New Physician at Lively Healthcare Center

Patients using Lively Healthcare Center, of Jane Lew, will be pleased to learn that the practice has added a third physician to the busy medical office. Elizabeth Kane, M.D., joined Jeremy Williams, M.D., and Chris Kennedy, D.O., in mid July.

SJMH Associate Administrator Avah Stalnaker noted, “We are renovating and expanding Lively Healthcare to provide a better experience for our patients. The addition of Dr. Kane to our Center is another integral part of our goal of better patient care.”

Dr. Kane is a Harrison County native and graduated from Bridgeport High School in 1998. She received a degree in Biology from Shepherd College before attending medical school at Marshall University. She performed her residency at West Virginia University.

His memories of growing up in a small West Virginia coal town during the ‘50s elicit stories that involve labor wars, baseball, school life and the camaraderie prevalent among those living in a coal mining community.

He had a true love of baseball as a boy. He honed his skills playing pony league and little league. He was talented enough, that whenever other teams needed a player, they would “call up” Dave to fill in for the game. As a youngster, he played catcher but could play any position needed.

When the Shaffer family moved to Bluefield, he attended Bluefield High School. As a senior there, he was named an All-State tournament baseball player. The Baltimore Orioles

Continued on Page 2

Dr. M. Kurdi Joins Staff

Stonewall Jackson Memorial Hospital announces the addition of Mostafa Kurdi, M.D., FCCP, to the Hospital’s medical staff.

Dr. Kurdi specializes in pulmonology, critical care, and sleep medicine.

He received his medical degree from the University of Damascus in Syria. He performed his residency at Wayne State University Saint Joseph Mercy-Oakland Hospital, Pontiac, MI, for internal medicine.

Continued on Page 2

Administrator David D. Shaffer to Retire After 36 Years

After more than 36 years at the helm of Stonewall Jackson Memorial Hospital (SJMH) in Weston, David D. Shaffer will be retiring at the end of December 2011. Associate Administrator Avah Stalnaker will be taking his place.

At an opportune time in the history of the Hospital, David Shaffer was hired as an accountant. He was just 30 years old and it was 1975. With Dave’s financial background, and vision, he has been able to provide the Hospital with financial stability that has made SJMH a prosperous rural hospital.

Shaffer grew up in Widen, a small coal-mining town in Clay County, WV. His parents are Reba and the late Howard Shaffer. His mother lives in Weston. His father was an employee of the Elk River Coal and Lumber Company at Widen.

The family left Widen in 1959 and moved to Bluefield when the mine was sold to Pittson Coal Company.

His memories of growing up in a small West Virginia coal town during the ‘50s elicit stories that involve labor wars, baseball, school life and the camaraderie prevalent among those living in a coal mining community.

He had a true love of baseball as a boy. He honed his skills playing pony league and little league. He was talented enough, that whenever other teams needed a player, they would “call up” Dave to fill in for the game. As a youngster, he played catcher but could play any position needed.

When the Shaffer family moved to Bluefield, he attended Bluefield High School. As a senior there, he was named an All-State tournament baseball player. The Baltimore Orioles

Continued on Page 2

SJMH ED Director Named

Waid McMillion, D.O., has been named Emergency Department Director at Stonewall Jackson Memorial Hospital (SJMH). He comes to the Weston hospital after practicing medicine at the Monroe County Health Center, Beckley Veterans Hospital, and Greenbrier Medical Center in the southern part of the state.

McMillion is a native of Lewisburg, WV. He received his Bachelor of Natural Science from the College of West Virginia (now Mountain State University) at Beckley. He received his medical degree from the West Virginia School of Osteopathy at Lewisburg.

His family practice residency

Continued on Page 2
Mr. Shaffer  
Continued from Page 1

had a farm team in Bluefield and offered him a contract to play with them but he chose to get an education instead.

He received his degree in business administration and accounting from Concord College in 1966. He worked for an accounting firm in Roanoke, VA, before taking a similar job in Charleston.

His wife of 37 years, Linda, met Dave while in college but began dating him when he worked in Charleston.

The Charleston firm, for which he worked, audited Stonewall Jackson Hospital, so Dave was familiar with the facility. When the opportunity arose, he was hired by then-SJMHI administrator Emil Baldwin. Dave came to Weston in February 1975.

One of Shaffer’s first projects was one which endeared him to the SJMH board of directors. He was able to rework the capital

Dr. Kane  
Continued from Page 1

mold my career around my vision of the rural WV family practice physician who serves as a teacher, caregiver, and role model,” she explained.

Dr. Kane is the daughter of Pamela Kane and the late John Kane, III, of Bridgeport. She has two brothers – John, a producer at WBOY TV, and James, a student at Fairmont State University. Her mother is a retired producer at WBOY TV, and James, has two brothers – John, a professional basketball player, and John, a professional basketball player.

“In love with West Virginia and am ny means a ‘city girl.’ This area is what I think of when I picture West Virginia. I can’t wait to join the community. I have worked in this area before and enjoyed it, which made the decision to join Stonewall Jackson and Lively Healthcare easy.”

In her spare time she enjoys spending time with her family and having fun with her friends. She also loves traveling through West Virginia.

components of the Medicare cost report, which generated a generous payment from Medicare. The Hospital had been on shaky financial ground, and the payment was much-needed.

When Mr. Baldwin left SJMH as administrator, Shaffer was chosen to fill his position.

During his 36 years at SJMH, Shaffer has been astute in finding ways to increase business for the 70-bed facility. His ability to recruit physicians, add needed services, and hire a dedicated staff has translated into an economically stable hospital – no small task for a small rural hospital in West Virginia.

