Thanks from Chrystal Skinner

THANK YOU! On March 18th and 19th Gym 3 Rubies competed in Amiericheer's InterNationals Cheer Competition in Orlando, Fl, at Disney World. In this 2-day competition, the girls won 1st place in their youth Division, which is a very prestigious award! They competed against not only American teams but also teams from Ecuador, Chile, and Mexico! There were so many staff members, as well as the hospital, that supported, donated and cheered them on! I received facebook messages and texts asking how they did in competition. We are truly blessed to be a part of this Stonewall Family!

1000 Egg Hunt

April 8, 2017 @ 6 p.m.

LC Park (Mini Golf)
SJMH Employee Children ONLY

Bring a basket!!!
Complete this form and sign the waiver.

(PLEASE PRINT)

☐ 5K Run
☐ 5K Walk

Date of Birth (mm/dd/yy) ___________________________ Age _______

Gender □ M □ F

Last Name_______________________ First Name _____________________________

Address______________________________________________

City ______________________________ State __________ Zip _________________

Phone ___________________ Email ________________________________________

(Email used for sending race information only)

T-Shirt Size (Circle one):

Youth: L Adult: S M L XL XXL

VOLUNTEERS

☐ I am walking and would like more information on volunteering before and after the walk.

☐ I am unable to walk but would like to be a volunteer.

WAIVER: I know that running or walking a road race is a potentially hazardous event, and I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Stonewall Jackson Memorial Hospital, the City of Weston, and St. Patrick Church/School for the Weston 5K Run and Wellness Walk, and all sponsors their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out a negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, records or any other record of this event for any legitimate purpose. Race will be held regardless of weather conditions. Registration is final, no refunds.

Signature Required

Signature of entrant (Guardian if under 18) and date

__________________________ / ______________

Date

FREE FOR SJMH EMPLOYEES WHO PRE REGISTER!!!!

TIME IS RUNNING OUT TO PRE-REGISTER
PARKING REMINDER

We are receiving patient/visitor complaints regarding parking. Much of our guest parking in the front and side lots is being taken by our employees.

Employees are to park in the back employee lot across the creek. We have a parking policy which specifies the few occasions where parking in our front/side lots and creek side is acceptable. We should NOT have to issue disciplinary parking tickets to encourage employees to park where they know they should.

If you are age 62+ OR you feel you have a medical condition that warrants an exception, please contact HR. All Medical certifications MUST be renewed. Employees in these categories will be given unique parking permits that will be identifiable. Please see HR to trade out with your current hang tag(s).

These tags are now available.

WESTON HARD-EE’S IS HAVING A YARD SALE/BAKE SALE ON MAY 6 AT THE PARK TO HELP WITH THE HALLIGAN FIREWORK/WESTON FAIR AND FESTIVALS...ALSO WILL BE RAFFLING OFF 2/3 BASKETS FOR MOTHERS DAY.

FUNDRAISER

There will be a benefit luncheon for Jet-tie Malcomb to help with expenses due to loss of her infant child. On Monday, April 24 the Texas Roadhouse will have a fundraiser from 11 a.m. to 2 p.m. The price will be $10 per meal with a portion going to the Malcomb family. Diners have the option of: chicken salad with dressing; cheeserburger with fries; or hamburger with fries. Call the Gift Shop, Geneva Lamb, at 8139 to place your order.

Please get your Walk Run Reservation in by April 11 so we can have a complete T-Shirt order!
Upcoming 2017 SJMH Events

April 8 - Rotary Blood Screening
April 8, at 8 a.m. – Weston Cleanup of town and playgrounds
April 8, at 6 p.m. – Egg Hunt at Lewis County Park
April 22 at 10 a.m. – Weston 5K – SJMH employees are free
April 25 - Auxiliary Getting To Know You Dinner - 6 p.m.
May 7-13 – Hospital Week
July 20 – Afternoon/Evening – SJMH Picnic/Pool Party
October 19 - Annual Golf Tournament
November 24, - Weston Christmas Parade – Electric Light Floats, theme is Christmas Around The World

Member of the Lewis County Farm Bureau Women’s Committee brought fleece blankets to Stonewall Jackson Memorial Hospital (SJMH) to be used by patients in the chemotherapy department and newborns in the Special Delivery Department. Pictured above left to right are: SJMH nurse Kendel Guthrie, Leona Swisher, Debbie Garrett, Helen McClain, and JoEllen Markley.
Join Us for a Ramp and Rhubarb Gourmet Dinner

Saturday, April 29
6 p.m. - Reception 7 p.m. - Dinner

Prepared by Chef Geoff Kraus using locally produced products at The Glass Museum on Main Avenue

$35 per person

Benefitting The Depot Farmers Market and Glass Museum

Make checks payable to The Museum of American Glass

Tickets available Thyme Bistro and Municipal Building

You may call 304-599-6204 for reservations

RAMP AND RHUBARB DINNER

* Fresh Baked Bread with Whipped Butter and J.Q. Dickinson Ramp Salt
  Sorghum Butter and Rhubarb Jam

* A Salad of Spring Lettuces with Buttermilk Ramp Dressing, Peppered Bacon, Tomatoes and Charred Ramps

* Ramp Stuffed Oven Roasted Porchetta with a Mingle of Julienned Vegetables and Rhubarb Demi

* Fried Chicken Cutlets with Mountain Tonic Gravy

* Lightly Smoked and Roasted Fingerling Potatoes and Carrots

* Creamed Cabbage and Ramps

** Desserts
  * Rustic Rhubarb Tart with English Custard Sauce
  * Chilled Lambert’s Strawberry Wine Soup Shooters
Stonewall Jackson Memorial Hospital (SJMH) has been working on an exciting project to better serve our community with a new electronic medical records system. As part of that project, the Hospital has improved the patient portal system. The new patient portal system will allow you to access your records for both the Hospital and SJMH physician at one location.

