Local residents were surprised with the quick snow-storm which blanketed the area on Monday, October 24. Several SJMH employees were without power for days because of the heavy, wet snow. Many trees still had leaves on the branches. When the wet snow fell on the leaves, it was a recipe for falling trees and branches. The Bradford pear tree next to SJMH split and fell.

The Radiology Department at SJMH seems to be in a constant state of positive change. The past few months are no exception. The Department is in the process of implementing a state-of-the-art filmless x-ray system, PACS.

The system is now providing patients and physicians with filmless pictures - all digital images. The PACS System ensures that the information needed is available throughout the Hospital, wherever a computer terminal is available. If a physician is on the Med/Surg unit and has a question, he/she will be able to access the pictures of the patient in a secure environment. The department retains the capacity to make films so that patients can transport them to physician offices, but for the purposes of the Hospital, the process is filmless.

The PACS System SJMH will use was created by CPSI, which complements SJMH's current hospitalwide information system.

With the PACS System, images are primarily burnt onto a CD. This allows for study manipulations, which can be performed on the CD.

Brenda Moody, Radiology Department Head, said that the new process is very cost-effective. There will no longer be the need to have rows and rows of jackets with film in them. Neither will it be necessary to keep hazardous photo chemicals around the x-ray area.

“The PACS System allows us to send images to our radiologists as a remote reading,” said Brenda.

“As in any new process, there is a learning
Mike Moody Has Unexpected Surprise on Run

One never knows what to expect on a run for the Lewis County Emergency Squad. Because of his training as a Mobile Intensive Care Paramedic (MICP), SJMH employee Michael Moody is prepared for just about anything.

He wasn’t expecting to play the part of an obstetrician, however, when he was called on to deliver a baby between the 102 and 103 mile markers on Interstate 79 on a Saturday afternoon in October.

Mike was on the run with J. T. Ryder for the LCEMS. The two had picked up the woman at Jane Lew Apartments and started back to Stonewall Jackson Memorial Hospital.

She was 38 weeks pregnant with her third child but just couldn’t wait to make it to SJMH. With Mike’s help, she delivered an eight-pound, thirteen-ounce baby boy.

Mike said that the mother had been in labor since the early-morning hours. Michael was in the back with the mom when she yelled, “I am having the baby!”

That woke Michael up, who had the driver pull off the Interstate.

Another ambulance stopped to assist the duo. The baby was delivered within a minute after the ambulance stopped.

Mom and baby were then transported to SJMH without complications.

The new mom was grateful for Mike’s help. Though Mike has been in this kind of situation before, this was his first solo birthing experience.

Happy Birthday, Jean

Registration’s Jean Mick, pictured at right, was surprised with a birthday party at the Hospital. Jean doesn’t want to give her age, but she was appreciative of the kindness of her friends and coworkers.
Dr. Faroun Seeing Patients at Dr. Zuriqat’s Office

Stonewall Jackson Memorial Hospital announces the addition of a new oncologist to the Hospital medical staff, Y. Jack Faroun, MD. Dr. Faroun has joined the Primary Oncology Network, PLLC, as an associate of John Azar, MD.

Dr. Faroun completed his residency in Internal Medicine from Temple University/Conemaugh Medical Center in Johnstown, PA, and completed his Fellowship in Hematology/Oncology from the Western Pennsylvania Cancer Institute in Pittsburgh, PA. He is Board Certified in Internal Medicine and is Board Eligible in Hematology/Oncology and is a member of the American Society of Clinical Oncology and the American Society of Hematology.

Dr. Faroun resides in Bridgeport, WV, with his wife, Natalie and their daughters, Katia and Kiana.

SJMH is pleased to have an oncologist on staff to further meet the cancer care needs of our community.

The addition of specialists such as Dr. Faroun to the Hospital’s medical staff helps to improve the quality of care provided by the Hospital and increases the health care provider options for the public.

For more information call 366-0111.

Letter of Thanks

Dodie Arbogast organized a fundraiser for the victims of Hurricane Katrina. The hurricane directly impacted Dodie’s brother who lived in New Orleans. The following is a thank you note from the recipients of SJMH employees’ good will.

“Dear Dodie and SJMH employees,
Thank you so much for your extremely generous and thoughtful gifts. The gift of $460.39 is enabling us to purchase uniforms for the children. Thank you for the books and supplies, Halloween treats, and caring about us. We appreciate your kindness. Sincerely, Pat Helmstetter.”

