Health Departments and SJMH Undertaking Community Assessment

Stonewall Jackson Memorial Hospital, and the Gilmer County and the Lewis County Health Departments, are coordinating a Community Assessment for healthcare in this area. All three organizations have been mandated by government entities to assess the health needs of area residents.

Both the Lewis County and Gilmer County Health Departments are mandated by the West Virginia State Health Department to conduct a community assessment every three years. Stonewall Jackson Memorial Hospital is mandated because it is a non-profit hospital.

“The good thing about doing an assessment is that we will find out what are the health interests and needs of our residents,” noted SJMH Marketing Director Julia Spelsberg. “This is our third assessment and we are finding that some of the concerns over those years remain for our residents.”

The SJMH Marketing Department is responsible for the assessment and the first step is the online survey component. SJMH is using Survey Monkey for that part. So far the survey website - https://www.surveymonkey.com/s/XK92W3G - has been sent electronically to SJMH employees, other community leaders, and has been placed on Facebook. An interested participant needs to type in this web address into the web address bar to access the survey.

“As of August 20, we have had 126 people complete the online survey and we have another 50 surveys to enter manually into our results,” said Spelsberg. “Our goal is to finish the survey by the end of November. Then our next step will be to have a focus group. In that way, we will have plenty of supporting evidence from the survey for the focus group.”

The majority of the respondents are married and female. The major health problems for the area are Heart disease, cancer, drugs, and Continued on next page

Pictured above are SJMH CEO Avah Stalnaker awarding retiree Gae Skinner her retirement gift at a reception on Monday, July 30 in the SJMH Boardroom. Gae left the Medical Surgical department after decades of service. She and her husband Allen plan to enjoy the great outdoors.
Assessment

From front page

Obesity. Other topics of concern are poverty, unemployment and lack of affordable housing. Illegal drug activity seems to be the major concern under several topics in the survey.

If there is an interest in more paper surveys, please contact Spelsberg at 304-269-8167.

Again the website address for the Community Assessment Survey is https://www.surveymonkey.com/s/XK92W3G.

If you have ordered tickets for the WVU Football game on September 22, please have your check made out to SJMH Social/Recreation Committee.

Congratulations to the Stonewall Jackson Hospital (SJMH) Auxiliary Gift Shop Manager Vicki Allen (pictured above) who recently graduated from the SJMH Cardiac Rehab program. The program graduates approximately 40 patients a year.

Our Jeanette Woods is requesting our staff to help provide canine and feline goodies for the animals at the local animal shelter in Buckhannon. Bring food, leashes, collars, etc. The items can be gently used. Call Jeanette in surgery to donate.

In consideration of the furtherance of your purposes, objectives and work, and in consideration of your permitting me to participate in your ALIAYAH’S WALK FOR HOPE, on behalf of myself, my heirs, executors, administrators and assigns, I hear by waive and release any and all rights and claims for damages which I may have against you, the properties through which the ALIAYAH’S WALK FOR HOPE will take place, as well as any person(s) connected with the ALIAYAH’S WALK FOR HOPE, their heirs, executors, administrator, successors and assigns for any and all injuries which I may suffer while taking part in the ALIAYAH’S WALK FOR HOPE, or as a result thereof. I also allow the ALIAYAH’S WALK FOR HOPE and its affiliates the right to publish, print, display, record and use my name, image and likeness while at the ALIAYAH’S WALK FOR HOPE in any and all media now known or hereafter devised.

Walkers under the age of 13 must be accompanied by an adult.

Walkers under the age of 18 must have this application signed by a parent or guardian.

IMPORTANT: Walkers under the age of 18 must have this application signed by parent or guardian.
Tailgate Party
Friday, September 21, 2018
at SJMH - Ground Floor

All of your favorite tailgate foods.
Meals will be served 11 a.m. to 1 p.m., 4:30 to 5:30 p.m., and at 11 p.m.
Hamburgers • Hot Wings • and all the fixings
## Summary of Benefits

**Effective Date:** September 1, 2018

**Benefit Period:** January 1 through December 31 (Calendar Year)

Note: All services are subject to the Deductible unless otherwise specified. Co-Pays (Fees) do not apply to Deductibles or Co-Insurance limits unless otherwise specified.