Since this is a new patient portal, you will register again as you did originally. You will find extra benefits for the portal as well as the ability to pay your bills through it.

During the registration process, you will be asked if you would like to sign up for the portal. This will happen in both the hospital and clinic setting. Once your e-mail has been entered into the system, you will receive an e-mail within a few minutes to complete the registration process and activate the portal account. If the account is not activated within 7 days, you will receive a reminder e-mail to activate the portal account. At the 30-day mark the temporary account will no longer be active and it will have to be re-established at the next visit.
FREE Screening
Venous Disease

Symptoms of venous disease include:
• Aching, fatigue or heaviness in legs
• Varicose veins
• Throbbing or burning leg pain; and/or
• Cramping, swelling and numbness in leg

Wednesday, April 26, 2017
3:00 p.m. to 5:00 p.m.
Call for future dates

Registration required.
Call: 304-517-1272

Screenings will be held on the first floor of Stonewall Jackson Memorial Hospital in the Vein Center.
PARKING POLICY - REMINDER

PURPOSE:
It is the policy of Stonewall Jackson Memorial Hospital to provide and allocate parking to those we serve. However, the Hospital assumes no responsibility for the safety of those utilizing hospital parking facilities.

SCOPE:
This policy applies to all hospital employees, contract workers, volunteers, students, and office staff.

GUIDELINES:

a) Employees working normal day shift hours within the hospital and in physician office building 2, Monday through Friday between 7:00am and 4:00pm, are only permitted to park in the primary employee parking lot which is located to the rear of the hospital across the bridge, unless they meet the criteria listed in section (d).

b) Evening shift employees (employees starting work after 2:30pm) may park in the small parking lot across from the main entrance, in the main parking lot in front of the hospital, or along the creek. Note: any employee whose shift extends past 4:00pm Monday through Friday is permitted to move their vehicles to the areas previously listed at 4:00pm or after, Monday through Friday.

c) All employees are permitted to park in the main lot in front of the hospital, in the small lot across from the main entrance and along the creek on weekends and holidays.

d) The following employees are permitted to park in the main lot in front of the hospital, along the creek behind the hospital and the small lot across from the main entrance.

- Employees with a doctor’s excuse requiring them to be closer to the hospital.
- Employees 62 years of age or older.
- Employees with a state regulated handicap sticker or placard.
- Employees working in physician office building 1 (POB 1) must park either behind the physician office building 1 (POB 1) or in the main parking lot. Only Doctors with designated parking spaces may park in front of POB’s 1 and 2 and on the side of POB 1.5.
- Employees authorized by Administration.
- Employees with designated parking spaces.

\( e \) Hospital parking is not to be utilized for commuter parking, unless directly related to hospital business.

f) Areas without painted lines are not approved parking areas.

Reserved Parking:
Reserved parking is intended for those patients, staff and individuals that are listed on the individual reserved parking signs. Meeting the requirements listed previously (a through f) DOES NOT give you permission to park in Reserved Parking spaces that are not originally intended for your use.

ENFORCEMENT PROCEDURES:
The Security/Maintenance Department will issue vehicle parking permit tags. Issuance of tags for each vehicle will be at no charge. Parking permit tags are REQUIRED for non-visitor vehicles and all employees parked on hospital property. Any vehicle requiring a parking permit tag and found parked on hospital property without required tag will be ticketed. Individuals requiring an exception, such as for a temporary or rental vehicle, must notify the Maintenance Department.

Security/Maintenance will issue tickets. A copy of all parking tickets will be sent to the Human Resources Department. Human Resources will notify the department director for proper disciplinary course of action. Parking Permit Tags are to be mounted on the internal rear view mirror in plain view. The Maintenance Department will issue Parking Permit Tags to all employees.

Note:
Please drive with care and obey the posted campus speed limits. Park so that driveways and aisles are clear and unobstructed. If you store personal belongings in your vehicle, please lock them in your trunk where they are not visible. Stonewall Jackson Memorial Hospital cannot be responsible for articles stolen from automobiles or be responsible for the automobile.
Weston 5K Run and Wellness Walk

Wee Run (under 11) at 11 a.m.
Sat., April 22 at 10 a.m.
corner of East 2nd and Center Avenue in Weston, WV

Top Three Male and Top Three Female Finishers
$150 - First; $75 - Second; $25 - Third

Nine age groups - under 11; 11-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+
Pre-registration $15 Race day $20

Only $3 Pre-registration Fee for Lewis County K-12 Students. First 200 receive shirt.

Registration includes champion chip and post race activities
Forms at www.stonewallhospital.com or cityofwestonwv.com
For more info call 304-269-8167

Coordinated by The City of Weston; Saint Patrick School; and Stonewall Jackson Memorial Hospital

Social Recreation is paying for SJMH Employees Pre-Registration.
Tanya Wynn, MD
Obstetrics/Gynecology

Stonewall Jackson Memorial Hospital welcomes Tanya Wynn, MD, to its experienced team of OB/GYNs. As a physician skilled in caring for the obstetric and gynecologic needs of women throughout their adult lives, Dr. Wynn is devoted to delivering excellent care to every patient... every time.

Services include:
- Annual gynecologic exams
- Menstrual disorders
- Family planning
- Ultrasounds
- Gynecologic surgery, including laparoscopy, colposcopy and LEEP
- Menopause management

SJMH  STONEWALL JACKSON MEMORIAL HOSPITAL

304-473-0670
132 Cinema Circle
Buckhannon, WV 26201

304-269-3108
66 Hospital Drive, Suite 104
Weston, WV 26442