Dave is proud of SJMH but is also proud to have provided jobs for the hundreds of employees here. Providing a stable hospital for the area has also translated into economic progress for central West Virginia.

“During my tenure here, the Hospital has generated $309,547,000 in wages and benefits for our employees. We have delivered 8,902 babies and had 111,271 admissions for the Hospital. That is a wonderful accomplishment for a hospital our size,” he said.

He and his wife, Linda, are very proud of their three children, each with a different field.

The oldest, Gretchen, is married to Bill Gibson. The couple live in Morgantown, and both teach at Morgantown High School. In 2010, Gretchen was named West Virginia Teacher of the Year. She teaches AP calculus, Algebra II, and Algebra 1 as part of a freshmen transition program for students at risk for graduation.

In her spare time, she teaches special needs students. She also created a class to help students taking ACTs. She has a master’s degree from Frostburg University.

Dave and Linda’s middle child, Christian, has a PhD in mechanical engineering and is the chief operating officer for EC Power Company in State College, PA. The company performs research and development with fuel cell and lithium ion batteries. Christian and his wife, Katie, live in State College. She is a preschool
teacher with Easter Seals Development Center.

The couple’s youngest child, Marcus, is completing his ear, nose and throat (ENT) surgical residency in Morgantown. His

ED Director  
Continued from Page 1

was performed at Greenbrier Valley Medical Center.

He is married to Katrina Hamrick of Williamsburg. The couple has two daughters, Morgan, 17, and Kya, 10.

Doctor McMillion’s path into medicine was guided by an older cousin.

“I love taking care of people and sort of ‘happened into it,’” he explained. “My cousin was a D.O. (doctor of osteopathy) and he led me into this career path. He is eight years older than I and has a family practice in Lewisburg. My older sister, Lisa Keiser, is also a D.O.

Dr. McMillion looks forward to the opportunity to work here at SJMH.

“This will be a new patient base for me and with that comes new challenges. What I like is that you have a stable crew of physicians here who really understand their patients,” he said.

In his spare time, Dr. McMillion enjoys hunting, fishing, golf and coaching softball.
Harris Named Employee of the Year at Awards Dinner

Physician assistant Mark Harris was named 2010 Employee of the Year during Stonewall Jackson Memorial Hospital’s 26th annual awards dinner held in March at WVU Jackson’s Mill.

More than 100 SJMH employees and friends gathered to honor SJMH employees for their years of service as well as to learn who had been voted Employee of the Year. The Hospital held a social hour in the West Virginia Building at 5 p.m. followed by dinner at Mount Vernon Dining Hall.

Associate Administrator Avah Stalnaker welcomed the dinner guests, followed by the invocation by SJMH Board Member Gerald Wood.

In announcing the Employee of the Year honor, Stalnaker pointed out that voting for the winner by SJMH employees had been very close, with only one vote separating the top two candidates. The honored employee was chosen from among the Employees of the Month, who included: Regina Taylor, Kim Rush, Vickie Hibbs, Jerene Sprouse, Dennis Marple, Jody Linger, Carla McVay, Debbie Orsborn, Tammy Hawkins, Nat Auvil, and Marilyn McCauley; as well as Harris.

Stalnaker pointed out that the 2010 Employee of the Year always “went above and beyond the call of duty” in helping his co-workers. He had earned the respect of employees, patients, and their families. He communicated well and was very knowledgeable in his job. He also was very dedicated to his job at SJMH.

She went on to say that he always puts others before himself and was very self-sufficient. He was very hard-working; willing to help everyone, and never complained. Most admirably, he lifted the spirits of his co-workers.

After announcing his name, Stalnaker went on to provide background information about Harris, who began work in the SJMH Emergency Department in 2009. He also had worked as a student there. He grew up in Philippi and graduated from Philip Barbour High School. He received his undergraduate degree from Marshall University and worked for Lab Corps. He returned to Alderson-Broaddus College and received a master degree in physician assistant studies.

And his wife, Sarah, live on a farm in Barbour County. She is a math and science teacher at Philip Barbour Middle School. She is also the track coach at Philip Barbour High School. The couple has one son, Slaton. His parents are George and Linda Harris of Belington. In his spare time, he enjoys fishing and golfing.

As Employee of the Year, he received a plaque, a flower arrangement, and a check.

In other activities, SJMH employees were awarded for years of service. Thirty-five-year honorees were Carol McCray and Earl Riddle from Accounting/Receivables; Debra Lipscomb, Traci McGill, Alannah Layman, Connie Riffle, Judy Riley, and Charlene Wiant.

Brenda loves her Pigeon Forge vacations and the Irish Spring Festival. If you aren’t sure which holiday is approaching, one peek into her office will let you know. Brenda is our champion holiday office decorator.”

Associate Administrator Stalnaker honored Beverly Salisbury, who serves as the CEO’s executive secretary. Beverly began her career at SJMH in 1980 in medical records. She also worked in the nursing office until eventually working in administration in 1988. For many years, she attained perfect attendance.

She is married to Bob Salisbury and has a son and daughter-in-law, Chris and Amber Heather, and two wonderful granddaughters – Addie and Emma.

Suzie Lohr was honored for attaining 25 years of service. Jean Mick, Lee Ann Coffield, and Beatrice Brown were 20-year pin awardees.

Fifteen-year honorees were Kim Ailes, Margaret Blake, Matt DeGarmo, Joe Eisenbeis, Kristi Gannon, Earnie Greenleaf, Lisa Henry, Anna Lamb, Paul Layman, Connie Riffle, Judy Riley, and Charlene Wiant.

