10th Anniversary Celebration To Be Held On May 2 at Weston ENT/Audiology

The staff of Weston Ears, Nose, and Throat (ENT) and Audiology, invite the public to the 10th Anniversary of the practice. An open house and cookout is planned for the evening of Wednesday, May 2, at the office location at Market Place Mall, Weston, from 4 to 6 PM.

Weston ENT and Audiology was established in April, 2008, as a proactive response by the executive management of Stonewall Jackson Memorial Hospital (SJMH) who recognized the need for ear, nose, and throat specialty care in Lewis, and the surrounding counties.

Dr. John W. Wyllie, a board-certified otolaryngologist was recruited and began the practice on Center Ave. in Weston.

Dr. Wyllie is a graduate of the University of Notre Dame, St. Louis University School of Medicine and completed his ENT residency training at the Mayo Clinic in Rochester, Minnesota. Following completion of service in the US Army Medical Corps, he practiced in the Middle East with the Arabian American Oil Company before returning to the states and joining the faculty of the University of Kentucky Medical School, in Lexington.

Since its founding 10 years ago, the practice has continued to grow and develop, expanding into its new offices at Market Place Mall. The practice provides complete and comprehensive evaluation of ears, nose and throat symptoms and diagnoses in addition to complete hearing and balance evaluation. Microscopic and endoscopic examination of the ears, nose, sinuses and throat are available on-site as well as minor ENT surgical procedures performed in-house.

Major procedures, including most general ear, nose, and throat operations are performed at SJMH.

Dr. Wyllie commented that the past 10 years have been among the most enjoyable and personally fulfilling of his career, due to the personable and genuinely warm nature of his patients. This extends from newborns to the elderly residents of the community. As his grandchildren reside outside of West Virginia he finds his pediatric practice to be particularly enjoyable and refreshing. He stated, “They have made my practice fun and have kept me young”.

With the planned construction of the new SJMH at the intersection of I–79 and Route 33, the continued expansion and development of ENT and additional medical subspecialties will continue to provide modern and more comprehensive healthcare directly to the people of Lewis county and the surrounding rural areas.

Another example of the proper steps taken by community and county hospitals to meet the needs of their residents and friends. Dr. Wyllie lives in Weston, with his family including a Chocolate Lab and a Golden Retriever, “Fudge” and “Clancy”.
New SJMH Hospitalist Program Has Begun

Stonewall Jackson Memorial Hospital in Weston announces a new system for emergency department patients, which will be a combination ED/Hospitalist program. The Hospital is also pleased to announce the return of several clinical staff to the ED including Dr. Waid McMillion, Dr. Tyler Hall, and Physician Assistant Erik Robey. Nurse Practitioner Mira Gibson will be leaving the office of Dr. Rob Snuffer to work at the Hospital with the hospitalist program.

SJMH CEO Avah Stalnaker explained that with a modified hospitalist program the ED physicians serve as emergency department providers but extends that service to admitting the patient to the Hospital. By focusing on the care of the hospitalized patient, the physician can gain a great deal of knowledge in all aspects of the patient’s needs during their hospital stay.

Waid McMillion, D.O., returns as Medical Director of the Emergency Department and Hospitalist program. He formerly practiced at the Monroe County Health Center, Beckley Veterans Hospital, and Greenbrier Medical Center in the southern part of the state and most recently as CMO at Emergency Solutions, Inc., based in Morgantown. He is also Associate Clinical Professor of Medicine, at WV School of Osteopathic Medicine, at Lewisburg.

McMillion is a native of Lewisburg, WV. He received his Bachelor of Natural Science from the College of West Virginia in Beckley. He received his medical degree from the West Virginia School of Osteopathy, at Lewisburg. His family practice residency was performed at Greenbrier Valley Medical Center.

Dr. McMillion, and his wife, Katrina reside at Bridgeport. They have raised their children, Morgan and Kya here in the Mountain State. Dr. McMillion and his family share strong ties to WVU primary care with this sister Lisa Kessler, DO, a family medicine physician at Rainelle and his first cousin Michael Richard, DO, a family practitioner in the Richmond, VA area.

