Children’s Christmas Party Dec. 8

The annual Children’s Christmas Party will be held on Friday, December 8, from 6 to 8 p.m. at the Lewis County Senior Center on West Second Street in Weston. Chairwoman Rosa Thayer has been in charge of the annual activity for 15 years and is looking forward to the celebration.

“This year we will have a woodcraft project for the children to complete that evening at the party. It is always one of the highlights for the partygoers. PLUS each child, whether boy or girl, and up to the ages of twelve, will receive a nice little gift from the Social Recreation Committee that evening,” said Thayer.

The children will also be delighted to visit with Santa and Mrs. Claus so they can communicate their Christmas gift desires. Children will also get the opportunity to decorate Christmas cupcakes.

Another favorite will be the staff from Paint Misbehavin’ who will provide face painting and balloons for the children.

Here are pics from last year’s party.
Please Provide Some Help...We Have Four Salvation Army Angels Ready To Be Adopted.... We also have an entire open calendar for bell-ringing at Shop n Save on Dec. 9.

See Julia in Marketing!

FSA Open Enrollment is Coming!!
December 1 through December 15

If you currently have Flexible Spending Accounts (FSA-M or FSA-D on your check stub) and wish to continue this benefit in 2018 – YOU MUST COMPLETE THE OPEN ENROLLMENT TASK. This benefit is elected new each year. NOTE: Only $100 of your 2017 balance will roll-over into 2018.

Who May Participate?
All Full Time and Part Time employees and PRN employees working 20+ hours per week. For PRNs the key is that you receive a check each pay in order for the selected amount to be deducted.

How do I sign up?!?
Go to your Paylocity Portal. Top left hand corner, hover over “Web Pay” and three boxes will appear on menu. Click on “Enterprise Web Benefits”. See below. This will take you directly into benefit site where you will click “Begin Enrollment” and choose the amount you would like annually. Click “Complete Enrollment” and your deduction will begin on January 11, 2018.

I want to thank all of my wonderful family here at Stonewall Jackson Memorial Hospital.
THANK YOU FROM THE BOTTOM OF MY HEART!!!
I am so grateful for all of your thoughts and prayers, which without, I know my outcome would most likely have been a lot different.
You are my family and I love you all.
Again...THANK YOU!
Lydia Selmon

NOTICE
The SJMH Wellness Team is having a healthy Christmas cookie exchange. If interested in participating please contact Kristi Gannon at X8099 by 12-8-17.

NOTICE
If you are interested in leading a support group here at the hospital for healthy eating, depression/anxiety, bereavement, etc., please contact Kristi Gannon 269-8099.
Julia,

Please pass on that I want to express my great appreciation to Brenda Tonkin and her gang. I had some testing done last Monday and had taken the day off work thinking I could get them all in one day. Well, the doctors office hadn’t scheduled one due to approval with my insurance carrier. So, being the nice person that Brenda is she overheard me telling someone that I was going to have to take off more work time to get a CT scan done. She had her girls stay over and work me in afterhours yesterday to get the CT with contrast done so I wouldn’t have to miss any work. The tech, Chelsey, was very professional and kind even though I’m a big whiner/baby with needles in my veins.

I just wanted to pass on how very much I appreciated them going above and beyond and how nice everyone is in the x-ray department.

SJMH
Christmas Support Project
Food Donations Here!

If you wish to donate money or if you would like to donate the following food items please drop donations off to Nastausha Hefner (8149) or in the bin by console.

- Boxed stuffing
- Instant potatoes
- Canned vegetables or fruits
- Boxed dessert mixes
- Cranberry Sauce
- Jars or packets of gravy
- Canned evaporated milk

Deadline is Friday, December 8th

Without your generosity and support, none of this would be possible.
Please Help...
Halligan, the Weston Volunteer Fire Department’s mascot, is coordinating a fundraiser for the local animal shelters. You can donate your goods to the Weston Hardee’s. Please be generous this season when the poor animals are looking for a home!

Thanks...
Many Thanks to the people who helped with the Weston Christmas Parade...Jerry Robinson, Gracie Rome, Sadie Robinson, Brenda Tonkin, Traci McGill and children Hunter Painter, Avah Stalnaker, Kevin Stalnaker, Zach Stalnaker, Grace Stalnaker, Trish Anderson and Anita Carter

Thanks to the people who helped with the After Christmas Party including: Brenda Tonkin, Rosa Thayer, Avah Stalnaker, The Weston Fire Department, and Julia Spelsberg. Also thanks to all of the people who helped in the stuffing of the bags.