Remembering Dorothy

Former board member and community icon Dorothy Fisher passed away last week and for those of us whom Providence had granted the privilege of her friendship, there is a profound sense of loss in her passing.

Dorothy, a transplanted Midwesterner but, board-certified West Virginian, was married to the late Ralph Fisher, M.D., a long-time surgeon who was part owner of the old City Hospital, the precursor to SJMH. A registered dietitian by profession, Dorothy was invaluable as a hospital board member. She was at her best when instructing trustees regarding the nutritional components of healthcare.

I was always ribbing Dorothy about some insignificant something just to invoke a response. Once, while discussing religion, she informed me, in jest of course, that a Methodist was just a Baptist that could read and write. Believe me, she could dish it out as well as take it.

You cannot speak of Dorothy Fisher without mentioning her unquestionable integrity, her youthful energy and her everlasting virtue. In the truest sense of the word, she was a lady, a very classy lady. Her character was beyond reproach. For those of us fortunate enough to have worked with her she will be missed, still, she will remain etched in our memories forever.

God bless you Dorothy Fisher. You enriched our lives as you passed through and we are eternally grateful.

Heater/Salisbury Wedding

On October 16 our own Beverly Heater tied the knot with Robert Salisbury. The happy couple have taken up residency at Horner, off of Georgetown Road. They are very happy.
Traci and Buddy McGill are the proud parents of a little boy, Mason Philip McGill, born on May 24, 2005. He weighed seven pounds, six ounces, and is the joy of their life. Buddy works for UPS and Traci works in our Radiology Department.

Virginia Kelly and Rodney Cutlip announce the birth of their first child, Trenton Glen Cutlip, on September 10, 2005. The little boy weighed eight pounds, four-and-one-half ounces. Virginia is an LPN at SJMH and Rodney is a foreman at R.F. Kline. The little boy has six siblings - Clarissa, Nathaniel and Chris Kelley, Jackie, Josh and Olivia Cutlip.

Rhonda and Rodney McIe announce the birth of a granddaughter, Emilie Rochelle, born on October 5, 2005, to their daughter, Nicole. The baby weighed seven pounds, two ounces. Rhonda is a nurse on Med/Surg.

Rhonda and Rodney McIe announce the birth of their first child, Ethan Matthew, on October 31, 2005. The little boy weighed seven pounds, ten and one-half ounces. The new mom is a clinical assistant at Dr. John Thomas’ office. The father is a machinist at Weatherford.

Stacy Smith and her mother, Cindy Wilson, show off Stacy’s baby, Shaelin Grace.

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Stacy and Chris Smith announce the birth of their first child, Shaelin Grace, on November 2, 2005. She weighed seven pounds, thirteen ounces. Stacy works as an aide and also in the Radiology Depart-

Joseph and Heather Yeager announce the birth of their first child, Olivia Michelle, on October 12, 2005. The little girl weighed seven pounds, two and one-half ounces. Heather is a CNA at SJMH. The new father is employed by FCI Gilmer.

Melissa and Chip Heckert announce the birth of their first child, Ethan Matthew, on October 31, 2005. The little boy weighed seven pounds, ten and one-half ounces. The new mom is a clinical assistant at Dr. John Thomas’ office. The father is a machinist at Weatherford.

Stacy and Chris Smith announce the birth of their first child, Shaelin Grace, on November 2, 2005. She weighed seven pounds, thirteen ounces. Stacy works as an aide and also in the Radiology Depart-

Traci and Buddy McGill’s baby boy, Mason, is a delight!
FROM STAFF DEVELOPMENT

• General Orientation for new employees will be held on the following days:
  Mon., December 5 and 19 @ 8:00 a.m.;
  Mon., January 2 and 16 @ 8:00 a.m.
  Orientation is from 8:00 a.m. to 4:00 p.m. in the second-floor classroom. Those needing lab work or physicals should report at 8 a.m. to Registration. If at all possible, please schedule all new employees on these days.
• CPR recertification will be held on December 13 (Tuesday). THESE COURSES ARE IN THE CLASSROOM AT 12 NOON AND WILL LAST 3 HOURS!!! CPR IS REQUIRED FOR ALL CLINICAL STAFF!!! You must be signed up in advance. Call 8119.
• NALS is December 8 and 9, beginning at 8 a.m. It is a hospital-based program; no CEUs will be awarded. Please see Staff Development to sign up.
• The last day for CARE-LEARNING will be December 31, 2005. All employees must have completed it by that time (unless you are a new hire in Nov. or Dec.). In 2006, the Hospital will be using a hospital-based e-learning program.