Dr. McMillion’s approach to medicine is a multi-disciplined one. “I spend a great deal of time multi-tasking for patients. It is my belief as a primary care-trained rural physician we should have the knowledge and skill set to care for 90% of our patients’ needs, leaving just the bare minimum to specialty care on the outside of my area,” he explained.

Taking care of patients the way he feels his family should be cared for drives his skill set and his care process. “I want the best options for patients and families...excellent care every time for our patients," he concluded.

For Our Patients!

A member of the credit department will be available at the hospital to meet with patients Tuesdays through Fridays from 8AM – 4PM effective immediately. They will be located in the radiology department in the office beside Brenda Tonkin. ALL patient phone calls should still be directed to the credit department at (304) 517-1160.
Help Us Celebrate
10 Years of Serving Your Community

Weston Ear, Nose, and Throat and Weston Audiology

Invite You To Our
Open House and Cookout
Wednesday, May 2, 2018
4 p.m. to 6 p.m.

Market Place Mall    Weston, WV
304-517-1401

A Department of
Mon Health
Stonewall Jackson Memorial Hospital

304-269-8000
stonewallhospital.com
Lab Week Celebrated with Candyland Contest

Lab Week was celebrated this week at SJMH, and part of the festivities involved a contest to decorate each of the Lab departments in a Candyland theme. As you can see by the pictures, it was a tremendous success. The winner was Hematology!

Rotary Blood Screening

Other tests available are: PSA that aids the physician in the detection of prostate cancer, TSH and T4 for thyroid screening, and HEMOGLOBIN A,C, which measures cumulative glucose values. Vitamin D is a good screening tool for osteoporosis and will aid in determining whether vitamin D supplements may be necessary. Rheumatoid arthritis can help aid in the diagnosis of rheumatoid arthritis and other autoimmune diseases. The Urine Test can help determine infection, metabolic disorders, and other disorders such as liver disease. All test results will be mailed to the participant.

All participants should fast for 12 hours.
There will be 51 different tests performed in the health fair panel.

- HEALTH FAIR PANEL - $35
- PSA - $20
- THYROID PANEL - $15
- VITAMIN D - $30
- BLOOD TYING - $10
- URINE TEST - $10
- HEMOGLOBIN A,C - $15
- RHEUMATOID
- ANEMIA PANEL - $25
- ARTHRITIS TEST - $10

Saturday, April 21 and Saturday, April 28
7 a.m. to 10 a.m. Ground floor of SJMH

This service is provided by the Weston Rotary in association with Stonewall Jackson Memorial Hospital
As part of the American Cancer Society’s Race for the Cure, this event will promote heart health and breast health for interested parties.
**BENEFIT SPAGHETTI DINNER**

for Sandy Smith to help with medical expenses for breast cancer  
WHEN: Saturday, May 12, 2018  
WHERE: Lewis County Senior Center  
TIME: 11:00am-5:00pm  
Menu: Spaghetti, Salad, Bread, Dessert, Drink  
Price: Adults $9.00, Children 6-12: $5.00, 5 & under free  
Carry Outs available  
Call 304-838-5091 Charlene  
304-203-9735 Carolyn  
304-817-3770 Demi  
Silent Auction: 50/50 Raffle

Anyone wishing to make a donation to help with cost or donate auction items, please call Charlene at 304-838-5091 or Demi at 304-817-3770.

---

**Smoking Areas**

Employees and visitors are advised that smoking is allowed in the smoking hut located across from the Emergency Department Entrance.

Hospital patients should use the ground floor location next to the Hospital kitchen to smoke.

We are sorry for any inconvenience this may cause.
CORE – the Center for Organ Recovery and Education recently coordinated a Flag Raising at Stonewall Jackson Memorial Hospital (SJMH) to encourage the education of local residents about the importance of organ donation.

Highlight of the raising was the stories from an organ donor recipient who benefited from the donation of a heart and a mother, of a young man who was a donor.

Heart recipient Cindy Osborne is a Clarksburg resident, with an interesting perspective because she is also a physician. When she began experiencing signs of illness in 2009, she had some tests performed and found she was in serious heart failure. She was fortunate that she was only on the waiting list for a heart for about six months. She was also able to eventually meet the family of the donor who provided this lifegiving effort.