SJMH Christmas Buffet
Each shift will be served in the Cafeteria and can eat in the SJMH Board Conference Room. Lunch is 11 a.m. to 1:30 p.m.; dinner from 5 to 6 p.m.; and night shift will be served at midnight. To-go orders need to be given to Nastausha or Julia by Dec. 13.

Thurs., Dec. 14

Ugly Sweater Contest!
Wear your ugliest sweater; we will take a picture and put them up for voting by the SJMH staff. You must wear the sweater on December 14 to be eligible. Voting will last from December 14 to December 21. You will be able to email Nastausha at nhefner@stonewallhospital.net to vote or by calling 8149.

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You Are Invited

Children’s Christmas Party,
at the Lewis County Senior Center,Fri., Dec. 8, beginning at 6:00 p.m.
If you want a picture with Santa, you should be there at 6!

Free Vein Screening On Monday, January 8

Stonewall Jackson Memorial Hospital (SJMH) will again offer free vein screenings on Monday, January 8, at the Hospital. The screening provides clinicians with information about the vein health of the patient and whether further help is needed to alleviate any problems. Dr. Carol White will conduct the screening.

During the screening, patients will first view a short video and hear a presentation by the screening physician. Each patient is then taken to an exam room individually for an ultrasound of the legs. From that testing, it will be determined whether the patient should return for a full evaluation.

The screening will be from 3 p.m. to 5 p.m. that day at the Oncology/Vein/Infusion Center located on the first floor of the Hospital. Availability is limited so interested parties should call 304-517-1272 to reserve a spot.

More than 45 million Americans suffer from venous disease. Symptoms for the sufferer can include aching; fatigue; heaviness in the legs; pain that is throbbing, burning, stabbing; cramping, swelling, itching, restless legs, or numbness.

Anatomically, a patient’s arteries supply the blood to one’s extremities but the vein system returns the blood to the heart. The difficulty arises when the blood must work against gravity and flow upwards. The valves may not work properly. Other malfunctions may include reflux or other valve obstructions such as a blood clot.
Weston Fairs and Festivals Presents
the Small Business Passport
December 4 through
December 23, 2017

GET YOUR
PASSPORT
Stamped Here

Bennett’s Home and Auto
304-269-1522
126 Main Avenue • Weston, WV

Caplan’s Jewelry Store
304-269-2638
159 Main Avenue • Weston, WV

City of Weston
304-269-6141
102 West Second St. • Weston, WV

Deb’s Diner
304-269-0740
139 East Second Street • Weston, WV

Foster Feed
304-269-1333
202 Bland Street • Weston, WV

Friend 2 Friend Hearing Center
304-269-2435
37 Garton Plaza • Weston, WV

Giovanni’s Restaurant
304-269-4563
451 US Highway 33 • Weston, WV

Fast and Friendly Pharmacy
304-269-3277
4 Garton Plaza • Weston, WV

H & M Motors
304-269-5227
East Third Street • Weston, WV

Hickory House
304-269-7373
1137 US 19 • Jane Lew, WV

Lambert’s Winery
304-269-3973
190 Vineyard Drive • Weston, WV

Lewis County Liquor Store
10 Garton Plaza
304-269-7607

Lewis County Printing
304-269-6496
303 John Street • Weston, WV

New Image Hair Salon
304-269-4761
117 East 2nd Street • Weston, WV

Main Street Café
304-805-2055
5098 Main Street • Jane Lew, WV

Mountain Roots Market
304-269-9619
148 West Second Street • Weston, WV

Stonewall Home Oxygen Therapy
304-269-0100
Market Place Mall • Weston, WV

The Coffee Bar
530 Buckhannon Pike • Weston, WV

Thymé Bistro
304-269-7177
Main Avenue • Weston

Transformations Salon
304-269-4550
21 Garton Plaza • Weston, WV

Theresa Snith Hospital Gift Shop
304-269-8000
230 Hospital Plaza • Weston, WV

Wendy’s of Weston
304-269-4187
673 U.S. Highway 33 • Weston, WV

Southern States
304-269-4300
22 Oak Street • Weston, WV

SHOP SMALL
®

#SHOPSMALL
Just In
Time For
Christmas....

The Theresa Snaith Hospital Gift Shop is raffling a lighted primitive church for Christmas. Drawing will be December 22, 2017. Only one dollar per tickets or six for five dollars.

Stonewall Jackson Memorial Hospital