Ten-year honorees were: Melody Butcher, Sharon Cuppett, Kim Fisher, Missy Lattea, Debra Lipscomb, Traci McGill, Tammie Posey, Mary Singleton, Donna Snyder, and John Weber.

Five-year honorees were: Erin Adams, Marsha Bailey, Jennifer Beer, Amanda Boyd, George Butter, Tina Conrad, Kathy Daley, Barbod Dedrill, Stephanie Heeter, Tracy Jackson, Lenora Landis, Kat Miller, Larry Moore, Robert Moran, Sheri Murray, Kathleen Parks-Mcel, Allison Robinson, and Donna McCue.

Following the dinner, attendees went to the West Virginia Building, where DJ Dick Harrison provided entertainment.

Keep On Smiling, ‘Cause When You’re Smiling, The Whole World Smiles With You!
Thanks so very much for all the care I received while at your hospital. All of the staff were very good to me. Almost makes me want to return again!

To all staff members, nurses, etc.,

Thank you very much for the most excellent care I have ever received in any hospital ever. My nurses were awesome and very caring. Thank you all again!

Words cannot express our gratitude for your exceptional care and kindness.

Thank you so very much for all the things you have done to make me feel so much better. If I ever need help again I will come back to SJMH’s ICU.

Thank you for all the care you gave our father while in ICU.

Dear SJMH ICU and Telemetry Depts.,

Thank you so much for your warmth, kindness, compassion, extra time and effort shown to Wanda, John, and myself and all the family. Everyone truly went beyond the call of duty, especially when it was the end of their respective shift. We could not have asked for better people than yourselves during the most difficult time of our lives. From the bottom of our hearts, thank you so very much!

My ICU Family,

Just wanted to say Hi and thank you for everything you have done for me...the support, donations, cards, and phone calls. These have meant so much to me to keep my spirits up. I have one more big surgery then I should be on my way to recovery. Hope to see everyone soon. Love all of you.
Robin S. Poling, of Roanoke, WV, was recently added to the Board of Directors for Stonewall Jackson Memorial Hospital in Weston. She replaces John Spiker on the Board. She is currently the sales manager at Stonewall Resort, a position she has held since 2002. She is a Lewis County native and graduated from Lewis County High School.

Poling is a great supporter of the local healthcare facility and noted its importance in the local community.

“I am honored to be elected to the SJMH Board of Directors. I think it is very important to Weston and to Lewis County to have a local accredited hospital, emergency/trauma department and various clinics. I look forward to serving on the Board and keeping our independent hospital an integral part of our community,” she said.

She is a graduate of WVU with a bachelor of science in resource management. Robin received a master’s in agriculture in 1986. From 1982 to 1993, she was a Lewis County extension agent. She served as director of the Lewis County Economic Development Authority and was communications director for the Institute for Scientific Research.

She is the daughter of Clara Mae Spray and the late Joseph R. Spray. She has one sister, Carla J. Spray, owner/operator of the Broken Wing and Spray Family Farms, and one brother, Joseph R. Spray II, paramedic, EMT, and professional firefighter. Robin is married to Timothy M. Lester.

Robin’s other interests include fitness, golf, yard/garden work, and playing the organ for St. Johannes Lutheran Church.

Robin has been a member of Stonewall Jackson Memorial Hospital company. She is a graduate of Leadership West Virginia; past president, Lewis County Chamber of Commerce; past president, Lewis County Livestock Association; assistant 4-H Leader, Crawford Indian Trail 4-H Club; West Virginia 4-H All-Stars; past president, Weston Rotary Club; president, St. Johannes Evangelical Lutheran Church Council. She is also a member of the West Virginia Chamber of Commerce, Tourism Committee, co-chair; a life member of the West Virginia University Alumni Association; West Virginia Cattlemen’s Association member; and a member of the Lewis County Farm Bureau.

More Thanks To Our Staff...

To Brenda Smith, CNA

I want to thank you so much for taking such good care of me while I was in the hospital. You are a very good, nice and caring nurse and person. Don’t ever let anyone ever tell you any different. If I could, I would give you a big fat raise. You deserve it. Again, thanks a bunch.

Thanks for all your wonderful care while I was there.

Many thanks to all of the nurses and CNAs for the professional care and compassion given to my husband. A special thanks to Leslie Sprouse, Maggie Harper, and Traci. Sorry I don’t remember everyone’s name but you know who you are.

We truly appreciate the care and compassion shown to us by the staff in ICU. Special thanks to Keith, Kayla, and the others who go “above and beyond” to make their patients as comfortable as possible.

Jackie and Crystal and all the ICU nursing staff,

Thank you so much for all your care while I was a patient there last week. You all were amazing and I wanted you to know how very much your care meant to me. Thank you again and God Bless You All.

ICU

Thank you each and everyone. Each of you has been great!

Thank you to Tracy Jackson, Linda Corley, Barb Ruble, Franney Heater and Amanda Shaver for your care and concern when I was feeling bad. Special Thank You to Ashley Sheets for coming in early to cover me.

Julia Spelsberg, Stonewall Jackson Memorial Hospital, and the Bill Adler Family,

Thank you for selecting me for the 2011 scholarship. I am very honored to have been chosen. I am looking forward to my career in the medical field.

Elyse England

Note to the mother of one of our employees,

Just wanted you to know your daughter Brenda spoiled me at SJMH. You are so lucky to have her and how much I appreciated her wisdom and help for older people like you and me.

