SJMH picnic. We will have more pictures in next week’s General.

WALGREENS UPDATE

Please watch for news in the next 2-3 weeks where the Walgreens that took over the Glenville, Sutton, Buckhannon and Weston Rite Aids will be available once again as an eligible pharmacy for SJMH Health insurance participants to use at the 340B pricing. An email blast will be sent when it goes LIVE.

We Are Creating a Welcome To Lewis County Gift Bundle

for newcomers to our County

The project is being coordinated by Stonewall Jackson Memorial Hospital and the Lewis County Chamber of Commerce.

We invite businesses, churches, fraternal organizations, or other groups to send us at least 100 coupons, brochures, or flyers touting their business to be included in the gift bundle. Presently we plan on providing a larger gift bundle to home buyers, or renters. So if you are interested in providing a mug, pen, or an item we need at least 100. We are also developing a smaller gift bundle for those people moving here temporarily.

Our goal is to have items ready to be packaged by August 1, 2018.

For more information on the project contact the Stonewall Jackson Memorial Hospital Marketing Department - Julia Spielberg 304-269-8167 or Nastasha Hefner at 304-269-8149.

Relay For Life of Lewis County Bus Trip

We are planning a Red Eye Trip to New York City for December 7th. The bus leaves Friday night at 9:00 P.M. from the Kohls Parking Lot and arrives back in Bridgeport, Sunday Morning. The price is $120.00. We will spend all day in New York City doing whatever each person wants to do. You make your own agenda.

For more information call Susan Thompson at (304)871-9086 after 4:00 P.M., Angie Burkhart at (304)838-5792, or visit our Facebook page at: Relay for Life of Lewis County Bus Tours.

December 7th, 9:00 P.M. Depart from Kohl’s Parking Lot
Arrive in New York City Saturday Morning
Leave New York City around 11:00 P.M.
$120.00 Each person.

Deposits - $60.00 October 15, 2018
Remaining - $60.00 November 15, 2018

Mail Deposits to: Susan Thompson, 40 Irene Drive, Weston, WV 26452

SJMH Picnic Pics

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Mail Deposits to: Susan Thompson, 40 Irene Drive, Weston, WV 26452
WEST VIRGINIA MEDICAL APPRECIATION FOOTBALL DAY

EVENT PRICE: $55/TICKET

EVENT DETAILS: Specially discounted pricing for all medical employees, families & friends

ORDER DEADLINE: AUCUST 17TH, 2018

FOR QUESTIONS: JULIA SPELSBERG JSPELSBERG@STONEWALLHOSPITAL.NET
You Are Invited
to a
Retirement Reception
for
Gae Skinner
who is retiring from the Medical Surgical Department

Join us in the Board Conference Room on
Monday, July 30 at 1 p.m.

for refreshments and to wish Gae the best!
2nd Class of Stonewall Academy Graduates

Stonewall Academy is a new program SJMH created this summer. The program is designed for 7th and 8th grade students in an effort to help them pick their career path for high school.

The Academy was a three-day session from 8 am-4:30 pm. Each day students were taught clinical skills; were provided help with career planning; and were allowed to shadow in different departments.

Graduates included: Hannah Cayton, Chloe Butcher, Daria Franklin, Ashley Collins, Megan Perry, Jocelyn Holman, Nathan Burns, Virginia Eagle, Maria Jenkins, and Zoe Williams.
Hello....

Stonewall Jackson Memorial Hospital and the Lewis and Gilmer County Health Departments are again collaborating to survey local residents on their healthcare needs. Residents can access the survey on the web at https://www.surveymonkey.com/r/LT22XSS or by filling out a paper survey found here. The more participation we have in the survey, the better for all of us.

When we did the surveying three years ago, we found that “drug addiction” was at the top of the list of concerns for Lewis County. In 2013 the concern was “obesity.” We look forward to finding out the major concern will be in the survey.

This will be the first year we have incorporated Gilmer County.

We need your cooperation on this so please make sure people are aware that they can have a survey here. If you run out of the surveys please contact Julia Spelsberg, at Stonewall Jackson Memorial Hospital, 304-269-8167 or jspelsberg@stonewallhospital.net or Nastausha Hefner, 304-269-8149 or nhefner@stonewallhospital.net. Please return, or call for pickup of surveys, by November 1, 2016.