Breast Cancer Awareness Day Held on October 3
Lewis County Community Education Outreach Service (CEOS) clubs

SJMH physican Dr. John Thomas spoke to the audience at the Lewis County Breast Cancer Awareness Day held a Breast Cancer Awareness Day ceremony at Broad Street United Methodist Church on Monday, October 3. About 40 individuals attended the ceremony. SJMH provided food for the gathering. SJMH’s Dr. John Thomas spoke to the group about the importance of early detection. Participants learned about the importance of screening. As many as one-third of women who die from breast cancer could be saved with early detection.

Members of the Dietary Department were gifted with t-shirts, name badge holders, aprons, and a party during National Food Service Week, the week of October 3. Pictured above, wearing their new shirts are: left to right - Earnie Greenlief, Joyce Ferguson, Sharon Cutright, Marsha Snider, Sheila Lunsford, and Judy Roberts.

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KUDOS

▲▲ Thanks so much for the quick response to the trauma alert on November 8. Thanks to everyone who responded. Special kudos to the lab for being first responders. They were treated with cookies by Terri Clevenger.
Golf Tournament a Great Success

Organizers of the third annual Stonewall Jackson Memorial Hospital Golf Tournament were delighted with the event held on Sept. 14 at Stonewall Resort.

“It was a beautiful day, on a beautiful course, with a great goal,” said Julia Spelsberg, co-chair of the tournament. “We surpassed the money raised last year, which means that we can again award our scholarships.”

The purpose of the tournament is to raise money for the M. William Adler Healthcare Scholarship, which is awarded to worthy high school seniors pursuing careers in healthcare.

The scholarship fund is named for the late Bill Adler, a local Weston businessman and supporter of Stonewall Jackson Memorial Hospital.

First place in the tournament was won by Amis Medical Inc. of Fairmont. Second place went to Benefit Assistance Corporation of Charleston. Amis was tied with Benefit Assistance Corporation at a score of 59, but staff at Stonewall Resort’s Palmer Golf Course reviewed the scores.

After judging the difficulty of holes, they awarded the prize to Amis. Bennett’s Firestone Team came in third place with a score of 60.

Julie Bush, pictured above, and Mary Ellen Bragg coordinated the food for the golfers. It was delicious!

ER doctor Randy Turner shows great form.

Pictured above, Jimmy Lattea was guided by Rick Thomason on proper grilling technique.
2006 Hospital National Patient Safety Goals

Note: New Goals and Requirements are indicated in bold.

Goal 1 Improve the accuracy of patient identification.
1A Use at least two patient identifiers (neither to be the patient’s room number) whenever administering medications or blood products; taking blood samples and other specimens for clinical testing; or providing any other treatments or procedures.

Goal 2 Improve the effectiveness of communication among caregivers.
2A For verbal or telephone orders or for telephonic reporting of critical test results, verify the complete order or test result by having the person receiving the order or test result “read-back” the complete order or test result.
2B Standardize a list of abbreviations, acronyms and symbols that are not to be used throughout the organization.
2C Measure, assess and, if appropriate, take action to improve the timeliness of reporting, and the timeliness of receipt by the responsible licensed caregiver, of critical test results and values.
2E Implement a standardized approach to “hand off” communications, including an opportunity to ask and respond to questions.

Goal 3 Improve the safety of using medications.
3B Standardize and limit the number of drug concentrations available in the organization.
3C Identify and, at a minimum, annually review a list of look-alike/sound-alike drugs used in the organization, and take action to prevent errors involving the interchange of these drugs.
3D Label all medications, medication containers (e.g., syringes, medicine cups, basins), or other solutions on and off the sterile field in perioperative and other procedural settings.

Goal 7 Reduce the risk of health care-associated infections.
7A Comply with current Centers for Disease Control and Prevention (CDC) hand hygiene guidelines.
7B Manage as sentinel events all identified cases of unanticipated death or major permanent loss of function associated with a health care-associated infection.

Goal 8 Accurately and completely reconcile medications across the continuum of care.
8A Implement a process for obtaining and documenting a complete list of the patient’s current medications upon the patient’s admission to the organization and with the involvement of the patient. This process includes a comparison of the medications the organization provides to those on the list.
8B A complete list of the patient’s medications is communicated to the next provider of service when a patient is referred or transferred to another setting, service, practitioner or level of care within or outside the organization.