To the William Adler Scholarship Committee,

I would like to express my deepest gratitude for your award toward my college expenses. It will help me immensely in my goal of becoming a doctor. It comes at a very opportune time for me as my laptop became completely unusable this summer. Your scholarship will help me to replace it and purchase books. I would like to thank you for helping me make my education possible. Caleb Jamison

Scholarship Committee,

I would like to thank you for the very generous scholarship. It is greatly appreciated. Thanks again, Kourtney Beall

Thank you all so very much for being so kind and understanding the five days I was in the hospital. Thank you every one.

SJMH Staff,

I just wanted to say thank you for all the work that you do! No one knows what goes on behind the scenes because you keep it running so smoothly. Many great things have come and will come from your work and community programs and I wanted to make sure some of the appreciation that many feel for you is expressed. Thank you!!!

Thanks so much for letting me attend your pulmonary rehab program. Your staff was so nice and caring. I really enjoyed each time I attended. Keep up the good work on helping the next person to feel worlds better. Again, thanks so much for what you have done. It will not be forgotten.

Adler Scholarship Committee,

Thank you very much for selecting me again for this wonderful gift. This money will definitely be helpful for covering costs of college at WVU. My family and I appreciate this scholarship.

Thank you,

Sydney Pudder
March Choice is Susie Johnston

Susie Johnston, patient financial counselor at Stonewall Jackson Memorial Hospital, has been chosen as the Employee of the Month for March 2011. She began work here in May 2002 in the Business Office.

She is a Lewis County native and Lewis County High School graduate. Her parents are Jerry and the late Helen Lamb of Jane Lew. She and Lonnie Johnston have one son, Josh, of Buckhannon. Susie is one of nine children.

As patient financial counselor, Susie works with self-paying patients, car accident victims, newborn babies, victims of crime, and clients of the Department of Rehabilitation. She has the task of finding funds to pay for medical care for patients using the services at SJMH. She takes her job seriously but is very complimentary of the other professionals with whom she works.

“I would like to thank the caseworkers at DHHR (Department of Health and Human Services). They are great to work with and they really help me to get coverage and pay-

ment for patients. I would also like to thank my co-workers because we work as a team. That is what it takes to get the job done,” she commented.

Susie’s nominator was very complimentary of her:

“I think Susie goes beyond her job duties. She puts her job aside sometimes to help others. She does things that aren’t her job at all, but does it to help the patient.”

Dodie Arbogast, Susie’s supervisor, noted, “Susie takes her job very seriously and is diligent at making sure all the bases are covered.”

In her spare time, Susie loves to shop and spend time with her family.

April Selection is OB’s Robin Drake

Special Delivery Unit Nursing Supervisor Robin Drake has been selected as Stonewall Jackson Memorial Hospital’s Employee of the Month for April 2011. She began employment at the Hospital in 1998.

Robin’s nomination was signed by all of her department staff.

They wrote: “Robin gives 110% of herself at all times. We feel that Robin is vital to our day-to-day existence in our department. We have observed and benefited from her willingness to always be there for us when the ‘going gets tough, the tough get going.’ She not only scheduled herself at all hours of the day to cover for absences, but makes herself available to help us when she’s not scheduled. She listens to our concerns about the Unit and she tries to resolve all issues of concern of her employees.”

The nominators continued, “She is an attentive listener in good times and bad. She is trustworthy and loyal to each member of the staff.”

Robin is a native of Pocahontas County but now lives in Braxton County. She and her husband, John, a teacher at Braxton County High School, have two children, Hunter, 11, and Hannah, 8.

She graduated from Pocahontas High School and received her nursing degree from Davis and Elkins College. She is the daughter of Dwayne and the late Rosemary Barker of Greenbank, WV.

In her spare time, she enjoys scrapbooking, camping and spending quality time with her family.

Robin was complimentary of SJMH and noted, “I like the small hospital atmosphere. We offer a great variety of services and give excellent patient care.”
**May Choice is Virginia Cutlip of ICU**

Virginia Cutlip, of Stonewall Jackson Memorial Hospital’s Intensive Care Unit, has been chosen as the May 2011 Employee of the Month.

She began her employment at SJMH in March 1999 as an aide on the Med/Surg Unit. Virginia continued her studies and received her nursing degree from Davis and Elkins College in 2004.

She and her husband, Rodney Cutlip, live in Buckhannon. She has four children - Clarissa Kelly, Nathan Kelly, Chris Kelly, and Tren- ton Cutlip, and three stepchildren - Jackie Cutlip, Josh Cutlip, and Olivia Cutlip. She has three grandchildren – Drew Hinzman, Dylan Hinzman, and Bentley Cutlip.

She is the daughter of Robert and Evon Suder of Buckhannon. Virginia is thankful to her parents for the support they gave her while she attended nursing school and raised three children by herself.

Virginia’s nominators were very complimentary of her and wrote, “Virginia goes above and beyond to provide outstanding care to her patients. She spends hours educating her patients on their illness and has even taken the initiative to have a glucometer brought to the Unit for a young patient to practice with regarding his new onset diabetes. She always has a smile for everyone and brightens your day and never has an unkind word for anyone. Virginia is always a cheerful face. She goes out of her way to give exceptional care to her patients. She takes extra time to talk to her patients and do the little things that make a difference for them. She is always willing to lend a hand to help her co-workers.”

Virginia was complimentary of the Hospital and noted that she loves her co-workers and really enjoys her job here. She also said that it is fulfilling to be able to help other people.

In her spare time she enjoys spending time with her family.

Outside of the Hospital, she said that she really enjoys her grandchildren, cooking, and baking.

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**June Employee is IT’s Ben Riley**

Ben Riley, of the Stonewall Jackson Memorial Hospital IT Department, has been chosen as the June 2011 Employee of the Month.

