The Weekly General
Volume 5, Number 46, January 4, 2019
Weekly Newsletter for the Staff of Stonewall Jackson Memorial Hospital

NOTICE
Please be aware that part of the Hospital front sidewalk and roadway will be under emergency repair beginning on Monday, January 7. The fire service waterline running there is in need of servicing. Any inconvenience should last approximately two days.

SJMH Facilities Manager Chuck Chabanik is Honored by Sodexo

Charles “Chuck” Chabanik, Director of Stonewall Jackson Memorial Hospital’s (SJMH) Facilities Department was honored recently by his employer, Sodexo. The 2018 Cornerstone of CARES Value Award – Technical Expertise was given to him during an annual Sodexo meeting held in Pittsburgh, PA.

In his letter of congratulations from George Amador, Senior VP, Sodexo Facilities Solutions, North America, Amador wrote. “We thank you for your assistance in improving department performance and adding value to our employees and clients. You have distinguished yourself among your peers. Thank you for what you do everyday to make us successful.”

In winning the award, Chabanik noted that SJMH CEO Avah Stalnaker provided a complimentary letter to Sodexo on Chabanik’s performance during the JC (Joint Commission) survey last year. Sodexo Vice President Tom Griffin submitted the nomination noting several other activities of Chuck.

Chuck explained, “On a couple of days off this year I traveled to hospitals in Virginia and Pennsylvania to conduct regulatory document reviews and plan of corrections. There was also the work I also did with the team here at SJMH on the emergency code standardization project. Sodexo also formed an EOC Committee that meets online monthly to develop and improve our regulatory compliance documentation systems and I have volunteered to take the lead on a couple of projects this past year.

Assistant SJMH CEO Kevin Stalnaker was pleased with Chabanik’s honor and noted, “We are not only incredibly proud in the work you perform here, but also in the level of maturity, responsibility and focus you lend to this institution. Without hesitation, you are the most accomplished Director of Engineering that I have ever had the pleasure of working with in my career. Congratulations again on this high honor.”

In 2017 Chabanik received a “Cornerstone of CARES Award, 2017, Client for Life” from Sodexo. That award was based on the relationship between Chabanik, as the Sodexo manager, and the client, which was SJMH.

Chuck has been employed by Sodexo for ten years and has been at SJMH for 7.5 years. He and his wife, Barb, a local real estate agent, have five children. He is the son of Joyce and the late Charles Chabanik, of Smithville, PA.
We Would Like To Extend Our Sympathy To:

Charlene Wiant, of Home Care, on the passing of her husband.
Kat Ramsey, of Home Care, on the passing of her mother.

Happy New Year’s From the Night Shift on Med/Surg

You Are Invited To Honor The January Employee Amanda Ball on Thursday, January 24
Come to the SJMH Cafeteria at 1 p.m. to congratulate Amanda and have cake and ice cream.

Stonewall Jackson Memorial Hospital
Compliance Newsletter

1/4/2019

Reporting compliance concerns is not only encouraged, it is required. I am available to discuss any concerns with you on a walk-in basis Monday through Friday 0800-1600 or at your convenience, with a bit of notice. You may email concerns, or questions, to rnicolson@stonewallhospital.net, call the office at 304-269-8501, or file an RLS. Please rest assured that any concerns will be investigated and remedied as appropriate. There is no need to fear retaliation as SJMH observes a zero tolerance policy against any and all retaliatory behaviors.

Stonewall Jackson Memorial Hospital (SJMH) has named Braxton County native Kyle Warner as the Hospital controller.

Warner graduated from Braxton County High School and Glenville State College (GSC) with Summa Cum Laude honors. He has a double degree – Accounting and Management. Currently, he is studying for his CPA (certified public accountant). While at GSC he was a five-year football player and team captain. He was a resident assistant and student support services business and accounting tutor.

“Words can’t describe how blessed I am for this opportunity to take the next step in my career at a reputable hospital that serves this area so well,” said Warner. “There is so much for me to learn but I hope my experience, education, and leadership can benefit the Hospital in so many ways. It is great to be a part of a company that serves my family and friends in the area and I look forward to building camaraderie with all my co-workers.”

Before taking the position at SJMH he worked as an auditor at Ernst and Young. During his four years at the national accounting firm, he gathered a wealth of experience as well as receiving numerous performance awards.

He is engaged to Emily Fry of Wayne County.

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January 2019 Employee of the Month - Amanda Ball

Amanda Ball, of the Nursing Department, has been selected as the Stonewall Jackson Memorial Hospital (SJMH) Employee of the Month for January 2019. She came to SJMH in April 2008 in Nursing and works on the SJMH Medical/Surgical Unit.

