Eleventh Annual Weston 5K
Held on Saturday, April 14

The Eleventh Annual Weston 5K Run and Wellness Walk was held under a beautiful blue sky on Saturday, April 14, in downtown Weston. The event is a collaboration between the City of Weston, Stonewall Jackson Memorial Hospital, and Saint Patrick Church and School.

Bridgeport’s Brian Reader was first place in the men’s category with a time of 17:16, and Sara Ray, 25, of Fairmont was women’s first place winner with a 20:48 time during the 11th Annual Weston 5K Run and Wellness Walk. One hundred and eighteen people registered for the event with 104 crossing the finishing line.

Second and third place male runners were Josh Weekley, of Weston Union, and Keefe Kiser, of Weston, respectively. The other women’s top placers were Britta Bleigh, of Weston, and Brooke Wagner, of Bridgeport.

The men under 11 years old winners were; Andrew Wagner, 7, of Bridgeport – first place, Sawyer Swiger, 9, of Jane Lew, and Chance Mayfield, 10, of Jane Lew. The under-11 female winner was 4-year old Samantha Mazon, of Morgantown.

Men’s 11-15 top three were Slate Swiger, 13, of Jane Lew – first place; Zach Stalnaker, 12, of Jane Lew; and third place went to Cody Ashcroft, 15, of Jane Lew. Female 11 to 15 first place was Natalie Wagner, 13, of Bridgeport and second place was Brooke Williams, 12, of Weston.

Clayten Chapman, 16, of Weston, was the first place winner in 16-19 men’s category.

In women’s 16-19 category Brook Bennett, 17, of Jane Lew was first place followed by Gracee Stalnaker, 19, of Jane Lew.

Kevin Kiser, 25, of Weston was first place in the 20-29 men’s group followed by Michael Marion, 27, of Weston, and Ross Harvey, 20, of Weston. Rachael Boone, 27, of Weston was first place in the women’s 20-29 category, with Mallorie Judy, 25, of Beverly in second place, and Chelsey Hathaway, 28, of Weston in third place.

Travis Yost, 34, of Weston was first in the men’s 30-39 category, followed by Brian Bailey, 35, of Bridgeport, and Tristan McQuain, 31, of Morgantown. In the women’s group Alissa Lipps, 34, of Jane Lew took first, followed by Courtney Terranova, 32, of Bridgeport.
Horner, and Chasity King, 32, of Weston.

Men’s 40 to 49 group first place was Martin Chadwick, 41, of Weston; Patrick Rowan, 47, of Camden second and Andrew D’Amour, 40, of Roanoke in third. In the women’s group Lori Bailey, 40, of Bridgeport, took first, with Rachel Weber, 42, of Buckhannon in second, and Amy Dunkin, 47, of St. Albans, in third placer.

First place in men’s 50 to 59 age group was Tom Palmer, 50, of Nutter Fort, Jeff Mikesell, 57, of Alum Bridge, in second place, and Bob Smith, 56, of Weston, in third. In the women’s category Lyn Mikesell, 54, of Alum Bridge was first place; Deborah Judy, 57, of Beverly in second; and third place as Lisa Alfred, 52, of Weston.

Jeff Efaw, 61, of Manning took first place in the men’s 60-69 age group. Joey Herron, 60, of Fairmont, was second, and Larry Seyler, 62, of Bridgeport, was third. In the women’s category Sandra Strader, 65, of Weston was first, Debbie Gaskins, 64, of Mt. Clare, was second; and Jody Skeen, 60, of Canvas, was third.

In the men’s 70 years and older was Jonathan Foote, 79, of Jane Lew, with Albert McQuain, 82, of Bridgeport in second place, and Robert Cole, 83, of Buckhannon. In the women’s group Helen Foote, 73, of Jane Lew was first followed by Jackie Smith, of Weston.
Help Us Celebrate
10 Years of Serving Your Community

Weston Ear, Nose, and Throat and Weston Audiology

Invite You To Our

Open House and Cookout
Wednesday, May 2, 2018
4 p.m. to 6 p.m.

Market Place Mall  Weston, WV
304-517-1401

A Department of

Mon Health
Stonewall Jackson Memorial Hospital

John W. Wyllie, M.D.
Certified by the American Board of Otolaryngology

Diana Daugherty, Au.D.
Certified by the American Speech-Language-Hearing Association

304-269-8000
stonewallhospital.com
Mon Health Systems Hires New CMO

Mon Health System (MHS) has hired a new Chief Medical Officer (CMO) - Greg NelCamp, MD, MBA.