Ben began his employment at SJMH in 2007. He also worked here earlier as an intern while still in school. He received his associate degree in computer information from West Virginia Junior College.

He is the son of Gary and Judy Riley of Jane Lew. His mother is a nurse at SJMH. He is married to Jennifer Riley and they have a two-year-old daughter, Marley.

Ben’s nominators were very complimentary of him and two different nominations were made on his behalf.

One nominator wrote, “Ben always responds to requests for help or to problems we have with computers. He follows through to resolution and will even come to our office if he cannot fix it remotely. He makes sure that the job is complete and everything is working properly before he finishes. He is always polite and respectful. He listens to your problem and responds quickly. Ben is becoming a great asset to the IT department and is a great employee to work with.”

Another co-worker wrote, “Ben is more than willing to come and help us whenever we have computer issues. He arrives promptly and stays until the problem is resolved. He has a great attitude and has become more knowledgeable in his field. He should be recognized for his hard work.”

Ben was pleased with his honor and said, “I enjoy my work here. I have always been interested in computers and it comes quite easy to me.”

In his spare time, Ben enjoys spending time with his family.
**Lynette Carpenter of ED is Chosen for July**

Lynette Carpenter has been chosen as the Employee of the Month for July 2011 at Stonewall Jackson Memorial Hospital in Weston. She began work in the SJMH Emergency Department in February 2009. She is an ED technician and recently took over the trauma registry in the department.

She is married to Pete Carpenter and lives at Rock Cave. The couple has three children – Whitney, 19; Paul, 17; and Dylan, 12. She is a graduate of Sandy Valley High School in Magnolia, OH.

Several nominators submitted comments complimenting her. The first nominator wrote, “Lynette has an outstanding work ethic. She never calls off and works extra hard. She doesn’t hesitate to assist nurses or anyone in need of help, especially with multi-trauma or critical patients. She is always pleasant and professional. She has a great attitude and is always willing to help. She keeps things organized even on the worst days.”

Another nominator wrote, “Lynette never calls off and is always willing and glad to help with anything that needs done. She maintains a professional attitude throughout the most hectic of days. In the past, she has picked up many extra hours to help out her fellow ED staff members. She is ambitious and attempts to learn as much as she can to provide better patient care. She is respectful and truly cares about her patients.”

Lynette enjoys her job here and noted, “I love the medical field and really enjoy the people who work here. They are great to work with.”

Outside of the Hospital, Lynette is a firewoman for the Banks District Volunteer Fire Department at Rock Cave. She also spends time attending her children’s sporting events. She enjoys camping, fishing and four-wheeling, too.

**August Employee is SHOT’s Larry Rupe**

Larry Rupe, of Stonewall Home Oxygen Therapy (SHOT), has been selected as the Stonewall Jackson Memorial Hospital (SJMH) Employee of the Month for August 2011.

He was born in Virginia but has spent his life in Lewis County. Larry graduated from Weston High School.

Larry began his employment with SHOT, a subsidiary of SJMH, in January 2009.

He and his wife Ruth Ann have three children – Rebecca Ann Bragg, Christina Lynn Smith, and Chuck Rupe. They also have three granddaughters – Amber Faith Bragg, Christina Lynn Bragg and Katrina Page Bragg.

Larry’s nominator was very complimentary of him and wrote, “Larry represents the business very well. He is very kind, courteous, and respectful to our patients, storefront customers, delivery and office staff. He takes pride in his work and is very conscientious of privacy and patients’ property when making his home deliveries. He has a good sense of humor, which is great since he works in an office full of women. Larry’s background was not in healthcare, but he has adapted to meet the medical needs of our patients.”

Jane Eisenbeis, SHOT Director, noted, “Larry is an exceptional employee. He maintains his equipment and van as though it was his own. He is well liked by our customers and our staff.”

In his spare time, he enjoys traveling and camping. He also said that he enjoys his job because he can interact with so many people and he really enjoys the staff at SHOT.
September Employee is Home Care’s Minor

Robyn Lohr Minor, of Stonewall Jackson Home Care, has been selected as the Stonewall Jackson Memorial Hospital (SJMH) Employee of the Month for September 2011.

She is the daughter of Guy and Susie Lohr of Jane Lew and Sarah and Verlin Tenney of Buckhannon. She received her associate degree in nursing from Davis and Elkins College.

Robyn began work at Home Care in May 2010. She has two children – Brandon Butler, 24, and Whitney Butler, 21. She also has a grandchild, Braiden Butler, 4.

Robyn’s nominators were very complimentary of her and wrote, “Robyn is an extremely knowledgeable and personable supervisor. She is pleasant to work with and is always there when you need her. She also tries to help the other nurses when needed.”

Another nominator wrote, “Robyn is very positive-minded – every day. Her pleasant personality, sense of humor, and nursing professionalism makes her a gem to work with. She is very knowledgeable of Home Care requirements and works hard to meet them all. She is a true advocate for the patient, and also the staff. She looks out for the well-being and safety of everyone. She represents the hospital favorably and is a huge asset to the Home Care Department.”

Her supervisor, Jane Eisenbeis, noted that as well as managing clinical staff, Robyn keeps abreast of the home care industry and educates staff accordingly. Despite all of the pleasant at all times.

In her spare time, she enjoys fishing, football, and most importantly, spending time with her granddaughter.

October Employee is Brigetta Fisher

Brigetta Fisher, of Stonewall Jackson Memorial Hospital’s Physical Therapy Department, has been selected as Employee of the Month for October 2011. She has been employed by the Hospital since September 1997.