The other story came from Debbie Stonestreet, who lost her son ten years ago in a motorcycle accident. Because of her son’s organ donation a 63-year-old man received a heart, a 48-year old and a 21-year old both received kidneys.

Many people have questions concerning organ, eye and tissue donation. Currently there are 119,000 men, women and children on the national transplant list. Twenty-two people die each day waiting for a transplant. While 95% of U.S. adults support organ donation, only 48% actually sign up as donors. Every ten minutes another person is added to the donor waiting list. Surprisingly, one person can donate up to eight life saving organs including the heart, two lungs, liver, pancreas, 2 kidneys and the intestines. The most important question is “How do I become a registered donor?” There are several opportunities including:

- Online at www.donatelifewv.org
- Sign a Uniform Anatomical Gift Card and return it to for entry in the West Virginia Donor Registry
- Say “yes” when receiving or renewing your driver license or state ID at the West Virginia Department of Motor Vehicles

Another question may be “Why should I consider registering as an organ, eye and tissue donor?”

Advances in medical science have made transplant surgery extremely successful. Transplantation is no longer considered experimental, but rather a desirable treatment option for end-stage organ failure. The major problem is that there are thousands of Americans waiting for a match to give them a second chance at life, yet there are not enough registered organ donors to meet the growing need. As a result, 22 men, women and children die each day for lack of an available organ.
Photo Picture Match Contest throughout the week
Win A Candy Mountain with our AIDET Contest

Sunday, May 6 - Pizza @ noon and 10 p.m.

Monday, May 7 thru Wed., May 9
Scavenger Hunt - pictures must be in by Thurs., May 10 at 9 a.m. - $100 prize
Mexican Meatless Monday in cafeteria

Tuesday, May 8 - Ice Cream Social 2 to 4 p.m. in Cafeteria.
Night shift will have ice cream provided
Try Me Tuesday in cafeteria

Wednesday, May 9 - Trivia Contest - due Friday, May 11
$100 Amazon Gift Card sponsored by The Quality Department
Walking Wednesday - walking at noon

Thursday, May 10 - Thirsty Thursday water provided

Friday, May 11 - Fruit Salad Friday and Hospital Cookout
Meals will be served 11 a.m. to 1 p.m., 4:30 to 5:30 p.m., and at 11 p.m.
Hamburgers • Hot Dogs • and all the fixings
Cornhole Tournament starting at 11 a.m.
$75-$50-$25 Prizes

Saturday, May 12 - Pizza @ noon and 10 p.m.
# WEST VIRGINIA HEALTHCARE HUMAN RESOURCES

## HEALTH OCCUPATION SCHOLARSHIP

### 2018 APPLICATION FORM

<table>
<thead>
<tr>
<th>NAME:</th>
<th>DATE:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mailing Address:</td>
<td>Hospital:</td>
</tr>
<tr>
<td>Phone Number:</td>
<td></td>
</tr>
<tr>
<td>Minimum GPA 3.0 met: Yes No</td>
<td>Current GPA:</td>
</tr>
</tbody>
</table>

School selected to attend: ____________________________

**HEALTH OCCUPATION GOAL/DEGREE TITLE:**

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

**ADDITIONAL COMMENTS:**

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

**PLEASE INCLUDE:** All items must be included for the application to be considered as complete and received by your HR Department by Friday May 18, 2018.

One Page Resume

Essay outlining career goals and the reason for your interest in this scholarship

Volunteer activities

Community service activities

Leadership roles/experience

Two (2) completed references, one personal and one educational

Official transcript of most recent grades in a sealed envelope from the guidance counselor or registrar’s office

*Return to Human Resources by May 18, 2018*
Each year, WVHHRA provides five (5), $500.00 scholarships to employees or children of employees of institutions/organizations that are members of WVHHRA. The applicant must be entering a healthcare related field.

Attached information sent by e-mail to WVHHRA organizations includes the following:

The WVHHRA Scholarship Memo describing the application process for this year. Please share this MEMO with your management team and ask that they post immediately in their departments.

The two-page brochure provides detailed information and instructions to the applicant, please make additional copies so each applicant will have one. If you review this brochure, it should answer your questions about qualifications and the scholarship application process. Please post brochures immediately in your local Human Resources Department and within the departments.