Dr. NelCamp and Lisa Simon, Chief Transformation Officer for MHS, will be visiting SJMH on Thursday, April 26, 2018 from 9:00 to 10:30 a.m.

Dr. NelCamp attended the University of Cincinnati for his BS degree as well as medical school. He attended Emory University Hospitals in Atlanta, GA, as an anesthesiology resident. His MBA was earned at the University of Tennessee in the Physician Executive MBA Program.

He comes to us from the Lovelace Health System, in NM where he was the Division Chief Medical Officer.

Some of his duties included development of physician-hospital relationships, medical staff affairs, quality, information systems and service line strategic development.

We will be touring SJMH so please welcome him.

For Our Patients!

A member of the credit department will be available at the hospital to meet with patients Tuesdays through Fridays from 8AM – 4PM effective immediately. They will be located in the radiology department in the office beside Brenda Tonkin. ALL patient phone calls should still be directed to the credit department at (304) 517-1160.

Rotary Blood Screening

Other tests available are: PSA that aids the physician in the detection of prostate cancer; TSH and T4 for thyroid screening; and HEMOGLOBIN A,C, which measures cumulative glucose values. Vitamin D is a good screening tool for osteoporosis and will aid in determining whether vitamin D supplements may be necessary.

Rheumatoid arthritis can help in the diagnosis of rheumatoid arthritis and other autoimmune disorders. The Urine Test can help determine infection, metabolic disorders, and other disorders such as liver disease. All test results will be mailed to the participant.

All participants should fast for 12 hours.

There will be 51 different tests performed in the health fair panel.

| HEALTH FAIR PANEL | PSA- | VITAMIN D- | URINE TEST- | RHEUMATOID-
|-------------------|------|-----------|-------------|----------------
| $35               | $20  | $30       | $10         | $10
| THYROID PANEL    | $15  |           |             |                
| BLOOD TYPING     | $10  | $10       |             |                
| HEMOGLOBIN A,C   | $15  |           | $10         |                
| ANEMIA PANEL     | $25  |           |             |                

Saturday, April 21 and Saturday, April 28
7 a.m. to 10 a.m. Ground floor of SJMH

This service is provided by the Weston Rotary in association with Stonewall Jackson Memorial Hospital.

As part of the American Cancer Society’s 80% by 2018 goal, a project to encourage early screening for good colon health, SJMH will provide free fecal occult blood tests for interested patients.
Park Cleanup Day
We are needing help to clean, mulch, etc. our parks including:
Willow Creek Park, Polk Creek Park, the Urban Orchard, and Lively Park
Saturday, April 21 from 8 a.m. to ?
Call MonHealth Stonewall Jackson Memorial Hospital’s
Marketing Department
to volunteer - 269-8167 or 269-8149.

Smoking Areas
Employees and visitors are advised that smoking is allowed
in the smoking hut located across from the Emergency
Department Entrance.

BENEFIT SPAGHETTI DINNER
for Sandy Smith to help with medical expenses for breast cancer
WHEN: Saturday, May 12, 2018
WHERE: Lewis County Senior Center
TIME: 11:00am-5:00pm
Menu: Spaghetti, Salad, Bread, Dessert, Drink
Price: Adults - $9.00, Children 6-12 - $5.00, 5 & under - free
Carry Outs available
Call 304-838-5091 Charlene
304-203-9755 Carolyn
304-817-3770 Demi
Silent Auction, 50/50 Raffle

Anyone wishing to make a donation to help with cost or
donate auction items, please call
Charlene at 304-838-5091 or
Demi at 304-817-3770.

Hospital patients should use the ground floor location next to
the Hospital kitchen to smoke.

We are sorry for any inconvenience this may cause.
The Social Rec Committee of SJMH is taking orders for SJMH Logo Clothing.
Orders will be collected until **Friday, April 20, 2018**
Payment must be made at time of order. Checks payable to: **SJMH SOCIAL REC**
Show your STONEWALL PRIDE - Order yours TODAY!

