Elizabeth Boram, PA, Joins Dr. Snuffer Staff

Physician Assistant Elizabeth Boram, has joined Weston Family Medical Care, the practice of Dr. Rob Snuffer, in Weston. She is originally from northeast Pennsylvania and received both her undergraduate and Physician Assistant Master’s degree from Lock Haven University, in Pennsylvania. She is married to Chad, an engineer for the West Virginia Department of Highways. The couple lives in Weston and has four children - London, 6; Levi, 8; Luke, 10; and Paige, 17.

Elizabeth worked for the past 6 years in Elkins at a gastroenterology clinic. Prior to working in Elkins she worked for 8 years as a Physician Assistant/Health Service Administrator at FCI Gilmer in Glenville.

She is excited about her new position in Weston and looks forward to the challenges to come.

"It will be nice to be helping the people who I know in the community. The attractive aspect of a small town is the ability to know everyone and to be able to help them", she said. "I know that Dr. Snuffer’s office is quite popular so I am sure that I will be kept busy."

Elizabeth will be seeing patients from 8 a.m. until 1:30 p.m. normally, Monday through Thursday. She will provide Medicare annual wellness visits, Well Child visits, and sick visits. She will be working with the established patients as well.

SJMH Easter Egg Hunt Held

Many thanks to those who came out for the 2nd Annual Easter Egg Hunt at the Lewis County Park on Saturday, April 8. Thanks to Brenda Tonkin and her son, Anthony, for hiding the eggs and coordinating the event. Thanks to Angela Cedeno for the pics and Heather Ryan for the preparation!
April 21, 2017

Dear Stonewall Jackson Memorial Hospital staff member:

Every day more people join the national organ transplant waiting list. By the end of this week, more than 100 Americans will die because not enough organs are available for transplant.

It doesn’t have to be that way. Each day, on average, 78 Americans receive life-saving organ transplants, and thousands more benefit from cornea and tissue transplants. These extraordinary gifts have been selflessly donated by ordinary people—individuals like you—who took just a few minutes in a busy day to register as organ, eye, and tissue donors.

*If you have not already done so, I urge you to join me in registering. Your generous decision to be an organ, eye, and tissue donor can make a difference and save lives for the more than 120,000 people waiting for a lifesaving transplant.* To learn more about donation and to register your decision to be a donor, please visit [www.donatelifewv.org](http://www.donatelifewv.org). By taking a few minutes to register, you ensure that your desire to give this gift is honored, as you are declaring your legal intent to donate your organs, eyes and tissues for all purposes authorized by law. You may someday be able to give the priceless gifts of life, sight, and mobility to another.

Sincerely,

Avah Stalnaker, CEO

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You are invited to a special Flag Raising for CORE, and the Donate Life project on Monday, April 24 at 2 p.m. here at Stonewall Jackson Memorial Hospital.
Quarterly eStatement Delivery

Pension Plan and 403B Participants are encouraged to sign up for paperless eStatements. It’s fast, easy and secure, not to mention environmentally friendly.

**How do I log in to my account?**
Click on AccessParticipant to begin.

**New Users**
If you are accessing your account for the first time, you will enter your Social Security Number (SSN) and Personal Identification Number (PIN) in the spaces provided. If you require assistance, you may contact our Participant Service Center toll-free at 888-203-4015. A representative will be available to assist you Monday through Friday, 9:00 am to 5:00 pm EST.

**Returning Users**
If you are a returning user, you will enter your existing User ID and PIN. If you have forgotten your User ID or PIN and have previously set up a security question/answer, you may click on “Forgot User ID” or “Forgot PIN” to recover your account logon information. If you have not set up a security question/answer, you will need to contact our Participant Service Center toll-free at 888-203-4015 to reset your account. A representative will be available to assist you Monday through Friday, 9:00 am to 5:00 pm EST.

Signing up for eStatements is easy. Participants log onto their accounts at [www.accesscdm.com](http://www.accesscdm.com) and complete the following steps.

Step 1: Select *Statements* from the menu bar and *Statement Delivery Preference* from the sub-menu.
Step 2: Enter a valid e-mail address (An e-mail will be sent to confirm the e-mail address).
Step 3: Scroll down to Delivery Notifications, change statement preference to E-mail and save.

As soon as quarterly statements have been generated, participants will receive an email notifying them that their statement is available on [www.accesscdm.com](http://www.accesscdm.com). In addition, historical statements can be viewed by selecting *Statements* from the menu bar and *Statement History* from the sub-menu.

If participants have any questions regarding eStatement delivery, they should contact CDM’s Participant Service Center at (888) 203-4015.

**Thanks so much to Brenda Tonkin and son Anthony for the last minute dedication to the SJMH Easter Egg Hunt. A 1000 eggs were hidden quickly and found by the children in a matter of minutes!**
Stonewall Jackson Memorial Hospital (SJMH) has been working on an exciting project to better serve our community with a new electronic medical records system. As part of that project, the Hospital has improved the patient portal system. The new patient portal system will allow you to access your records for both the Hospital and SJMH physician at one location.

Since this is a new patient portal, you will register again as you did originally. You will find extra benefits for the portal as well as the ability to pay your bills through it.

During the registration process, you will be asked if you would like to sign up for the portal. This will happen in both the hospital and clinic setting. Once your e-mail has been entered into the system, you will receive an e-mail within a few minutes to complete the registration process and activate the portal account. If the account is not activated within 7 days, you will receive a reminder e-mail to activate the portal account. At the 30-day mark the temporary account will no longer be active and it will have to be re-established at the next visit.
This is the map for the 10th Weston 5K scheduled for tomorrow, Saturday, April 20, 2017. The route was created by our own John Weber and should be a nice little trek for our staff.

Upcoming 2017 SJMH Events

April 22 at 10 a.m. – Weston 5K – SJMH employees are free
May 7-13 – Hospital Week
July 4 - Weston Community Celebration
July 20 – Afternoon/Evening – SJMH Picnic/Pool Party
August 1 - National Night Out
October 19 - Annual Golf Tournament
November 24, - Weston Christmas Parade – Electric Light Floats, theme is Christmas Around The World