Suzi Talbott Retiring from ED

It is always hard to say good bye. That is especially true when a well-respected employee decides to retire after many years of devotion to a job. That is the case with the retirement of nurse Suzi Talbott at Stonewall Jackson Memorial Hospital’s Emergency Department. She will be missed by patients and staff.

“I love this little hospital. I am going to miss everyone when I leave,” commented Talbott who is retiring at the end of January. “The friends I have made here will last me a lifetime...this Hospital is a very special place.”

The Hospital staff will miss Suzi, too, as demonstrated by the wonderful gift presented at her department retirement party on January 12. She and her granddaughter Megan will enjoy an eleven-day paid trip to Hawaii. The gift includes air travel, hotel accommodations, and dozens of gift cards for the retiring nurse. It was paid for by her grateful co-workers including doctors, nurses, aides, and others.

The party was a surprise and Suzi was delighted that attendees included friends who no longer work at SJMH. The party was a luau-themed event in honor of the Hawaiian trip.

“It melted my heart to see all of those old friends take the time to come and enjoy this important milestone with me,” a teary-eyed Suzi said. “I heard that they planned it for six weeks.”

Staff members are equally complimentary of Suzi. Dr. Michael Gregory explained that Suzi and her work ethic could be described in several positive words.

“When I think of Suzi, I think of legendary, kindness, wisdom, and empathy,” explained Dr. Gregory.

At her second hospital-wide party on January 19, Suzi was honored at a reception with the entire SJMH staff. There were several stories about her work here.

Chief Nursing Officer Carole Norton reminisced that every time there was a disaster, Suzi was working and Carole was the supervisor. This included bus wrecks, car wrecks and a terrible storm one summer. The Hospital was without power for 66 hours.

“We had so many people coming here after that storm because of their need for their oxygen but we took care of them,” said Carole. “I would also like to add that even though Suzi has been here only ten years, the respect for her is phenomenal.”

Suzi is a Buckhannon resident. After graduating from high school in 1966, she went to the LPN school at Davis Memorial Hospital in Elkins. She received her nursing degree from Davis and Elkins College. She was employed by Saint Joseph’s Hospital in Buckhannon as an aide, LPN, and a nurse in Med/Surg, CCU, OB, OR and eventually the Emergency Department. She also nursed in

Continued on Next Page
A Reminder To Medicare Recipients

Medicare recipients are reminded that he/she will be receiving new Medicare cards, which will be mailed between April 2018 and April 2019.

One of the major changes to the cards is the removal of the recipient's Social Security number. This is an effort to keep one's information secure and to protect a person's identity.

The new Medicare card will be unique to the recipient and will only be used for Medicare coverage. The new card will not change one's coverage or benefits. There will be more information for the recipient when the new card is received.

Recipients can prepare for the transition by making sure that one's mailing address is correct. If the address needs to be corrected, contact Social Security at ss.gov/myaccount or 1-800-772-1213. TTY users can call 1-800-325-0778.

Beware of anyone who contacts a person about the new Medicare card. The government will never ask for personal information or to get the new Medicare Number and card.

Understand that mailing everyone a new card will take some time. A card might arrive at a different time than one’s friend’s or neighbor’s.
the private practices of Dr. Huffman and Dr. Chamberlain.

However, nothing was as fulfilling to her as the work in the Emergency Room.

She came to SJMH ten years ago after being heavily recruited by former SJMH Chief Nursing Officer Mary Ellen Bragg.

“Mary Ellen was after me for a while to come here but I needed a shift during the day time because of my granddaughter. Eventually that happened. You know the rewards are so much greater than the sacrifice we do in healthcare. Personally, my family suffered in a way because my job always came first.”

Suzi has two daughters, Melanie Talbott, 48, and Betsy Talbott, 46, and her granddaughter, Megan.

One of Suzi’s greatest joys is that she was able to raise Megan who is now a West Virginia Wesleyan student in elementary education. She was touched by the realization that the SJMH staff made sure that the trip was planned during Megan’s spring break so that she would be able to accompany her grandmother.

“I feel that this is the sweetest little hospital in the world. It is surely a family hospital and you find out that bigger is not always better,” laughed Suzi.

In thinking about her healthcare profession Suzi said that she never thought about a career in anything but healthcare. She explained that nurses are a different breed of employees.

“We really want to be needed,” she commented.

Though Suzi is retiring from the hospital she is still staying active by accepting a position at the Upshur County Health Department.

“During my work here, there have been so many people that I am thankful to have met. I am thankful that God gave me the opportunity to work here. Many a time I would be driving home and crying about a patient who might not have made it. However, there is also the joy of the positive and good things that happen here. I remember that when I worked in obstetrics, I would cry every time a baby was born,” she related.