She is a graduate of Buckhannon-Upshur High School. She received an Associate Degree of Nursing from Davis and Elkins College, in Elkins. Before receiving her college degree she received training as a nurses’ aide from Fred Eberle technical school, in Buckhannon. Her parents are Randy Chidester and Delories Karickhoff, both of Buckhannon. She and her husband, Michael, have three children – Kaiden, 14, Kayson, 12, and Kynzie, 6. The couple own Triple K Kustoms, in Buckhannon.

Amanda had several nominators for her honor. One wrote, “Amanda is always offering and willing to help anyone. She is kind and compassionate to her patients. Her smile and funny personality always make my day better. She is a joy to work with.”

Another nominator wrote, “You can be having the busiest day ever and Amanda ‘always’ has a positive attitude and a smile on her face. It is a pleasure to work with her.”

Amanda’s supervisor related, “Amanda is charge nurse of the department and runs the department efficiently and has the respect of all the physicians. She will take a patient assignment if needed, along with her charge nurse duties. She receives nothing but compliments from patients, co-workers, and physicians.”

The honoree was equally complimentary of SJMH and noted that she truly enjoys everyone with whom she works.

“This is a real family atmosphere. We come together and work well with each other. I couldn’t ask for more,” she said.

With three children, Amanda and her husband spend a lot of time with their children’s extracurricular activities and sporting events. She loves to spend time with her family and especially loves camping in the summer. In the little time left, she helps her husband with his shop.

Healthy Heart Fair

Wednesday, February 13
8 a.m. to 11 a.m.

The public is invited to come to the SJMH Lobby for healthy heart screenings including: blood pressure, weight, body mass index, bone density, pulse oximetry, blood glucose and other great information.

Call Julia or Kristi at 304-269-8167 or 304-269-8099 for information.

Route 33, Weston
Mr. and Mrs. (Kayla) Johnathon Boyce, of Weston, are the proud parents of the Stonewall Jackson Memorial Hospital New Year’s Baby born at 11:20 p.m. on January 1, 2019. The little girl – Bailie Ra-nee - weighed six pounds, ten ounces and measured nineteen inches long. She was delivered by Dr. Robert Harris, of Mountaineer Healthcare for Women. She has an older brother, three-year-old Connor.

Kayla Boyce noted, “We are so excited by this honor and want to thank the Hospital for the gifts and wonderful service here.”

The family was provided diapers and other necessities by Stonewall Jackson Memorial Hospital. The Theresa Snaith Hospital Auxiliary provided a stuff toy and other baby clothing for the newborn. Caplan’s Jewelry Store in Weston provided a baby gift, also.

The baby’s maternal grandparents are Neil and Crystal Golden of Weston, and Tammy Hicks of Jane Lew. Kayla has one sister, Shelby Golden, of Jane Lew.

Johnathon’s parents are Colleen Boyce and the late Jerry Boyce, of Shinnston. Johnathon has one brother, William Boyce, of Fairmont. Paternal great-grandparents are Bill and Martha Poling of Logan, Ohio.

The SJMH New Year’s Baby is Bailie Ranee Boyce born on New Year’s Day. She is pictured parents Johnathon and Kayla Boyce.

EFFECTIVE 1/1/19 CWV TEL CREDIT UNION is changing their name to HOME FEDERAL CREDIT UNION.

Everything is remaining the same – your Account and Routing numbers, any loans you may have with them, you do not have to re-order checks, the name will change when you place your re-order.

The only thing changing is the NAME and the email extension of any contact you might email with. Instead of @cwvtelfcu.org it will be @homefcu.org

If you have questions, please call (800) 344-6636 or (304) 623-6800

340B Prescription Drugs will be totally running at all Home Host Pharmacies effective “1/1/2019”

Eligible Home Host Pharmacies: Kroger-Buckhannon, and Emily Drive (East Point Shopping Center) / Wal-Mart-Weston and Buckhannon/ CVS-only in Weston, Fast & Friendly Pharmacy-only in Weston, Rite Aid/Walgreens Pharmacies – in Weston, Buckhannon, Glenville and Sutton.
Benefit for Charlene Wiant
Thurs., Jan. 31
HOT DOG SALE
11 a.m. to 1 p.m.
on ground floor
$4
2 Hot Dogs, Drink, Chips
Bake Sale beginning at 7 a.m.
For more information or to contribute call 269-8167 or 269-8139
Stonewall Jackson Memorial Hospital
SJMH Upcoming Events

Marketing is putting together an annual calendar of events. If you have something you would like included for the Hospital, please contact Marketing. The following is a tentative list.