She is a Harrison County native and graduated from South Harrison High School. Her parents are Steve and Sara Jane Huntz of Johnstown, WV. Her paternal grandparents are Betty Huntz and the late Joe Huntz. Her maternal grandparents are the late Minter Jay and Lillian Bailey. Brigetta lives in Weston with her daughter, Mauren.

Brigetta received her associate degree in physical therapy assistance from Marshall University. She said that she worked as a volunteer at SJMH in the rehab department and at the suggestion of Dr. Rob Snuffer, who was rehab director at that time, she went on to get her degree in the field.

Brigetta had a number of co-signers for her nomination.

The nominators wrote, “Brigetta is a real asset to the Rehab Dept. She is always willing to help in any area she may be needed. Her physical therapy duties have her doing outpatient, inpatient, and home health. She is always willing to work over or come in on her day off, which she has done many times. She is a team player and a very hard worker. No matter how overwhelming things can become, she always keeps her calm manner and her cheerful smile. Brigetta has worked at Stonewall for fourteen years and has been an exemplary employee very much worthy of this honor.

Her department head, Matt DeGarmo, noted “Brigetta is a great worker and very dependable.”

Brigetta was equally complimentary of the SJMH staff.

She said, “I love my work here. We have fun all the time and it is a pleasure to come to work. I love the patients and I love my job.”
Materials Manager Named at SJMH

George Thomas Seyfert was recently appointed SJMH Materials Management Director. He replaces Chris Lattimer, who took a position at a healthcare facility in Pittsburgh, PA.

Seyfert is a native of Bellport on Long Island, NY. Both of his parents were school teachers and he said that he got his first job, as a paperboy, at the age of eight. “From there, I saved up enough money to purchase a 19-foot John Dory clam boat. Having access to the abundant sea life in the Great South Bay, I supported myself by harvesting shellfish until graduating from college,” he explained.

He attended Bellport High School, graduating in 1979. After high school, he received a soccer scholarship to the University of Charleston and graduated with a Bachelor of Science in Marketing and a Bachelor of Science in Management. George later attended Wheeling Jesuit College, where he obtained a Master in Business Administration.

George and his wife, Marirose, a private duty nurse, live in Clarksburg, where they have raised one son, George, who is currently serving in a Patriot missile battery stationed overseas in Kuwait. He has worked at several hospitals, including Ohio Valley Medical Center, United Hospital Center, and Fairmont General Hospital, where he spent the last 16 years before starting at SJMH in August. Along the way, George went back to school, where he picked up his second Master degree in Healthcare Management and two years later received a Doctorate in the same field.

George enjoys spending time with his family, hunting, fishing, and traveling. He is an avid soccer player, as well as a retired head soccer coach from Notre Dame.

You just never know about people

SJMH employees were shocked to see Associate Administrator Avah Stalnaker being led away in handcuffs. Don’t worry. Rather than doing a dastardly deed, Avah was doing a good deed when she was “Locked Up” for the Muscular Dystrophy Association’s annual fundraiser. She got a ride to the “pokey” and raised her bail money through donations from family and friends. Avah is pictured above on the left!

Our sincere condolences to these members of our SJMH family on their losses:

Kay Butcher and Susie Johnston on the passing of their sister and mother;
Andi Lamb on the passing of her sister-in-law and mother-in-law;
Rheanna Stemple on the passing of her grandmother;
Carole Norton on the passing of her grandfather;
Jack Scarff on the passing of his wife;
Dodie Arbogast on the passing of her sister-in-law;
Betty and Bea Brown on the passing of their mother-in-law;
Tommy Bragg on the passing of his stepfather;
Chris Dunn on the passing of her mother;
Penny Cutlip on the passing of her mother;
Brenda Marcum on the passing of her father;
Tammy Varner on the passing of her father;
and Sue Clem on the passing of her father.

We offer you our sympathy.
New Chief Nursing Officer and Assistant Chief Nursing Officer Named

In June, Carole Norton, RN, was named Chief Nursing Officer here at Stonewall Jackson Memorial Hospital. Recently, ICU Nurse Manager Lisa Henry was chosen as the Assistant Chief Nursing Officer, a position formerly held by Norton.

Both nurses are longtime SJMH nursing staff members. Norton recalled that she was in her second year of nursing school at Fairmont State College but working at Foodland in Clarksburg. She was commenting to her co-workers that she really needed to get a job in healthcare so she would have something worthwhile on her resume. Her friend suggested Stonewall Jackson, but Carole had never heard of the facility. The only hospital she had ever heard of in Weston was the State Hospital.

“So the next week I called down here and talked to Mary Ellen Bragg. She said to come in to talk to her. Within two weeks I was able to quit Foodland and work at SJMH,” she said.

She received her Associate Nursing degree in 1997 from Fairmont. She then finished her Bachelor of Science in Nursing from West Virginia University in 2010, graduating magna cum laude.

She is married to Ron Norton, who works in the oil and gas industry. She is the mother of Colyn, 12, Brody, 4, and McKenna, deceased.

Carole has worked in almost every nursing department throughout the hospital including stints as a nurse in Med/Surg, emergency department, and intensive care unit; OB nurse manager; Med/Surg nurse manager; daytime supervisor; and assistant chief nursing officer. She also worked part-time at Charleston Area Medical Center’s Trauma Center. In 2010, she and her husband lived in the Lewisburg area and she worked in the surgery and emergency departments at the Greenbrier Valley Medical Center.

Carole is fully aware of the changes that the nursing field has gone through since she started in 1997. Her goals for her department correspond to the constantly evolving nursing field.

