THE NEW “WRAP” SUMMARY PLAN

DESCRIPTION From Human Resources

In the past, SJMH has had Summary Plan Descriptions for each of its Benefits, (i.e. Pension, 403B, Medical, Dental, Vision, etc.) Now we have "wrapped" them all into one SPD – Summary Plan Description. This resulted in a much larger document, but it is now a one-stop complete document.

This new document will be emailed to each of you via your SJMH email address. Please contact HR X8060 if you need a paper version of this SPD. The document will be available two more places. I will be available under the Benefit section of your Paylocity Portal.

33rd Awards Dinner Planned for March 17

The thirty-third annual SJMH Awards Dinner will be held on Saturday, March 17 at Stonewall Resort at Roanoke. The theme for this year is “Saint Patrick’s Prom”. Employees are encouraged to dress in prom-themed attire. The Social/Recreation Committee is planning to have a balloon arch for a prom picture background. There will also be the naming of a Prom King and Queen. Departments will nominate an employee who will be entered into the contest. Attendees at the Dinner will then vote for their favorite King and Queen.

As well as honoring employees during the Awards Program, there will be a short presentation on the various honors, which SJMH has received during the year. Please inform the Marketing Department by March 1 of those honors. Nastausha Hefner will also be coordinating the power point presentations for employees receiving awards and requests department heads to have the information to her by March 1.

This year Jennifer Barnes will coordinate table reservations at the Dinner. Groups will need to be able to fill a table with ten people and should notify Jennifer by March 1 with their reservation.

For SJMH employees who are working that evening, there will be a meal provided in the cafeteria similar to the meal being served at the Resort. The Dietary Department is also kind enough to keep the cafeteria open until 6:30 p.m. for those employees coming in for the 7 p.m. shift.
Buy your United Way Tickets from either Diane Ocheltree - 269-8094 or Derek Garrett - 997-8646.

11th Annual Weston 5K Walk/Run
Saturday, April 14, 2018, at 10 a.m.

Corner of East 2nd and Center Avenue in Weston, WV

Top three Male and top three female finishers: $150 - First; $75 - Second; $25 - Third

Nine age groups: under 11; 11-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+

Pre-registration $15 Race day $20
Only $3 Pre-registration Fee for Lewis County K-12 Students.
First 200 receive shirt.
Registration includes champion chip and post race activities.
Forms at www.stonewallhospital.com or cityofwestonwv.com
For more info call 304-269-8167

Coordinated by The City of Weston;
St. Patrick School, and Stonewall Jackson Memorial Hospital

Mon Health™
Stonewall Jackson Memorial Hospital

304-269-8000 P
www.stonewallhospital.com
You Are Invited

To Honor This Month’s Employee

Karen Kefover

on

Friday,

January 19

Come to the SJMH Cafeteria at 2 p.m. to congratulate Karen and have cake and ice cream.
Join Us for An Retirement Reception

Friday, January 19 at noon
to honor **Suzi Talbott**

of the SJMH Emergency Department

Let’s thank Suzi for her wonderful service to SJMH

304-269-8000 P
www.stonewallhospital.com
Sweetheart Sale

40% Off
February 12-16

Stethoscopes, Donna Sharp Handbags, Klogs, Grey’s Anatomy, and Dansko Shoes, Wide variety of Uniforms, Therapeutic Socks in Assorted Colors

Open 8 a.m. to 5 p.m. Monday through Friday
Market Place Mall, Interstate 79 and Route 33
Weston, WV 26452
304-269-0100 P
www.stonewallhospital.com

Bring in this Coupon and Receive $10 Off your purchase of $40 or more during our Sweetheart Sale.
The Family Resource Network is taking donations for this very valuable program. You can donate for a month, a semester or an entire school year.

Backpack Buddies provides child-friendly, nutritious food to school children in need over weekends & holiday breaks.

The number of students needing weekend backpack food DOUBLED from 2015 to 2017. In school year 2016-17 more than 9,000 weekend packs of food were sent home with Lewis County students - an average of more than 250 per week!

Please consider sponsoring a child or donating funds to Backpack Buddies.

EVENY DOLLAR DONATED SUPPORTS LEWIS COUNTY CHILDREN

The Family Resource Network is taking donations for this very valuable program. You can donate for a month, a semester or an entire school year.

Help us serve every eligible child! This program is not possible without community support.

Questions? Contact Lewis County Family Resource Network: 304-269-4000 | hello@lewiscountyfm.org | www.lewiscountyfm.org
About the American Cancers Society’s Relay for Life

Relay For Life is the signature fundraiser for the American Cancer Society. Relay is staffed and coordinated by volunteers in more than 5,200 communities and 27 countries. Rosa Thayer and Diane Ocheltree are the co-chairs for SJMH’s Stonewall Warriors Team.

Join us at these events to bring communities together to remember loved ones lost, honor survivors of all cancers, and raise money to help the American Cancer Society make a global impact on cancer.

Relay is a team fundraising event where team members take turns walking around a track or designated path. Each event is 6-24 hours in length and each team is asked to have a member on the track at all times to signify that cancer never sleeps. Cancer patients don’t stop because they’re tired, and for one night, neither do we.

Each team sets up a themed campsite at the event and continues their fundraising efforts by collecting donations for food, goods, games, and activities. This money will count towards their overall team fundraising goal. You can payroll deduct at SJMH through our Human Resources Department and donate throughout the year.

Come Join Me at the
Ground Hog Day
5K

10 a.m. on Saturday, February 3
at the Stonewall Jackson Memorial Hospital Track

Enjoy a fun walk/run race when you go round and round and round the track! No cost, no fee, just a healthy trip around the track. Winners take home a one-of-a-kind trophy! Special gifts for children. Call 304-269-8167 for information.