She concluded, “Retiring is one of the hardest things that I have done. But in retrospect I can say that this is the place I was supposed to be and there are patients I will never forget.”

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Employee Email Template

2018 Tax Updates

To: Employees of Stonewall Jackson Memorial Hospital  
From: Human Resources

Body: SJMH staff,

Due to the recently passed Tax Cuts and Jobs Act, we have begun using the new tax rates issued by the IRS. This will change your withholding and not pay on your next paycheck.

Below is an example of the impact of these changes. The example is for an individual claiming Married Filing Jointly with one allowance and an annual salary of $52,000. For simplicity, only the Federal Income Tax Withholding Calculation is shown without benefits and other taxes.

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<thead>
<tr>
<th></th>
<th>2017</th>
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<tbody>
<tr>
<td>Annual Wage</td>
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<tr>
<td>Annual Allowance</td>
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<tr>
<td>Wage Less Allowance</td>
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<td>Tax Braced @ 15%</td>
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<td>Social Withholding</td>
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<tr>
<td>Wages in Excess of Base</td>
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<td>$17,550.00</td>
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<tr>
<td>Additional Over Base</td>
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<td>$2,070.00</td>
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<td>(15% for 2017, 12% for 2018)</td>
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<tr>
<td>Basic Withholding Plus Excess</td>
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<tr>
<td>Weekly Withholding (Divided by 52)</td>
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<tr>
<td>Weekly Withholding Tax Savings</td>
<td>$118.99</td>
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</table>

Please [click here](#) for additional information from the IRS on the Tax Cuts and Jobs Act.

www.paylocity.com | Copyright © 2017 Paylocity. All Rights Reserved.
The Stonewall Jackson Memorial Hospital Laboratory is now offering influenza testing for $40. The test has been tested successfully against 59 strains of influenza A and B, including multiple strains of H3N2, the predominant strain this flu season.

To receive the test, a patient must register at the hospital. They will go to the lab and a technician will swab the nasal area. Results are available in approximately 15-30 minutes. If the patient provides his/her email address and signs up for the Patient Portal they can receive the results electronically.

Lab Director Angela Cedeno notes, “This test is a great offering because the patient does not have to wait for a doctor’s appointment. They will not have to sit in a crowded doctor’s office among other patients who might be carrying the flu. Our goal is to get the results to the patient faster. It is a win-win situation for the patient.”

Patients are reminded that if they think they may have the flu, there are masks available at the Hospital entrances. To prevent the spread of the influenza, please use a mask and good hand washing processes.
Stonewall Jackson Memorial Hospital (SJMH) announced it has earned The Joint Commission’s Gold Seal of Approval® for Hospital Accreditation by demonstrating continuous compliance with its performance standards. The Gold Seal of Approval® is a symbol of quality that reflects an organization’s commitment to providing safe and effective patient care.

SJMH underwent a rigorous, unannounced onsite survey in the fall 2017. During the review, a team of Joint Commission expert surveyors evaluated compliance with hospital standards related to several areas, including emergency management, environment of care, infection prevention and control, leadership, and medication management. Surveyors also conducted onsite observations and interviews.

The Joint Commission has accredited hospitals for more than 60 years. More than 4,000 general, children’s, long-term acute, psychiatric, rehabilitation and specialty hospitals currently maintain accreditation from The Joint Commission, awarded for a three-year period. In addition, approximately 360 critical access hospitals maintain accreditation through a separate program.

“Joint Commission accreditation provides hospitals with the processes needed to improve in a variety of areas from the enhancement of staff education to the improvement of daily business operations,” said Mark G. Pelletier, RN, MS, chief operating officer, Division of Accreditation and Certification Operations, The Joint Commission. “In addition, our accreditation helps hospitals enhance their risk management and risk reduction strategies. We commend Stonewall Jackson Memorial Hospital for its efforts to become a quality improvement organization.”

“Our Hospital is pleased to receive accreditation from The Joint Commission, the premier healthcare quality improvement and accrediting body in the nation,” added Chief Quality Officer Jennifer Barnes. “Staff from across the organization continue to work together to develop and implement approaches that have the potential to improve care for the patients in our community.”

The Joint Commission’s hospital standards are developed in consultation with health care experts and providers, measurement experts and patients. The standards are informed by scientific literature and expert consensus to help hospitals measure, assess and improve performance.