January 7 - Vein Screening, 3 to 5 p.m.
January 12 - Winter Fun Run, 10 a.m. at SJMH.
February 1 - Wear Red Day for Women’s Heart Health
February 2 - 2nd Groundhog Day Walk Run at SJMH, 10 a.m.
February 11-15 - Stonewall Home Oxygen’s Sweetheart Uniform Sale
(Purchases over $100 receive chance on Littmann Select Stethoscope Raffle)
February 13 - Healthy Heart Fair - 8 - 11 a.m. front lobby
February 14 - Auxiliary’s Floating Punchbowl (staff is treated to punch and cookies) - 2 p.m.
March 14-15 - Stonewall Home Oxygen’s Spring Uniform Sale
March 16 - Rotary Blood Screening 7 - 10 a.m.
March ? - Irish Spring Run
March ? - Skating Party
March 23 - Rotary Blood Screening 7 - 10 a.m.
March 29 - Doctor’s Day Breakfast 7 - 8:30 a.m.
March 30 - Awards Dinner at Resort, 6 p.m.
April ? - Auxiliary Spring Dinner, 6 p.m.
April 20 - Easter Egg Hunt
April 13 and 20 - Park Cleanups, 9 a.m.
April 24 – CORE Flagraising 11 a.m.
April 27 - Annual 5K Walk Run, 10 a.m. in Weston
May 6-10 - Hospital Week/Nurses’ Week
May 6-10 - Stonewall Home Oxygen’s Hospital Week/Nurse’s Week Uniform Sale
June 7-8 - Try This Conference in Buckhannon
June 8 - Relay for Life
July 1-5 - Stonewall Home Oxygen’s July 4th Uniform Sale
July 4 - Celebration at Field with health fair
July 25 - Hospital Picnic at the Park
July ? - Rush Run Fireworks Walk Run
August 6 - National Night Out, 5 p.m. at Park
August ? - Back to School Health Fairs for Teachers
September - Prostate Screening in Urology
September 12-13 - Stonewall Home Oxygen’s Fall Uniform Sale
September 21 - Community Baby Shower 11 a.m. - 1 p.m. Broad Street Church
October 9 (Tentative) - Breast Cancer Dinner at Broad Street Church
October 12 - 4-H Run at Jackson’s Mill
October 12 – Rotary Blood Screening 7 a.m. - 10 a.m.
October 17 - Auxiliary/Caplan’s Jewelry Sale, 7 a.m.-6 p.m.
October 26 - Safety Fair – 11 a.m. - 1 p.m.
October 27 (Tentative) - Pumpkin Drop/Pet Contest
October 28-Nov.1 - Stonewall Home Oxygen’s Spooktacular Uniform Sale
November 25-29 - Stonewall Home Oxygen’s Black Friday Uniform Sale
November 28 - Gobble Gallop, 9 a.m. at Weston Fire Dept.
November 29 - Christmas Parade/After Parade Party, 6 p.m. in Weston
December 6 (tentative) - Children’s Christmas Party, 6 p.m. at LC Senior Center
December 13 - Deadline for Salvation Army Angel gifts to be returned
December 13 (Tentative) - Employee Christmas Buffet, each shift is served
December 14 - Cocoa and Cookies Walk Run at SJMH, 10 a.m. at SJMH
December 25 - Christmas
Snowball 5K Walk/Run
January 12, 2019 @ 10 a.m.
Back parking lot and campus at SJMH
Return to Julia Spelsberg, SJMH, 230 Hospital Plaza, Weston, WV 26452

Cost is $10 Per Person. Please make checks to Stonewall Jackson Memorial Hospital

Complete this form and sign the waiver.
(PLEASE PRINT)  □ 5K Run  □ 5K Walk
Date of Birth (mm/dd/yy) ___________________________ Age ______
Gender □ M  □ F
Last Name_______________________ First Name ___________________________
Address______________________________________________
City ______________________________ State __________ Zip _________________
Phone ___________________ Email ________________________________________

WAIVER: I know that running or walking a road race is a potentially hazardous event, and I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Stonewall Jackson Memorial Hospital, and all sponsors their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, email, records or any other record of this event for any legitimate purpose including marketing. Race will be held regardless of weather conditions. Registration is final, no refunds.

Signature Required
Signature of entrant (Guardian if under 18) and date

___________________________________________________/______________
Learn to control your *DIABETES*

Are you a person with Medicare who has diabetes or know someone who does? **Sign up today for a FREE 6-week class** in your area.

**Class Location:**
Weston Arbors, 401 John St., Weston (Community Room)

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Register by Contacting:
Susie at 304-346-9864 ext. 3221

This material was prepared by Quality Insights, the Medicare Quality Innovation Network-Quality Improvement Organization for West Virginia, Pennsylvania, Delaware, New Jersey and Louisiana under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. Publication number QI-B2-020817.