Goal 9 Reduce the risk of patient harm resulting from falls.
9B Implement a fall reduction program and evaluate the effectiveness of the program.

Soc/Rec Committee Sets Events
The Soc/Rec Committee has set dates for the coming months’ activities. The Children’s Christmas Party will be held on Fri., Dec. 9, at St. Patrick School Cafeteria, from 6 to 8 p.m. Mr. and Mrs. Santa Claus will be there.

The Christmas Buffet will be held on Thurs., Dec. 15, for day and evening shifts. The night shift will be served in the wee hours of Fri., Dec. 16, about 2 a.m.

The Soc/Rec Committee is offering a first-place and second-place prize for the best wreath created for our hallways.

The SJMH Awards Dinner has been scheduled for Sat., Feb. 18, at WVU Jackson’s Mill.
Domestic Violence Awareness Month was in October and some information about this was passed on to The General. Marcia Boyles works out of the Sheriff’s Department office and deals every day with victims of violence. According to Boyles, domestic violence is coercive behavior used to get control of another individual. Violence can be physical, verbal, emotional, sexual or financial. An abuser uses intimidation; emotional abuse; isolation; mini-mizing, denying and blaming; children; male privilege; economic abuse; and coercion threats. The victim thinks that this type of behavior is part of the relationship.

Leaving an abuser is a process, not an event. Most victims leave seven to nine times and keep going back before they leave for good. Abuse is a learned behavior for children. Children in violent homes are at special risk for emotional and developmental problems. Many develop serious physical and mental health problems. They may become the next generation of adult abusers and victims.

The DHHR (Dept. of Health and Human Services) began this year to remove children from these homes. It is considered child abuse to live in a violent home. Victims of domestic violence and sexual assault should call HOPE, Inc. The Lewis County number is 269-8233. The 24-hour hot line is 304-367-1100. If an individual has any concerns about a relationship with someone he/she can call a national domestic abuse hot line at 1-800-799-7233. Statistics about abuse are sobering:

- In the U.S., a woman is battered every second;
- Approximately 3.3 million children witness violence toward their mothers every year.
- Since 1989, domestic violence complaints to law enforcement agencies

Domestic Violence Help Is

Kristi Hall and her two little ones, Katy and Abby, were all smiles for the photographer... even with their pretty blue lips.

Victoria and mom, Samantha Bowen, enjoyed the activities at the Oktoberfest.

Dr. Grant, (above on right) president of the BPW, participated in the “Read Aloud” program at the Oktoberfest. She is pictured reading to Marissa Bragg.

Receives Certification

Diane Bennett, RN, received her chemotherapy certification. She worked for years in the ED and now is in the outpatient department.
Debbie Heater, of the SJMH Medical Records Department, has been selected as the Employee of the Month for September 2005.

Debbie began employment at SJMH in February 1979 in Medical Records, where she transcribes physician dictation and trains new transcriptionists. She is a Lewis County High School graduate and graduated from WV Business College as a medical assistant in 1976. She worked at Dr. Pascasio’s office before starting work here.

She is married to Craig Heater and the couple have two children, Brent, 22, and Amanda, 20.

Debbie’s nominator said, “I wish to nominate Debbie because of her dedication to SJMH. She always seems to be happy and very helpful when needed. She is a hard worker and very dependable.”

Her department head, Harriett Williams, noted that “Debbie is well-deserving of this award. She goes out of her way to help the physicians and is a team player.”

Debbie is equally happy with working at SJMH.

She said, “I feel very fortunate to have worked at Stonewall all these years. There are a lot of good people and physicians who work throughout all the departments in the Hospital. I am especially lucky to have great co-workers and friends who make doing my job enjoyable. I appreciate the nomination very much.”

In her spare time, Debbie enjoys horseback riding and doing anything that entails working outdoors. She especially enjoys spending time with her family and watching home improvement and renovation shows on television.

Mary Donaldson, of the SJMH Housekeeping Department, has been selected as the Employee of the Month for October 2005.

She began employment at SJMH in 1990 in Housekeeping. She is a Lewis County native and attended Walkersville High School.

Mary is married to William Donaldson. She has five children - Glen, Jim, Bob, Doris, and Bill. Her youngest son, Bill, lives at home with the couple.