There is a one-page application form. This application page is to be completed and turned in with each completed applicant packet. Please copy the application page and place with the brochure immediately for applicants.

Completed application packets are to be returned to your Human Resources Dept. or the person coordinating the information at your organization no later than Friday, May 18, 2018. The submitted applications must be sent to the committee chair and received at the following address no later than May 21, 2018. Please scan and email applications with supporting documentation to westfallke@wvmedicine.org or mail to WVHHRA c/o Kendra Westfall, Human Resources, United Hospital Center, 327 Medical Park Dr., Bridgeport, WV 26330.

The committee, Marissa Powell, Cyndy Sundstrom, and I will review the applications the week of May 21, 2018. Selections will be made, and all candidates will be notified by Friday May 25, 2018.

This year, scholarship checks will be mailed to each WVHHRA member (or WVHHRA designee) from the sponsoring hospital of the candidate for distribution. You are asked to then place an article in appropriate newspapers to announce the scholarship recipient.

If you have questions please contact me at 681-342-1552 or westfallke@wvmedicine.org

Thank you,

Kendra Westfall, MS, BSN, RN
Recruitment and Employment Compliance
WVU Medicine/United Hospital Center

AN AFFILIATE CHAPTER OF THE AMERICAN SOCIETY FOR HEALTHCARE HUMAN RESOURCES ADMINISTRATORS
VACATION CASH-IN REQUEST

Pay out month:  □ November  □ May
(Deadline November 1) (Deadline May 1)

Date submitted: ____________________________
Employee name: ____________________________
Employee ID#: ____________________________
Employee Department: _________________________
Total # of hours requested to be paid: _______________

Employee signature: __________________________
Printed employee name: _________________________

*** For Human Resources Use ***

Received by: _______________
Balance @ request: __________  Balance @ payout: __________
Amt. requested: __________  Amt. paid: __________
Ending balance: __________  Ending @ payout: __________

□ Entered in Paylocity  Date: _______________

□ Notified EE if full requested amt. can’t be paid  Date: _______________

09/01/2017 Jlb
This policy does not negate or override the Vacation forfeiture rules as of 9/30 each year.

PURPOSE:
To allow Full and Part Time employees an opportunity to spend down their Vacation banks without taking time off at a time when the additional money could be beneficial to the employee.

SCOPE
All Full and Part time employees employed past their Provisional period (6 months).

POLICY:
A qualified employee may “cash-in” (be paid for) Vacation up to two times per year. The “cash-in” hours will be paid at 100% of the employee’s regular hourly rate which excludes additional payments such as: overtime, shift differentials, charge, supervisor pay and incentive pay required to provide adequate staffing.

The maximum “cash-in” hours will be taken from the Vacation Bank balance at the time the payments are made. Employees requesting to “cash-in” must leave a minimum balance in their Vacation bank after the date the payment was made.

- Full-time Employees-Can only be paid 37.50 hours and must maintain 37.50 hours
- Part-time Employees-Can only be paid 25.10 hours and must maintain 25.10 hours

The “cash-in” amount will be paid on a separate check/direct deposit subject to Payroll taxes and 403B withholding if you participate on a percentage basis, but no other deductions. This will have the Earnings code of “Vacation-Not taken” and will be paid the second pays in November & May.

The two times this “cash-in” will be available is the second pay in November and the second pay in May of each year. The request must be submitted to Human Resources by the deadlines to qualify. If an employee does not qualify for the request they made, Human Resources will notify the employee either at the time of application or before the payment date.

PROCEDURE:
Employee must complete and submit to Human Resources by each respective due date their requested hours on a “Vacation Cash-in Request” form (attached). Deadlines to submit are November 1 for November payment and May 1 for the May payment. These forms can be found in Human Resources as well as the HR form section on SJMH’s Intranet page.

Human Resources upon receiving the request will determine eligibility at the time of request as well as on the date payment is made.

ATTACHMENTS:
Vacation Cash-in Request form
VENOUS DISEASE IS TREATABLE

We can help those experiencing these symptoms:
- Varicose Veins
- Aching, fatigue or heaviness in legs
- Throbbing or burning leg pain
- Cramping, swelling or numbness in legs

FREE SCREENING
May 7, 2018
3:00 p.m. - 5:00 p.m.