The Joint Commission
Founded in 1951, The Joint Commission seeks to continuously improve health care for the public, in collaboration with other stakeholders, by evaluating health care organizations and inspiring them to excel in providing safe and effective care of the highest quality and value. The Joint Commission accredits and certifies more than 21,000 health care organizations and programs in the United States. An independent, nonprofit organization, The Joint Commission is the nation’s oldest and largest standards-setting and accrediting body in health care. Learn more about The Joint Commission at www.jointcommission.org.
THE NEW “WRAP” SUMMARY PLAN DESCRIPTION

In the past, SJMH has had Summary Plan Descriptions for each of its Benefits, (i.e. Pension, 403B, Medical, Dental, Vision, etc.) Now we have “wrapped” them all into one SPD – Summary Plan Description. This resulted in a much larger document, but it is now a one-stop complete document.

This new document will be emailed to each of you via your SJMH email address. Please contact HR X8060 if you need a paper version of this SPD. The document will be available two more places. I will be available under the Benefit section of your Paylocity Portal.

You may also find the SPD document in the Enterprise Web Benefits site

Under the Library Tab as shown below
Sweetheart Sale

40% Off
February 12-16

Stethoscopes, Donna Sharp Handbags, Klogs, Grey’s Anatomy, and Dansko Shoes,
Wide variety of Uniforms, Therapeutic Socks in Assorted Colors

Mon Health
Stonewall Home Oxygen Therapy

Open 8 a.m. to 5 p.m. Monday through Friday
Market Place Mall, Interstate 79 and Route 33
Weston, WV 26452
304-269-0100 P
www.stonewallhospital.com

Bring in this Coupon and Receive

$10 Off
your purchase of $40 or more
during our Sweetheart Sale.
Members of the Stonewall Jackson Memorial Hospital’s (SJMH) Social Recreation and Wellness Committee are having a Ground Hog Day 5K on Saturday, February 3, at 10 a.m. at the SJMH track in the Hospital back parking lot. There will be no cost to the fun event...just an opportunity to start the walk/run season a little early.

The 11th annual Weston 5K Walk Run will be held on Saturday, April 14 in downtown Weston.

The group is delighted to learn that French Creek Freddie will be making an appearance to greet children and adults. He will be available for pictures that day.

This event is based on the Ground Hog Day movie in that participants will go round and round and round and round. It will take 16 turns around the track to complete a 5K. Both walkers and runners are invited to participate in this fun day event. There will be a one-of-a-kind trophy for the winner in both the adult and children’s category. There will not be a chip system or t-shirts for participants. Paper numbers will identify the participants for the race.

The Hospital’s effort to encourage healthy eating and physical fitness is based on the Hospital’s Community Assessment. After two completed assessments, local residents voted obesity as one of the top two issues facing the community. The Hospital has collaborated with the City of Weston, Try This Conference, and other volunteer groups to create several playgrounds throughout the City.

Thanks to a grant from Try This, the Hospital and City planted an Urban Orchard in May 2017 with help from the Samantha Roger’s science classes at Lewis County High School.
Pharmacy’s Mindy Robinson was feted with a surprise baby shower in the SJMH Boardroom, recently, by her co-workers. Mindy is looking forward to the birth of her twins in March. She pointed out that she is a twin having twins, and her twin sister also had twins!

The Human Resources Department announces the addition of Nurse Educator Amanda Landis to the department. Her normal hours are Monday through Friday 8 to 4.

Inside the Glass Museum 230 Main Ave, Weston, WV

West Virginia Museum of American Glass

Chocolate Lovers Feast

Enticing all chocolate lovers

Saturday, February 10, 2018
1:00 pm – 3:00 pm

❖ All kinds of chocolate! All you can eat! Live music!
❖ Takeout is available for an additional cost, starting at 3:00 pm

❖ $10.00/ person
❖ $5.00 when arranged in advance to donate homemade chocolates

❖ ADVANCE TICKETS AVAILABLE at the Glass Museum
304-269-5006
For more information contact
Fay Bell or Sheila Sayre
304-269-4761

See Diane Ocheltree
304-269-8094 or Derek Garrett
997-8642
for your ticket to the annual United Way Elimination Dinner

Sponsored by United Way of Gilmer, Lewis & Upshur

$1,000 Drawing

Friday, March 2, 2018 • Stonewall Resort, Roanoke, WV
Social 6:30 p.m. • Dinner 7:00 p.m. • Drawing 8:00 p.m.

$35.00
Per Person

❖ Ticket holder entitled to one admission, one dinner & one chance to win the Grand Prize.
❖ Must be present to win.

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Stonewall Jackson Home Care Receives Accreditation

Stonewall Jackson Home Care announced it has earned The Joint Commission’s Gold Seal of Approval® for Home Care Accreditation by demonstrating continuous compliance with its performance standards. The Gold Seal of Approval® is a symbol of quality that reflects an organization’s commitment to providing safe and effective care.