<table>
<thead>
<tr>
<th>Deductible (Cross applies to PHO Network and All Other Providers)</th>
<th>SJMH Hospital and Tier-1 Employed Providers</th>
<th>SJNHT Tier-2 Privileged Providers</th>
<th>MON-Health System Tier-3 for services not available at SJMH (with HR approval)</th>
<th>TIER-4 All Other Providers (only with HR approved referral or exception)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual</td>
<td>$100a</td>
<td>$250a</td>
<td>$400a</td>
<td>$1,000a</td>
</tr>
<tr>
<td>Family (may be met collectively)</td>
<td>$200a</td>
<td>$500a</td>
<td>$600a</td>
<td>$2,000a</td>
</tr>
</tbody>
</table>

**Carry Over Deductible Period:** None

**Co-Insurance Limit:**

| Individual | Does Not Apply | Does Not Apply | $2,000a | $4,000a |
| Family (may be met collectively) | Does Not Apply | Does Not Apply | $4,000a | $6,000a |

**Total Maximum Out-Of-Pocket** (Includes Deductible, Co-Pays, ReCopays and Co-Insurance per Benefit Period; Network only)

| Individual | Unlimited |
| Family (may be met collectively) | Unlimited |

**Non-Network Liability:** Unlimited

**Lifetime Maximum Benefit for all Covered Services:** Unlimited

## Benefit Highlights

- **Medical Office Visit/Office Consultation:** (Includes Specialist/Non-Specialist Virtual Visits) Applies to Charges for Visits only. Does not apply to other Services received during Visit.
  - After deductible: $10 Primary, $20 Specialist, rest of cost of office visit subject to deductible
  - Coverage after Deductible is met: 100% of fee

- **Out-of-Pocket Expenses:** For Services approved by HR, but rendered by a Provider that does not participate in the Blue Cross Blue Shield Network, do not accumulate towards the total maximum out-of-pocket.
<table>
<thead>
<tr>
<th></th>
<th>FULL-TIME EMPLOYEES</th>
<th>NON-TOBACCO USERS</th>
<th>TOBACCO USERS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>¹EE Pays</td>
<td>²ER Pays</td>
</tr>
<tr>
<td>Employee Only</td>
<td></td>
<td>$57.00</td>
<td>$238.87</td>
</tr>
<tr>
<td>Employee &amp; Spouse</td>
<td></td>
<td>$150.00</td>
<td>$589.68</td>
</tr>
<tr>
<td>Employee &amp; Child(ren)</td>
<td></td>
<td>$150.00</td>
<td>$589.68</td>
</tr>
<tr>
<td>Employee &amp; Spouse &amp; Children</td>
<td></td>
<td>$150.00</td>
<td>$589.68</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>PART-TIME EMPLOYEES</th>
<th>NON-TOBACCO USERS</th>
<th>TOBACCO USERS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>¹EE Pays</td>
<td>²ER Pays</td>
</tr>
<tr>
<td>Employee Only</td>
<td></td>
<td>$220.00</td>
<td>$75.87</td>
</tr>
<tr>
<td>Employee &amp; Spouse</td>
<td></td>
<td>$530.00</td>
<td>$229.68</td>
</tr>
<tr>
<td>Employee &amp; Child(ren)</td>
<td></td>
<td>$530.00</td>
<td>$229.68</td>
</tr>
<tr>
<td>Employee &amp; Spouse &amp; Children</td>
<td></td>
<td>$530.00</td>
<td>$229.68</td>
</tr>
</tbody>
</table>
## WINNERS AT THE BENEFITS FAIR

