Stonewall Jackson Memorial Hospital (SJM), in Weston, welcomes obstetrician/gynecologist Robert Harris, M.D., FACOG, to the medical staff. Dr. Harris is seeing patients at Mountaineer Healthcare for Women’s office at 66 Hospital Plaza, Physician Building Number Two on the SJMH campus.

Dr. Harris noted he is pleased to be offering services at SJMH.

“The people who I have met here are just the nicest people,” said Dr. Harris. “West Virginia is truly a beautiful place and the people are delightful. The Hospital’s affiliation with Mon Health is a very positive step for good healthcare for local residents. A new facility along the Interstate will add to the already great healthcare people receive here, with a state-of-art hospital. That is great news for all of us.”

He attained his undergraduate degree at Quinnipiac College in Connecticut before receiving his medical degree at St. Georges University in the West Indies. He completed his residency at Staten Island University Hospital, New York. He is board certified by the American Board of Obstetrics and Gynecology and is a Fellow with the American Congress of Obstetricians and Gynecologists.

Dr. Harris had thoughtful reasoning for going into women’s health. He explained, “I chose women’s health because I enjoy the opportunity for providing both short and long-term care. For example an emergency room department cannot cultivate a long-term relation with the patient. This field also provide me with the ability to do both surgical and medical care. But perhaps one of the most important aspects of my practice is the opportunity to be a part of childbirth. It is an unique and exceptional experience to be a part of bringing a baby into the world. It is so moving unlike any other medical field. At Mountaineer Healthcare he will offer annual well woman exams, prenatal care, labor and delivery, menstrual disorders, family planning, ultrasounds, gynecologic surgery and menopause management.

Dr. Harris’ parents Harold and Nancy Harris live on Long Island, New York. He has three sons – Robert, II, 12; Grant, 10; and Logan, 7. Currently, he is residing in Shadybrook.
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**Relay For Life Is June 9 at RLBMS Field; SJMH Looking for Members**

The American Cancer Society Relay For Life is a life-changing event that gives everyone in communities across the globe a chance to Celebrate the lives of people who have battled cancer, Remember loved ones lost, and Fight Back against the disease.

Each year, more than 4 million people in over 20 countries take part in this global phenomenon and raise much-needed funds and awareness to save lives from cancer. This is the 20th Relay for Life of Lewis County. The first event was held here in 1999 and Lewis County volunteers have raised hundreds of thousands of dollars for the American Cancer Society. Rosa Thayer and Diane Ocheltree will head the SJMH Warriors Relay Team this year.

Rosa’s goal is to have as many SJMH employees as possible to sign up for the team. IF you are interested go to this address to sign up - http://main.acsevents.org/site/TR/RelayForLife/RFL-CY18NCR?team_id=2255243&pg=team&fr_id=88555. Team members do not need to pay to register this year, though they are encouraged to raise money for the effort. This could easily be done by using payroll deduction.

Human Resources Director Rhonda Mitchell pointed out that if each SJMH employee donated a dollar a pay, we would raise over $12,000 in a year for the American Cancer Society.

This year, SJMH cancer survivors are offering to head up “mini-teams” to encourage participation. So far, Diane Ocheltree, Mark Casto, and Denny Marple will be recruiting for the cause. The team with the most recruits wins a pizza party.

**Why We Fundraise**

Every year, the Relay For Life movement raises more than $400 million. The American Cancer Society puts these donations to work, investing in groundbreaking research in every type of cancer and providing free information and services to cancer patients and their caregivers. We’re fighting for every birthday threatened by every cancer, in your community and everyone else’s.

**Survivors and Caregivers**

The Relay For Life movement offers the unique opportunity for cancer survivors and caregivers to be recognized and supported. Each event hosts special events and activities, many throughout the year, so survivors and their caregivers can connect and know there is a strong support system available to them. Stonewall Resort provides a lovely Survivors Dinner annually. This year it will be May 5 and about 70 people are expected to attend.

**Fundraising**

Through their fundraising involvement, Relay For Life participants ensure the lifesaving mission of the American Cancer Society is supported. Volunteers can find fundraising ideas, incentive program details, and encouragement through a number of channels including here on RelayForLife.org and on Relay Nation, an online community developed just for Relay For Life participants.
Women’s Health Specialist Dr. Robert Harris Joins Stonewall Jackson Memorial Hospital

Stonewall Jackson Memorial Hospital is pleased to welcome Obstetrician/Gynecologist Robert R. Harris, MD, to Weston! With more than 12 years of experience, Dr. Harris is taking new patients. His office accepts multiple insurance plans.

Dr. Harris earned his medical degree from St. George’s University, and he completed residency training at Eastman Memorial Hospital. He is certified by the American Board of Obstetrics and Gynecology and is a fellow of the American Congress of Obstetricians and Gynecologists.