SJ Home Care underwent a rigorous onsite survey in fall 2017. During the survey, compliance with home care standards reflecting key organization areas was evaluated, including the provision of care, treatment and services, emergency management, human resources, individual rights and responsibilities, and leadership. The accreditation process also provided Stonewall Jackson Home Care with education and guidance to help staff continue to improve its home care program’s performance.

Established in 1988, The Joint Commission’s Home Care Accreditation Program supports the efforts of its accredited organizations to help deliver safe, high quality care and services. More than 6,000 home care programs currently maintain accreditation, awarded for a three-year period, from The Joint Commission.

“When individuals engage a home care provider they want to be sure that the provider is capable of providing safe, quality care,” said Margherita Labson, RN, MS, executive director, Home Care Accreditation Program, The Joint Commission. “As the home care setting becomes increasingly popular, it is important that home care providers are able to demonstrate that they are capable of providing safe, high quality care. Accreditation by The Joint Commission serves as an indication that the organization has demonstrated compliance to these recognized standards of safe and quality care.”

“Our Home Care agency is pleased to receive accreditation from The Joint Commission, the premier health care quality improvement and accrediting body in the nation,” added Home Care Director Jane Eisenbeis. “Staff from across our organization continue to work together to strengthen the continuum of care and to deliver and maintain optimal home care services for those in our community.”

The Joint Commission’s home care standards are developed in consultation with health care experts, home care providers and researchers, as well as industry experts, purchasers and consumers. The standards are informed by scientific literature and expert consensus to help organizations measure, assess and improve performance.

The Joint Commission
Founded in 1951, The Joint Commission seeks to continuously improve health care for the public, in collaboration with other stakeholders, by evaluating health care organizations and inspiring them to excel in providing safe and effective care of the highest quality and value. The Joint Commission accredits and certifies more than 21,000 health care organizations and programs in the United States. An independent, nonprofit organization, The Joint Commission is the nation’s oldest and largest standards-setting and accrediting body in health care. Learn more about The Joint Commission at www.jointcommission.org.

Make A Life-Saving Statement
By Wearing Red on February 2

National Wear Red Day For Women is a massive national public awareness day the first Friday each February, urging women, people from all walks of life, businesses, towns, schools, the media, buildings and landmarks to “go red” and “glow red” to bring attention to the leading killers of women – heart disease and stroke. On February 2, help us turn SJMH RED and SAVE WOMEN’S LIVES from heart disease and stroke by wearing something red … a red dress, tie, jacket, scarf, hat, blouse or shirt. Go Red For Women and show your commitment to reducing risk, improving health, and saving women’s lives.

Meet outside on the ground floor, next to the kitchen for a photograph taken from above.
Entrants for Prom King and Queen

The Awards Dinner will be on Saturday, March 17 and the theme for the party is “Prom.” Some people are choosing to dress in prom wear but that is not necessary to come and have a great time.

You can also reserve tables with a minimum of ten people at each table.

As well as the drawings for prizes, we have added a new contest this year. We will be having a Prom Queen and King. We ask that each department send to Marketing two contestants.

Originally we were going to have a vote for the honor, but we have decided to draw the names at the dinner. So far, here are the entrants for the event.

Cardiac/Pulmonary – Cassandra Johnston and George Butcher
Oncology – Kathy Daley
Human Resources – Jason Anderson and Lisa Barrett
SHOT - Sandy Smith and Ed Perrine
Respiratory - Greg Hefner and Bobbie Bennett

11th Annual Weston 5K Walk/Run
Saturday, April 14, 2018, at 10 a.m.
Wee Run at 11 a.m.

corner of East 2nd and Center Avenue in Weston, WV

Top Three Male and Top Three Female Finishers $150 - First; $75 - Second; $25 - Third

Nine age groups - under 11; 11-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+

Pre-registration $15 Race day $20
Only $3 Pre-registration Fee for Lewis County K-12 Students.
First 200 receive shirt.
Registration includes champion chip and post race activities
Forms at www.stonewallhospital.com or cityofwestonwv.com
For more info call 304-269-8167

Coordinated by The City of Weston; Saint Patrick School; and Stonewall Jackson Memorial Hospital

Mon Health
Stonewall Jackson Memorial Hospital

Free and Open to Everyone, Every Wednesday at 5 p.m.
Beyond Addiction: Help for Parents and Partners
Please contact Leesa Jackson or Kristin White at 304-969-3100
A weekly support group for parents and partners.