**SHIRT ORDER FORM**

## SAMPLE ITEMS MAY BE VIEWED IN ADMINISTRATION

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### Total Items ordered  

### SUB-TOTAL  

### UPCHARGES PER ITEM FOR LARGE SIZES

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**TOTAL AMOUNT DUE** $______

Return completed Order form and money or Payroll Deduction Form to:
Nastausha Hefner  ext 8149  or Jennifer Barnes  ext 8533

**PAYMENT DUE AT TIME OF ORDER or COMPLETE PAYROLL DEDUCTION FORM**
(payroll deduction would be for May Payrolls)

Orders Due by Friday, April 20, 2018
National Hospital Week  
May 6-12, 2018
Caring Is Our Calling

Photo Picture Match Contest throughout the week
Win A Candy Mountain with our AIDET Contest

Sunday, May 6 - Pizza @ noon and 10 p.m.

Monday, May 7 thru Wed., May 9
Scavenger Hunt - pictures must be in by Thurs., May 10 at 9 a.m.-$100 prize
Mexican Meatless Monday in cafeteria

Tuesday, May 8 - Ice Cream Social 2 to 4 p.m. in Cafeteria.
Night shift will have ice cream provided
Try Me Tuesday in cafeteria

Wednesday, May 9 - Trivia Contest - due Friday, May 11
$100 Amazon Gift Card sponsored by The Quality Department
Walking Wednesday - walking at noon

Thursday, May 10 - Thirsty Thursday water provided

Friday, May 11 - Fruit Salad Friday and Hospital Cookout
Meals will be served 11 a.m. to 1 p.m., 4:30 to 5:30 p.m., and at 11 p.m.
Hamburgers • Hot Dogs • and all the fixings
Cornhole Tournament starting at 11 a.m.
$75-$50-$25 Prizes

Saturday, May 12 - Pizza @ noon and 10 p.m.
More Walk Run Pics
VACATION CASH-IN REQUEST

Pay out month: ☐ November ☐ May
(Deadline November 1) (Deadline May 1)

Date submitted: ____________________________
Employee name: ______________________________
Employee ID#: ________________________________
Employee Department: _________________________
Total # of hours requested to be paid: ___________

Employee signature: __________________________
Printed employee name: _______________________

*** For Human Resources Use ***

Received by: __________________
Balance @ request: ____________ Balance @ payout: ____________
Amt. requested: ____________ Amt. paid: ____________
Ending balance: ____________ Ending @ payout: ____________
☐ Entered in Paylocity Date: ________________
☐ Notified EE if full requested amt. can’t be paid Date: _______________

09/01/2017 jlb
This policy does not negate or override the Vacation forfeiture rules as of 9/30 each year.

PURPOSE:
To allow Full and Part Time employees an opportunity to spend down their Vacation banks without taking time off at a time when the additional money could be beneficial to the employee.

SCOPE
All Full and Part time employees employed past their Provisional period (6 months).

POLICY:
A qualified employee may “cash-in” (be paid for) Vacation up to two times per year. The “cash-in” hours will be paid at 100% of the employee’s regular hourly rate which excludes additional payments such as: overtime, shift differentials, charge, supervisor pay and incentive pay required to provide adequate staffing.

The maximum “cash-in” hours will be taken from the Vacation Bank balance at the time the payments are made. Employees requesting to “cash-in” must leave a minimum balance in their Vacation bank after the date the payment was made.

- Full-time Employees-Can only be paid 37.50 hours and must maintain 37.50 hours
- Part-time Employees-Can only be paid 25.10 hours and must maintain 25.10 hours

The “cash-in” amount will be paid on a separate check/direct deposit subject to Payroll taxes and 403B withholding if you participate on a percentage basis, but no other deductions. This will have the Earnings code of “Vacation-Not taken” and will be paid the second pays in November & May.

The two times this “cash-in” will be available is the second pay in November and the second pay in May of each year. The request must be submitted to Human Resources by the deadlines to qualify. If an employee does not qualify for the request they made, Human Resources will notify the employee either at the time of application or before the payment date.

PROCEDURE:
Employee must complete and submit to Human Resources by each respective due date their requested hours on a “Vacation Cash-in Request” form (attached). Deadlines to submit are November 1 for November payment and May 1 for the May payment. These forms can be found in Human Resources as well as the HR form section on SJMH’s Intranet page.

Human Resources upon receiving the request will determine eligibility at the time of request as well as on the date payment is made.

ATTACHMENTS:
Vacation Cash-in Request form