Mary’s nominator said, “Mary is such a good worker. She is always concerned about doing her job correctly and she is a great teacher. In the short time I have been here, she has taught me much about the department and how to do my job correctly. She shows a great deal of concern for the patients and she makes it a point to see that they are able to rest and get well in a clean room. She always helps when needed and always seems to be in a good mood and cheerful.”

Her supervisor wrote, “Mary is a very good teacher. She gives help to newcomers and is willing to help in any way she can.”

Her department head, Harriett Williams, noted “Mary is very deserving of this award. She gives help to her co-workers. “I enjoy my work and love it here. The people I work with are very nice, too.”

In her spare time, Mary enjoys reading, working on puzzles, and creating arts and crafts.
Halloween Pictures at Stonewall

Dietary’s Sharon Cutright went all out with her “Singing Nun” costume. Missy Lattea was a little more low-key with her Halloween scrubs and batty earrings.

Pharmacy’s Hope Bailey played the part of Tigger very well.

Nurse Supervisor Gay Spaur found an old candy striper uniform for her dress-up day.

A “witchy” Andrea Jewell was accompanied by the Classic Clown, Barbara Bolton, who kept squirting unsuspecting employees with her funny camera.

New moms: Virginia Kelly with her newborn, Trenton Glen, and Heather Yeager with her baby girl, Olivya Michelle.

Cardiac Department Receives Recertification from AACVPR

The Cardiac Rehabilitation Department at Stonewall Jackson Memorial Hospital has been awarded Program Recertification for its Rehabilitation Program by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).

Certification recognizes those programs rigorously reviewed by a national board and found to meet the outlined essential requirements for standards of care.

Cardiac Rehabilitation programs are designed to limit the physiological and psychological effects of cardiac illness; reduce the risk for sudden death or relapse; control cardiac symptoms; stabilize and/or improve the patient’s condition; and enhance the patient’s quality of life.

The AACVPR is a national, multi-disciplinary association dedicated to the improvement of clinical practice, promotion of scientific inquiry, and advancement of education for the benefit of cardiovascular and pulmonary rehabilitation professionals and the patients they serve.

Congratulations To Tyler Hall

Terri Hall is quite proud of her son, Tyler. We all know him as a summer helper in maintenance. With his hard work and determination, Tyler has been accepted into the WV School of Osteopathic Medicine at Lewisburg. He will begin his medical studies in August. Good job, Tyler.
THERAPEUTIC SUBSTITUTIONS
The clinical program of therapeutic substitutions is up and running, with each unit having a copy of the approved list. We would just like to remind everyone that the physician does indeed have the final say on whether or not a substitution is to occur. All that is required for an override is for an order to be written by the physician followed by “dispense as written” or “do not substitute”. This process will still allow the prescriber to have a particular medication for their patient.

NARCOTIC FORMS/ AFTER HOURS COMM. FORMS:
Any questions involving the two new forms introduced this summer to nursing can be addressed to Dan. Both forms are functioning well, and we appreciate your patience with the changes. Please remember to fill out each form completely so that Pharmacy can effectively stock each unit.

ADR HOTLINE
We’d also like to remind you about our ADR hotline at extension 8511. No matter the severity of an adverse drug reaction please report it so we can have the most complete information possible. Just call and leave your name, patient account number, suspected medication, reaction description, and the treatment given to resolve the reaction. Your help with this reporting is greatly appreciated.

SURVEY
At some point in the near future pharmacy will be initiating a simple survey for nursing staff to give us feedback on the performance of our department. Communication between nursing and pharmacy is very important in the success of many of our new initiatives and we want to know how we can improve. The form itself is being developed now and a date will be set to begin the survey. Thanks in advance for all your help.

PYXIS
The order for the Pyxis automated drug storage system has been placed. The pharmacy has already been in contact with company representatives to set up an implementation timeline. No definite details have been set but work to set up the system at SJMH will be ongoing over the coming months. We will share further information as it becomes available.

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NIGHT LOCKER:
The after hours night locker has been up and running since July and has been used several times. New drug items have been added and an updated list made available as needed. Any suggestions about the stock levels or items contained in the Night Locker can be addressed to Dan at your convenience.
The Shamrock CEO Club from Ireland provided hats for SJMH’s newborn babies. The hats are adorable. Judy Hull sewed the hats and the other ladies put on the finishing touches. Pictured at right is Sue Foulks, a club member, displaying the hats.