<table>
<thead>
<tr>
<th>Vendor</th>
<th>Door Prize</th>
<th>Winner</th>
<th>Department</th>
</tr>
</thead>
<tbody>
<tr>
<td>CDM Morgan Stanley</td>
<td>The North Face Women’s Vest</td>
<td>Kathleen Parks-McIe</td>
<td>Med/Surge</td>
</tr>
<tr>
<td>CDM Morgan Stanley</td>
<td>King Size Beach Towel - Navy</td>
<td>Benjamin Riley</td>
<td>IT</td>
</tr>
<tr>
<td>CDM Morgan Stanley</td>
<td>PEVA-Lined Backpack Cooler</td>
<td>Tabitha Murray</td>
<td>Business Office</td>
</tr>
<tr>
<td>CDM Morgan Stanley</td>
<td>Large Nautical Tote</td>
<td>Devin Heitz</td>
<td>Physical Therapy</td>
</tr>
<tr>
<td>AT&amp;T</td>
<td>FitBit Flex 2</td>
<td>Sherry Cogar</td>
<td>Lab</td>
</tr>
<tr>
<td>SHOT</td>
<td>$25.00 Gift Card</td>
<td>Jacklyn Shelley</td>
<td>OR</td>
</tr>
<tr>
<td>SHOT</td>
<td>$25.00 Gift Card</td>
<td>Crystal Simpson</td>
<td>Physican Clinics</td>
</tr>
<tr>
<td>VSP</td>
<td>Nine West Sun Glasses</td>
<td>Deborah Posey</td>
<td>Registration</td>
</tr>
<tr>
<td>Sam’s Club</td>
<td>Home Mini</td>
<td>Jason Anderson</td>
<td>Human Resources</td>
</tr>
<tr>
<td>Huntington Bank</td>
<td>2 WVU Football Tickets</td>
<td>Laura Lightner</td>
<td>Radiology</td>
</tr>
<tr>
<td>CWV</td>
<td>Google Voice Activate</td>
<td>Amanda Workman</td>
<td>Respiratory</td>
</tr>
<tr>
<td>LC Health Depart.</td>
<td>First Aid and Mosquito Repelant</td>
<td>Tiffany Berry</td>
<td>OB</td>
</tr>
<tr>
<td>USI</td>
<td>Bluetooth Speaker</td>
<td>Matthew Degarmo</td>
<td>Physical Therapy</td>
</tr>
<tr>
<td>Fast &amp; Friendly</td>
<td>2 WVU Chairs and Cooler</td>
<td>Margaret Harper</td>
<td>ER</td>
</tr>
<tr>
<td>Guardian</td>
<td>$25.00 Amazon Gift Card</td>
<td>Margie Barrett</td>
<td>Business Office</td>
</tr>
<tr>
<td>Guardian</td>
<td>$25.00 Amazon Gift Card</td>
<td>Thomas Smith</td>
<td>Housekeeping</td>
</tr>
<tr>
<td>Blue Cross Blue Shield</td>
<td>Blanket</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

### Reserved Parking

**For Our Patients**

- Excellent care...every patient...every time!

- Just a reminder that SJMH staff should not be parking in the lot between Cardiac Rehab and Physician Building #2.

---

Please drive with care and obey the posted campus speed limits. Park so that driveways and aisles are clear and unobstructed. If you store personal belongings in your vehicle, please lock them in your trunk where they are not visible. Stonewall Jackson Memorial Hospital cannot be responsible for articles stolen from automobiles or be responsible for the automobile.
We are pleased to announce our partnership again this year with Sam’s Club® to bring you the benefits of membership through their Sold in Field Membership Program. By purchasing a membership, we are offering you, our valued employees, a way to save on personal items for yourselves and your families.

The PLUS MEMBERSHIP is $107 (including tax)
The regular SAVINGS MEMBERSHIP is $48.15 (including tax)

As a thank you for joining or renewing, you will receive an exclusive instant savings package valued at $140. Plus members will receive an additional $100 in savings.

**ONLY NEW MEMBERS WILL RECEIVE A $10 GIFT CARD.**

Forms must be returned to Rhonda Mitchell by August 27th, 2018.

Payroll deduction will be made on your September 20, 2018 Pay.

---

**Sam’s Club Sold in Field Membership Program Interest and Enrollment Form**

Are you already a Sam’s Club Member?  Y / N

Existing members, please enter the last 9 digits of your membership number: ____________________

**Please Print**

Name: ____________________________  Home Phone: ____________________________

Street address: ______________________  City: ____________________________

__________________________________  Zip: ____________________________

State: ____________________________  Driver’s License #: ____________________________

DOB: ____________________________  Email Address: ____________________________

---

**Secondary Cardholder information**

Name: ____________________________  DOB: ____________________________

---

**FORM MUST BE FILLED OUT FOR ALL NEW AND RENEWED MEMBERSHIP**
Josh & Co.

Local Cancer Society News

Also... please do not close out a bank account that you currently have set up for payroll. You must contact Human Resources prior to closing that bank account if you are having your check direct deposited. If it's an emergency (lost bank card, etc) and your placing a block on your account or freeze one simple call to HR will save you time and grief about your paycheck. Contact Lisa in HR at 304-269-8130 for any Direct Deposit issues.