Vein Center, First Floor
Stonewall Jackson Memorial Hospital

Improved well-being is a call away.
Register for your screening at 304-517-1272.
**BASKET LIST**

1. $100 BENNETT'S FIRESTONE GIFT CERTIFICATE (DONATED BY BENNETT'S)
2. 4 PEOPLE FOR 4 FLOOR GIFT CERTIFICATE FOR TALA (DONATED BY TALA)
3. BASKET FULL OF CULINARY GOODIES (DONATED BY MAYOR JULIA SPELSBERG)
4. TUPPERWARE BASKET (DONATED BY MELISSA WATSON)
5. BIRD BASKET W/ LIGHTS (MADE & DONATED BY TAMMIE JEFFRIES)
6. BAR B QUE BASKET (MADE & DONATED BY SNOOPY, BEAR, DIAMOND, SCOOTER)
7. AUTOMOTIVE BASKET (ITEMS DONATED BY ADVANCE AUTO, FISHER'S, OIL SPOT, PRICETOWN AUTOMOTIVE, BURTONS AND MELVIN CUTRIGHT, JR.)
8. PRIMITIVE BASKET (ITEMS DONATED BY DAVE BLAKE, DEBRA GODFREY)
9. SPA BASKET W/ FREE MONTH TANNING @ SMOKER FRIENDLY IN WESTON (MADE & DONATED BY CINDY PAUGH AND CERTIFICATE FROM SMOKER FRIENDLY)
10. PRIMITIVE QUILT SET (DONATED BY MELISSA GARRETT)
11. PAMPER MOM BASKET (VARIOUS ITEMS OF GREAT WELLNESS: ITEMS FROM DK AND MELVIN)
12. PRIMITIVE PICTURE (DONATED BY AGNES QUEEN)
13. CAPLAINS JEWELRY STORE $140 WORTH OF VERA BRADLEY ITEMS
14. PRIMITIVE PICTURE (DONATED BY QUALITY CARPET)
AIDET: Five Steps to Achieving Satisfaction

Understanding AIDET

AIDET is a framework for Stonewall Jackson Hospital staff to communicate with patients and their families as well as with each other. It is a simple acronym that represents a very powerful way to communicate with people who are often nervous, anxious and feeling vulnerable. It can also be used as we communicate with other staff and colleagues, especially when we are providing an internal service.

A

Acknowledge — Greet people with a smile and use their names if you know them. Attitude is everything. Create a lasting impression.

• “Good morning/afternoon, Ms. Jones. We’ve been expecting you and we’re glad you are here.”
• “Good morning/afternoon, Mr. Smith. Welcome to Sharp. We want to make your visit as convenient as possible. Would you please take a moment to confirm that we have your most current information?”

I

Introduce — Introduce yourself to others politely. Tell them who you are and how you are going to help them. Escort people where they need to go rather than pointing or giving directions.

• “My name is Susan and I will be conducting your test today. I am a certified ultrasoundographer and I do about six of these procedures a day. The doctors say that my skills are among the best. Do you have any questions for me?”
• “Mrs. Smith, you will be seeing Dr. Mahmoud today. He is an excellent physician. He is very good at listening and answering patient questions. You are fortunate that he is your physician.”
Duration — Keep in touch to ease waiting times. Let others know if there is a delay and how long it will be. Make it better and apply service recovery methods when necessary.

- “Dr. Gregory had to attend an emergency. He was concerned about you and wanted you to know that it may be 30 minutes before he can see you. Are you able to wait or would you like me to schedule an appointment for tomorrow?”

Explaination — Advise others what you are doing, how procedures work and whom to contact if they need assistance. Communicate any steps they may need to take. Make words work. Talk, listen and learn. Make time to help. Ask, “Is there anything else I can do for you?”

- “The test takes about 30 minutes. The first step is drink this solution and the we’ll have you wait 20 minutes before we take a blood sample. Would you like to read while you wait?”

Thank You — Thank somebody. Foster an attitude of gratitude. Thank people for their patronage, help or assistance. Use reward and recognition tools.

- “Thank you for choosing Sharp. It has been a privilege to care for you.”
- “Thank you for your call. Is there anything else I can do for you? I have the time.”