“I really want to increase our communication in the nursing department. One very important goal is to continue to provide great patient care with ever-changing technology, such as electronic medical records. We also are striving to meet all the standards of CORE measures and improve our HCAHPS scores,” she explained.

In July, Lisa Cogar Henry was named Assistant Chief Nursing Officer at SJMH. She is originally from Webster Springs, WV, and began work here in 1995. Her parents are Dana Cogar and Marie Cogar of Webster Springs.

Her undergraduate degree in nursing is from Manatee Community College (FL) and the University of South Florida. She received her master’s degree from West Virginia University as a family nurse practitioner.

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She and her husband, Tim, live in Morgantown. She has two children, Mason, 14 months, and stepson, Zach, 15.

Lisa has been nurse manager in ICU for seven years. She also worked as a flight nurse for HealthNet for six years, even appearing in a pictorial for the organization.

Lisa commented on her new appointment.

“I enjoy working at a small, rural hospital like SJMH. We all have the opportunity to really get to know our patients and our co-workers. We are able to provide the same great care that a large institution can provide. We should be proud of the quality of care we give,” she noted.

New Dietitian Here

Dietitian Karen Schrader, RD, LC, DCE, CWM, has joined the staff at Stonewall Jackson Memorial Hospital as the new dietitian for the Weston facility. She will be working with both outpatients and inpatients.

Karen is a Weston native and graduated from Weston High School. Her undergraduate degree is in nutrition from West Virginia Wesleyan College. She performed her internship at Vanderbilt University, Nashville, TN.

She brings a wealth of experience to the position, having more than 20 years’ experience in the field.
**Director of Engineering Takes the Reins at Hospital**

Chuck Chabanik recently took over the duties as director of engineering, emergency management, and safety at Stonewall Jackson Memorial Hospital (SJMH). He replaced Paul Carstens, who transferred to a facility in Harrisburg, PA.

Chuck is familiar with the area, having grown up just above the Pennsylvania line in Point Marion, PA, near Morgantown, WV. His parents, Joyce and Charles Chabanik, still live there. He graduated from Albert Gallatin High School. After graduation, he went into the United States Air Force and was trained at Sheppard Air Force Base, Wichita Falls, TX, in air conditioning, refrigeration, and cryogenics. Chuck said that his father had a heating/air conditioning business in PA and that is where he learned the trade.

After leaving the military, he worked as general foreman in plant operations at a VA hospital in DC. He was assistant director of engineering at Mary Washington Healthcare Center in Fredericksburg, VA. Before coming to SJMH, he was director of engineering at a hospital in Stafford, VA. He is an employee of Sodexo, which is the contractor for maintenance services here.

Chuck’s wife, Barbara, works for a law firm in Clarksburg. His eldest daughter, Melinda, is a nurse at a hospital in Uniontown, PA. The couple has two other children – Micaela, 17, and Chase, 15.

In his spare time, he enjoys hunting, fishing, and ATVing.

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**Fall Auxiliary Dinner**

Pictured above are three of the new officers for the Theresa Snaith Hospital Auxiliary Board: left to right - vice-president Susan Hull, president Julia Spelsberg, and secretary Lee Walker. Not pictured is treasurer Sue Brannon.

Guests attending the Theresa Snaith Auxiliary Tea included, left to right, SJMH Pharmacy Director John Pope, guest speaker Juanita Alfred, SJMH Associate Administrator Ayah Stalnaker, Engineering Director Chuck Chabanik, and Barbara Chabanik.
The Summer Picnic and it was HOT...

Left to right Soc/Rec member Rosa Thayer, with grandsons Jaden and Jordan, and Rosa’s daughter, April.

Above left: picnic visitors included, left to right - Rusty Simpson’s granddaughter Kayleeauna, her cousin, Maseea Kellahan, and Rusty’s youngest granddaughter, Dyauna.

Pictured above: Julia Spelsberg’s son, Johnathan (left), and Brenda Tonkin’s son, Jeb (right), have been coming to SJMH picnics for years but now they are adults and can drive themselves.

... and the Christmas Party Was Fun!

Pictured at left is Debbie Pratt with granddaughter Kalyn, and daughter Britney.

At right is Outpatient’s Angela Hinter and her daughters, Hannah and Cassie.

Rick Simpson (center) had lots of explaining to Santa and Mrs. Claus on his past behavior.

Bob and SJMH’s Beverly Salisbury brought their granddaughters, Emma and Addison.
John Pope Named SJMH Pharmacy Director

John Pope, Pharm.D., MBA, was named director of pharmacy at Stonewall Jackson Memorial Hospital. He took over the position in mid-September.

Pope is a native of Newell, WV, and graduated from Oak Glen High School. His parents, Richard and Joyce Pope, still live there. He noted that his interest in the pharmacy field came from his mother.

“My mother was a pharmacy technician,” he said. “While in high school, I was focused on majoring in engineering. However, during my junior year, I changed my mind and decided to attend WVU and major in pharmacy.”

SJMH Cardiac Rehab Receives Recertification

Stonewall Jackson Memorial Hospital’s Cardiac Rehabilitation program recently received National Recertification. The survey is done every three years. The SJMH program was examined closely to make sure that it met all requirements and measurements set by the American Association of Cardiovascular and Pulmonary Medicine. Cardiac Rehab Nurse Manager Kristi Gannon suggests that the success of the program can be attributed to the experienced and compassionate healthcare providers in the department. She also noted that certification is quite an accomplishment.