Just a quick reminder to all employees:

Don't forget to acknowledge your fellow employee's for a job well done! Make someone's day when they log into Paylocity and see their name listed. Let's get the competitions going!

Don't forget

Relay for Life Membership starting now....

Hey Relayers!

Your 2019 website is open & to get things started, we have a new Fall Challenge! Register your team, as a participant, or survivor and raise $200 between now - October 31, 2018 at 11:59 PM & you qualify for this long sleeved, 1/4 zip, hooded T-Shirt with pockets! Image removed by sender. RFL 2018 Fall Fundraiser Hoodie T-Shirt

Go to www.relayforlife.org/lewiswv to register today. You can personally collect donations & share your participant dashboard URL on your Facebook page to guide friends to your page to make an online donation. Yes, luminaria may be purchased now too. Also, use the super easy American Cancer Society Fundraising APP & accept donations instantly right on your smartphone!

Thank you for supporting your American Cancer Society.

P.S. if you need assistance registering, call the number under the username/password for immediate assistance. Do not delay, register today!

Carmen Hathaway - Community Development Manager carmen.hathaway@cancer.org.

You can always contact us 24 hours a day, 7 days a week, at 800-227-2345 or at cancer.org/contactus.
PURPOSE:
It is the policy of Stonewall Jackson Memorial Hospital to provide and allocate parking to those we serve. However, the Hospital assumes no responsibility for the safety of those utilizing hospital parking facilities.

SCOPE:
This policy applies to all hospital employees, contract workers, volunteers, students, and office staff.

GUIDELINES:

a) Employees working normal day shift hours within the hospital and in physician office building 2, Monday through Friday between 7:00am and 4:00pm, are only permitted to park in the primary employee parking lot which is located to the rear of the hospital across the bridge, unless they meet the criteria listed in section (d).

b) Evening shift employees (employees starting work after 2:30pm) may park in the small parking lot across from the main entrance, in the main parking lot in front of the hospital, or along the creek.

Note: any employee whose shift extends past 4:00pm Monday through Friday is permitted to move their vehicles to the areas previously listed at 4:00pm or after, Monday through Friday.

c) All employees are permitted to park in the main lot in front of the hospital, in the small lot across from the main entrance and along the creek on weekends and holidays.

d) The following employees are permitted to park in the main lot in front of the hospital, along the creek behind the hospital and the small lot across from the main entrance.

• Employees with a doctor’s excuse requiring them to be closer to the hospital.
• Employees 62 years of age or older.
• Employees with a state regulated handicap sticker or placard.
• Employees working in physician office building 1 (POB 1) or in the main parking lot. Only Doctors with designated parking spaces may park in front of POB’s 1 and 2 and on the side of POB 1.5.
• Employees authorized by Administration.
• Employees with designated parking spaces.

e) Hospital parking is not to be utilized for commuter parking, unless directly related to hospital business.

f) Areas without painted lines are not approved parking areas.

Reserved Parking:

Reserved parking is intended for those patients, staff and individuals that are listed on the individual reserved parking signs. Meeting the requirements listed previously (a through f) DOES NOT give you permission to park in Reserved Parking spaces that are not originally intended for your use.

ENFORCEMENT PROCEDURES:
The Human Resources Department will issue vehicle parking permit tags. Issuance of tags for each vehicle will be at no charge. Parking permit tags are REQUIRED for non-visitor vehicles and all employees parked on hospital property. Any vehicle requiring a parking permit tag and found parked on hospital property without required tag will be ticketed. Individuals requiring an exception, such as for a temporary or rental vehicle, must notify the Human Resources department.

Security/Maintenance will issue tickets. A copy of all parking tickets will be sent to the Human Resources Department. Human Resources will notify the department director for proper disciplinary course of action.

Parking Permit Tags are to be mounted on the internal rear view mirror in plain view. The Human Resources Department will issue Parking Permit Tags to all employees.
Pictured above are SJMH employees Amanda Bonnett, Nastausha Hefner and Josh Moneypenny who are putting together the Welcome to Lewis County Gift Bundles created by SJMH for new Lewis County residents. Our own Steven Cox was the first recipient.