Thanks in advance for your cooperation.

Lewis County and Gilmer County Health Departments

and

Stonewall Jackson Memorial Hospital

Thank you in advance for your cooperation and interest.
Aliayah’s Walk for Hope Registration Form

- August 18, 2018 – Slanesville Park, Hampshire County, WV 10AM – 1PM
- September 8, 2018 – Lewis County Park, Lewis County, WV 10AM – 1PM

REGISTRATION FEE: $10 PER PERSON (Children 10 and under FREE)

OPTIONAL T-SHIRT: $17 PER SHIRT (T-Shirt Deadline is 2 weeks prior to Event)

MAIL REGISTRATION FEES TO: The Aliayah Lunsford Foundation, 2329 Hickory Corner Rd, Augusta, WV 26704

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TOTAL FUNDS ENCLOSED

In consideration of the furtherance of your purposes, objectives and work, and in consideration of your permitting me to participate in your ALIAYAH’S WALK FOR HOPE, on behalf of myself, my heirs, executors, administrators and assigns, I hereby waive and release any and all rights and claims for damages which I may have against you, the properties through which the ALIAYAH’S WALK FOR HOPE will take place, as well as any person(s) connected with the ALIAYAH’S WALK FOR HOPE, their heirs, executors, administrator, successors and assigns for any and all injuries which I may suffer while taking part in the ALIAYAH’S WALK FOR HOPE, or as a result thereof. I also allow the ALIAYAH’S WALK FOR HOPE and its affiliates the right to publish, print, display, record and use my name, image and likeness while at the ALIAYAH’S WALK FOR HOPE in any and all media now known or hereafter devised.

Walkers under the age of 13 must be accompanied by an adult.
Walkers under the age of 18 must have this application signed by a parent or guardian.

____________________________________________         __________________________________________
WALKER’S SIGNATURE                  PARENT OR GUARDIAN (IF UNDER 18)

IMPORTANT: Walkers under the age of 18 must have this application signed by parent or guardian

$15 per HAND  1ST ANNUAL  SEPT 15 2018

ALIAYAH LUNSFORD MEMORIAL POKER RUN

ALL PROCEEDS GO TO CASA AND THE ALIAYAH LUNSFORD FOUNDATION

STARTS AND ENDS AT BRYAN AND BRENT’S PLACE

MOUND AVE WESTON WV

RAIN OR SHINE

LIVE MUSIC BY THE EDDIE DAVISSON BAND

FOOD TRUCK WILL BE AVAILABLE
50/50 - DOOR PRIZE - RAFFLES

FOR MORE INFO OR DONATIONS DESIREE ENGLEHART MATHENY 304-729-2006
Lewis County Board of Education Administrators and teachers brought some hi-tech products to the children on Thursday, July 12 at the Polk Creek Community Park. Technology Director Jeff Tidd, Rebecca Flesher, and Ronda Judy explained to the children how to work with some of the innovative STEM products.

One demonstration provided a mouse, which moved across a board. The children were shown how to “code” for the mouse to move properly towards the goal of a chunk of cheese.

Stonewall Jackson Memorial Hospital employee Connie Riffle and her husband John, have been project managers for the park.

Over the past four years, they have brought the park from a hayfield to a wonderful commercial playground for the community.

Local Children Provided STEM Demos at Polk Creek Park

A young visitor to Polk Creek Park learns basic “coding” during a demonstration at the Polk Creek Community Park recently.

**Benefit Fair**

**Friday, August 17 from 7am to 2pm**

**Outside on Ground Floor**

Open Enrollment changes must be made online in Paylocity Portal—Web Benefits Menu Link

During the following dates: 8/10 12:01 am – 8/24 11:59 pm

No Changes to Benefits? Do nothing, everything remains the same. Please verify your beneficiaries in Web Benefits, are they accurate?

Meet & Speak to vendors with any benefit questions or concerns.

Come register to win one of the many DOOR PRIZES
Welcome to Our SJMH Employees

New employees attending SJMH orientation in July are pictured above and include, left to right - Erin Cole, Sabryna Jarvis, Dezirae Suttle, Allie Aguiar, and April Talkington.

Other new employees attending SJMH orientation in July are pictured above and include, left to right - Amanda Linn, Angela Carder, Cindy Pounds, Gina Cogis, and Alyssa Bartsch.