“Our program is more than just an exercise program. We build lifelong friendships, modify risk factors, and create lifestyle changes,” Gannon explained. “To qualify for cardiac rehab you have to have a myocardial infarction, coronary artery bypass graft, stents, or stable angina. Our goal at Cardiac Rehab is to decrease your risk for heart disease and motivate you to make the necessary lifestyle changes to keep your heart healthy.”

Gannon is also President of the West Virginia Association of Cardiovascular and Pulmonary Medicine. She had the opportunity to represent WV and attend the National Conference of Cardiovascular and Pulmonary Medicine in Anaheim, CA, in September 2011. The theme of the conference was “Moving forward in a decade of change, inspire yourself, and your patients.”

Gannon explained the importance of the group’s initiatives and guidance for the local rehab department.

“This organization helps our staff learn how to promote health and prevent disease. We have to stay current with the Medicare guidelines and changes in healthcare. Our goal is to coach patients to live a healthy life,” she said.

The rehab dept. at SJMH is located on the second floor. The medical director is Dr. Frank Scattaregia. The department is also certified in Pulmonary Rehabilitation. Interested patients can learn more about the programs by calling 304-269-8099. The department was created more than thirty years ago under the guidance of Dr. Scattaregia, who is still medical director of the program.

As well as Scattaregia, cardiologist Dr. A. Sabbag and PA Sean Frush practice at the local facility. Dr. Sabbagh is recertified in cardiology and interventional cardiology. The other physician affiliated with the Rehab unit is Dr. Kahlid Mahmoud.

Members of the SJMH Cardiac Rehab staff include Gannon, Susan Leavitt, George Butcher, RN, Barbie Harold, RN, Julie Haddix, RN, and Peggy Burkhammer.

He worked at WVU Hospitals for six years as a staff pharmacist before taking a position at Monongahela Valley Hospital in PA, as director of pharmacy. He was in PA for three years.

His decision to come back to the state of West Virginia in taking a position at SJMH was an easy one.

“I jumped on the opportunity to return to the state,” he explained. “This was a great opportunity and I was very happy to move back. After my interview, I was very interested in the position here, and I am certainly glad I had that opportunity.”

Pope enjoys golfing, fishing, bowling and working out at the gym.

Pharmacy services at SJMH are under the direction of Comprehensive Pharmacy Services (CPS).
Organizers of the ninth annual Stonewall Jackson Memorial Hospital Golf Tournament raised more than $24,000 at the event on Tues., Oct. 18, 2011. The money is used to fund scholarships for high school students pursuing careers in healthcare. The tournament was held at the Arnold Palmer Signature Course at Stonewall Resort. Eighty players participated in the tourney.

The scholarship fund is named for the late Bill Adler, a local Weston businessman and supporter of Stonewall Jackson Memorial Hospital.

The Amis team took top honors with a score of 59. The team included Scott Mohr, Steve Mohr, Rick Thomason and Wayne Schwartzmiller.

Second-place honors went to the Consol Energy team with a score of 60. Team members included Chris Owens, Dave Francis, Mike Honce, and John Law.

Third place went to Dan Smith’s State Farm team with a score of 61. The team included Smith, James Gainer, Travis Woodford, and Al Cormier.

Other prizes were awarded to Adam Gissy, Robin Poling and Joe McCloskey.

Corporate sponsors for the tournament included:
- Biomedical Technology
- Comprehensive Pharmacy Services
- Champion Industries
- Casto Technical
- Huntington Bank
- Morgan Stanley
- Radiological Physician Associates
- Stonewall Home Oxygen Therapy
- Sodexo
- Steptoe and Johnson
- WV Health Services
- Old Republic

Eagle Sponsors were:
- Booth and McCarthy
- Blackwater Environmental
- Heaster Hart
- LabCorp
- Seneca Medical
- Pharmalogic
- Mike Ross, Inc.

The donation for the $10,000 Hole-in-One Grand Prize was given by the Theresa Snaith Hospital Auxiliary.

The M. William “Bill” Adler Scholarship program was begun in 2003. Its purpose is to provide worthy high school students, who are pursuing a career in healthcare, with financial help. The Scholarship Committee has been able to award fifty students with scholarships. The healthcare studies pursued by the students include nursing, pharmacy, radiology technology, and physical therapy.

The Scholarship Fund is administered by employees of Stonewall Jackson Memorial Hospital.
Dr. Sraj’s wife, Marwa Beydoun, paints hearts and stars on the face of Rusty Simpson’s granddaughter, Dyauna, during the annual SJMH picnic.

Dr. Sraj

Dr. Sraj’s wife, Marwa Beydoun, paints hearts and stars on the face of Rusty Simpson’s granddaughter, Dyauna, during the annual SJMH picnic.

**SHOT Launches Website**

Jane Eisenbeis, director of Stonewall Home Oxygen Therapy, announces the unveiling of a new website for the Weston company.

“We have been selling uniforms to healthcare professionals for the past several years,” she explained. “We sell quite a variety and quantity of Peaches® uniforms and decided to make shopping more convenient for our customers by selling uniforms online.”

Eisenbeis explained that many healthcare professionals have little time to shop at a store, so the introduction of the website makes shopping much easier. The retail store is located at Market Place, at the intersection of I-79 and Route 33. The virtual store is located at [www.shotofcolors.com](http://www.shotofcolors.com).

The Peaches® brand is an established company which offers uniforms in both 100% cotton or soft touch twill.

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**Scrubs by Peaches®**

Shop online at

[www.shotofcolors.com](http://www.shotofcolors.com)

or at our retail location

Stonewall Home Oxygen Therapy
Market Place Plaza, I-79 and Route 33
304-269-0100

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