Obstetric and Gynecologic Services

- Annual well woman exam
- Prenatal care
- Labor and delivery
- Menopausal disorders
- Family planning
- Ultrasound
- Gynecologic surgery
- Menopause management

Robert Harris, MD, FACOG

To make an appointment, please call:
304-269-3108
66 Hospital Place | Weston, WV 26442
TO: West Virginia Healthcare Providers, Hospitals and other Healthcare Facilities

FROM: Rahul Gupta, MD, MPH, MBA, FACP, Commissioner and State Health Officer WVDHHR, Bureau for Public Health

DATE: January 19, 2018

LOCAL HEALTH DEPARTMENTS: PLEASE DISTRIBUTE TO COMMUNITY HEALTH PROVIDERS, HOSPITAL-BASED PHYSICIANS, INFECTION CONTROL PREVENTIONISTS, LABORATORY DIRECTORS, AND OTHER APPLICABLE PARTNERS

OTHER RECIPIENTS: PLEASE DISTRIBUTE TO ASSOCIATION MEMBERS, STAFF, ETC.

Influenza activity has increased significantly in the United States in recent weeks. West Virginia is characterized as having widespread activity. This influenza season is notable for the sheer volume of ill cases that has caused stress to health systems. The Centers for Disease Control and Prevention (CDC) released a Health Advisory (https://emergency.cdc.gov/han/han00409.asp) that warned of a high-severity influenza A (H3N2) season and resulting clinical implications. As of January 6, 2018, 20 pediatric influenza deaths were reported nationally, none in West Virginia.

Past influenza A (H3N2) virus-predominant seasons have been associated with severe illness in persons aged 65 years and older and young children. An increased percentage of outpatient visits for influenza-like illness (ILI), higher rates of hospitalization, more reported deaths due to pneumonia and influenza, and more outbreaks in healthcare settings and schools were observed during the 2012 - 2013 season in West Virginia, during which A (H3N2) was the predominant strain. For the current season, 64 outbreaks were confirmed during December 2017 to January 15, 2018. The percentage of individuals seeking care for an ILI is elevated for the fourth straight week, and at rates higher than West Virginia has seen in the past five (5) influenza seasons.

Healthcare providers are being advised of the following key points:

- Vaccination remains the single most effective way to protect individuals from becoming sick throughout the influenza season and reduce risks of influenza-related complications. Vaccination also provides herd immunity, protecting those not vaccinated from becoming ill.

- Antiviral drugs are the second line of defense used to treat influenza illness. Most currently circulating influenza viruses are susceptible to the neuraminidase inhibitor medications such as oseltamivir, zanamivir, and peramivir. CDC recommends administration of these antivirals (within 48 hours, if possible) in all hospitalized, severely ill, and high-risk patients with suspected or confirmed influenza.

For more information on influenza, including surveillance data and diagnosis and treatment information, visit the Office of Epidemiology and Prevention Services, Division of Infectious Disease Epidemiology’s (DIDE) website at http://dhhr.wv.gov/oeps/disease/flu/Pages/default.aspx. You may also contact your local health department or DIDE at 1-800-423-1271, ext.1 or (304) 558-5358, ext. 1.
You’re getting a new Medicare card!

Cards will be mailed between April 2018 – April 2019

You asked, and we listened. You’re getting a new Medicare card! Between April 2018 and April 2019, we’ll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity.

You’ll get a new Medicare Number that’s unique to you, and it will only be used for your Medicare coverage. The new card won’t change your coverage or benefits. You’ll get more information from Medicare when your new card is mailed.

Here’s how you can get ready:

- Make sure your mailing address is up to date. If your address needs to be corrected, contact Social Security at ssa.gov/myaccount or 1-800-772-1213. TTY users can call 1-800-325-0778.
- Beware of anyone who contacts you about your new Medicare card. We’ll never ask you to give us personal or private information to get your new Medicare Number and card.
- Understand that mailing everyone a new card will take some time. Your card might arrive at a different time than your friend’s or neighbor’s.
THE NEW “WRAP” SUMMARY PLAN DESCRIPTION

In the past, SJMH has had Summary Plan Descriptions for each of its Benefits, (i.e. Pension, 403B, Medical, Dental, Vision, etc.) Now we have “wrapped” them all into one SPD – Summary Plan Description. This resulted in a much larger document, but it is now a one-stop complete document.

This new document will be emailed to each of you via your SJMH email address. Please contact HR X8060 if you need a paper version of this SPD. The document will be available two more places. It will be available under the Benefit section of your Paylocity Portal.

You may also find the SPD document in the Enterprise Web Benefits site

Under the Library Tab as shown below
Sweetheart Sale

40% Off
February 12-16

Stethoscopes, Donna Sharp Handbags, Klogs, Grey’s Anatomy, and Dansko Shoes, Wide variety of Uniforms, Therapeutic Socks in Assorted Colors

Open 8 a.m. to 5 p.m. Monday through Friday Market Place Mall, Interstate 79 and Route 33 Weston, WV 26452 304-269-0100 P www.stonewallhospital.com

Bring in this Coupon and Receive $10 Off your purchase of $40 or more during our Sweetheart Sale.
Come Join Me at the

Ground Hog Day 5K

10 a.m. on Saturday, February 3
at the Stonewall Jackson Memorial Hospital Track

Enjoy a fun walk/run race when you go round and round and round the track! No cost, no fee, just a healthy trip around the track. Winners take home a one-of-a-kind trophy!
Call 304-269-8167 for information.

SPECIAL APPEARANCE by
French Creek Freddie!

See Diane Ocheltree
304-269-8094 or
Derek Garrett
997-8642
for your ticket to the
annual United Way Elimination Dinner
You’re getting a new Medicare card!

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